

# Paul Norman

## List of Publications by Year in descending order

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Version: 2024-02-01

95  
papers

4,149  
citations

126708

33  
h-index

123241

61  
g-index

97  
all docs

97  
docs citations

97  
times ranked

4447  
citing authors

| #  | ARTICLE  | IF  | CITATIONS |
|----|--|-----|-----------|
| 1  | Health Behavior. , 2022, , 1-33.   |     | 2         |
| 2  | Mechanisms of Action in a Behavioral Weight-Management Program: Latent Growth Curve Analysis. Annals of Behavioral Medicine, 2022, 56, 64-77.  | 1.7 | 2         |
| 3  | Attitude stability as a moderator of the relationships between cognitive and affective attitudes and behaviour. British Journal of Social Psychology, 2022, 61, 121-142.   | 1.8 | 8         |
| 4  | Testing predictors of attitude strength as determinants of attitude stability and attitude-behaviour relationships: A multi-behaviour study. European Journal of Social Psychology, 2022, 52, 656-668.                   | 1.5 | 4         |
| 5  | Applying an extended protection motivation theory to predict Covid-19 vaccination intentions and uptake in 50-64 year olds in the UK. Social Science and Medicine, 2022, 298, 114819.                                    | 1.8 | 20        |
| 6  | Mindful parenting intervention for parents of children with skin conditions: a single group experimental cases series. Behavioural and Cognitive Psychotherapy, 2022, 50, 462-480.                                       | 0.9 | 5         |
| 7  | Does Temporal Stability Moderate Reasoned Action Approach Relations With Covid-19 Preventive Behaviors?. Annals of Behavioral Medicine, 2022, 56, 769-780.   | 1.7 | 4         |
| 8  | Predicting long-term healthy eating behaviour: understanding the role of cognitive and affective attitudes. Psychology and Health, 2021, 36, 1165-1181.  | 1.2 | 13        |
| 9  | Delivery of nutritional management services to people with amyotrophic lateral sclerosis (ALS). Amyotrophic Lateral Sclerosis and Frontotemporal Degeneration, 2021, 22, 350-359.  | 1.1 | 5         |
| 10 | Predicting exercise after university: an application of the reasoned action approach across a significant life transition. Psychology, Health and Medicine, 2021, , 1-12.  | 1.3 | 0         |
| 11 | The nutritional management of people living with amyotrophic lateral sclerosis: A national survey of dietitians. Journal of Human Nutrition and Dietetics, 2021, 34, 1064-1071.  | 1.3 | 6         |
| 12 | Understanding the Implementation of "Sit Less at Work" Interventions in Three Organisations: A Mixed Methods Process Evaluation. International Journal of Environmental Research and Public Health, 2021, 18, 7361.      | 1.2 | 7         |
| 13 | Using Co-Production to Develop "Sit Less at Work" Interventions in a Range of Organisations. International Journal of Environmental Research and Public Health, 2021, 18, 7751.  | 1.2 | 3         |
| 14 | Is Parental Mindfulness Associated with Quality of Life and Itch Intensity in Children with Psoriasis and Eczema and Well-being in Parents?. Mindfulness, 2021, 12, 2707-2717.   | 1.6 | 2         |
| 15 | Do socio-structural factors moderate the effects of health cognitions on COVID-19 protection behaviours?. Social Science and Medicine, 2021, 285, 114261.  | 1.8 | 19        |
| 16 | Comparing self-affirmation manipulations to reduce alcohol consumption in university students. Journal of American College Health, 2021, , 1-10.   | 0.8 | 2         |
| 17 | A Systematic Review of Methods to Predict Weight Trajectories in Health Economic Models of Behavioral Weight-Management Programs: The Potential Role of Psychosocial Factors. Medical Decision Making, 2020, 40, 90-105. | 1.2 | 2         |
| 18 | Interventions to promote oral nutritional behaviours in people living with neurodegenerative disorders of the motor system: A systematic review. Clinical Nutrition, 2020, 39, 2547-2556.                                | 2.3 | 8         |

