

# Andrea J Braakhuis

## List of Publications by Year in descending order

Source: <https://exaly.com/author-pdf/5293737/publications.pdf>

Version: 2024-02-01

60  
papers

1,903  
citations

236925

25  
h-index

276875

41  
g-index

63  
all docs

63  
docs citations

63  
times ranked

2727  
citing authors

| #  | ARTICLE   | IF  | CITATIONS |
|----|---|-----|-----------|
| 1  | An Evaluation of Texture-Modified Diets Compliant with the International Dysphagia Diet Standardization Initiative in Aged-Care Facilities Using the Consolidated Framework for Implementation Research. <i>Dysphagia</i> , 2022, 37, 1314-1325.                      | 1.8 | 6         |
| 2  | A Comparison of Dietary Intake and Nutritional Status between Aged Care Residents Consuming Texture-Modified Diets with and without Oral Nutritional Supplements. <i>Nutrients</i> , 2022, 14, 669.   | 4.1 | 5         |
| 3  | The Effectiveness of International Dysphagia Diet Standardization Initiativeâ€œTailored Interventions on Staff Knowledge and Texture-Modified Diet Compliance in Aged Care Facilities: A Pre-Post Study. <i>Current Developments in Nutrition</i> , 2022, 6, nzac032. | 0.3 | 6         |
| 4  | Plasma Amino Acid Appearance and Status of Appetite Following a Single Meal of Red Meat or a Plant-Based Meat Analog: A Randomized Crossover Clinical Trial. <i>Current Developments in Nutrition</i> , 2022, 6, nzac082.   | 0.3 | 20        |
| 5  | Co-design of Digital Health Interventions for Young Adults: Protocol for a Scoping Review. <i>JMIR Research Protocols</i> , 2022, 11, e38635.   | 1.0 | 5         |
| 6  | Exploring Meal Provision and Mealtime Challenges for Aged Care Residents Consuming Texture-Modified Diets: A Mixed Methods Study. <i>Geriatrics (Switzerland)</i> , 2022, 7, 67.  | 1.7 | 4         |
| 7  | Effect of Incorporating Genetic Testing Results into Nutrition Counseling and Care on Health Outcomes: An Evidence Analysis Center Systematic Reviewâ€œPart II. <i>Journal of the Academy of Nutrition and Dietetics</i> , 2021, 121, 582-605.e17.                    | 0.8 | 15        |
| 8  | Effect of Incorporating Genetic Testing Results into Nutrition Counseling and Care on Dietary Intake: An Evidence Analysis Center Systematic Reviewâ€œPart I. <i>Journal of the Academy of Nutrition and Dietetics</i> , 2021, 121, 553-581.e3.                       | 0.8 | 11        |
| 9  | Consensus Report of the Academy of Nutrition and Dietetics: Incorporating Genetic Testing into Nutrition Care. <i>Journal of the Academy of Nutrition and Dietetics</i> , 2021, 121, 545-552.   | 0.8 | 20        |
| 10 | Adaptation to a ketogenic diet modulates adaptive and mucosal immune markers in trained male endurance athletes. <i>Scandinavian Journal of Medicine and Science in Sports</i> , 2021, 31, 140-152.   | 2.9 | 15        |
| 11 | Texture-Modified Diets, Nutritional Status and Mealtime Satisfaction: A Systematic Review. <i>Healthcare (Switzerland)</i> , 2021, 9, 624.  | 2.0 | 21        |
| 12 | A Modern Flexitarian Dietary Intervention Incorporating Web-Based Nutrition Education in Healthy Young Adults: Protocol for a Randomized Controlled Trial. <i>JMIR Research Protocols</i> , 2021, 10, e30909.   | 1.0 | 5         |
| 13 | Type of Milk Feeding and Introduction to Complementary Foods in Relation to Infant Sleep: A Systematic Review. <i>Nutrients</i> , 2021, 13, 4105.   | 4.1 | 4         |
| 14 | The Effects of Fruit-Derived Polyphenols on Cognition and Lung Function in Healthy Adults: A Systematic Review and Meta-Analysis. <i>Nutrients</i> , 2021, 13, 4273.  | 4.1 | 4         |
| 15 | Textureâ€œmodified diets in aged care facilities: Nutrition, swallow safety and mealtime experience. <i>Australasian Journal on Ageing</i> , 2020, 39, 31-39.   | 0.9 | 21        |
| 16 | Do health programmes within the New Zealand food industry influence the work environment for employees?. <i>Health Promotion International</i> , 2020, 35, 892-906.   | 1.8 | 2         |
| 17 | Acute hyperketonaemia alters T-cell-related cytokine gene expression within stimulated peripheral blood mononuclear cells following prolonged exercise. <i>European Journal of Applied Physiology</i> , 2020, 120, 191-202.   | 2.5 | 7         |
| 18 | Exogenous Ketone Supplementation and Keto-Adaptation for Endurance Performance: Disentangling the Effects of Two Distinct Metabolic States. <i>Sports Medicine</i> , 2020, 50, 641-656.   | 6.5 | 30        |

