

# Leila Azadbakht

## List of Publications by Year in descending order

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Version: 2024-02-01

331  
papers

12,606  
citations

28274

55  
h-index

34986

98  
g-index

337  
all docs

337  
docs citations

337  
times ranked

13095  
citing authors

#	ARTICLE	IF	CITATIONS
1	Beneficial Effects of a Dietary Approaches to Stop Hypertension Eating Plan on Features of the Metabolic Syndrome. <i>Diabetes Care</i> , 2005, 28, 2823-2831.	8.6	456
2	Fruit and vegetable intakes, C-reactive protein, and the metabolic syndrome. <i>American Journal of Clinical Nutrition</i> , 2006, 84, 1489-1497.	4.7	424
3	Dietary patterns, insulin resistance, and prevalence of the metabolic syndrome in women. <i>American Journal of Clinical Nutrition</i> , 2007, 85, 910-918.	4.7	405
4	Effects of Dietary Approaches to Stop Hypertension (DASH)-style diet on fatal or nonfatal cardiovascular diseases—Incidence: A systematic review and meta-analysis on observational prospective studies. <i>Nutrition</i> , 2013, 29, 611-618.	2.4	343
5	Dietary Patterns and Markers of Systemic Inflammation among Iranian Women. <i>Journal of Nutrition</i> , 2007, 137, 992-998.	2.9	332
6	Influence of Dietary Approaches to Stop Hypertension (DASH) diet on blood pressure: A systematic review and meta-analysis on randomized controlled trials. <i>Nutrition, Metabolism and Cardiovascular Diseases</i> , 2014, 24, 1253-1261.	2.6	313
7	Dairy consumption is inversely associated with the prevalence of the metabolic syndrome in Tehranian adults. <i>American Journal of Clinical Nutrition</i> , 2005, 82, 523-530.	4.7	273
8	Dairy consumption is inversely associated with the prevalence of the metabolic syndrome in Tehranian adults. <i>American Journal of Clinical Nutrition</i> , 2005, 82, 523-530.	4.7	262
9	Major Dietary Patterns in Relation to General Obesity and Central Adiposity among Iranian Women , ,3. <i>Journal of Nutrition</i> , 2008, 138, 358-363.	2.9	259
10	Effects of the Dietary Approaches to Stop Hypertension (DASH) Eating Plan on Cardiovascular Risks Among Type 2 Diabetic Patients. <i>Diabetes Care</i> , 2011, 34, 55-57.	8.6	241
11	Soy Protein Intake, Cardiorenal Indices, and C-Reactive Protein in Type 2 Diabetes With Nephropathy. <i>Diabetes Care</i> , 2008, 31, 648-654.	8.6	209
12	Red Meat Intake Is Associated with Metabolic Syndrome and the Plasma C-Reactive Protein Concentration in Women. <i>Journal of Nutrition</i> , 2009, 139, 335-339.	2.9	206
13	Is there a relationship between red or processed meat intake and obesity? A systematic review and meta-analysis of observational studies. <i>Obesity Reviews</i> , 2014, 15, 740-748.	6.5	197
14	High Prevalence of the Metabolic Syndrome in Iranian Adolescents. <i>Obesity</i> , 2006, 14, 377-382.	3.0	162
15	Adherence to the Healthy Eating Index and Alternative Healthy Eating Index dietary patterns and mortality from all causes, cardiovascular disease and cancer: a meta-analysis of observational studies. <i>Journal of Human Nutrition and Dietetics</i> , 2017, 30, 216-226.	2.5	162
16	Soy Consumption, Markers of Inflammation, and Endothelial Function: A cross-over study in postmenopausal women with the metabolic syndrome. <i>Diabetes Care</i> , 2007, 30, 967-973.	8.6	150
17	Soy inclusion in the diet improves features of the metabolic syndrome: a randomized crossover study in postmenopausal women. <i>American Journal of Clinical Nutrition</i> , 2007, 85, 735-741.	4.7	150
18	Concentrated Pomegranate Juice Improves Lipid Profiles in Diabetic Patients with Hyperlipidemia. <i>Journal of Medicinal Food</i> , 2004, 7, 305-308.	1.5	142