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|----|--|-----|-----------|
| 19 | Reasoned action approach and compliance with recommended behaviours to prevent the transmission of the SARS-CoV-2 virus in the UK. <i>British Journal of Health Psychology</i> , 2020, 25, 1006-1019.  | 1.9 | 51        |
| 20 | Why do new members stop attending health and fitness venues? The importance of developing frequent and stable attendance behaviour. <i>Psychology of Sport and Exercise</i> , 2020, 51, 101771.  | 1.1 | 15        |
| 21 | A systematic review of interventions to increase attendance at health and fitness venues: identifying key behaviour change techniques. <i>BMC Public Health</i> , 2020, 20, 1874.  | 1.2 | 3         |
| 22 | Depression in people with skin conditions: The effects of disgust and self-compassion. <i>British Journal of Health Psychology</i> , 2020, 25, 540-557.  | 1.9 | 10        |
| 23 | How can adolescent aggression be reduced? A multi-level meta-analysis. <i>Clinical Psychology Review</i> , 2020, 78, 101853.   | 6.0 | 16        |
| 24 | Is mentalization-based therapy effective in treating the symptoms of borderline personality disorder? A systematic review. <i>Psychology and Psychotherapy: Theory, Research and Practice</i> , 2019, 92, 441-464.   | 1.3 | 43        |
| 25 | Health behaviour: cancer screening, blood and organ donation, and opioid (mis)use. <i>Psychology and Health</i> , 2019, 34, 1029-1035.   | 1.2 | 1         |
| 26 | Sitting less at work: a qualitative study of barriers and enablers in organisations of different size and sector. <i>BMC Public Health</i> , 2019, 19, 884.  | 1.2 | 15        |
| 27 | Does the structure (tunneled vs. free-roam) and content (if-then plans vs. choosing strategies) of a brief online alcohol intervention effect engagement and effectiveness? A randomized controlled trial. <i>Translational Behavioral Medicine</i> , 2019, 9, 1122-1130.                | 1.2 | 3         |
| 28 | The optimisation of noninvasive ventilation in amyotrophic lateral sclerosis: a systematic review. <i>European Respiratory Journal</i> , 2019, 54, 1900261.  | 3.1 | 18        |
| 29 | Health care professionals' views on psychological factors affecting nutritional behaviour in people with motor neuron disease: A thematic analysis. <i>British Journal of Health Psychology</i> , 2019, 24, 953-969.   | 1.9 | 17        |
| 30 | Optimizing the noninvasive ventilation pathway for patients with amyotrophic lateral sclerosis/motor neuron disease: a systematic review. <i>Amyotrophic Lateral Sclerosis and Frontotemporal Degeneration</i> , 2019, 20, 461-472.  | 1.1 | 11        |
| 31 | Disruptive illness contexts and liminality in the accounts of young people with type 1 diabetes. <i>Sociology of Health and Illness</i> , 2019, 41, 1289-1304.   | 1.1 | 13        |
| 32 | Prospective Study of Psychological Morbidity and Illness Perceptions in Young People With Inflammatory Bowel Disease. <i>Journal of Crohn's and Colitis</i> , 2019, 13, 1003-1011.   | 0.6 | 26        |
| 33 | The influence of attachment style and relationship quality on quality of life and psychological distress in carers of people with epileptic and nonepileptic seizures. <i>Epilepsy and Behavior</i> , 2019, 93, 16-21.   | 0.9 | 9         |
| 34 | Using the theory of planned behaviour and implementation intentions to reduce binge drinking in new university students. <i>Psychology and Health</i> , 2019, 34, 478-496.   | 1.2 | 26        |
| 35 | A randomized controlled trial of a brief online intervention to reduce alcohol consumption in new university students: Combining self-affirmation, theory of planned behaviour messages, and implementation intentions. <i>British Journal of Health Psychology</i> , 2018, 23, 108-127. | 1.9 | 93        |
| 36 | The development, implementation and evaluation of interventions to reduce workplace sitting: a qualitative systematic review and evidence-based operational framework. <i>BMC Public Health</i> , 2018, 18, 833.   | 1.2 | 17        |

