

Jan Ekstrand

List of Publications by Citations

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The third column is the impact factor (IF) of the journal, and the fourth column is the number of citations of the article.

74
papers

8,105
citations

46
h-index

78
g-index

78
ext. papers

9,546
ext. citations

7.7
avg, IF

6.53
L-index

#	Paper	IF	Citations
74	Epidemiology of muscle injuries in professional football (soccer). <i>American Journal of Sports Medicine</i> , 2011 , 39, 1226-32	6.8	762
73	Injury incidence and injury patterns in professional football: the UEFA injury study. <i>British Journal of Sports Medicine</i> , 2011 , 45, 553-8	10.3	747
72	Injuries affect team performance negatively in professional football: an 11-year follow-up of the UEFA Champions League injury study. <i>British Journal of Sports Medicine</i> , 2013 , 47, 738-42	10.3	392
71	Soccer injuries and their mechanisms: a prospective study. <i>Medicine and Science in Sports and Exercise</i> , 1983 , 15, 267-70	1.2	355
70	Hamstring injuries have increased by 4% annually in men's professional football, since 2001: a 13-year longitudinal analysis of the UEFA Elite Club injury study. <i>British Journal of Sports Medicine</i> , 2016 , 50, 731-7	10.3	326
69	Terminology and classification of muscle injuries in sport: the Munich consensus statement. <i>British Journal of Sports Medicine</i> , 2013 , 47, 342-50	10.3	311
68	Hamstring muscle injuries in professional football: the correlation of MRI findings with return to play. <i>British Journal of Sports Medicine</i> , 2012 , 46, 112-7	10.3	306
67	Doha agreement meeting on terminology and definitions in groin pain in athletes. <i>British Journal of Sports Medicine</i> , 2015 , 49, 768-74	10.3	277
66	Risk factors for lower extremity muscle injury in professional soccer: the UEFA Injury Study. <i>American Journal of Sports Medicine</i> , 2013 , 41, 327-35	6.8	235
65	Prevention of soccer injuries. Supervision by doctor and physiotherapist. <i>American Journal of Sports Medicine</i> , 1983 , 11, 116-20	6.8	230
64	The incidence of ankle sprains in soccer. <i>Foot & Ankle</i> , 1990 , 11, 41-4		226
63	Incidence of soccer injuries and their relation to training and team success. <i>American Journal of Sports Medicine</i> , 1983 , 11, 63-7	6.8	205
62	Anterior cruciate ligament injury in elite football: a prospective three-cohort study. <i>Knee Surgery, Sports Traumatology, Arthroscopy</i> , 2011 , 19, 11-9	5.5	188
61	ACL injuries in men's professional football: a 15-year prospective study on time trends and return-to-play rates reveals only 65% of players still play at the top level 3 years after ACL rupture. <i>British Journal of Sports Medicine</i> , 2016 , 50, 744-50	10.3	161
60	Injury incidence and distribution in elite football--a prospective study of the Danish and the Swedish top divisions. <i>Scandinavian Journal of Medicine and Science in Sports</i> , 2005 , 15, 21-8	4.6	159
59	Injuries in Swedish elite football--a prospective study on injury definitions, risk for injury and injury pattern during 2001. <i>Scandinavian Journal of Medicine and Science in Sports</i> , 2005 , 15, 118-25	4.6	149
58	Risk of injury in elite football played on artificial turf versus natural grass: a prospective two-cohort study. <i>British Journal of Sports Medicine</i> , 2006 , 40, 975-80	10.3	148