#	ARTICLE	IF	CITATIONS
19	Effects of Dietary Approaches to Stop Hypertension (DASH) diet on some risk for developing type 2 diabetes: A systematic review and meta-analysis on controlled clinical trials. <i>Nutrition</i> , 2013, 29, 939-947.	2.4	141
20	The Dietary Approaches to Stop Hypertension Eating Plan Affects C-Reactive Protein, Coagulation Abnormalities, and Hepatic Function Tests among Type 2 Diabetic Patients. <i>Journal of Nutrition</i> , 2011, 141, 1083-1088.	2.9	139
21	Dietary diversity score is related to obesity and abdominal adiposity among Iranian female youth. <i>Public Health Nutrition</i> , 2011, 14, 62-69.	2.2	134
22	Do lifestyle interventions work in developing countries? Findings from the Isfahan Healthy Heart Program in the Islamic Republic of Iran. <i>Bulletin of the World Health Organization</i> , 2009, 87, 39-50.	3.3	127
23	Effect of Fenugreek Seeds on Blood Glucose and Lipid Profiles in Type 2 Diabetic Patients. <i>International Journal for Vitamin and Nutrition Research</i> , 2009, 79, 34-39.	1.5	125
24	Development and Evaluation of a Questionnaire for Assessment of Determinants of Weight Disorders among Children and Adolescents: The Caspian-IV Study. <i>International Journal of Preventive Medicine</i> , 2012, 3, 699-705.	0.4	121
25	Dietary diversity score and cardiovascular risk factors in Tehranian adults. <i>Public Health Nutrition</i> , 2006, 9, 728-736.	2.2	120
26	Associations between dietary energy density and obesity: A systematic review and meta-analysis of observational studies. <i>Nutrition</i> , 2016, 32, 1037-1047.	2.4	119
27	Cholesterol-Lowering Effect of Concentrated Pomegranate Juice Consumption in Type II Diabetic Patients with Hyperlipidemia. <i>International Journal for Vitamin and Nutrition Research</i> , 2006, 76, 147-151.	1.5	113
28	Food Intake Patterns May Explain the High Prevalence of Cardiovascular Risk Factors among Iranian Women. <i>Journal of Nutrition</i> , 2008, 138, 1469-1475.	2.9	113
29	Dietary diversity score in adolescents - a good indicator of the nutritional adequacy of diets: Tehran lipid and glucose study. <i>Asia Pacific Journal of Clinical Nutrition</i> , 2004, 13, 56-60.	0.4	112
30	Dietary diversity score is favorably associated with the metabolic syndrome in Tehranian adults. <i>International Journal of Obesity</i> , 2005, 29, 1361-1367.	3.4	105
31	Beneficiary effect of dietary soy protein on lowering plasma levels of lipid and improving kidney function in type II diabetes with nephropathy. <i>European Journal of Clinical Nutrition</i> , 2003, 57, 1292-1294.	2.9	104
32	Sleep deprivation is associated with lower diet quality indices and higher rate of general and central obesity among young female students in Iran. <i>Nutrition</i> , 2012, 28, 1146-1150.	2.4	104
33	Potato consumption and cardiovascular disease risk factors among Iranian population. <i>International Journal of Food Sciences and Nutrition</i> , 2012, 63, 913-920.	2.8	102
34	Dietary Inflammatory Index and its Association with the Risk of Cardiovascular Diseases, Metabolic Syndrome, and Mortality: A Systematic Review and Meta-Analysis. <i>Hormone and Metabolic Research</i> , 2018, 50, 345-358.	1.5	97
35	Dietary Diversity within Food Groups: An Indicator of Specific Nutrient Adequacy in Tehranian Women. <i>Journal of the American College of Nutrition</i> , 2006, 25, 354-361.	1.8	96
36	Dietary behaviour of Tehranian adolescents does not accord with their nutritional knowledge. <i>Public Health Nutrition</i> , 2007, 10, 897-901.	2.2	91

