

# Stephen Cobley

## List of Publications by Year in descending order

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Version: 2024-02-01

104  
papers

4,540  
citations

117625  
34  
h-index

114465  
63  
g-index

107  
all docs

107  
docs citations

107  
times ranked

3759  
citing authors

#	ARTICLE	IF	CITATIONS
1	Annual Age-Grouping and Athlete Development. Sports Medicine, 2009, 39, 235-256.	6.5	495
2	Psychological consequences of childhood obesity: psychiatric comorbidity and prevention. Adolescent Health, Medicine and Therapeutics, 2016, Volume 7, 125-146.	0.9	405
3	Childhood obesity and its physical and psychological co-morbidities: a systematic review of Australian children and adolescents. European Journal of Pediatrics, 2015, 174, 715-746.	2.7	171
4	Influences of competition level, gender, player nationality, career stage and playing position on relative age effects. Scandinavian Journal of Medicine and Science in Sports, 2009, 19, 720-730.	2.9	156
5	Towards a unified understanding of relative age effects. Journal of Sports Sciences, 2008, 26, 1403-1409.	2.0	142
6	The prevalence, influential factors and mechanisms of relative age effects in UK Rugby League. Scandinavian Journal of Medicine and Science in Sports, 2010, 20, 320-329.	2.9	135
7	What do we know about early sport specialization? Not much!. High Ability Studies, 2009, 20, 77-89.	1.9	132
8	Soccer Player Characteristics in English Lower-League Development Programmes: The Relationships between Relative Age, Maturation, Anthropometry and Physical Fitness. PLoS ONE, 2015, 10, e0137238.	2.5	127
9	Relative Age Effects Across and Within Female Sport Contexts: A Systematic Review and Meta-Analysis. Sports Medicine, 2018, 48, 1451-1478.	6.5	108
10	Stressors, coping, and coping effectiveness: Gender, type of sport, and skill differences. Journal of Sports Sciences, 2007, 25, 1521-1530.	2.0	97
11	Using anthropometric and performance characteristics to predict selection in junior UK Rugby League players. Journal of Science and Medicine in Sport, 2011, 14, 264-269.	1.3	97
12	Relative age effects in professional German soccer: A historical analysis. Journal of Sports Sciences, 2008, 26, 1531-1538.	2.0	93
13	The Effectiveness of Dance Interventions on Physical Health Outcomes Compared to Other Forms of Physical Activity: A Systematic Review and Meta-Analysis. Sports Medicine, 2018, 48, 933-951.	6.5	93
14	The Efficacy of Injury Prevention Programs in Adolescent Team Sports. American Journal of Sports Medicine, 2016, 44, 2415-2424.	4.2	88
15	Relative Age Effects in Athletic Sprinting and Corrective Adjustments as a Solution for Their Removal. PLoS ONE, 2015, 10, e0122988.	2.5	84
16	Muscle Dysmorphia Symptomatology and Associated Psychological Features in Bodybuilders and Non-Bodybuilder Resistance Trainers: A Systematic Review and Meta-Analysis. Sports Medicine, 2017, 47, 233-259.	6.5	84
17	How pervasive are relative age effects in secondary school education?. Journal of Educational Psychology, 2009, 101, 520-528.	2.9	83
18	Effectiveness of exercise intervention on improving fundamental movement skills and motor coordination in overweight/obese children and adolescents: A systematic review. Journal of Science and Medicine in Sport, 2018, 21, 89-102.	1.3	80

