Jean-Nicolas Despland

List of Publications by Year in descending order

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93 papers 1,640 citations

304743 22 h-index 395702 33 g-index

112 all docs

112 docs citations

112 times ranked 1150 citing authors

#	Article	IF	CITATIONS
1	Clinical relevance of adjustment disorder in DSM-III-R and DSM-IV. Comprehensive Psychiatry, 1995, 36, 454-460.	3.1	77
2	Effects of Motive-Oriented Therapeutic Relationship in a Ten-Session General Psychiatric Treatment of Borderline Personality Disorder: A Randomized Controlled Trial. Psychotherapy and Psychosomatics, 2014, 83, 176-186.	8.8	75
3	A Study of Stability and Change in Defense Mechanisms During a Brief Psychodynamic Investigation. Journal of Nervous and Mental Disease, 2003, 191, 496-502.	1.0	66
4	Meta-analysis of the effects of MI training on clinicians' behavior. Journal of Substance Abuse Treatment, 2013, 45, 155-162.	2.8	66
5	One minute of grief: Emotional processing in short-term dynamic psychotherapy for adjustment disorder Journal of Consulting and Clinical Psychology, 2015, 83, 187-198.	2.0	57
6	Assertive Anger Mediates Effects of Dialectical Behaviourâ€informed Skills Training for Borderline Personality Disorder: A Randomized Controlled Trial. Clinical Psychology and Psychotherapy, 2016, 23, 189-202.	2.7	56
7	ls one assessment enough? Patterns of helping alliance development and outcome. Clinical Psychology and Psychotherapy, 2004, 11, 324-331.	2.7	52
8	Change in defense mechanisms and coping over the course of shortâ€ŧerm dynamic psychotherapy for adjustment disorder. Journal of Clinical Psychology, 2010, 66, 1232-1241.	1.9	50
9	The French Version of the Defense Style Questionnaire. Psychotherapy and Psychosomatics, 1998, 67, 24-30.	8.8	47
10	Patient's and therapist's views of early alliance building in dynamic psychotherapy: Patterns and relation to outcome Journal of Counseling Psychology, 2008, 55, 89-95.	2.0	40
11	A Longitudinal Study of Parental Depressive Symptoms and Coparenting in the First 18ÂMonths. Family Process, 2017, 56, 445-458.	2.6	36
12	Alliance patterns over the course of short-term dynamic psychotherapy: The shape of productive relationships. Psychotherapy Research, 2009, 19, 699-706.	1.8	31
13	Anxiety and Psychological Stress Before Prenatal Screening in First-Time Mothers Who Conceived Through IVF/ICSI or Spontaneously. Women and Health, 2014, 54, 474-485.	1.0	30
14	Coparenting Behaviors as Mediators between Postpartum Parental Depressive Symptoms and Toddler's Symptoms. Frontiers in Psychology, 2016, 7, 1912.	2.1	30
15	Communication skills training and clinicians' defenses in oncology: an exploratory, controlled study. Psycho-Oncology, 2010, 19, 209-215.	2.3	27
16	Sense of Competence and Beliefs About Parental Roles in Mothers and Fathers as Predictors of Coparenting and Child Engagement in Mother–Father–Infant Triadic Interactions. Infant and Child Development, 2016, 25, 283-301.	1.5	27
17	Effects of Motive-Oriented Therapeutic Relationship in Early-Phase Treatment of Borderline Personality Disorder. Journal of Nervous and Mental Disease, 2011, 199, 244-250.	1.0	26
18	The Role of Alliance in the Relationship Between Therapist Competence and Outcome in Brief Psychodynamic Psychotherapy. Journal of Nervous and Mental Disease, 2009, 197, 362-367.	1.0	24