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|----|--|-----|-----------|
| 37 | Open-label, cluster randomised controlled trial and economic evaluation of a brief letter from a GP on unscheduled medical contacts associated with the start of the school year: the PLEASANT trial. <i>BMJ Open</i> , 2018, 8, e017367.      | 0.8 | 2         |
| 38 | The acceptability and feasibility of an anxiety reduction intervention for emergency department patients with non-cardiac chest pain. <i>Psychology, Health and Medicine</i> , 2017, 22, 1-11.   | 1.3 | 10        |
| 39 | Information processing in illness representation: Implications from an associative-learning framework.. <i>Health Psychology</i> , 2017, 36, 280-290.  | 1.3 | 13        |
| 40 | Using Temporal Self-Regulation Theory to understand healthy and unhealthy eating intentions and behaviour. <i>Appetite</i> , 2017, 116, 357-364.   | 1.8 | 40        |
| 41 | Attachment style, relationship quality, and psychological distress in patients with psychogenic non-epileptic seizures versus epilepsy. <i>Epilepsy and Behavior</i> , 2017, 66, 120-126.  | 0.9 | 47        |
| 42 | Health behaviour: Current issues and challenges. <i>Psychology and Health</i> , 2017, 32, 895-906.   | 1.2 | 118       |
| 43 | Typology and Dynamics of Heavier Drinking Styles in Great Britain: 1978â€“2010. <i>Alcohol and Alcoholism</i> , 2017, 52, 372-381.   | 0.9 | 3         |
| 44 | Measurement of quality of life and attitudes towards illness in children and young people with chronic kidney disease. <i>Quality of Life Research</i> , 2017, 26, 2409-2419.  | 1.5 | 15        |
| 45 | Impact of brief selfâ€“affirmation manipulations on university students' reactions to risk information about binge drinking. <i>British Journal of Health Psychology</i> , 2016, 21, 570-583.  | 1.9 | 18        |
| 46 | Correlates of healthâ€“related quality of life in adults with psychogenic nonepileptic seizures: A systematic review. <i>Epilepsia</i> , 2016, 57, 171-181.  | 2.6 | 82        |
| 47 | PPI in the PLEASANT trial: involving children with asthma and their parents in designing an intervention for a randomised controlled trial based within primary care. <i>Primary Health Care Research and Development</i> , 2016, 17, 536-548. | 0.5 | 12        |
| 48 | Combining self-affirmation and implementation intentions to reduce heavy episodic drinking in university students.. <i>Psychology of Addictive Behaviors</i> , 2016, 30, 434-441.  | 1.4 | 27        |
| 49 | Identifying beliefs underlying pre-driversâ€™ intentions to take risks: An application of the Theory of Planned Behaviour. <i>Accident Analysis and Prevention</i> , 2016, 89, 49-56.  | 3.0 | 68        |
| 50 | How well does the theory of planned behaviour predict alcohol consumption? A systematic review and meta-analysis. <i>Health Psychology Review</i> , 2016, 10, 148-167.   | 4.4 | 335       |
| 51 | PLEASANT: Preventing and Lessening Exacerbations of Asthma in School-age children Associated with a New Term â€“ a cluster randomised controlled trial and economic evaluation. <i>Health Technology Assessment</i> , 2016, 20, 1-154.         | 1.3 | 18        |
| 52 | â€“Everything's fine, so why does it happen?â€™ A qualitative investigation of patients' perceptions of noncardiac chest pain. <i>Journal of Clinical Nursing</i> , 2015, 24, 1936-1945.   | 1.4 | 14        |
| 53 | A theory-based online health behaviour intervention for new university students (U@Uni:LifeGuide): results from a repeat randomized controlled trial. <i>Trials</i> , 2015, 16, 555.   | 0.7 | 51        |
| 54 | Illness representations and psychological distress in Indian patients with cancer: does being aware of one's cancer diagnosis make a difference?. <i>Psycho-Oncology</i> , 2015, 24, 1694-1700.  | 1.0 | 17        |