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19	Dietary Intake of Competitive Bodybuilders. Sports Medicine, 2015, 45, 1041-1063.	6.5	79
20	Considering maturation status and relative age in the longitudinal evaluation of junior rugby league players. Scandinavian Journal of Medicine and Science in Sports, 2014, 24, 569-576.	2.9	77
21	Relative age effects. Sportwissenschaft, 2010, 40, 26-30.	0.5	69
22	A longitudinal evaluation of anthropometric and fitness characteristics in junior rugby league players considering playing position and selection level. Journal of Science and Medicine in Sport, 2013, 16, 438-443.	1.3	68
23	Variations in relative age effects in individual sports: Skiing, figure skating and gymnastics. European Journal of Sport Science, 2014, 14, S183-90.	2.7	68
24	Relative Age, Maturation and Physical Biases on Position Allocation in Elite-Youth Soccer. International Journal of Sports Medicine, 2017, 38, 201-209.	1.7	61
25	Born at the Wrong Time: Selection Bias in the NHL Draft. PLoS ONE, 2013, 8, e57753.	2.5	59
26	Injuries in Canadian Youth Ice Hockey: The Influence of Relative Age. Pediatrics, 2007, 120, 142-148.	2.1	58
27	Circumstantial development and athletic excellence: The role of date of birth and birthplace. European Journal of Sport Science, 2009, 9, 329-339.	2.7	58
28	Relative age effects on physical education attainment and school sport representation. Physical Education and Sport Pedagogy, 2008, 13, 267-276.	3.0	56
29	Retrospective analysis of anthropometric and fitness characteristics associated with long-term career progression in Rugby League. Journal of Science and Medicine in Sport, 2015, 18, 310-314.	1.3	54
30	Pedagogical Approaches to and Effects of Fundamental Movement Skill Interventions on Health Outcomes: A Systematic Review. Sports Medicine, 2017, 47, 1795-1819.	6.5	53
31	When does the influence of maturation on anthropometric and physical fitness characteristics increase and subside?. Scandinavian Journal of Medicine and Science in Sports, 2018, 28, 1946-1955.	2.9	52
32	The influence of age, playing position, anthropometry and fitness on career attainment outcomes in rugby league. Journal of Sports Sciences, 2016, 34, 1240-1245.	2.0	50
33	Identifying Talent in Youth Sport: A Novel Methodology Using Higher-Dimensional Analysis. PLoS ONE, 2016, 11, e0155047.	2.5	42
34	Accuracy in Estimating Repetitions to Failure During Resistance Exercise. Journal of Strength and Conditioning Research, 2017, 31, 2162-2168.	2.1	40
35	Transient Relative Age Effects across annual age groups in National level Australian Swimming. Journal of Science and Medicine in Sport, 2018, 21, 839-845.	1.3	40
36	A force profile analysis comparison between functional data analysis, statistical parametric mapping and statistical non-parametric mapping in on-water single sculling. Journal of Science and Medicine in Sport, 2018, 21, 1100-1105.	1.3	37