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19	Psychodynamic aspects of communication skills training: a pilot study. Supportive Care in Cancer, 2007, 15, 333-337.	2.2	23
20	Family interactions in IVF families: change over the transition to parenthood. Journal of Reproductive and Infant Psychology, 2012, 30, 5-20.	1.8	23
21	Beyond splitting: Observer-rated defense mechanisms in borderline personality disorder Psychoanalytic Psychology, 2013, 30, 3-15.	0.6	23
22	Working alliance in communication skills training for oncology clinicians: A controlled trial. Patient Education and Counseling, 2013, 90, 233-238.	2.2	21
23	Metacognition as a predictor of change in the treatment for borderline personality disorder: A preliminary pilot study Journal of Psychotherapy Integration, 2017, 27, 445-459.	1.1	21
24	How to address patients' defences: A pilot study of the accuracy of defence interpretations and alliance. Psychology and Psychotherapy: Theory, Research and Practice, 2005, 78, 419-430.	2.5	20
25	Les thérapeutes font-ils ce qu'ils disent faire� Comparaison entre prototypes idéaux et pratiques réelles pour plusieurs formes de psychothérapies. Pratiques Psychologiques, 2005, 11, 359-370.	0.4	20
26	Identifying Psychotic Defenses in a Clinical Interview. Journal of Clinical Psychology, 2014, 70, 428-439.	1.9	19
27	Unpacking the Effects of Therapist Responsiveness in Borderline Personality Disorder: Motive-Oriented Therapeutic Relationship, Patient In-Session Experience, and the Therapeutic Alliance. Psychotherapy and Psychosomatics, 2014, 83, 386-387.	8.8	18
28	Early change in coping strategies in responsive treatments for borderline personality disorder: A mediation analysis Journal of Consulting and Clinical Psychology, 2017, 85, 530-535.	2.0	18
29	Specificities of Defense Mechanisms in Bipolar Affective Disorder. Journal of Nervous and Mental Disease, 2009, 197, 675-681.	1.0	17
30	Therapist interventions using the Psychodynamic Interventions Rating Scale (PIRS) in dynamic therapy, psychoanalysis and CBT. Psychotherapy Research, 2013, 23, 121-136.	1.8	17
31	How psychotherapeutic exchanges become responsive: A theoryâ€building case study in the framework of the Assimilation Model. Counselling and Psychotherapy Research, 2014, 14, 29-41.	3.2	17
32	Efficacy of an adjunctive brief psychodynamic psychotherapy to usual inpatient treatment of depression: Results of a randomized controlled trial. Journal of Affective Disorders, 2017, 209, 105-113.	4.1	17
33	A Naturalistic Study of the Effectiveness of a Four-Session Format: The Brief Psychodynamic Intervention. Brief Treatment and Crisis Intervention, 2005, 5, 368-378.	0.4	17
34	Change in Defense Mechanisms and Coping Patterns During the Course of 2-Year–Long Psychotherapy and Psychoanalysis for Recurrent Depression. Journal of Nervous and Mental Disease, 2013, 201, 614-620.	1.0	16
35	What interventions facilitate client progress through the assimilation model? A task analysis of interventions in the psychodynamic treatment of depression. Psychotherapy Research, 2015, 25, 484-502.	1.8	16
36	Are parents doing better when they are together? A study on the association between parental sensitivity and family-level processes. Early Child Development and Care, 2016, 186, 915-926.	1.3	16

