

Paula Ravasco

List of Publications by Year in descending order

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Version: 2024-02-01

67
papers

10,277
citations

186265
28
h-index

114465
63
g-index

70
all docs

70
docs citations

70
times ranked

11345
citing authors

#	ARTICLE	IF	CITATIONS
1	Protein intake and muscle mass maintenance in patients with cancer types with high prevalence of sarcopenia: a systematic review. Supportive Care in Cancer, 2022, 30, 3007-3015.	2.2	19
2	The importance of protein sources to support muscle anabolism in cancer: An expert group opinion. Clinical Nutrition, 2022, 41, 192-201.	5.0	30
3	The impact of nutrition on the lives of patients with digestive cancers: a position paper. Supportive Care in Cancer, 2022, 30, 7991-7996.	2.2	6
4	ESPEN practical guideline: Clinical Nutrition in cancer. Clinical Nutrition, 2021, 40, 2898-2913.	5.0	472
5	Impact of Body Composition on Prognosis and Dose-Limiting Toxicities on Metastatic Colorectal Cancer. Frontiers in Nutrition, 2021, 8, 671547.	3.7	7
6	Nutrition Information in Oncology – Extending the Electronic Patient-Record Data Set. Journal of Medical Systems, 2020, 44, 191.	3.6	5
7	Body composition changes in patients with head and neck cancer under active treatment: a scoping review. Supportive Care in Cancer, 2020, 28, 4613-4625.	2.2	31
8	Nutrition in Cancer Patients. Journal of Clinical Medicine, 2019, 8, 1211.	2.4	171
9	Body Composition Evaluation in Head and Neck Cancer Patients: A Review. Frontiers in Oncology, 2019, 9, 1112.	2.8	33
10	Dairy Products: Is There an Impact on Promotion of Prostate Cancer? A Review of the Literature. Frontiers in Nutrition, 2019, 6, 62.	3.7	6
11	Nutritional Counseling for Head and Neck Cancer Patients Undergoing (Chemo) Radiotherapy – A Prospective Randomized Trial. Frontiers in Nutrition, 2019, 6, 22.	3.7	35
12	Should omega-3 fatty acids be used for adjuvant treatment of cancer cachexia?. Clinical Nutrition ESPEN, 2018, 25, 18-25.	1.2	30
13	ESPEN guidelines on nutritional support for polymorbid internal medicine patients. Clinical Nutrition, 2018, 37, 336-353.	5.0	238
14	The Effect of Flaxseed in Breast Cancer: A Literature Review. Frontiers in Nutrition, 2018, 5, 4.	3.7	62
15	Cachexia at diagnosis is associated with poor survival in head and neck cancer patients. Acta Oto-Laryngologica, 2017, 137, 778-785.	0.9	71
16	ESPEN guidelines on nutrition in cancer patients. Clinical Nutrition, 2017, 36, 11-48.	5.0	1,855
17	Nutrition in Cancer. Nestle Nutrition Institute Workshop Series, 2015, 82, 91-102.	0.1	4
18	Nutritional approaches in cancer: Relevance of individualized counseling and supplementation. Nutrition, 2015, 31, 603-604.	2.4	28

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19	Eicosapentaenoic acid in cancer improves body composition and modulates metabolism. Nutrition, 2015, 31, 549-555.	2.4	86
20	NRS-2002 for pre-treatment nutritional risk screening and nutritional status assessment in head and neck cancer patients. Supportive Care in Cancer, 2015, 23, 1495-1502.	2.2	53
21	Weight changes in Portuguese patients with depression: which factors are involved?. Nutrition Journal, 2014, 13, 117.	3.4	18
22	Reply to AG Longhi. American Journal of Clinical Nutrition, 2013, 98, 246-258.	4.7	0
23	Length of stay in surgical patients: nutritional predictive parameters revisited. British Journal of Nutrition, 2013, 109, 322-328.	2.3	27
24	Students of dietetics & nutrition; a high risk group for eating disorders?. Nutricion Hospitalaria, 2013, 28, 1558-66.	0.3	22
25	Excessive adiposity and sedentary lifestyles are prevalent in cancer patients; a pilot study. Nutricion Hospitalaria, 2013, 28, 1468-74.	0.3	1
26	The central role of nutritional therapy in cancer: the input of an experts committee of Chinese Society of Clinical Oncology. Chinese Clinical Oncology, 2013, 2, 21.	1.2	0
27	Individualized nutrition intervention is of major benefit to colorectal cancer patients: long-term follow-up of a randomized controlled trial of nutritional therapy. American Journal of Clinical Nutrition, 2012, 96, 1346-1353.	4.7	200
28	What is the relevance of percutaneous endoscopic gastrostomy on the survival of patients with amyotrophic lateral sclerosis?. Amyotrophic Lateral Sclerosis and Other Motor Neuron Disorders, 2012, 13, 550-554.	2.1	35
29	Validation of the Malnutrition Universal Screening Tool (MUST) in cancer. British Journal of Nutrition, 2012, 108, 343-348.	2.3	116
30	Adjuvant Nutritional Support. Journal of Geriatric Oncology, 2012, 3, S16.	1.0	0
31	Differing trends in the association between obesity and self-reported health in Portugal and Switzerland. Data from national health surveys 1992-2007. BMC Public Health, 2012, 12, 588.	2.9	16
32	Nutritional risk screening in surgery: Valid, feasible, easy!. Clinical Nutrition, 2012, 31, 206-211.	5.0	72
33	Undernutrition and nutritional supplements in Oncology: What do health professionals and caregivers know? - A pilot survey. E-SPEN Journal, 2012, 7, e46-e49.	0.5	2
34	Nutritional risk and status of surgical patients; the relevance of nutrition training of medical students. Nutricion Hospitalaria, 2012, 27, 1086-91.	0.3	6
35	Definition and classification of cancer cachexia: an international consensus. Lancet Oncology, The, 2011, 12, 489-495.	10.7	4,015
36	Nutritional support in head and neck cancer. Anti-Cancer Drugs, 2011, 22, 639-646.	1.4	23