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|----|---|-----|-----------|
| 55 | Development of theory-based health messages: three-phase programme of formative research. <i>Health Promotion International</i> , 2015, 30, 756-768.  | 0.9 | 42        |
| 56 | Differences in relatives' and patients' illness perceptions in functional neurological symptom disorders compared with neurological diseases. <i>Epilepsy and Behavior</i> , 2015, 42, 159-164.         | 0.9 | 22        |
| 57 | Estimating the prevalence of socially sensitive behaviors: Attributing guilty and innocent noncompliance with the single sample count method.. <i>Psychological Methods</i> , 2014, 19, 334-355.        | 2.7 | 16        |
| 58 | A theory-based online health behavior intervention for new university students: study protocol. <i>BMC Public Health</i> , 2013, 13, 107.   | 1.2 | 23        |
| 59 | Relationships between perceived diagnostic disclosure, patient characteristics, psychological distress and illness perceptions in Indian cancer patients. <i>Psycho-Oncology</i> , 2013, 22, 1375-1380. | 1.0 | 56        |
| 60 | Associations between abstainer, moderate and heavy drinker prototypes and drinking behaviour in young adults. <i>Psychology and Health</i> , 2013, 28, 1407-1423.                                       | 1.2 | 21        |
| 61 | Reasons for binge drinking among undergraduate students: An application of behavioural reasoning theory. <i>British Journal of Health Psychology</i> , 2012, 17, 682-698.                               | 1.9 | 49        |
| 62 | The theory of planned behavior and binge drinking among undergraduate students: Assessing the impact of habit strength. <i>Addictive Behaviors</i> , 2011, 36, 502-507.                                 | 1.7 | 157       |
| 63 | The theory of planned behaviour and breast self-examination: Assessing the impact of past behaviour, context stability and habit strength. <i>Psychology and Health</i> , 2011, 26, 1156-1172.          | 1.2 | 54        |
| 64 | Cognitive appraisals and posttraumatic stress disorder symptoms in informal caregivers of stroke survivors.. <i>Rehabilitation Psychology</i> , 2010, 55, 91-96.  | 0.7 | 17        |
| 65 | Using Action Planning to Promote Exercise Behavior. <i>Annals of Behavioral Medicine</i> , 2010, 40, 65-76.   | 1.7 | 69        |
| 66 | Illness representations, coping and psychological adjustment to Parkinson's disease. <i>Psychology and Health</i> , 2009, 24, 1181-1196.  | 1.2 | 44        |
| 67 | Cognitive processing and posttraumatic growth after stroke.. <i>Rehabilitation Psychology</i> , 2009, 54, 69-75.  | 0.7 | 106       |
| 68 | Cross-sectional and prospective associations between cognitive appraisals and posttraumatic stress disorder symptoms following stroke. <i>Behaviour Research and Therapy</i> , 2008, 46, 62-70.         | 1.6 | 49        |
| 69 | The theory of planned behavior and binge drinking: Assessing the impact of binge drinker prototypes. <i>Addictive Behaviors</i> , 2007, 32, 1753-1768.  | 1.7 | 139       |
| 70 | Does dispositional optimism predict psychological responses to counseling for familial breast cancer?. <i>Journal of Psychosomatic Research</i> , 2007, 63, 247-254.                                    | 1.2 | 14        |
| 71 | Psychological correlates of PTSD symptoms following stroke. <i>Psychology, Health and Medicine</i> , 2007, 12, 592-602.   | 1.3 | 54        |
| 72 | Simulating behaviour change interventions based on the theory of planned behaviour: Impacts on intention and action. <i>British Journal of Social Psychology</i> , 2007, 46, 43-68.                     | 1.8 | 80        |