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37	The shorter the better? A follow-up analysis of 10-session psychiatric treatment including the motive-oriented therapeutic relationship for borderline personality disorder. Psychotherapy Research, 2017, 27, 362-370.	1.8	16
38	Clinical significance and patients' perceived change in four sessions of brief psychodynamic intervention: Characteristics of early responders. Psychology and Psychotherapy: Theory, Research and Practice, 2005, 78, 347-362.	2.5	15
39	Clinicians' defences: An empirical study. Psychology and Psychotherapy: Theory, Research and Practice, 2009, 82, 73-81.	2.5	15
40	Yet Another Look at the CCRT: The Relation Between Core Conflictual Relationship Themes and Defensive Functioning. Psychotherapy Research, 2004, 14, 252-260.	1.8	14
41	Emotion in an alliance rupture and resolution sequence: A theoryâ€building case study. Counselling and Psychotherapy Research, 2014, 14, 263-271.	3.2	14
42	Leaving Distress Behind: A Randomized Controlled Study on Change in Emotional Processing in Borderline Personality Disorder. Psychiatry (New York), 2017, 80, 139-154.	0.7	14
43	Dialectical behavior therapy skills training affects defense mechanisms in borderline personality disorder: An integrative approach of mechanisms in psychotherapy. Psychotherapy Research, 2019, 29, 1074-1085.	1.8	14
44	Defense Styles of Pedophilic Offenders. International Journal of Offender Therapy and Comparative Criminology, 2008, 52, 185-195.	1.2	13
45	Oncology Clinicians' Defenses and Adherence to Communication Skills Training with Simulated Patients: an Exploratory Study. Journal of Cancer Education, 2012, 27, 399-403.	1.3	13
46	Using Plan Analysis in Psychotherapeutic Case Formulation of Borderline Personality Disorder. Clinical Psychology and Psychotherapy, 2013, 20, 1-9.	2.7	13
47	Mothers' and Fathers' Sensitive Parenting and Mother–Father–Child Family Alliance During Triadic Interactions. Family Journal, 2015, 23, 374-380.	1.2	12
48	Therapist technique and patient defensive functioning in ultraâ€brief psychodynamic psychotherapy: a lag sequential analysis. Clinical Psychology and Psychotherapy, 2008, 15, 247-255.	2.7	11
49	Motiveâ€oriented therapeutic relationship in brief psychodynamic intervention for patients with depression and personality disorders. Journal of Clinical Psychology, 2011, 67, 1017-1027.	1.9	11
50	Change in Emotional and Theory of Mind Processing in Borderline Personality Disorder. Journal of Nervous and Mental Disease, 2018, 206, 935-943.	1.0	11
51	Efficacy of an adjunctive brief psychodynamic psychotherapy to usual inpatient treatment of depression: rationale and design of a randomized controlled trial. BMC Psychiatry, 2012, 12, 182.	2.6	10
52	How Does Addressing Patient's Defenses Help to Repair Alliance Ruptures in Psychodynamic Psychotherapy?. Journal of Nervous and Mental Disease, 2014, 202, 419-424.	1.0	10
53	Early change in maladaptive defence style and development of the therapeutic alliance. Clinical Psychology and Psychotherapy, 2007, 14, 89-95.	2.7	9
54	Change in Biased Thinking in a Treatment Based on the Motive-Oriented Therapeutic Relationship for Borderline Personality Disorder. Journal of Personality Disorders, 2018, 32, 75-92.	1.4	9

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55	Defense Mechanisms and Treatment Response in Depressed Inpatients. Frontiers in Psychology, 2021, 12, 633939.	2.1	9
56	Defensive Flexibility and Its Relation to Symptom Severity, Depression, and Anxiety. Journal of Nervous and Mental Disease, 2011, 199, 38-41.	1.0	8
57	Obsessive-Compulsive Symptoms Precipitated by Methadone Tapering. Journal of Clinical Psychopharmacology, 2004, 24, 682-683.	1.4	7
58	Metacognitive improvement and symptom change in a 3â€month treatment for borderline personality disorder. Psychology and Psychotherapy: Theory, Research and Practice, 2020, 93, 309-325.	2.5	7
59	Psychotherapy of Dependent Personality Disorder: The Relationship of Patient–Therapist Interactions to Outcome. Psychiatry (New York), 2020, 83, 179-194.	0.7	7
60	Are Relationship Patterns With Significant Others Reenacted With the Therapist?. Journal of Nervous and Mental Disease, 2007, 195, 443-450.	1.0	6
61	The Transition of Care from Fertility Specialists to Obstetricians: Maternal Adjustment and Postpartum Depressive Symptoms. Women's Health, 2013, 9, 109-118.	1.5	6
62	Change in Cognitive Errors and Coping Over the Course of Brief Psychodynamic Intervention. Journal of Clinical Psychology, 2013, 69, 727-736.	1.9	6
63	La tristesse en présence de DieuÂ: de l'acédie à la mélancolie. Psychothâ^šÂ©rapies, 2013, Vol. 33, 71-80.	0.1	6
64	An Empirical Investigation of Defense Interpretation Depth, Defensive Functioning, and Alliance Strength in Psychodynamic Psychotherapy. American Journal of Psychotherapy, 2015, 69, 1-17.	1.2	6
65	Couples' Resolution of an Infertility Diagnosis Before Undergoing in Vitro Fertilization. Swiss Journal of Psychology, 2013, 72, 91-102.	0.9	6
66	A Four Session Format to Work with University Students. Journal of College Student Psychotherapy, 2004, 18, 3-14.	1.0	5
67	L'entretien motivationnel, une nouvelle «Âpanacée» dans la prise en charge de patients toxicodépendants� Une revue de littérature. Pratiques Psychologiques, 2009, 15, 405-413.	0.4	5
68	Functions of Mutual Smiling and Alliance Building in Early Therapeutic Interaction. Psychotherapy Research, 2002, 12, 193-212.	1.8	5
69	Links between paternal and maternal self-esteem and coparenting during the first two years of the child. Family Science: Global Perspectives on Research, Policy and Practice, 2015, 6, 211-218.	0.3	4
70	Therapist Adherence to Good Psychiatric Practice in a Short-Term Treatment for Borderline Personality Disorder. Journal of Nervous and Mental Disease, 2016, 204, 489-493.	1.0	4
71	Insight level in the assimilation process: A comparison of good- and poor-outcome cases in short-term dynamic psychotherapy of depressive inpatients. Counselling Psychology Quarterly, 2017, 30, 134-151.	2.3	4
72	L'attachement du client au thérapeute en psychothérapieÂ: une revue systématique des études empiriques. Annales Medico-Psychologiques, 2020, 178, 617-623.	0.4	4