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37	Dietary diversity score and obesity: a systematic review and meta-analysis of observational studies. <i>European Journal of Clinical Nutrition</i> , 2016, 70, 1-9.	2.9	91
38	Assessing body shape index as a risk predictor for cardiovascular diseases and metabolic syndrome among Iranian adults. <i>Nutrition</i> , 2014, 30, 636-644.	2.4	82
39	Effects of calcium-vitamin D co-supplementation on metabolic profiles in vitamin D insufficient people with type 2 diabetes: a randomised controlled clinical trial. <i>Diabetologia</i> , 2014, 57, 2038-2047.	6.3	82
40	Trends in Overweight, Obesity and Central Fat Accumulation among Tehranian Adults between 1998-1999 and 2001-2002: Tehran Lipid and Glucose Study. <i>Annals of Nutrition and Metabolism</i> , 2005, 49, 3-8.	1.9	81
41	Dietary patterns and attention deficit hyperactivity disorder among Iranian children. <i>Nutrition</i> , 2012, 28, 242-249.	2.4	78
42	Soy Milk Consumption, Inflammation, Coagulation, and Oxidative Stress Among Type 2 Diabetic Patients With Nephropathy. <i>Diabetes Care</i> , 2012, 35, 1981-1985.	8.6	76
43	Alpha-lipoic acid supplement in obesity treatment: A systematic review and meta-analysis of clinical trials. <i>Clinical Nutrition</i> , 2018, 37, 419-428.	5.0	76
44	Dietary intake of fish, n-3 polyunsaturated fatty acids, and risk of inflammatory bowel disease: a systematic review and meta-analysis of observational studies. <i>European Journal of Nutrition</i> , 2020, 59, 1-17.	3.9	71
45	Soy-Protein Consumption and Kidney-Related Biomarkers Among Type 2 Diabetics: A Crossover, Randomized Clinical Trial. , 2009, 19, 479-486.		69
46	White Rice Consumption and CVD Risk Factors among Iranian Population. <i>Journal of Health, Population and Nutrition</i> , 2013, 31, 252-61.	2.0	69
47	Adherence to the DASH and Mediterranean diets is associated with decreased risk for gestational diabetes mellitus. <i>Nutrition</i> , 2016, 32, 1092-1096.	2.4	69
48	The link between breakfast skipping and overweigh/obesity in children and adolescents: a meta-analysis of observational studies. <i>Journal of Diabetes and Metabolic Disorders</i> , 2019, 18, 657-664.	1.9	65
49	General Obesity and Central Adiposity in a Representative Sample of Tehranian Adults: Prevalence and Determinants. <i>International Journal for Vitamin and Nutrition Research</i> , 2005, 75, 297-304.	1.5	64
50	The association of sleep duration and cardiometabolic risk factors in a national sample of children and adolescents: The CASPIAN III Study. <i>Nutrition</i> , 2013, 29, 1133-1141.	2.4	63
51	Effects of a novel therapeutic diet on liver enzymes and coagulating factors in patients with non-alcoholic fatty liver disease: A parallel randomized trial. <i>Nutrition</i> , 2014, 30, 814-821.	2.4	63
52	Salt and obesity: a systematic review and meta-analysis of observational studies. <i>International Journal of Food Sciences and Nutrition</i> , 2017, 68, 265-277.	2.8	63
53	Dietary and non-dietary determinants of central adiposity among Tehrani women. <i>Public Health Nutrition</i> , 2008, 11, 528-534.	2.2	61
54	Glycemic index, glycemic load, and common psychological disorders. <i>American Journal of Clinical Nutrition</i> , 2016, 103, 201-209.	4.7	59