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37	Ten-year trends in overweight and obesity in the adult Portuguese population, 1995 to 2005. BMC Public Health, 2011, 11, 772.	2.9	13
38	Underdiagnosed and Undertreated: Obesity in the Portuguese Population. Archives of Internal Medicine, 2011, 171, 1511.	3.8	3
39	Teaching Nutrition Integration: MUST Screening in Cancer. Oncologist, 2011, 16, 239-245.	3.7	15
40	Colorectal cancer: Can nutrients modulate NF- κ B and apoptosis?. Clinical Nutrition, 2010, 29, 42-46.	5.0	8
41	The TCN2 776C>G polymorphism correlates with vitamin B12 cellular delivery in healthy adult populations. Clinical Biochemistry, 2010, 43, 645-649.	1.9	26
42	Increased body fat is independently and negatively related with cardiorespiratory fitness levels in children and adolescents with normal weight. European Journal of Cardiovascular Prevention and Rehabilitation, 2010, 17, 649-654.	2.8	12
43	The Diversity of Nutritional Status in Cancer: New Insights. Oncologist, 2010, 15, 523-530.	3.7	81
44	A longitudinal study of hospital undernutrition in the elderly: Comparison of four validated methods. Journal of Nutrition, Health and Aging, 2009, 13, 159-164.	3.3	29
45	Cancer and nutrition: Key determinants of quality of life. European Journal of Cancer, 2009, 45, 409.	2.8	9
46	Iron homeostasis and H63D mutations in alcoholics with and without liver disease. World Journal of Gastroenterology, 2009, 15, 106.	3.3	23
47	Blood oxidative stress markers in non-alcoholic steatohepatitis and how it correlates with diet. Scandinavian Journal of Gastroenterology, 2008, 43, 95-102.	1.5	79
48	Body fat levels in children and adolescents: Effects on the prevalence of obesity. European E-journal of Clinical Nutrition and Metabolism, 2008, 3, e321-e327.	0.4	12
49	How Relevant Are Cytokines in Colorectal Cancer Wasting?. Cancer Journal (Sudbury, Mass), 2007, 13, 392-398.	2.0	28
50	Colorectal Cancer: Intrinsic Characteristics Modulate Cancer Energy Expenditure and the Risk of Cachexia. Cancer Investigation, 2007, 25, 308-314.	1.3	36
51	NF- κ B and apoptosis in colorectal tumourigenesis. European Journal of Clinical Investigation, 2007, 37, 416-424.	3.4	33
52	Cancer wasting and quality of life react to early individualized nutritional counselling!. Clinical Nutrition, 2007, 26, 7-15.	5.0	86
53	Trends of food intake in Portugal, 1987-1999: results from the National Health Surveys. European Journal of Clinical Nutrition, 2006, 60, 1414-1422.	2.9	64
54	Foodstuffs and colorectal cancer risk: A review. Clinical Nutrition, 2006, 25, 14-36.	5.0	52

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55	Patient-Centered Outcomes in Cancer: Nutrition Makes a Real Difference!. Current Nutrition and Food Science, 2006, 2, 193-203.	0.6	2
56	Do inflammatory cytokines influence colorectal cancer wasting?. FASEB Journal, 2006, 20, A1013.	0.5	0
57	Cancer characteristics modulate the risk of cachexia. FASEB Journal, 2006, 20, A1012.	0.5	0
58	Impact of nutrition on outcome: A prospective randomized controlled trial in patients with head and neck cancer undergoing radiotherapy. Head and Neck, 2005, 27, 659-668.	2.0	444
59	Dietary Counseling Improves Patient Outcomes: A Prospective, Randomized, Controlled Trial in Colorectal Cancer Patients Undergoing Radiotherapy. Journal of Clinical Oncology, 2005, 23, 1431-1438.	1.6	464
60	Aspects of taste and compliance in patients with cancer. European Journal of Oncology Nursing, 2005, 9, S84-S91.	2.1	130
61	Survey on the current practice of nutritional therapy in Portugal. Clinical Nutrition, 2004, 23, 113-119.	5.0	12
62	Reply to Dr. Piquet et al.'s letter. Clinical Nutrition, 2004, 23, 438.	5.0	0
63	Cancer: disease and nutrition are key determinants of patients' quality of life. Supportive Care in Cancer, 2004, 12, 246-252.	2.2	274
64	The impact of fluid therapy on nutrient delivery: a prospective evaluation of practice in respiratory intensive care. Clinical Nutrition, 2003, 22, 87-92.	5.0	11
65	Does nutrition influence quality of life in cancer patients undergoing radiotherapy?. Radiotherapy and Oncology, 2003, 67, 213-220.	0.6	153
66	Increased Homocysteine and S-Adenosylhomocysteine Concentrations and DNA Hypomethylation in Vascular Disease. Clinical Chemistry, 2003, 49, 1292-1296.	3.2	365
67	Tube Feeding in Mechanically Ventilated Critically Ill Patients: A Prospective Clinical Audit. Nutrition in Clinical Practice, 2003, 18, 427-433.	2.4	7