

Andrea J Braakhuis

List of Publications by Year in descending order

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Version: 2024-02-01

60
papers

1,903
citations

236925

25
h-index

276875

41
g-index

63
all docs

63
docs citations

63
times ranked

2727
citing authors

#	ARTICLE	IF	CITATIONS
1	Impact of Dietary Antioxidants on Sport Performance: A Review. <i>Sports Medicine</i> , 2015, 45, 939-955.	6.5	127
2	Evidence on the Health Benefits of Supplemental Propolis. <i>Nutrients</i> , 2019, 11, 2705.	4.1	117
3	Innate and Adaptive Immune Responses to Nonvascular Xenografts: Evidence That Macrophages Are Direct Effectors of Xenograft Rejection. <i>Journal of Immunology</i> , 2001, 166, 2133-2140.	0.8	110
4	T-cells and their cytokine production: The anti-inflammatory and immunosuppressive effects of strenuous exercise. <i>Cytokine</i> , 2018, 104, 136-142.	3.2	107
5	Dietary Nitrate Supplementation Improves Rowing Performance in Well-Trained Rowers. <i>International Journal of Sport Nutrition and Exercise Metabolism</i> , 2012, 22, 251-256.	2.1	93
6	Effect of Flavonoids on Upper Respiratory Tract Infections and Immune Function: A Systematic Review and Meta-Analysis. <i>Advances in Nutrition</i> , 2016, 7, 488-497.	6.4	86
7	Polyphenols and Performance: A Systematic Review and Meta-Analysis. <i>Sports Medicine</i> , 2017, 47, 1589-1599.	6.5	78
8	Role of diet and food intake in age-related macular degeneration: a systematic review. <i>Clinical and Experimental Ophthalmology</i> , 2019, 47, 106-127.	2.6	77
9	Effects of dietary antioxidants on training and performance in female runners. <i>European Journal of Sport Science</i> , 2014, 14, 160-168.	2.7	66
10	Effect of a Ketogenic Diet on Submaximal Exercise Capacity and Efficiency in Runners. <i>Medicine and Science in Sports and Exercise</i> , 2019, 51, 2135-2146.	0.4	65
11	Reducing Breast Cancer Recurrence: The Role of Dietary Polyphenolics. <i>Nutrients</i> , 2016, 8, 547.	4.1	63
12	Variability in Estimation of Self-reported Dietary Intake Data from Elite Athletes Resulting from Coding by Different Sports Dietitians. <i>International Journal of Sport Nutrition and Exercise Metabolism</i> , 2003, 13, 152-165.	2.1	60
13	Nutritional Strategies to Prevent Lens Cataract: Current Status and Future Strategies. <i>Nutrients</i> , 2019, 11, 1186.	4.1	59
14	The Effects of EGCG on Fat Oxidation and Endurance Performance in Male Cyclists. <i>International Journal of Sport Nutrition and Exercise Metabolism</i> , 2009, 19, 624-644.	2.1	45
15	The effect of flavonoids on visual function in patients with glaucoma or ocular hypertension: a systematic review and meta-analysis. <i>Graefes' Archive for Clinical and Experimental Ophthalmology</i> , 2015, 253, 1841-1850.	1.9	44
16	Performance and Side Effects of Supplementation with N-Acetylcysteine: A Systematic Review and Meta-Analysis. <i>Sports Medicine</i> , 2017, 47, 1619-1636.	6.5	42
17	Vitamin C and the Lens: New Insights into Delaying the Onset of Cataract. <i>Nutrients</i> , 2020, 12, 3142.	4.1	41
18	Effect of Vitamin C Supplements on Physical Performance. <i>Current Sports Medicine Reports</i> , 2012, 11, 180-184.	1.2	40