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55	Dietary soya intake alters plasma antioxidant status and lipid peroxidation in postmenopausal women with the metabolic syndrome. <i>British Journal of Nutrition</i> , 2007, 98, 807-13.	2.3	58
56	Consumption of Hydrogenated Versus Nonhydrogenated Vegetable Oils and Risk of Insulin Resistance and the Metabolic Syndrome Among Iranian Adult Women. <i>Diabetes Care</i> , 2008, 31, 223-226.	8.6	57
57	Legume Consumption Is Inversely Associated with Serum Concentrations of Adhesion Molecules and Inflammatory Biomarkers among Iranian Women. <i>Journal of Nutrition</i> , 2012, 142, 334-339.	2.9	57
58	Adherence to Healthy Eating Index-2010 is inversely associated with metabolic syndrome and its features among Iranian adult women. <i>European Journal of Clinical Nutrition</i> , 2017, 71, 425-430.	2.9	56
59	Whole-grain intake favorably affects markers of systemic inflammation in obese children: A randomized controlled crossover clinical trial. <i>Molecular Nutrition and Food Research</i> , 2014, 58, 1301-1308.	3.3	55
60	Fast Food Consumption, Quality of Diet, and Obesity among Isfahanian Adolescent Girls. <i>Journal of Obesity</i> , 2012, 2012, 1-8.	2.7	54
61	Dietary Quality Indices and Biochemical Parameters Among Patients With Non Alcoholic Fatty Liver Disease (NAFLD). <i>Hepatitis Monthly</i> , 2013, 13, e10943.	0.2	54
62	Adherence to the DASH diet in relation to psychological profile of Iranian adults. <i>European Journal of Nutrition</i> , 2017, 56, 309-320.	4.6	54
63	Home use of vegetable oils, markers of systemic inflammation, and endothelial dysfunction among women. <i>American Journal of Clinical Nutrition</i> , 2008, 88, 913-921.	4.7	52
64	Dairy consumption and circulating levels of inflammatory markers among Iranian women. <i>Public Health Nutrition</i> , 2010, 13, 1395-1402.	2.2	52
65	Calcium-Vitamin D Cosupplementation Influences Circulating Inflammatory Biomarkers and Adipocytokines in Vitamin D-Insufficient Diabetics: A Randomized Controlled Clinical Trial. <i>Journal of Clinical Endocrinology and Metabolism</i> , 2014, 99, E2485-E2493.	3.6	52
66	Nutrient patterns and their relation to general and abdominal obesity in Iranian adults: findings from the SEPAHAN study. <i>European Journal of Nutrition</i> , 2016, 55, 505-518.	3.9	52
67	Dietary Total Antioxidant Capacity and Cardiovascular Disease Risk Factors: A Systematic Review of Observational Studies. <i>Journal of the American College of Nutrition</i> , 2018, 37, 533-545.	1.8	50
68	Breakfast eating pattern and its association with dietary quality indices and anthropometric measurements in young women in Isfahan. <i>Nutrition</i> , 2013, 29, 420-425.	2.4	49
69	Variety scores of food groups contribute to the specific nutrient adequacy in Tehranian men. <i>European Journal of Clinical Nutrition</i> , 2005, 59, 1233-1240.	2.9	48
70	Dietary energy density and the metabolic syndrome among Iranian women. <i>European Journal of Clinical Nutrition</i> , 2011, 65, 598-605.	2.9	47
71	Association between overweight/obesity with depression, anxiety, low self-esteem, and body dissatisfaction in children and adolescents: a systematic review and meta-analysis of observational studies. <i>Critical Reviews in Food Science and Nutrition</i> , 2022, 62, 555-570.	10.3	46
72	The effects of low carbohydrate diets on liver function tests in nonalcoholic fatty liver disease: A systematic review and meta-analysis of clinical trials. <i>Journal of Research in Medical Sciences</i> , 2016, 21, 53.	0.9	46

