

# Jan Ekstrand

## List of Publications by Year in descending order

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76  
papers

10,981  
citations

38660

50  
h-index

76769

74  
g-index

78  
all docs

78  
docs citations

78  
times ranked

4802  
citing authors

#	ARTICLE	IF	CITATIONS
1	Epidemiology of Muscle Injuries in Professional Football (Soccer). American Journal of Sports Medicine, 2011, 39, 1226-1232.	1.9	1,042
2	Injury incidence and injury patterns in professional football: the UEFA injury study. British Journal of Sports Medicine, 2011, 45, 553-558.	3.1	989
3	Injuries affect team performance negatively in professional football: an 11-year follow-up of the UEFA Champions League injury study. British Journal of Sports Medicine, 2013, 47, 738-742.	3.1	540
4	Hamstring injuries have increased by 4% annually in men's professional football, since 2001: a 13-year longitudinal analysis of the UEFA Elite Club injury study. British Journal of Sports Medicine, 2016, 50, 731-737.	3.1	466
5	Soccer injuries and their mechanisms. Medicine and Science in Sports and Exercise, 1983, 15, 267.	0.2	456
6	Terminology and classification of muscle injuries in sport: The Munich consensus statement. British Journal of Sports Medicine, 2013, 47, 342-350.	3.1	443
7	Hamstring muscle injuries in professional football: the correlation of MRI findings with return to play. British Journal of Sports Medicine, 2012, 46, 112-117.	3.1	409
8	Doha agreement meeting on terminology and definitions in groin pain in athletes. British Journal of Sports Medicine, 2015, 49, 768-774.	3.1	375
9	Risk Factors for Lower Extremity Muscle Injury in Professional Soccer. American Journal of Sports Medicine, 2013, 41, 327-335.	1.9	299
10	Prevention of soccer injuries. American Journal of Sports Medicine, 1983, 11, 116-120.	1.9	271
11	The Incidence of Ankle Sprains in Soccer. Foot & Ankle, 1990, 11, 41-44.	0.6	247
12	Anterior cruciate ligament injury in elite football: a prospective three-cohort study. Knee Surgery, Sports Traumatology, Arthroscopy, 2011, 19, 11-19.	2.3	234
13	ACL injuries in men's professional football: a 15-year prospective study on time trends and return-to-play rates reveals only 65% of players still play at the top level 3 years after ACL rupture. British Journal of Sports Medicine, 2016, 50, 744-750.	3.1	226
14	Incidence of soccer injuries and their relation to training and team success. American Journal of Sports Medicine, 1983, 11, 63-67.	1.9	224
15	Fewer ligament injuries but no preventive effect on muscle injuries and severe injuries: an 11-year follow-up of the UEFA Champions League injury study. British Journal of Sports Medicine, 2013, 47, 732-737.	3.1	194
16	Muscle injury rates in professional football increase with fixture congestion: an 11-year follow-up of the UEFA Champions League injury study. British Journal of Sports Medicine, 2013, 47, 743-747.	3.1	191
17	Evidence-based hamstring injury prevention is not adopted by the majority of Champions League or Norwegian Premier League football teams: the Nordic Hamstring survey. British Journal of Sports Medicine, 2015, 49, 1466-1471.	3.1	190
18	Risk of injury in elite football played on artificial turf versus natural grass: a prospective two-cohort study * Commentary. British Journal of Sports Medicine, 2006, 40, 975-980.	3.1	188