57	Fewer ligament injuries but no preventive effect on muscle injuries and severe injuries: an 11-year follow-up of the UEFA Champions League injury study. <i>British Journal of Sports Medicine</i> , 2013 , 47, 732-7	10.3	147
56	Muscle injury rates in professional football increase with fixture congestion: an 11-year follow-up of the UEFA Champions League injury study. <i>British Journal of Sports Medicine</i> , 2013 , 47, 743-7	10.3	145
55	Evidence-based hamstring injury prevention is not adopted by the majority of Champions League or Norwegian Premier League football teams: the Nordic Hamstring survey. <i>British Journal of Sports Medicine</i> , 2015 , 49, 1466-71	10.3	134
54	Sports-related concussion increases the risk of subsequent injury by about 50% in elite male football players. <i>British Journal of Sports Medicine</i> , 2014 , 48, 1447-50	10.3	119
53	Keeping your top players on the pitch: the key to football medicine at a professional level. <i>British Journal of Sports Medicine</i> , 2013 , 47, 723-724	10.3	112
52	A congested football calendar and the wellbeing of players: correlation between match exposure of European footballers before the World Cup 2002 and their injuries and performances during that World Cup. <i>British Journal of Sports Medicine</i> , 2004 , 38, 493-7	10.3	111
51	Return to play following muscle injuries in professional footballers. <i>Journal of Sports Sciences</i> , 2014 , 32, 1229-36	3.6	108
50	Return to play after thigh muscle injury in elite football players: implementation and validation of the Munich muscle injury classification. <i>British Journal of Sports Medicine</i> , 2013 , 47, 769-74	10.3	93
49	Recurrence of Achilles tendon injuries in elite male football players is more common after early return to play: an 11-year follow-up of the UEFA Champions League injury study. <i>British Journal of Sports Medicine</i> , 2013 , 47, 763-8	10.3	91
48	The epidemiology of groin injury in senior football: a systematic review of prospective studies. <i>British Journal of Sports Medicine</i> , 2015 , 49, 792-7	10.3	90
47	Exposure and injury risk in Swedish elite football: a comparison between seasons 1982 and 2001. <i>Scandinavian Journal of Medicine and Science in Sports</i> , 2003 , 13, 364-70	4.6	87
46	Time-trends and circumstances surrounding ankle injuries in men's professional football: an 11-year follow-up of the UEFA Champions League injury study. <i>British Journal of Sports Medicine</i> , 2013 , 47, 748-53	10.3	81
45	Comparison of injuries sustained on artificial turf and grass by male and female elite football players. <i>Scandinavian Journal of Medicine and Science in Sports</i> , 2011 , 21, 824-32	4.6	79
44	Epidemiology of patellar tendinopathy in elite male soccer players. <i>American Journal of Sports Medicine</i> , 2011 , 39, 1906-11	6.8	79
43	Fifth metatarsal fractures among male professional footballers: a potential career-ending disease. <i>British Journal of Sports Medicine</i> , 2013 , 47, 754-8	10.3	75
42	Diagnosis and prognosis of acute hamstring injuries in athletes. <i>Knee Surgery, Sports Traumatology, Arthroscopy</i> , 2013 , 21, 500-9	5.5	71
41	Injury prevention strategies, coach compliance and player adherence of 33 of the UEFA Elite Club Injury Study teams: a survey of team's head medical officers. <i>British Journal of Sports Medicine</i> , 2016 , 50, 725-30	10.3	70
40	Time before return to play for the most common injuries in professional football: a 16-year follow-up of the UEFA Elite Club Injury Study. <i>British Journal of Sports Medicine</i> , 2020 , 54, 421-426	10.3	66

39	Lower reinjury rate with a coach-controlled rehabilitation program in amateur male soccer: a randomized controlled trial. <i>American Journal of Sports Medicine</i> , 2007 , 35, 1433-42	6.8	62
38	Risk for injury when playing in a national football team. <i>Scandinavian Journal of Medicine and Science in Sports</i> , 2004 , 14, 34-8	4.6	61
37	Football injuries during European Championships 2004-2005. <i>Knee Surgery, Sports Traumatology, Arthroscopy</i> , 2007 , 15, 1155-62	5.5	59
36	Communication quality between the medical team and the head coach/manager is associated with injury burden and player availability in elite football clubs. <i>British Journal of Sports Medicine</i> , 2019 , 53, 304-308	10.3	56
35	The UEFA injury study: 11-year data concerning 346 MCL injuries and time to return to play. <i>British Journal of Sports Medicine</i> , 2013 , 47, 759-62	10.3	56
34	Is there a correlation between coaches' leadership styles and injuries in elite football teams? A study of 36 elite teams in 17 countries. <i>British Journal of Sports Medicine</i> , 2018 , 52, 527-531	10.3	55
33	Internal workload and non-contact injury: a one-season study of five teams from the UEFA Elite Club Injury Study. <i>British Journal of Sports Medicine</i> , 2018 , 52, 1517-1522	10.3	54
32	MRI findings and return to play in football: a prospective analysis of 255 hamstring injuries in the UEFA Elite Club Injury Study. <i>British Journal of Sports Medicine</i> , 2016 , 50, 738-43	10.3	53
31	Injury recurrence is lower at the highest professional football level than at national and amateur levels: does sports medicine and sports physiotherapy deliver?. <i>British Journal of Sports Medicine</i> , 2016 , 50, 751-8	10.3	53
30	Epidemiological and clinical outcome comparison of indirect (strain) versus direct (contusion) anterior and posterior thigh muscle injuries in male elite football players: UEFA Elite League study of 2287 thigh injuries (2001-2013). <i>British Journal of Sports Medicine</i> , 2015 , 49, 1461-5	10.3	45
29	Are severe musculoskeletal injuries associated with symptoms of common mental disorders among male European professional footballers?. <i>Knee Surgery, Sports Traumatology, Arthroscopy</i> , 2016 , 24, 3934-3942	5.5	41
28	Hip and groin time-loss injuries decreased slightly but injury burden remained constant in men's professional football: the 15-year prospective UEFA Elite Club Injury Study. <i>British Journal of Sports Medicine</i> , 2019 , 53, 539-546	10.3	40
27	Muscle injury rate in professional football is higher in matches played within 5 days since the previous match: a 14-year prospective study with more than 130 000 match observations. <i>British Journal of Sports Medicine</i> , 2018 , 52, 1116-1122	10.3	40
26	The Nordic Football Injury Audit: higher injury rates for professional football clubs with third-generation artificial turf at their home venue. <i>British Journal of Sports Medicine</i> , 2013 , 47, 775-81	10.3	36
25	Upper extremity injuries in male elite football players. <i>Knee Surgery, Sports Traumatology, Arthroscopy</i> , 2013 , 21, 1626-32	5.5	24
24	Epidemiology and return to play following isolated syndesmotic injuries of the ankle: a prospective cohort study of 3677 male professional footballers in the UEFA Elite Club Injury Study. <i>British Journal of Sports Medicine</i> , 2019 , 53, 959-964	10.3	24
23	Injury rates decreased in men's professional football: an 18-year prospective cohort study of almost 12 000 injuries sustained during 1.8 million hours of play. <i>British Journal of Sports Medicine</i> , 2021 , 55, 1084-1091	10.3	24
22	Comparison of injury incidences between football teams playing in different climatic regions. <i>Open Access Journal of Sports Medicine</i> , 2013 , 4, 251-60	2.9	23