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73	The association between different kinds of fat intake and breast cancer risk in women. <i>International Journal of Preventive Medicine</i> , 2014, 5, 6-15.	0.4	46
74	Effects of non-soy legume consumption on C-reactive protein: A systematic review and meta-analysis. <i>Nutrition</i> , 2015, 31, 631-639.	2.4	45
75	Predictors of cardiovascular risk factors in Tehranian adolescents: Tehran Lipid and Glucose Study. <i>International Journal for Vitamin and Nutrition Research</i> , 2004, 74, 307-312.	1.5	44
76	Healthy Eating Index and Cardiovascular Risk Factors among Iranians. <i>Journal of the American College of Nutrition</i> , 2013, 32, 111-121.	1.8	44
77	The Association of Dietary Quality Indices and Cancer Mortality: A Systematic Review and Meta-analysis of Cohort Studies. <i>Nutrition and Cancer</i> , 2018, 70, 1091-1105.	2.0	44
78	Weight loss maintenance: A review on dietary related strategies. <i>Journal of Research in Medical Sciences</i> , 2014, 19, 268-75.	0.9	43
79	Dietary exposure to tetracycline residues through milk consumption in Iran. <i>Journal of Environmental Health Science &amp; Engineering</i> , 2015, 13, 80.	3.0	41
80	Association between a low-carbohydrate diet and sleep status, depression, anxiety, and stress score. <i>Journal of the Science of Food and Agriculture</i> , 2020, 100, 2946-2952.	3.5	41
81	Epidemiologic evidence on serum adiponectin level and lipid profile. <i>International Journal of Preventive Medicine</i> , 2013, 4, 133-40.	0.4	40
82	Better dietary adherence and weight maintenance achieved by a long-term moderate-fat diet. <i>British Journal of Nutrition</i> , 2007, 97, 399-404.	2.3	39
83	Is Ramadan fasting related to health outcomes? A review on the related evidence. <i>Journal of Research in Medical Sciences</i> , 2014, 19, 987-92.	0.9	39
84	Diet quality status of most Tehranian adults needs improvement. <i>Asia Pacific Journal of Clinical Nutrition</i> , 2005, 14, 163-8.	0.4	39
85	Association of dietary acid load with cardiovascular disease risk factors in patients with diabetic nephropathy. <i>Nutrition</i> , 2015, 31, 697-702.	2.4	38
86	Is dietary diversity a proxy measurement of nutrient adequacy in Iranian elderly women?. <i>Appetite</i> , 2016, 105, 468-476.	3.7	37
87	Association of plant-based dietary patterns with psychological profile and obesity in Iranian women. <i>Clinical Nutrition</i> , 2020, 39, 1799-1808.	5.0	37
88	Serum Adiponectin Level and Different Kinds of Cancer: A Review of Recent Evidence. <i>ISRN Oncology</i> , 2012, 2012, 1-9.	2.1	36
89	Low-Carbohydrate-Diet Score and its Association with the Risk of Diabetes: A Systematic Review and Meta-Analysis of Cohort Studies. <i>Hormone and Metabolic Research</i> , 2017, 49, 565-571.	1.5	36
90	Association of dietary acid load and plant-based diet index with sleep, stress, anxiety and depression in diabetic women. <i>British Journal of Nutrition</i> , 2020, 123, 901-912.	2.3	36

