

Hajara Aslam

List of Publications by Year in descending order

Source: <https://exaly.com/author-pdf/5278366/publications.pdf>

Version: 2024-02-01

11
papers

593
citations

1307594

7
h-index

1281871

11
g-index

12
all docs

12
docs citations

12
times ranked

659
citing authors

#	ARTICLE	IF	CITATIONS
1	Diet and depression: exploring the biological mechanisms of action. <i>Molecular Psychiatry</i> , 2021, 26, 134-150.	7.9	265
2	Fermented foods, the gut and mental health: a mechanistic overview with implications for depression and anxiety. <i>Nutritional Neuroscience</i> , 2020, 23, 659-671.	3.1	95
3	The Dietary Inflammatory Index and Human Health: An Umbrella Review of Meta-Analyses of Observational Studies. <i>Advances in Nutrition</i> , 2021, 12, 1681-1690.	6.4	95
4	The effects of dairy and dairy derivatives on the gut microbiota: a systematic literature review. <i>Gut Microbes</i> , 2020, 12, 1799533.	9.8	79
5	Possible use of fermented foods in rehabilitation of anorexia nervosa: the gut microbiota as a modulator. <i>Progress in Neuro-Psychopharmacology and Biological Psychiatry</i> , 2021, 107, 110201.	4.8	18
6	Unravelling facets of milk derived opioid peptides: a focus on gut physiology, fractures and obesity. <i>International Journal of Food Sciences and Nutrition</i> , 2020, 71, 36-49.	2.8	17
7	Association between dairy intake and fracture in an Australian-based cohort of women: a prospective study. <i>BMJ Open</i> , 2019, 9, e031594.	1.9	8
8	Gut Microbiome Diversity and Composition Are Associated with Habitual Dairy Intakes: A Cross-Sectional Study in Men. <i>Journal of Nutrition</i> , 2021, 151, 3400-3412.	2.9	6
9	The Associations between Dairy Product Consumption and Biomarkers of Inflammation, Adipocytokines, and Oxidative Stress in Children: A Cross-Sectional Study. <i>Nutrients</i> , 2020, 12, 3055.	4.1	5
10	Associations between dairy consumption and constipation in adults: A cross-sectional study. <i>Nutrition and Health</i> , 2021, , 026010602110047.	1.5	4
11	The Mooâ€™D Study: protocol for a randomised controlled trial of A2 beta-casein only versus conventional dairy products in women with low mood. <i>Trials</i> , 2021, 22, 899.	1.6	1