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|----|--|-----|-----------|
| 19 | Vitamin C and the Lens: New Insights into Delaying the Onset of Cataract. <i>Nutrients</i> , 2020, 12, 3142.   | 4.1 | 41        |
| 20 | Educatorâ€student talk during interprofessional simulation-based teaching. <i>BMJ Simulation and Technology Enhanced Learning</i> , 2020, 6, 206-213.  | 0.7 | 2         |
| 21 | The effect of New Zealandâblackcurrant on sport performance and related biomarkers: a systematic review and meta-analysis. <i>Journal of the International Society of Sports Nutrition</i> , 2020, 17, 25. | 3.9 | 18        |
| 22 | Improving Mental Performance in an Athletic Population with the Use of ÄrepaÂ®, a Blackcurrant Based Nootropic Drink: A Randomized Control Trial. <i>Antioxidants</i> , 2020, 9, 316.                      | 5.1 | 8         |
| 23 | Nutritional Intake and Meal Composition of Patients Consuming Texture Modified Diets and Thickened Fluids: A Systematic Review and Meta-Analysis. <i>Healthcare (Switzerland)</i> , 2020, 8, 579.          | 2.0 | 33        |
| 24 | Social Media as a Nutrition Resource for Athletes: A Cross-Sectional Survey. <i>International Journal of Sport Nutrition and Exercise Metabolism</i> , 2019, 29, 364-370.                                  | 2.1 | 18        |
| 25 | Role of diet and food intake in ageârelated macular degeneration: a systematic review. <i>Clinical and Experimental Ophthalmology</i> , 2019, 47, 106-127.   | 2.6 | 77        |
| 26 | Acute Effect of Oral N-Acetylcysteine on Muscle Soreness and Exercise Performance in Semi-Elite Rugby Players. <i>Journal of Dietary Supplements</i> , 2019, 16, 443-453.                                  | 2.6 | 4         |
| 27 | Evidence on the Health Benefits of Supplemental Propolis. <i>Nutrients</i> , 2019, 11, 2705.   | 4.1 | 117       |
| 28 | The Mediterranean Diet and Breast Cancer: A Personalised Approach. <i>Healthcare (Switzerland)</i> , 2019, 7, 104.   | 2.0 | 20        |
| 29 | Nutritional Strategies to Prevent Lens Cataract: Current Status and Future Strategies. <i>Nutrients</i> , 2019, 11, 1186.  | 4.1 | 59        |
| 30 | Upper respiratory illness in different tiers of rugby union. <i>Sport Sciences for Health</i> , 2019, 15, 197-205.   | 1.3 | 4         |
| 31 | The Effect of Olive Leaf Extract on Upper Respiratory Illness in High School Athletes: A Randomised Control Trial. <i>Nutrients</i> , 2019, 11, 358.   | 4.1 | 27        |
| 32 | Effect of a Ketogenic Diet on Submaximal Exercise Capacity and Efficiency in Runners. <i>Medicine and Science in Sports and Exercise</i> , 2019, 51, 2135-2146.  | 0.4 | 65        |
| 33 | The Effect of 1,3-Butanediol on Cycling Time-Trial Performance. <i>International Journal of Sport Nutrition and Exercise Metabolism</i> , 2019, 29, 466-473.   | 2.1 | 39        |
| 34 | T-cells and their cytokine production: The anti-inflammatory and immunosuppressive effects of strenuous exercise. <i>Cytokine</i> , 2018, 104, 136-142.  | 3.2 | 107       |
| 35 | The Effect of MitoQ on Aging-Related Biomarkers: A Systematic Review and Meta-Analysis. <i>Oxidative Medicine and Cellular Longevity</i> , 2018, 2018, 1-12.   | 4.0 | 27        |
| 36 | Polyphenols and Performance: A Systematic Review and Meta-Analysis. <i>Sports Medicine</i> , 2017, 47, 1589-1599.  | 6.5 | 78        |