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91	Rice Bran Oil Decreases Total and LDL Cholesterol in Humans: A Systematic Review and Meta-Analysis of Randomized Controlled Clinical Trials. <i>Hormone and Metabolic Research</i> , 2016, 48, 417-426.	1.5	35
92	The Association of Dietary and Urinary Sodium With Bone Mineral Density and Risk of Osteoporosis: A Systematic Review and Meta-Analysis. <i>Journal of the American College of Nutrition</i> , 2018, 37, 522-532.	1.8	34
93	Dairy products, satiety and food intake: A meta-analysis of clinical trials. <i>Clinical Nutrition</i> , 2017, 36, 389-398.	5.0	33
94	Vegetarian diet and the risk of depression, anxiety, and stress symptoms: a systematic review and meta-analysis of observational studies. <i>Critical Reviews in Food Science and Nutrition</i> , 2022, 62, 261-271.	10.3	33
95	The association between plant-based dietary patterns and risk of breast cancer: a case-control study. <i>Scientific Reports</i> , 2021, 11, 3391.	3.3	33
96	Dietary Quality-Adherence to the Dietary Guidelines in Tehranian Adolescents: Tehran Lipid and Glucose Study. <i>International Journal for Vitamin and Nutrition Research</i> , 2005, 75, 195-200.	1.5	31
97	Diet quality among Iranian adolescents needs improvement. <i>Public Health Nutrition</i> , 2015, 18, 615-621.	2.2	31
98	The Effect of Low Calorie Diet on Adiponectin Concentration: A Systematic Review and Meta-Analysis. <i>Hormone and Metabolic Research</i> , 2015, 47, 549-555.	1.5	31
99	Dietary total antioxidant capacity and its association with sleep, stress, anxiety, and depression score: A cross-sectional study among diabetic women. <i>Clinical Nutrition ESPEN</i> , 2020, 37, 187-194.	1.2	31
100	Magnesium, iron, and zinc supplementation for the treatment of attention deficit hyperactivity disorder: A systematic review on the recent literature. <i>International Journal of Preventive Medicine</i> , 2015, 6, 83.	0.4	31
101	Prevalence of the Hypertriglyceridemic Waist Phenotype in Iranian Adolescents. <i>American Journal of Preventive Medicine</i> , 2006, 30, 52-58.	3.0	30
102	Role of dietary n-3 polyunsaturated fatty acids in type 2 diabetes: A review of epidemiological and clinical studies. <i>Maturitas</i> , 2013, 74, 303-308.	2.4	30
103	Soy Milk Consumption and Blood Pressure Among Type 2 Diabetic Patients With Nephropathy. , 2013, 23, 277-282.e1.		30
104	Impact of Diets Rich in Whole Grains and Fruits and Vegetables on Cardiovascular Risk Factors in Overweight and Obese Women: A Randomized Clinical Feeding Trial. <i>Journal of the American College of Nutrition</i> , 2018, 37, 568-577.	1.8	30
105	Association between the DASH diet and metabolic syndrome components in Iranian adults. <i>Diabetes and Metabolic Syndrome: Clinical Research and Reviews</i> , 2019, 13, 1699-1704.	3.6	30
106	The effects of isolated soy protein, isolated soy isoflavones and soy protein containing isoflavones on serum lipids in postmenopausal women: A systematic review and meta-analysis. <i>Critical Reviews in Food Science and Nutrition</i> , 2020, 60, 3414-3428.	10.3	30
107	Determinants of Fast Food Consumption among Iranian High School Students Based on Planned Behavior Theory. <i>Journal of Obesity</i> , 2013, 2013, 1-7.	2.7	29
108	Effects of a Low-Calorie, Low-Carbohydrate Soy Containing Diet on Systemic Inflammation Among Patients with Nonalcoholic Fatty Liver Disease: A Parallel Randomized Clinical Trial. <i>Hormone and Metabolic Research</i> , 2017, 49, 687-692.	1.5	29