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37	The Effect of Psychological Skills Training (PST) on Self-Regulation Behavior, Self-Efficacy, and Psychological Skill Use in Military Pilot-Trainees. <i>Military Psychology</i> , 2013, 25, 136-147.	1.1	35
38	Removing relative age effects from youth swimming: The development and testing of corrective adjustment procedures. <i>Journal of Science and Medicine in Sport</i> , 2019, 22, 735-740.	1.3	32
39	Are youth sport talent identification and development systems necessary and healthy?. <i>Sports Medicine - Open</i> , 2018, 4, 18.	3.1	31
40	An Individualized Longitudinal Approach to Monitoring the Dynamics of Growth and Fitness Development in Adolescent Athletes. <i>Journal of Strength and Conditioning Research</i> , 2013, 27, 1313-1321.	2.1	30
41	Can exercise or physical activity help improve postnatal depression and weight loss? A systematic review. <i>Archives of Women's Mental Health</i> , 2017, 20, 595-611.	2.6	28
42	On the Efficacy of Talent Identification and Talent Development Programmes. , 2017, , 80-98.		28
43	Relative Age Effects are a developmental problem in tennis: but not necessarily when youâ€™re left-handed!. <i>High Ability Studies</i> , 2010, 21, 19-25.	1.9	27
44	A retrospective longitudinal analysis of anthropometric and physical qualities that associate with adult career attainment in junior rugby league players. <i>Journal of Science and Medicine in Sport</i> , 2017, 20, 1029-1033.	1.3	27
45	Considerations for the use of functional principal components analysis in sports biomechanics: examples from on-water rowing. <i>Sports Biomechanics</i> , 2019, 18, 317-341.	1.6	26
46	Effect of bio-banding on physiological and technical-tactical key performance indicators in youth elite soccer. <i>European Journal of Sport Science</i> , 2022, 22, 1659-1667.	2.7	25
47	Variable and Changing Trajectories in Youth Athlete Development. <i>Journal of Strength and Conditioning Research</i> , 2014, 28, 1959-1970.	2.1	24
48	Over 50 Years of Researching Force Profiles in Rowing: What Do We Know?. <i>Sports Medicine</i> , 2018, 48, 2703-2714.	6.5	24
49	Relative age-related participation and dropout trends in German youth sports clubs. <i>European Journal of Sport Science</i> , 2014, 14, S213-20.	2.7	23
50	Assessment of propulsive pin force and oar angle time-series using functional data analysis in on-water rowing. <i>Scandinavian Journal of Medicine and Science in Sports</i> , 2017, 27, 1688-1696.	2.9	23
51	Participation trends according to relative age across youth UK Rugby League. <i>International Journal of Sports Science and Coaching</i> , 2017, 12, 339-343.	1.4	21
52	Lingering Effects of Relative Age in Basketball Players' Post Athletic Career. <i>International Journal of Sports Science and Coaching</i> , 2011, 6, 143-147.	1.4	20
53	First Club Location and Relative Age as Influences on Being a Professional Australian Rugby League Player. <i>International Journal of Sports Science and Coaching</i> , 2014, 9, 335-346.	1.4	20
54	Psychosocial outcomes associated with soccer academy involvement: Longitudinal comparisons against aged matched school pupils. <i>Journal of Sports Sciences</i> , 2020, 38, 1387-1398.	2.0	20

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55	Estimation of Repetitions to Failure for Monitoring Resistance Exercise Intensity: Building a Case for Application. <i>Journal of Strength and Conditioning Research</i> , 2018, 32, 1352-1359.	2.1	19
56	Predictive ability of the medicine ball chest throw and vertical jump tests for determining muscular strength and power in adolescents. <i>Measurement in Physical Education and Exercise Science</i> , 2018, 22, 79-87.	1.8	19
57	Enhancing the Evaluation and Interpretation of Fitness Testing Data Within Youth Athletes. <i>Strength and Conditioning Journal</i> , 2018, 40, 24-33.	1.4	18
58	Testing the application of corrective adjustment procedures for removal of relative age effects in female youth swimming. <i>Journal of Sports Sciences</i> , 2020, 38, 1077-1084.	2.0	17
59	An Exploration of the Perception of Dance and Its Relation to Biomechanical Motion: A Systematic Review and Narrative Synthesis. <i>Journal of Dance Medicine and Science</i> , 2016, 20, 127-136.	0.7	16
60	Talent Identification and Development in Sport: International Perspectives. <i>International Journal of Sports Science and Coaching</i> , 2012, 7, 177-180.	1.4	15
61	Bivariate functional principal components analysis: considerations for use with multivariate movement signatures in sports biomechanics. <i>Sports Biomechanics</i> , 2019, 18, 10-27.	1.6	15
62	Call for coordinated and systematic training load measurement (and progression) in athlete development: a conceptual model with practical steps. <i>British Journal of Sports Medicine</i> , 2017, 51, 559-560.	6.7	14
63	Maturity-related developmental inequalities in age-group swimming: The testing of "Mat-CAPS"™ for their removal. <i>Journal of Science and Medicine in Sport</i> , 2021, 24, 397-404.	1.3	14
64	Force coordination strategies in on-water single sculling: Are asymmetries related to better rowing performance?. <i>Scandinavian Journal of Medicine and Science in Sports</i> , 2018, 28, 1379-1388.	2.9	13
65	The validation and application of Inertial Measurement Units to springboard diving. <i>Sports Biomechanics</i> , 2017, 16, 485-500.	1.6	12
66	Distinct trajectories of athlete development: A retrospective analysis of professional rugby league players. <i>Journal of Sports Sciences</i> , 2018, 36, 2558-2566.	2.0	12
67	Sink or Swim? A survival analysis of sport dropout in Australian youth swimmers. <i>Scandinavian Journal of Medicine and Science in Sports</i> , 2020, 30, 2222-2233.	2.9	12
68	Youth sport dropout according to the Process-Person-Context-Time model: a systematic review. <i>International Review of Sport and Exercise Psychology</i> , 0, , 1-42.	5.7	12
69	Whole-body kinematics and coordination in a complex dance sequence: Differences across skill levels. <i>Human Movement Science</i> , 2020, 69, 102564.	1.4	11
70	How Relative Age Effects Associate with Football Players'™ Market Values: Indicators of Losing Talent and Wasting Money. <i>Sports</i> , 2021, 9, 99.	1.7	10
71	The Effect of Training Loads on Performance Measures and Injury Characteristics in Rugby League Players: A Systematic Review. <i>International Journal of Sports Physiology and Performance</i> , 2018, 13, 1259-1272.	2.3	9
72	Understanding the Role of Propulsion in the Prediction of Front-Crawl Swimming Velocity and in the Relationship Between Stroke Frequency and Stroke Length. <i>Frontiers in Physiology</i> , 2022, 13, 876838.	2.8	9