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|----|--|-----|-----------|
| 37 | Performance and Side Effects of Supplementation with N-Acetylcysteine: A Systematic Review and Meta-Analysis. <i>Sports Medicine</i> , 2017, 47, 1619-1636.  | 6.5 | 42        |
| 38 | The Effects of Dietary Nutrition Education on Weight and Health Biomarkers in Breast Cancer Survivors. <i>Medical Sciences (Basel, Switzerland)</i> , 2017, 5, 12.   | 2.9 | 14        |
| 39 | Do Image-Assisted Mobile Applications Improve Dietary Habits, Knowledge, and Behaviours in Elite Athletes? A Pilot Study. <i>Sports</i> , 2017, 5, 60.   | 1.7 | 29        |
| 40 | The Association between Dietary Intake of Antioxidants and Ocular Disease. <i>Diseases (Basel)</i> , 2017, 5, 32.  | 2.5 | 32        |
| 41 | Food components and ocular pathophysiology: a critical appraisal of the role of oxidative mechanisms. <i>Asia Pacific Journal of Clinical Nutrition</i> , 2017, 26, 572-585.   | 0.4 | 10        |
| 42 | Malignant Mesothelioma and Delivery of Polyphenols. <i>Nutrients</i> , 2016, 8, 335.   | 4.1 | 8         |
| 43 | Reducing Breast Cancer Recurrence: The Role of Dietary Polyphenolics. <i>Nutrients</i> , 2016, 8, 547.   | 4.1 | 63        |
| 44 | Effect of Flavonoids on Upper Respiratory Tract Infections and Immune Function: A Systematic Review and Meta-Analysis. <i>Advances in Nutrition</i> , 2016, 7, 488-497.  | 6.4 | 86        |
| 45 | Determining the efficacy of the chronic disease self-management programme and readability of "living a healthy life with chronic conditions"™ in a New Zealand setting. <i>Internal Medicine Journal</i> , 2016, 46, 1284-1290.  | 0.8 | 9         |
| 46 | Simulation-Based Dysphagia Training: Teaching Interprofessional Clinical Reasoning in a Hospital Environment. <i>Dysphagia</i> , 2016, 31, 407-415.  | 1.8 | 37        |
| 47 | A Comparison between Learning Style Preferences, Gender, Sport and Achievement in Elite Team Sport Athletes. <i>Sports</i> , 2015, 3, 325-334.   | 1.7 | 5         |
| 48 | Impact of Dietary Antioxidants on Sport Performance: A Review. <i>Sports Medicine</i> , 2015, 45, 939-955.   | 6.5 | 127       |
| 49 | The effect of flavonoids on visual function in patients with glaucoma or ocular hypertension: a systematic review and meta-analysis. <i>Graefe's Archive for Clinical and Experimental Ophthalmology</i> , 2015, 253, 1841-1850. | 1.9 | 44        |
| 50 | Learning styles of elite and sub-elite athletes. <i>Journal of Human Sport and Exercise</i> , 2015, 10, .  | 0.4 | 2         |
| 51 | Effects of dietary antioxidants on training and performance in female runners. <i>European Journal of Sport Science</i> , 2014, 14, 160-168.   | 2.7 | 66        |
| 52 | Effect of Dietary Antioxidants, Training, and Performance Correlates on Antioxidant Status in Competitive Rowers. <i>International Journal of Sports Physiology and Performance</i> , 2013, 8, 565-572.                          | 2.3 | 15        |
| 53 | Effect of Vitamin C Supplements on Physical Performance. <i>Current Sports Medicine Reports</i> , 2012, 11, 180-184.   | 1.2 | 40        |
| 54 | Dietary Nitrate Supplementation Improves Rowing Performance in Well-Trained Rowers. <i>International Journal of Sport Nutrition and Exercise Metabolism</i> , 2012, 22, 251-256.   | 2.1 | 93        |

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|----|---|-----|-----------|
| 55 | Development and Validation of a Food-Frequency Questionnaire to Assess Short-Term Antioxidant Intake in Athletes. <i>International Journal of Sport Nutrition and Exercise Metabolism</i> , 2011, 21, 105-112.                        | 2.1 | 19        |
| 56 | The Effect of Glycerol Ingestion on Performance During Simulated Multisport Activity. <i>Research Quarterly for Exercise and Sport</i> , 2010, 81, 233-238.   | 1.4 | 1         |
| 57 | The Effects of EGCG on Fat Oxidation and Endurance Performance in Male Cyclists. <i>International Journal of Sport Nutrition and Exercise Metabolism</i> , 2009, 19, 624-644.   | 2.1 | 45        |
| 58 | Variability in Estimation of Self-reported Dietary Intake Data from Elite Athletes Resulting from Coding by Different Sports Dietitians. <i>International Journal of Sport Nutrition and Exercise Metabolism</i> , 2003, 13, 152-165. | 2.1 | 60        |
| 59 | High avidity antibodies to fetal pig pancreas endocrine cells transfer rejection but are not normally generated to fetal pig pancreas xenografts. <i>Xenotransplantation</i> , 2002, 9, 382-392.                                      | 2.8 | 0         |
| 60 | Innate and Adaptive Immune Responses to Nonvascular Xenografts: Evidence That Macrophages Are Direct Effectors of Xenograft Rejection. <i>Journal of Immunology</i> , 2001, 166, 2133-2140.   | 0.8 | 110       |