

Matthew W Southward

List of Publications by Year in descending order

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Version: 2024-02-01

32
papers

499
citations

840776

11
h-index

794594

19
g-index

52
all docs

52
docs citations

52
times ranked

424
citing authors

#	ARTICLE	IF	CITATIONS
1	A systematic review of Unified Protocol applications with adult populations: Facilitating widespread dissemination via adaptability. <i>Clinical Psychology Review</i> , 2020, 78, 101852.	11.4	78
2	Identifying Core Deficits in a Dimensional Model of Borderline Personality Disorder Features: A Network Analysis. <i>Clinical Psychological Science</i> , 2018, 6, 685-703.	4.0	46
3	Flexible, Yet Firm: A Model of Healthy Emotion Regulation. <i>Journal of Social and Clinical Psychology</i> , 2018, 37, 231-251.	0.5	31
4	Assessing the Relation Between Flexibility in Emotional Expression and Symptoms of Anxiety and Depression: The Roles of Context Sensitivity and Feedback Sensitivity. <i>Journal of Social and Clinical Psychology</i> , 2017, 36, 142-157.	0.5	29
5	Using computer-vision and machine learning to automate facial coding of positive and negative affect intensity. <i>PLoS ONE</i> , 2019, 14, e0211735.	2.5	25
6	Loneliness mediates the relationship between emotion dysregulation and bulimia nervosa/binge eating disorder psychopathology in a clinical sample. <i>Eating and Weight Disorders</i> , 2014, 19, 509-513.	2.5	24
7	Do borderline personality disorder features and rejection sensitivity predict social network outcomes over time?. <i>Personality and Individual Differences</i> , 2016, 100, 62-67.	2.9	24
8	More (of the right strategies) is better: disaggregating the naturalistic between- and within-person structure and effects of emotion regulation strategies. <i>Cognition and Emotion</i> , 2020, 34, 1729-1736.	2.0	21
9	Quality or quantity? A multistudy analysis of emotion regulation skills deficits associated with borderline personality disorder.. <i>Personality Disorders: Theory, Research, and Treatment</i> , 2020, 11, 24-35.	1.3	21
10	Specifying the mechanisms and targets of emotion regulation: A translational framework from affective science to psychological treatment.. <i>Clinical Psychology: Science and Practice</i> , 2021, 28, 168-182.	0.9	20
11	Emotions as Context: Do the Naturalistic Effects of Emotion Regulation Strategies Depend on the Regulated Emotion?. <i>Journal of Social and Clinical Psychology</i> , 2019, 38, 451-474.	0.5	17
12	Hope attenuates the negative impact of general psychological distress on goal progress. <i>Journal of Clinical Psychology</i> , 2021, 77, 1412-1427.	1.9	13
13	Multilevel associations of daily skill use and effectiveness with anxiety, depression, and stress in a transdiagnostic sample undergoing dialectical behavior therapy skills training. <i>Cognitive Behaviour Therapy</i> , 2022, 51, 114-129.	3.5	13
14	Experimental Manipulations to Test Theory-Driven Mechanisms of Cognitive Behavior Therapy. <i>Frontiers in Psychiatry</i> , 2020, 11, 603009.	2.6	13
15	Dimensions of skill use in the unified protocol: Exploring unique effects on anxiety and depression.. <i>Journal of Consulting and Clinical Psychology</i> , 2022, 90, 246-257.	2.0	12
16	Electronic Personal Health Records for Childhood Cancer Survivors: An Exploratory Study. <i>Journal of Adolescent and Young Adult Oncology</i> , 2014, 3, 117-122.	1.3	11
17	Integrating and differentiating personality and psychopathology in cognitive behavioral therapy. <i>Journal of Personality</i> , 2022, 90, 89-102.	3.2	11
18	Defining the <i>p</i>-factor: an empirical test of five leading theories. <i>Psychological Medicine</i> , 2023, 53, 2732-2743.	4.5	11

#	ARTICLE	IF	CITATIONS
19	The within-person effects of validation and invalidation on in-session changes in affect.. <i>Personality Disorders: Theory, Research, and Treatment</i> , 2019, 10, 406-415.	1.3	10
20	A SMART approach to personalized care: preliminary data on how to select and sequence skills in transdiagnostic CBT. <i>Cognitive Behaviour Therapy</i> , 2022, 51, 435-455.	3.5	10
21	Conceptual development and case data for a modular, personality-based treatment for borderline personality disorder.. <i>Personality Disorders: Theory, Research, and Treatment</i> , 2023, 14, 369-380.	1.3	8
22	A Day in the Life of Borderline Personality Disorder: A Preliminary Analysis of Within-Day Emotion Generation and Regulation. <i>Journal of Psychopathology and Behavioral Assessment</i> , 2020, 42, 702-713.	1.2	7
23	A Preliminary Evaluation of the Unified Protocol among Trauma-Exposed Adults with and without PTSD. <i>International Journal of Environmental Research and Public Health</i> , 2021, 18, 11729.	2.6	7
24	Nomothetic and idiographic patterns of responses to emotions in borderline personality disorder.. <i>Personality Disorders: Theory, Research, and Treatment</i> , 2021, 12, 354-364.	1.3	6
25	On what do therapists agree? Assessing therapist evaluations of emotion regulation strategy effectiveness. <i>Psychology and Psychotherapy: Theory, Research and Practice</i> , 2021, 94, 231-246.	2.5	4
26	Evaluating interactions between emotion regulation strategies through the interpersonal context of female friends. <i>Journal of Clinical Psychology</i> , 2022, 78, 266-282.	1.9	3
27	More and Better: Reappraisal Quality Partially Explains the Effect of Reappraisal Use on Changes in Positive and Negative Affect. <i>Cognitive Therapy and Research</i> , 2022, 46, 73-85.	1.9	3
28	Associations between improvements in aversive reactions to negative emotions and increased quality of life in the unified protocol. <i>Journal of Behavioral and Cognitive Therapy</i> , 2022, 32, 25-32.	1.4	3
29	Measuring Emotion Regulation Skill Use During Treatment: A Promising Methodological Approach. <i>Assessment</i> , 2023, 30, 592-605.	3.1	3
30	Bridging development and disturbance: A translational approach to the study of identity.. <i>Personality Disorders: Theory, Research, and Treatment</i> , 2022, 13, 460-473.	1.3	2
31	Mental contamination, PTSD symptoms, and coping following sexual trauma: Results from a daily monitoring study. <i>Journal of Anxiety Disorders</i> , 2022, 86, 102517.	3.2	2
32	Do You See What I See? Researcherâ€“Participant Agreement on Single-Item Measures of Emotion Regulation Behaviors in Borderline Personality Disorder. <i>Assessment</i> , 2023, 30, 102-110.	3.1	1