

BoÅ¼ena Regulska-Ilow

List of Publications by Year in descending order

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33
papers

342
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1162367

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docs citations

37
times ranked

631
citing authors

#	ARTICLE	IF	CITATIONS
1	Estimation of Vitamin K Content and Its Sources in the Diet of the Polish Participants of the PURE Study. <i>Nutrients</i> , 2022, 14, 1917.	1.7	3
2	Possible Nonneurological Health Benefits of Ketogenic Diet: Review of Scientific Reports over the Past Decade. <i>Journal of Obesity</i> , 2022, 2022, 1-7.	1.1	2
3	The legitimacy of using dietary supplement diglycoside secoisolariciresinol (SDG) from flaxseed in cancer. <i>Roczniki Panstwowego Zakladu Higieny</i> , 2021, 72, 9-20.	0.5	9
4	Link between methyl nutrients and the DNA methylation process in the course of selected diseases in adults. <i>Roczniki Panstwowego Zakladu Higieny</i> , 2021, 72, 123-136.	0.5	8
5	Mediterranean diet adherence among cosmetology students. <i>Roczniki Panstwowego Zakladu Higieny</i> , 2021, 72, 301-307.	0.5	1
6	Assessment of eating and lifestyle habits among Polish cosmetology and physiotherapy students. <i>Roczniki Panstwowego Zakladu Higieny</i> , 2020, 71, 157-163.	0.5	2
7	Assessment of the glycemic index of groats available on the Polish food market. <i>Roczniki Panstwowego Zakladu Higieny</i> , 2020, 71, 81-87.	0.5	2
8	Association between dietary glycaemic load and selected demographic, socio-economic and lifestyle factors in a group of adult Poles in Lower Silesia – Results of the PURE Poland Study. <i>Annals of Agricultural and Environmental Medicine</i> , 2020, 27, 49-55.	0.5	2
9	The legitimacy and safety of using alternative diets in cancer. <i>Roczniki Panstwowego Zakladu Higieny</i> , 2020, 71, 241-250.	0.5	1
10	Association between dietary patterns and metabolic syndrome in the selected population of Polish adults – results of the PURE Poland Study. <i>European Journal of Public Health</i> , 2019, 29, 335-340.	0.1	14
11	Association between egg consumption and elevated fasting glucose prevalence in relation to dietary patterns in selected group of Polish adults. <i>Nutrition Journal</i> , 2019, 18, 90.	1.5	7
12	Dietary support in insulin resistance: An overview of current scientific reports. <i>Advances in Clinical and Experimental Medicine</i> , 2019, 28, 1577-1585.	0.6	39
13	Relationship between the dietary glycemic load of the adult Polish population and socio-demographic and lifestyle factors – results of the WOBASZ II study. <i>Advances in Clinical and Experimental Medicine</i> , 2019, 28, 891-897.	0.6	5
14	Epicardial, paracardial and perivascular fat quantity, genes expression and serum cytokines in coronary artery disease and diabetes. <i>Polish Archives of Internal Medicine</i> , 2019, 129, 738-746.	0.3	16
15	Significance of low-carbohydrate diets and fasting in patients with cancer. <i>Roczniki Panstwowego Zakladu Higieny</i> , 2019, 70, 325-336.	0.5	1
16	The significance of anthocyanins in the prevention and treatment of type 2 diabetes. <i>Advances in Clinical and Experimental Medicine</i> , 2018, 27, 135-142.	0.6	79
17	The use of antioxidant vitamin supplements among oncological patients. <i>Advances in Clinical and Experimental Medicine</i> , 2018, 27, 1365-1369.	0.6	2
18	Association between dietary patterns and cardiovascular risk factors in a selected population of Lower Silesia (PURE Study Poland). <i>Annals of Agricultural and Environmental Medicine</i> , 2018, 25, 635-641.	0.5	9

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19	Prevalence of cardiovascular disease risk factors among pharmacy students from Wrocław Medical University (Poland). <i>Advances in Clinical and Experimental Medicine</i> , 2017, 26, 843-850.	0.6	5
20	Energy exchangers with LCT as a precision method for diet control in LCHADD. <i>Advances in Clinical and Experimental Medicine</i> , 2017, 26, 515-525.	0.6	2
21	Prevalence of Diet Atherogenicity and Coexistence of Lipid Disorders and Arterial Hypertension among 50-year-old Inhabitants of Wrocław, Poland. <i>Central European Journal of Public Health</i> , 2017, 25, 15-21.	0.4	1
22	The role of supplementation in the regulation of structural and functional central nervous system disorders among patients with Down syndrome. <i>Pediatrics i Medycyna Rodzinna</i> , 2017, 13, 352-362.	2.3	0
23	The role of macronutrient intake in reducing the risk of obesity and overweight among carriers of different polymorphisms of FTO gene. A review. <i>Roczniki Państwowego Zakładu Higieny</i> , 2017, 68, 5-13.	0.5	4
24	Dietary habits of Wrocław Medical University students (Poland). <i>Roczniki Państwowego Zakładu Higieny</i> , 2017, 68, 23-32.	0.5	5
25	Glycemic load and carbohydrates content in the diets of cancer patients. <i>Roczniki Państwowego Zakładu Higieny</i> , 2017, 68, 261-268.	0.5	2
26	Comparison of nutritional value of "fruit and vegetables" and "western" dietary patterns identified in a group of cancer patients. <i>Roczniki Państwowego Zakładu Higieny</i> , 2017, 68, 365-373.	0.5	1
27	Assessment of glycemic load and intake of carbohydrates in the diet of Wrocław Medical University students (Poland). <i>Roczniki Państwowego Zakładu Higieny</i> , 2016, 67, 301-8.	0.5	2
28	Metabolic disorders and nutritional status in autoimmune thyroid diseases. <i>Postepy Higieny i Medycyny Doswiadczalnej</i> , 2015, 69, 80-90.	0.1	34
29	Evaluation of fatty acids daily intake and diets atherogenicity of dietetics students of Wrocław Medical University. <i>Roczniki Państwowego Zakładu Higieny</i> , 2013, 64, 183-90.	0.5	1
30	Dietary intake and adipose tissue level of specific fatty acids in a selected group from the Lower Silesia population. <i>Annals of Agricultural and Environmental Medicine</i> , 2012, 19, 389-94.	0.5	5
31	Assessment of atherogenicity of students daily diets of Wrocław Medical University. <i>Roczniki Państwowego Zakładu Higieny</i> , 2012, 63, 285-94.	0.5	0
32	Influence of bioflavonoids from the radix extract of <i>Scutellaria baicalensis</i> on the level of serum lipids, and the development of laboratory rats fed with fresh and oxidized fats. <i>Molecular Nutrition and Food Research</i> , 2004, 48, 123-128.	0.0	16
33	Comparison of the effects of microwave cooking and conventional cooking methods on the composition of fatty acids and fat quality indicators in herring. <i>Molecular Nutrition and Food Research</i> , 2002, 46, 383-388.	0.0	42