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19	The Effect of 1,3-Butanediol on Cycling Time-Trial Performance. <i>International Journal of Sport Nutrition and Exercise Metabolism</i> , 2019, 29, 466-473.	2.1	39
20	Simulation-Based Dysphagia Training: Teaching Interprofessional Clinical Reasoning in a Hospital Environment. <i>Dysphagia</i> , 2016, 31, 407-415.	1.8	37
21	Nutritional Intake and Meal Composition of Patients Consuming Texture Modified Diets and Thickened Fluids: A Systematic Review and Meta-Analysis. <i>Healthcare (Switzerland)</i> , 2020, 8, 579.	2.0	33
22	The Association between Dietary Intake of Antioxidants and Ocular Disease. <i>Diseases (Basel)</i> , 2021, 10, 32.	2.5	32
23	Exogenous Ketone Supplementation and Keto-Adaptation for Endurance Performance: Disentangling the Effects of Two Distinct Metabolic States. <i>Sports Medicine</i> , 2020, 50, 641-656.	6.5	30
24	Do Image-Assisted Mobile Applications Improve Dietary Habits, Knowledge, and Behaviours in Elite Athletes? A Pilot Study. <i>Sports</i> , 2017, 5, 60.	1.7	29
25	The Effect of MitoQ on Aging-Related Biomarkers: A Systematic Review and Meta-Analysis. <i>Oxidative Medicine and Cellular Longevity</i> , 2018, 2018, 1-12.	4.0	27
26	The Effect of Olive Leaf Extract on Upper Respiratory Illness in High School Athletes: A Randomised Control Trial. <i>Nutrients</i> , 2019, 11, 358.	4.1	27
27	Texture-modified diets in aged care facilities: Nutrition, swallow safety and mealtime experience. <i>Australasian Journal on Ageing</i> , 2020, 39, 31-39.	0.9	21
28	Texture-Modified Diets, Nutritional Status and Mealtime Satisfaction: A Systematic Review. <i>Healthcare (Switzerland)</i> , 2021, 9, 624.	2.0	21
29	The Mediterranean Diet and Breast Cancer: A Personalised Approach. <i>Healthcare (Switzerland)</i> , 2019, 7, 104.	2.0	20
30	Consensus Report of the Academy of Nutrition and Dietetics: Incorporating Genetic Testing into Nutrition Care. <i>Journal of the Academy of Nutrition and Dietetics</i> , 2021, 121, 545-552.	0.8	20
31	Plasma Amino Acid Appearance and Status of Appetite Following a Single Meal of Red Meat or a Plant-Based Meat Analog: A Randomized Crossover Clinical Trial. <i>Current Developments in Nutrition</i> , 2022, 6, nza082.	0.3	20
32	Development and Validation of a Food-Frequency Questionnaire to Assess Short-Term Antioxidant Intake in Athletes. <i>International Journal of Sport Nutrition and Exercise Metabolism</i> , 2011, 21, 105-112.	2.1	19
33	Social Media as a Nutrition Resource for Athletes: A Cross-Sectional Survey. <i>International Journal of Sport Nutrition and Exercise Metabolism</i> , 2019, 29, 364-370.	2.1	18
34	The effect of New Zealand blackcurrant on sport performance and related biomarkers: a systematic review and meta-analysis. <i>Journal of the International Society of Sports Nutrition</i> , 2020, 17, 25.	3.9	18
35	Effect of Dietary Antioxidants, Training, and Performance Correlates on Antioxidant Status in Competitive Rowers. <i>International Journal of Sports Physiology and Performance</i> , 2013, 8, 565-572.	2.3	15
36	Effect of Incorporating Genetic Testing Results into Nutrition Counseling and Care on Health Outcomes: An Evidence Analysis Center Systematic Review—Part II. <i>Journal of the Academy of Nutrition and Dietetics</i> , 2021, 121, 582-605.e17.	0.8	15