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109	Association of a plant-based dietary pattern in relation to gestational diabetes mellitus. <i>Nutrition and Dietetics</i> , 2019, 76, 589-596.	1.8	29
110	How dietary patterns could have a role in prevention, progression, or management of diabetes mellitus? Review on the current evidence. <i>Journal of Research in Medical Sciences</i> , 2012, 17, 694-709.	0.9	29
111	Effect of a High Protein Weight Loss Diet on Weight, High-Sensitivity C-Reactive Protein, and Cardiovascular Risk among Overweight and Obese Women: A Parallel Clinical Trial. <i>International Journal of Endocrinology</i> , 2013, 2013, 1-8.	1.5	28
112	Association of dietary phytochemical index and mental health in women: a cross-sectional study. <i>British Journal of Nutrition</i> , 2019, 121, 1049-1056.	2.3	28
113	Association between healthy lifestyle score and breast cancer. <i>Nutrition Journal</i> , 2020, 19, 4.	3.4	28
114	Moderate replacement of carbohydrates by dietary fats affects features of metabolic syndrome: A randomized crossover clinical trial. <i>Nutrition</i> , 2014, 30, 61-68.	2.4	27
115	Low-carbohydrate-diet score and metabolic syndrome: An epidemiologic study among Iranian women. <i>Nutrition</i> , 2015, 31, 1124-1130.	2.4	27
116	Association of dietary total antioxidant capacity to anthropometry in healthy women: A cross-sectional study. <i>Nutrition</i> , 2020, 69, 110577.	2.4	27
117	Dietary energy density is favorably associated with dietary diversity score among female university students in Isfahan. <i>Nutrition</i> , 2012, 28, 991-995.	2.4	26
118	The effects of supplementation with conjugated linoleic acid on anthropometric indices and body composition in overweight and obese subjects: A systematic review and meta-analysis. <i>Critical Reviews in Food Science and Nutrition</i> , 2019, 59, 2720-2733.	10.3	26
119	Peanut and cardiovascular disease risk factors: A systematic review and meta-analysis. <i>Critical Reviews in Food Science and Nutrition</i> , 2020, 60, 1123-1140.	10.3	26
120	Effects of education on self-monitoring of blood pressure based on BASNEF model in hypertensive patients. <i>Journal of Research in Medical Sciences</i> , 2010, 15, 70-7.	0.9	26
121	Do lifestyle interventions affect dietary diversity score in the general population?. <i>Public Health Nutrition</i> , 2009, 12, 1924-1930.	2.2	25
122	Associations between dietary insulin load with cardiovascular risk factors and inflammatory parameters in elderly men: a cross-sectional study. <i>British Journal of Nutrition</i> , 2019, 121, 773-781.	2.3	25
123	Effect of non-soy legume consumption on inflammation and serum adiponectin levels among first-degree relatives of patients with diabetes: A randomized, crossover study. <i>Nutrition</i> , 2015, 31, 459-465.	2.4	24
124	Effects of daily milk supplementation on improving the physical and mental function as well as school performance among children: results from a school feeding program. <i>Journal of Research in Medical Sciences</i> , 2011, 16, 469-76.	0.9	24
125	Dietary intakes and leptin concentrations. <i>ARYA Atherosclerosis</i> , 2014, 10, 266-72.	0.4	24
126	Oral Magnesium Supplementation Improved Lipid Profile but Increased Insulin Resistance in Patients with Diabetic Nephropathy: a Double-Blind Randomized Controlled Clinical Trial. <i>Biological Trace Element Research</i> , 2020, 193, 23-35.	3.5	23