#	ARTICLE	IF	CITATIONS
19	Injuries in Swedish elite football-a prospective study on injury definitions, risk for injury and injury pattern during 2001. Scandinavian Journal of Medicine and Science in Sports, 2005, 15, 118-125.	1.3	184
20	Injury incidence and distribution in elite football-a prospective study of the Danish and the Swedish top divisions. Scandinavian Journal of Medicine and Science in Sports, 2005, 15, 21-28.	1.3	180
21	Why we should focus on the burden of injuries and illnesses, not just their incidence. British Journal of Sports Medicine, 2018, 52, 1018-1021.	3.1	173
22	Keeping your top players on the pitch: the key to football medicine at a professional level. British Journal of Sports Medicine, 2013, 47, 723-724.	3.1	156
23	Sports-related concussion increases the risk of subsequent injury by about 50% in elite male football players. British Journal of Sports Medicine, 2014, 48, 1447-1450.	3.1	152
24	Return to play following muscle injuries in professional footballers. Journal of Sports Sciences, 2014, 32, 1229-1236.	1.0	146
25	A congested football calendar and the wellbeing of players: correlation between match exposure of European footballers before the World Cup 2002 and their injuries and performances during that World Cup. British Journal of Sports Medicine, 2004, 38, 493-497.	3.1	143
26	Time before return to play for the most common injuries in professional football: a 16-year follow-up of the UEFA Elite Club Injury Study. British Journal of Sports Medicine, 2020, 54, 421-426.	3.1	138
27	Return to play after thigh muscle injury in elite football players: implementation and validation of the Munich muscle injury classification. British Journal of Sports Medicine, 2013, 47, 769-774.	3.1	123
28	Recurrence of Achilles tendon injuries in elite male football players is more common after early return to play: an 11-year follow-up of the UEFA Champions League injury study. British Journal of Sports Medicine, 2013, 47, 763-768.	3.1	120
29	The epidemiology of groin injury in senior football: a systematic review of prospective studies. British Journal of Sports Medicine, 2015, 49, 792-797.	3.1	118
30	Time-trends and circumstances surrounding ankle injuries in men's professional football: an 11-year follow-up of the UEFA Champions League injury study. British Journal of Sports Medicine, 2013, 47, 748-753.	3.1	113
31	Communication quality between the medical team and the head coach/manager is associated with injury burden and player availability in elite football clubs. British Journal of Sports Medicine, 2019, 53, 304-308.	3.1	111
32	Injury prevention strategies, coach compliance and player adherence of 33 of the UEFA Elite Club Injury Study teams: a survey of teams' head medical officers. British Journal of Sports Medicine, 2016, 50, 725-730.	3.1	110
33	Epidemiology of Patellar Tendinopathy in Elite Male Soccer Players. American Journal of Sports Medicine, 2011, 39, 1906-1911.	1.9	108
34	Comparison of injuries sustained on artificial turf and grass by male and female elite football players. Scandinavian Journal of Medicine and Science in Sports, 2011, 21, 824-832.	1.3	99
35	Exposure and injury risk in Swedish elite football: a comparison between seasons 1982 and 2001. Scandinavian Journal of Medicine and Science in Sports, 2003, 13, 364-370.	1.3	98
36	Football injuries during European Championships 2004-2005. Knee Surgery, Sports Traumatology, Arthroscopy, 2007, 15, 1155-1162.	2.3	93

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37	Fifth metatarsal fractures among male professional footballers: a potential career-ending disease. <i>British Journal of Sports Medicine</i> , 2013, 47, 754-758.	3.1	92
38	Diagnosis and prognosis of acute hamstring injuries in athletes. <i>Knee Surgery, Sports Traumatology, Arthroscopy</i> , 2013, 21, 500-509.	2.3	88
39	Is there a correlation between coaches'™ leadership styles and injuries in elite football teams? A study of 36 elite teams in 17 countries. <i>British Journal of Sports Medicine</i> , 2018, 52, 527-531.	3.1	88
40	Injury rates decreased in men's™ professional football: an 18-year prospective cohort study of almost 12 000 injuries sustained during 1.8 million hours of play. <i>British Journal of Sports Medicine</i> , 2021, 55, 1084-1092.	3.1	88
41	Lower Reinjury Rate with a Coach-Controlled Rehabilitation Program in Amateur Male Soccer. <i>American Journal of Sports Medicine</i> , 2007, 35, 1433-1442.	1.9	80
42	Injury recurrence is lower at the highest professional football level than at national and amateur levels: does sports medicine and sports physiotherapy deliver?. <i>British Journal of Sports Medicine</i> , 2016, 50, 751-758.	3.1	79
43	MRI findings and return to play in football: a prospective analysis of 255 hamstring injuries in the UEFA Elite Club Injury Study. <i>British Journal of Sports Medicine</i> , 2016, 50, 738-743.	3.1	74
44	The UEFA injury study: 11-year data concerning 346 MCL injuries and time to return to play. <i>British Journal of Sports Medicine</i> , 2013, 47, 759-762.	3.1	72
45	Risk for injury when playing in a national football team. <i>Scandinavian Journal of Medicine and Science in Sports</i> , 2004, 14, 34-38.	1.3	69
46	Hip and groin time-loss injuries decreased slightly but injury burden remained constant in men's™ professional football: the 15-year prospective UEFA Elite Club Injury Study. <i>British Journal of Sports Medicine</i> , 2019, 53, 539-546.	3.1	68
47	Internal workload and non-contact injury: a one-season study of five teams from the UEFA Elite Club Injury Study. <i>British Journal of Sports Medicine</i> , 2018, 52, 1517-1522.	3.1	67
48	Muscle injury rate in professional football is higher in matches played within 5 days since the previous match: a 14-year prospective study with more than 130 000 match observations. <i>British Journal of Sports Medicine</i> , 2018, 52, 1116-1122.	3.1	65
49	If overuse injury is a "training load error"™, should undertraining be viewed the same way?. <i>British Journal of Sports Medicine</i> , 2016, 50, 1017-1018.	3.1	61
50	Epidemiological and clinical outcome comparison of indirect ("strain"™) versus direct ("contusion"™) anterior and posterior thigh muscle injuries in male elite football players: UEFA Elite League study of 2287 thigh injuries (2001-2013). <i>British Journal of Sports Medicine</i> , 2015, 49, 1461-1465.	3.1	58
51	Are severe musculoskeletal injuries associated with symptoms of common mental disorders among male European professional footballers?. <i>Knee Surgery, Sports Traumatology, Arthroscopy</i> , 2016, 24, 3934-3942.	2.3	52
52	High rate of second ACL injury following ACL reconstruction in male professional footballers: an updated longitudinal analysis from 118 players in the UEFA Elite Club Injury Study. <i>British Journal of Sports Medicine</i> , 2021, 55, 1350-1357.	3.1	52
53	The Nordic Football Injury Audit: higher injury rates for professional football clubs with third-generation artificial turf at their home venue. <i>British Journal of Sports Medicine</i> , 2013, 47, 775-781.	3.1	47
54	Are Elite Soccer Teams'™ Preseason Training Sessions Associated With Fewer In-Season Injuries? A 15-Year Analysis From the Union of European Football Associations (UEFA) Elite Club Injury Study. <i>American Journal of Sports Medicine</i> , 2020, 48, 723-729.	1.9	46