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73	Une intervention systémique brÃ"ve de coupleÂ: le cas de Virginie et Paul. Psychothâ^šÂ©rapies, 2013, Vol. 33, 43-53.	0.1	4
74	Family Alliance as a Moderator of the Link Between Maternal Postpartum Depression and Child Symptoms Assessed by Both Parents. Journal of Family Issues, 2014, 35, 1520-1542.	1.6	3
75	Assessing postpartum depression: Evidences for the need of multiple methods. Revue Europeenne De Psychologie Appliquee, 2015, 65, 61-66.	0.8	3
76	What Defense Mechanisms Do Therapists Interpret In-Session?. Psychodynamic Psychiatry, 2016, 44, 567-585.	0.3	3
77	Mechanisms of change in brief treatments for borderline personality disorder: a protocol of a randomized controlled trial. Trials, 2020, 21, 335.	1.6	3
78	Ecological momentary assessment of emotional processing: An exploratory analysis comparing daily life and a psychotherapy analogue session. Counselling and Psychotherapy Research, 2022, 22, 345-356.	3.2	3
79	Integrating core conflictual relationship themes in neurobiological assessment of interpersonal processes in psychotherapy. Counselling and Psychotherapy Research, 2020, 20, 488-496.	3.2	3
80	Family Alliance in Infancy and Toddlerhood Predicts Social Cognition in Adolescence. Journal of Child and Family Studies, 2022, 31, 1338-1349.	1.3	3
81	Monitoring the effects of adult psychotherapy in routine practice in Switzerland: A feasibility trial. Counselling and Psychotherapy Research, 2013, 13, 145-150.	3.2	2
82	The role of cognitive biases in shortâ€term psychodynamic psychotherapy. Psychology and Psychotherapy: Theory, Research and Practice, 2018, 91, 143-156.	2.5	2
83	Adaptation of the Motive-Oriented Therapeutic Relationship Scale to group setting in dialectical-behaviour therapy for borderline personality disorder Journal of Psychotherapy Integration, 2017, 27, 47-58.	1.1	2
84	Collaboration entre cliniciens et chercheurs autour de la «Âconsultation systémique»Â: une situation de violence intrafamiliale. Devenir, 2013, Vol. 24, 315-327.	0.2	2
85	Dépression parentale dans la période du post-partumÂ: six arguments en faveur d'une approche familiale. Psychothâ^šÂ©rapies, 2020, Vol. 39, 217-223.	0.1	2
86	Change in emotional processing in daily life: relationship with in-session self-esteem. Counselling Psychology Quarterly, 2023, 36, 235-250.	2.3	2
87	State of the psychoanalytic nation: Switzerland. Psychoanalytic Psychotherapy, 2021, 35, 89-107.	0.7	1
88	Lessening of the pervasiveness of interpersonal patterns in borderline personality disorder explains symptom decrease after treatment: A process analysis. Journal of Clinical Psychology, 2021, , .	1.9	1
89	Psychotherapy for Personality Disorders in a Natural Setting. Journal of Nervous and Mental Disease, 2015, 203, 735-738.	1.0	O
90	Investigating defense interpretation depth using lag sequential analysis. Archives of Psychiatry and Psychotherapy, 2018, 20, 7-16.	0.3	0

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91	Is there a relationship between therapist language use, patient defensive functioning and therapeutic alliance? A pilot study of in-session processes. Archives of Psychiatry and Psychotherapy, 2019, 21, 15-21.	0.3	O
92	La mélancolieâ€⁻: être ou avoirâ€⁻?. Cliniques, 2021, N° 22, 180-195.	0.1	0
93	Chapitre 6. Un cas de psychothérapie brève et intensive pour une adolescente déprimée à l'hôpital. 2018, , 139-169.		O