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37	Adaptation to a ketogenic diet modulates adaptive and mucosal immune markers in trained male endurance athletes. <i>Scandinavian Journal of Medicine and Science in Sports</i> , 2021, 31, 140-152.	2.9	15
38	The Effects of Dietary Nutrition Education on Weight and Health Biomarkers in Breast Cancer Survivors. <i>Medical Sciences (Basel, Switzerland)</i> , 2017, 5, 12.	2.9	14
39	Effect of Incorporating Genetic Testing Results into Nutrition Counseling and Care on Dietary Intake: An Evidence Analysis Center Systematic Reviewâ€”Part I. <i>Journal of the Academy of Nutrition and Dietetics</i> , 2021, 121, 553-581.e3.	0.8	11
40	Food components and ocular pathophysiology: a critical appraisal of the role of oxidative mechanisms. <i>Asia Pacific Journal of Clinical Nutrition</i> , 2017, 26, 572-585.	0.4	10
41	Determining the efficacy of the chronic disease self-management programme and readability of "living a healthy life with chronic conditions"™ in a New Zealand setting. <i>Internal Medicine Journal</i> , 2016, 46, 1284-1290.	0.8	9
42	Malignant Mesothelioma and Delivery of Polyphenols. <i>Nutrients</i> , 2016, 8, 335.	4.1	8
43	Improving Mental Performance in an Athletic Population with the Use of ÄrepaÂ®, a Blackcurrant Based Nootropic Drink: A Randomized Control Trial. <i>Antioxidants</i> , 2020, 9, 316.	5.1	8
44	Acute hyperketonaemia alters T-cell-related cytokine gene expression within stimulated peripheral blood mononuclear cells following prolonged exercise. <i>European Journal of Applied Physiology</i> , 2020, 120, 191-202.	2.5	7
45	An Evaluation of Texture-Modified Diets Compliant with the International Dysphagia Diet Standardization Initiative in Aged-Care Facilities Using the Consolidated Framework for Implementation Research. <i>Dysphagia</i> , 2022, 37, 1314-1325.	1.8	6
46	The Effectiveness of International Dysphagia Diet Standardization Initiativeâ€”Tailored Interventions on Staff Knowledge and Texture-Modified Diet Compliance in Aged Care Facilities: A Pre-Post Study. <i>Current Developments in Nutrition</i> , 2022, 6, nzac032.	0.3	6
47	A Comparison between Learning Style Preferences, Gender, Sport and Achievement in Elite Team Sport Athletes. <i>Sports</i> , 2015, 3, 325-334.	1.7	5
48	A Modern Flexitarian Dietary Intervention Incorporating Web-Based Nutrition Education in Healthy Young Adults: Protocol for a Randomized Controlled Trial. <i>JMIR Research Protocols</i> , 2021, 10, e30909.	1.0	5
49	A Comparison of Dietary Intake and Nutritional Status between Aged Care Residents Consuming Texture-Modified Diets with and without Oral Nutritional Supplements. <i>Nutrients</i> , 2022, 14, 669.	4.1	5
50	Co-design of Digital Health Interventions for Young Adults: Protocol for a Scoping Review. <i>JMIR Research Protocols</i> , 2022, 11, e38635.	1.0	5
51	Acute Effect of Oral N-Acetylcysteine on Muscle Soreness and Exercise Performance in Semi-Elite Rugby Players. <i>Journal of Dietary Supplements</i> , 2019, 16, 443-453.	2.6	4
52	Upper respiratory illness in different tiers of rugby union. <i>Sport Sciences for Health</i> , 2019, 15, 197-205.	1.3	4
53	Type of Milk Feeding and Introduction to Complementary Foods in Relation to Infant Sleep: A Systematic Review. <i>Nutrients</i> , 2021, 13, 4105.	4.1	4
54	The Effects of Fruit-Derived Polyphenols on Cognition and Lung Function in Healthy Adults: A Systematic Review and Meta-Analysis. <i>Nutrients</i> , 2021, 13, 4273.	4.1	4

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55	Exploring Meal Provision and Mealtime Challenges for Aged Care Residents Consuming Texture-Modified Diets: A Mixed Methods Study. <i>Geriatrics (Switzerland)</i> , 2022, 7, 67.	1.7	4
56	Do health programmes within the New Zealand food industry influence the work environment for employees?. <i>Health Promotion International</i> , 2020, 35, 892-906.	1.8	2
57	Educatorâ€™student talk during interprofessional simulation-based teaching. <i>BMJ Simulation and Technology Enhanced Learning</i> , 2020, 6, 206-213.	0.7	2
58	Learning styles of elite and sub-elite athletes. <i>Journal of Human Sport and Exercise</i> , 2015, 10, .	0.4	2
59	The Effect of Glycerol Ingestion on Performance During Simulated Multisport Activity. <i>Research Quarterly for Exercise and Sport</i> , 2010, 81, 233-238.	1.4	1
60	High avidity antibodies to fetal pig pancreas endocrine cells transfer rejection but are not normally generated to fetal pig pancreas xenografts. <i>Xenotransplantation</i> , 2002, 9, 382-392.	2.8	0