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73	Constituent Year: A New Consideration for Injury Risk in Canadian Youth Ice Hockey. <i>Clinical Journal of Sport Medicine</i> , 2010, 20, 113-116.	1.8	8
74	The effectiveness of structured exercise programmes on psychological and physiological outcomes for patients with psychotic disorders: A systematic review and meta-analysis. <i>International Journal of Sport and Exercise Psychology</i> , 2020, 18, 336-361.	2.1	8
75	Longitudinal Studies of Athlete Development. , 2017, , 250-268.		8
76	Corrective Adjustment Procedures as a strategy to remove Relative Age Effects: Validation across male and female age-group long jumping. <i>Journal of Science and Medicine in Sport</i> , 2022, 25, 678-683.	1.3	8
77	Searching for sporting excellence: talent identification and development. <i>British Journal of Sports Medicine</i> , 2010, 44, i66-i66.	6.7	7
78	Movement and Physiological Demands of Australasian National Rugby League Referees. <i>International Journal of Sports Physiology and Performance</i> , 2016, 11, 1080-1087.	2.3	7
79	The application of inertial measurement units and functional principal component analysis to evaluate movement in the forward 3½ pike somersault springboard dive. <i>Sports Biomechanics</i> , 2019, 18, 146-162.	1.6	7
80	Longitudinal Relationships Between Maturation, Technical Efficiency, and Performance in Age-Group Swimmers: Improving Swimmer Evaluation. <i>International Journal of Sports Physiology and Performance</i> , 2021, 16, 1082-1088.	2.3	7
81	How gender and boat-side affect shape characteristics of forceâ€‘angle profiles in single sculling: Insights from functional data analysis. <i>Journal of Science and Medicine in Sport</i> , 2018, 21, 533-537.	1.3	6
82	Do riders who wear an air jacket in equestrian eventing have reduced injury risk in falls? A retrospective data analysis. <i>Journal of Science and Medicine in Sport</i> , 2019, 22, 1010-1013.	1.3	6
83	Assessing the Ecological-Context Strengths of School-Based Talent Development Programs in Rugby League. <i>Research Quarterly for Exercise and Sport</i> , 2020, 92, 1-13.	1.4	6
84	Laterality frequency, team familiarity, and game experience affect kicking-foot identification in Australian football players. <i>International Journal of Sports Science and Coaching</i> , 2017, 12, 351-358.	1.4	5
85	Facilitating transition into a high-performance environment: The effect of a stressor-coping intervention program on elite youth rugby league players. <i>Psychology of Sport and Exercise</i> , 2021, 56, 101973.	2.1	5
86	Motor Coordination Training and Pedagogical Approach for Combating Childhood Obesity. <i>Open Journal of Social Sciences</i> , 2016, 04, 1-12.	0.3	5
87	Authors¼ Reply. <i>Sports Medicine</i> , 2011, 41, 88-90.	6.5	4
88	Is training age predictive of physiological performance changes in developmental rugby league players? A prospective longitudinal study. <i>International Journal of Sports Science and Coaching</i> , 2020, 15, 306-315.	1.4	4
89	Can biological motion research provide insight on how to reduce friendly fire incidents?. <i>Psychonomic Bulletin and Review</i> , 2016, 23, 1429-1439.	2.8	3
90	â€œSnap-kickingâ€‘in elite Australian football: how foot preference and task difficulty highlight potential benefits from bilateral skill training. <i>International Journal of Performance Analysis in Sport</i> , 2017, 17, 109-120.	1.1	3