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|----|---|-----|-----------|
| 73 | The theory of planned behaviour and binge drinking: Assessing the moderating role of past behaviour within the theory of planned behaviour. <i>British Journal of Health Psychology</i> , 2006, 11, 55-70.          | 1.9 | 194       |
| 74 | An application of an extended health belief model to the prediction of breast self-examination among women with a family history of breast cancer. <i>British Journal of Health Psychology</i> , 2005, 10, 1-16.    | 1.9 | 98        |
| 75 | The Theory of Planned Behavior and Breast Self-Examination: Distinguishing Between Perceived Control and Self-Efficacy. <i>Journal of Applied Social Psychology</i> , 2004, 34, 694-708.                            | 1.3 | 80        |
| 76 | Predicting adherence to eye patching in children with amblyopia: An application of protection motivation theory. <i>British Journal of Health Psychology</i> , 2003, 8, 67-82.                                      | 1.9 | 24        |
| 77 | Does State Versus Action Orientation Moderate the Intention-Behavior Relationship?. <i>Journal of Applied Social Psychology</i> , 2003, 33, 536-553.  | 1.3 | 25        |
| 78 | The theory of planned behavior and healthy eating.. <i>Health Psychology</i> , 2002, 21, 194-201.   | 1.3 | 411       |
| 79 | Temporal stability as a moderator of relationships in the Theory of Planned Behaviour. <i>British Journal of Social Psychology</i> , 2000, 39, 469-493.   | 1.8 | 170       |
| 80 | The Theory of Planned Behaviour and exercise: Evidence for the moderating role of past behaviour. <i>British Journal of Health Psychology</i> , 2000, 5, 249-261.   | 1.9 | 112       |
| 81 | Differential effects of mood on information processing: evidence from the theories of reasoned action and planned behaviour. , 1999, 29, 419-433.   |     | 44        |
| 82 | Anxiety and Adherence to Breast Self-Examination in Women With a Family History of Breast Cancer. <i>Psychosomatic Medicine</i> , 1999, 61, 181-187.  | 1.3 | 100       |
| 83 | Differential effects of mood on information processing: evidence from the theories of reasoned action and planned behaviour. , 1999, 29, 419.   |     | 2         |
| 84 | The theory of planned behavior and smoking cessation. <i>Health Psychology</i> , 1999, 18, 89-94.   | 1.3 | 87        |
| 85 | The interpretation of change in verbal reports: Implications for health psychology. <i>Psychology and Health</i> , 1996, 11, 301-314.   | 1.2 | 29        |
| 86 | Applying the health belief model to the prediction of attendance at health checks in general practice. <i>British Journal of Clinical Psychology</i> , 1995, 34, 461-470.   | 1.7 | 23        |
| 87 | The theory of planned behaviour and exercise: An investigation into the role of prior behaviour, behavioural intentions and attitude variability. <i>European Journal of Social Psychology</i> , 1995, 25, 403-415. | 1.5 | 208       |
| 88 | The role of social cognition models in predicting attendance at health checks. <i>Psychology and Health</i> , 1993, 8, 447-462.   | 1.2 | 41        |
| 89 | Causal Attributions, Health Locus Of Control Beliefs And Lifestyle Changes Among Pre-Operative Coronary Patients. <i>Psychology and Health</i> , 1992, 7, 201-211.  | 1.2 | 37        |
| 90 | Causal beliefs for coronary heart disease. <i>Journal of the Institute of Health Education</i> , 1992, 30, 17-24.   | 0.1 | 5         |

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|----|--|-----|-----------|
| 91 | “Healthy eating”™ clinics in primary care: Programme intensity and patients' health beliefs. <i>Counselling Psychology Quarterly</i> , 1992, 5, 135-148.               | 1.5 | 0         |
| 92 | “When an ounce is worth a pound”: alpha, beta and gamma change in health promotion initiatives. <i>Journal of the Institute of Health Education</i> , 1991, 29, 27-31. | 0.1 | 1         |
| 93 | Social learning theory and the prediction of attendance at screening. <i>Psychology and Health</i> , 1991, 5, 231-239.   | 1.2 | 13        |
| 94 | Predicting attendance at health screening: Organizational factors and patients' health beliefs. <i>Counselling Psychology Quarterly</i> , 1991, 4, 143-155.            | 1.5 | 18        |
| 95 | Intention to attend a health screening appointment: Some implications for general practice. <i>Counselling Psychology Quarterly</i> , 1989, 2, 261-272.                | 1.5 | 26        |