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55	Upper extremity injuries in male elite football players. Knee Surgery, Sports Traumatology, Arthroscopy, 2013, 21, 1626-1632.	2.3	37
56	Comparison of injury incidences between football teams playing in different climatic regions. Open Access Journal of Sports Medicine, 2013, 4, 251.	0.6	35
57	Epidemiology and return to play following isolated syndesmotic injuries of the ankle: a prospective cohort study of 3677 male professional footballers in the UEFA Elite Club Injury Study. British Journal of Sports Medicine, 2019, 53, 959-964.	3.1	35
58	Preventing injuries in professional football: thinking bigger and working together. British Journal of Sports Medicine, 2016, 50, 709-710.	3.1	29
59	A 94% return to elite level football after ACL surgery: a proof of possibilities with optimal caretaking or a sign of knee abuse?. Knee Surgery, Sports Traumatology, Arthroscopy, 2011, 19, 1-2.	2.3	24
60	Fracture epidemiology in male elite football players from 2001 to 2013: "How long will this fracture keep me out?". British Journal of Sports Medicine, 2016, 50, 759-763.	3.1	24
61	Match Injury Rates in Professional Soccer Vary With Match Result, Match Venue, and Type of Competition. American Journal of Sports Medicine, 2013, 41, 1505-1510.	1.9	23
62	Role of illness in male professional football: not a major contributor to time loss. British Journal of Sports Medicine, 2016, 50, 699-702.	3.1	22
63	Elite football teams that do not have a winter break lose on average 303 player-days more per season to injuries than those teams that do: a comparison among 35 professional European teams. British Journal of Sports Medicine, 2019, 53, 1231-1235.	3.1	20
64	Injury and illness epidemiology in professional Asian football: lower general incidence and burden but higher ACL and hamstring injury burden compared with Europe. British Journal of Sports Medicine, 2022, 56, 18-23.	3.1	19
65	Influence of the COVID-19 Lockdown and Restart on the Injury Incidence and Injury Burden in Men's Professional Football Leagues in 2020: The UEFA Elite Club Injury Study. Sports Medicine - Open, 2022, 8, 67.	1.3	15
66	Does player unavailability affect football teams' match physical outputs? A two-season study of the UEFA champions league. Journal of Science and Medicine in Sport, 2018, 21, 525-532.	0.6	14
67	Few training sessions between return to play and first match appearance are associated with an increased propensity for injury: a prospective cohort study of male professional football players during 16 consecutive seasons. British Journal of Sports Medicine, 2020, 54, 427-432.	3.1	13
68	Infographic. High rate of second ACL injury following ACL reconstruction in male professional footballers: an updated longitudinal analysis from 118 players in the UEFA Elite Club Injury Study. British Journal of Sports Medicine, 2021, 55, 1379-1380.	3.1	13
69	No Association Between Return to Play After Injury and Increased Rate of Anterior Cruciate Ligament Injury in Men's Professional Soccer. Orthopaedic Journal of Sports Medicine, 2016, 4, 232596711666970.	0.8	10
70	No association between surface shifts and time-loss overuse injury risk in male professional football. Journal of Science and Medicine in Sport, 2016, 19, 218-221.	0.6	9
71	Hand, Wrist, and Forearm Injuries in Male Professional Soccer Players: A Prospective Cohort Study of 558 Team-Seasons From 2001-2002 to 2018-2019. Orthopaedic Journal of Sports Medicine, 2021, 9, 232596712097709.	0.8	8
72	Epidemiological Data on LCL and PCL Injuries Over 17 Seasons in Men's Professional Soccer: The UEFA Elite Club Injury Study. Open Access Journal of Sports Medicine, 2020, Volume 11, 105-112.	0.6	5

#	ARTICLE	IF	CITATIONS
73	Injury epidemiology in professional football in South America compared with Europe. BMJ Open Sport and Exercise Medicine, 2021, 7, e001172.	1.4	5
74	Stress fractures in football. Journal of ISAKOS, 2016, 1, 229-238.	1.1	3
75	Re-injuries in Professional Football: The UEFA Elite Club Injury Study. , 2018, , 953-962.		3
76	Terminology and Classification of Athletic Muscle Injuries. , 2014, , 1-15.		0