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91	Do riders who wear an air jacket in equestrian eventing have reduced injury risk in falls? A retrospective data analysis. Journal of Science and Medicine in Sport, 2020, 23, 428-429.	1.3	3
92	A solid swing and â€  contact [or miss]? Commentary on â€œTowards a Grand Unified Theory of sports performanceâ€. Human Movement Science, 2017, 56, 163-165.	1.4	2
93	Whole-body angular momentum in a complex dance sequence: Differences across skill levels. Human Movement Science, 2019, 67, 102512.	1.4	2
94	Avoiding deaths on Everest. BMJ: British Medical Journal, 2006, 333, 603.3.	2.3	2
95	Does a higher training age attenuate injury risk in junior elite rugby league players?. International Journal of Sports Science and Coaching, 2019, 14, 779-785.	1.4	1
96	Can Sprint Interval Training (SIT) Improve the Psychological and Physiological Health of Adolescents with SMI?. Evidence-Based Practice in Child and Adolescent Mental Health, 2019, 4, 219-234.	1.0	1
97	Development of a video analysis protocol and assessment of fall characteristics in equestrian cross-country eventing. Scandinavian Journal of Medicine and Science in Sports, 2021, 31, 2187-2197.	2.9	1
98	Selection Bias in the National Hockey League: Relatively Younger Players Outperform Their Draft Slots. SSRN Electronic Journal, 0, , .	0.4	1
99	Digging it out of the Dirt: Ben Hogan, Deliberate Practice and the Secret. International Journal of Sports Science and Coaching, 2010, 5, 29-33.	1.4	0
100	Associations between Perceptual Fatigue and Accuracy of Estimated Repetitions to Failure during Resistance Exercises. Journal of Functional Morphology and Kinesiology, 2019, 4, 56.	2.4	0
101	"Strictly-ballroom": Can Dance Raise The Amount And Intensity Of Physical Activity In Senior Adults?. Medicine and Science in Sports and Exercise, 2009, 41, 377.	0.4	0
102	Muscle Dysmorphia Symptoms In Bodybuilders And Non-bodybuilder Resistance Trainers, And Associated Psychological Characteristics. Medicine and Science in Sports and Exercise, 2016, 48, 892.	0.4	0
103	Case Analysis of Sprint Interval Training for Adolescents With Severe Mental Illness. Bioengineered, 2022, 11, 31-35.	3.2	0
104	A continuous times-series and discrete measure analysis of two individual divers performing the 3Â½ pike somersault dive. Sports Biomechanics, 0, , 1-14.	1.6	0