21	Are Elite Soccer Teams' Preseason Training Sessions Associated With Fewer In-Season Injuries? A 15-Year Analysis From the Union of European Football Associations (UEFA) Elite Club Injury Study. <i>American Journal of Sports Medicine</i> , 2020 , 48, 723-729	6.8	20
20	Match injury rates in professional soccer vary with match result, match venue, and type of competition. <i>American Journal of Sports Medicine</i> , 2013 , 41, 1505-10	6.8	18
19	High rate of second ACL injury following ACL reconstruction in male professional footballers: an updated longitudinal analysis from 118 players in the UEFA Elite Club Injury Study. <i>British Journal of Sports Medicine</i> , 2021 , 55, 1350-1356	10.3	17
18	Fracture epidemiology in male elite football players from 2001 to 2013: How long will this fracture keep me out? <i>British Journal of Sports Medicine</i> , 2016 , 50, 759-63	10.3	13
17	Role of illness in male professional football: not a major contributor to time loss. <i>British Journal of Sports Medicine</i> , 2016 , 50, 699-702	10.3	13
16	Elite football teams that do not have a winter break lose on average 303 player-days more per season to injuries than those teams that do: a comparison among 35 professional European teams. <i>British Journal of Sports Medicine</i> , 2019 , 53, 1231-1235	10.3	12
15	Infographic. High rate of second ACL injury following ACL reconstruction in male professional footballers: an updated longitudinal analysis from 118 players in the UEFA Elite Club Injury Study. <i>British Journal of Sports Medicine</i> , 2021 , 55, 1379-1380	10.3	10
14	No Association Between Return to Play After Injury and Increased Rate of Anterior Cruciate Ligament Injury in Men's Professional Soccer. <i>Orthopaedic Journal of Sports Medicine</i> , 2016 , 4, 2325967116669708	4.4	8
13	Does player unavailability affect football teams' match physical outputs? A two-season study of the UEFA champions league. <i>Journal of Science and Medicine in Sport</i> , 2018 , 21, 525-532	4.4	8
12	Muskelverletzungen im Sport 2010 ,		8
11	Injury and illness epidemiology in professional Asian football: lower general incidence and burden but higher ACL and hamstring injury burden compared with Europe. <i>British Journal of Sports Medicine</i> , 2021 ,	10.3	8
10	No association between surface shifts and time-loss overuse injury risk in male professional football. <i>Journal of Science and Medicine in Sport</i> , 2016 , 19, 218-221	4.4	6
9	Few training sessions between return to play and first match appearance are associated with an increased propensity for injury: a prospective cohort study of male professional football players during 16 consecutive seasons. <i>British Journal of Sports Medicine</i> , 2020 , 54, 427-432	10.3	6
8	Muscle Injuries in Sports 2013 ,		4
7	Epidemiological Data on LCL and PCL Injuries Over 17 Seasons in Men's Professional Soccer: The UEFA Elite Club Injury Study. <i>Open Access Journal of Sports Medicine</i> , 2020 , 11, 105-112	2.9	3
6	Re-injuries in Professional Football: The UEFA Elite Club Injury Study 2018 , 953-962		2
5	Stress fractures in football. <i>Journal of ISAKOS</i> , 2016 , 1, 229-238	1.1	2
4	Hand, Wrist, and Forearm Injuries in Male Professional Soccer Players: A Prospective Cohort Study of 558 Team-Seasons From 2001-2002 to 2018-2019. <i>Orthopaedic Journal of Sports Medicine</i> , 2021 , 9, 2325967120977091	3.5	2

- 3 Injury epidemiology in professional football in South America compared with Europe. *BMJ Open Sport and Exercise Medicine*, **2021**, 7, e001172 3.4 1
- 2 Influence of the COVID-19 Lockdown and Restart on the Injury Incidence and Injury Burden in Men's Professional Football Leagues in 2020: The UEFA Elite Club Injury Study.. *Sports Medicine - Open*, **2022**, 8, 67 6.1 1
- 1 Terminology and Classification of Athletic Muscle Injuries **2014**, 1-15