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127	Aged garlic and cancer: A systematic review. <i>International Journal of Preventive Medicine</i> , 2018, 9, 84.	0.4	23
128	Dietary Energy Density Is Inversely Associated with the Diet Quality Indices among Iranian Young Adults. <i>Journal of Nutritional Science and Vitaminology</i> , 2012, 58, 29-35.	0.6	22
129	The association of birth weight with cardiovascular risk factors and mental problems among Iranian school-aged children: The CASPIAN-III Study. <i>Nutrition</i> , 2014, 30, 150-158.	2.4	22
130	Do patterns of nutrient intake predict self-reported anxiety, depression and psychological distress in adults? SEPAHAN study. <i>Clinical Nutrition</i> , 2019, 38, 940-947.	5.0	22
131	Dietary Patterns among Pregnant Women in the West-North of Iran. <i>Pakistan Journal of Biological Sciences</i> , 2008, 11, 793-796.	0.5	22
132	Increased Levels of Inflammation among Women with Enlarged Waist and Elevated Triglyceride Concentrations. <i>Annals of Nutrition and Metabolism</i> , 2010, 57, 77-84.	1.9	21
133	Sodium Intake, Dietary Knowledge, and Illness Perceptions of Controlled and Uncontrolled Rural Hypertensive Patients. <i>International Journal of Hypertension</i> , 2014, 2014, 1-7.	1.3	21
134	The Impact of a Low Glycemic Index Diet on Inflammatory Markers and Serum Adiponectin Concentration in Adolescent Overweight and Obese Girls: A Randomized Clinical Trial. <i>Hormone and Metabolic Research</i> , 2016, 48, 251-256.	1.5	21
135	Effects of Legume-Enriched Diet on Cardiometabolic Risk Factors among Individuals at Risk for Diabetes: A Crossover Study. <i>Journal of the American College of Nutrition</i> , 2016, 35, 31-40.	1.8	21
136	Usual energy and macronutrient intakes in a large sample of Iranian middle-aged and elderly populations. <i>Nutrition and Dietetics</i> , 2019, 76, 174-183.	1.8	21
137	Association of modified Nordic diet with cardiovascular risk factors among type 2 diabetes patients: a cross-sectional study. <i>Journal of Cardiovascular and Thoracic Research</i> , 2018, 10, 153-161.	0.9	21
138	Effect of glycemic index and glycemic load on energy intake in children. <i>Nutrition</i> , 2013, 29, 1100-1105.	2.4	20
139	The association between dietary glycemic index, glycemic load and diet quality indices in Iranian adults: results from Isfahan Healthy Heart Program. <i>International Journal of Food Sciences and Nutrition</i> , 2016, 67, 161-169.	2.8	20
140	Association of low-carbohydrate diet score with overweight, obesity and cardiovascular disease risk factors: a cross-sectional study in Iranian women. <i>Journal of Cardiovascular and Thoracic Research</i> , 2019, 11, 216-223.	0.9	20
141	Duration of breast-feeding and cardiovascular risk factors among Iranian children and adolescents: The CASPIAN III study. <i>Nutrition</i> , 2013, 29, 744-751.	2.4	19
142	Association of dietary acid load with cardiovascular risk factors and the prevalence of metabolic syndrome in Iranian women: A cross-sectional study. <i>Nutrition</i> , 2019, 67-68, 110570.	2.4	19
143	Specific dietary patterns and concentrations of adiponectin. <i>Journal of Research in Medical Sciences</i> , 2015, 20, 178-84.	0.9	19
144	Evaluation of fatty acid content of some Iranian fast foods with emphasis on trans fatty acids. <i>Asia Pacific Journal of Clinical Nutrition</i> , 2009, 18, 187-92.	0.4	19

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145	Different kinds of vegetable oils in relation to individual cardiovascular risk factors among Iranian women. <i>British Journal of Nutrition</i> , 2011, 105, 919-927.	2.3	18
146	Consumption of energy-dense diets in relation to cardiometabolic abnormalities among Iranian women. <i>Public Health Nutrition</i> , 2012, 15, 868-875.	2.2	18
147	Diet quality indices and cardiovascular diseases risk factors among diabetic women. <i>Journal of the Science of Food and Agriculture</i> , 2019, 99, 5926-5933.	3.5	18
148	Ovarian cancer risk and nonisoflavone flavonoids intake: A systematic review of epidemiological studies. <i>Journal of Research in Medical Sciences</i> , 2016, 21, 123.	0.9	18
149	Dietary acid load and cardiometabolic risk factors: a systematic review and meta-analysis of observational studies. <i>Public Health Nutrition</i> , 2019, 22, 2823-2834.	2.2	17
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