

Linda S Pescatello

List of Publications by Year in Descending Order

Source: <https://exaly.com/author-pdf/5191987/linda-s-pescatello-publications-by-year.pdf>

Version: 2024-04-10

This document has been generated based on the publications and citations recorded by exaly.com. For the latest version of this publication list, visit the link given above.

The third column is the impact factor (IF) of the journal, and the fourth column is the number of citations of the article.

221 papers	7,543 citations	41 h-index	83 g-index
250 ext. papers	8,946 ext. citations	2.7 avg, IF	5.89 L-index

#	Paper	IF	Citations
221	Evaluating the Methodological Quality of Postexercise Hypotension Aerobic Exercise Interventions.. <i>Frontiers in Physiology</i> , 2022 , 13, 851950	4.6	
220	Cardiac Autonomic Modulation in Response to Three Types of Exercise in Patients with Type 2 Diabetic Neuropathy.. <i>Journal of Diabetes and Metabolic Disorders</i> , 2021 , 20, 1469-1478	2.5	0
219	Personalized exercise prescription in the prevention and treatment of arterial hypertension: a Consensus Document from the European Association of Preventive Cardiology (EAPC) and the ESC Council on Hypertension. <i>European Journal of Preventive Cardiology</i> , 2021 ,	3.9	15
218	A comparison of two Tai Chi interventions tailored for different health outcomes. <i>Complementary Therapies in Medicine</i> , 2021 , 59, 102731	3.5	
217	Tai Ji Quan as antihypertensive lifestyle therapy: A systematic review and meta-analysis. <i>Journal of Sport and Health Science</i> , 2021 , 10, 211-221	8.2	2
216	Development of a Novel Clinical Decision Support System for Exercise Prescription Among Patients With Multiple Cardiovascular Disease Risk Factors. <i>Mayo Clinic Proceedings Innovations, Quality & Outcomes</i> , 2021 , 5, 193-203	3.1	5
215	Hemodynamics and cardiac autonomic modulation after an acute concurrent exercise circuit in older individuals with pre- to established hypertension. <i>Clinics</i> , 2021 , 76, e1971	2.3	2
214	Best Practices for Meta-Reviews in Physical Activity and Health Research: Insights From the Physical Activity Guidelines for Americans Advisory Committee Scientific Report. <i>Journal of Physical Activity and Health</i> , 2021 , 18, 1437-1445	2.5	0
213	Do the combined blood pressure effects of exercise and antihypertensive medications add up to the sum of their parts? A systematic meta-review. <i>BMJ Open Sport and Exercise Medicine</i> , 2021 , 7, e000895	3.4	2
212	Effect of Exercise Training on Ambulatory Blood Pressure Among Patients With Resistant Hypertension: A Randomized Clinical Trial. <i>JAMA Cardiology</i> , 2021 , 6, 1317-1323	16.2	6
211	The impact of body fat on thermoregulation during exercise in the heat: A systematic review and meta-analysis. <i>Journal of Science and Medicine in Sport</i> , 2021 , 24, 843-850	4.4	4
210	Postexercise hypotension due to resistance exercise is not mediated by autonomic control: A systematic review and meta-analysis. <i>Autonomic Neuroscience: Basic and Clinical</i> , 2021 , 234, 102825	2.4	6
209	Professional Exercise Recommendations for Healthy Women Who Are Pregnant: A Systematic Review. <i>Women S Health Reports</i> , 2021 , 2, 400-412	0.5	
208	High Salt Intake Augments Blood Pressure Responses During Submaximal Aerobic Exercise. <i>Journal of the American Heart Association</i> , 2020 , 9, e015633	6	5
207	Caffeine Intake Influences The Blood Pressure Response To Strenuous Physical Exertion Among Firefighters. <i>Medicine and Science in Sports and Exercise</i> , 2020 , 52, 6-6	1.2	
206	Relationship Between The Blood Pressure Responses To Acute And Chronic Aerobic Exercise Among Adults With Hypertension. <i>Medicine and Science in Sports and Exercise</i> , 2020 , 52, 712-712	1.2	
205	The Need For Exercise Recommendations For Children And Adolescents Post-Bariatric Surgery: A Systematic Review. <i>Medicine and Science in Sports and Exercise</i> , 2020 , 52, 641-641	1.2	

204	The Role Of Exercise In Preventing Weight Regain In Adults Post-weight Loss Surgery. <i>Medicine and Science in Sports and Exercise</i> , 2020 , 52, 641-641	1.2	
203	Effects Of Weight Stigma On Cardiovascular Reactivity Among Women With High And Normal Blood Pressure. <i>Medicine and Science in Sports and Exercise</i> , 2020 , 52, 565-566	1.2	0
202	Randomized clinical trial of exercise for nontreatment seeking adults with alcohol use disorder. <i>Psychology of Addictive Behaviors</i> , 2020 , 34, 65-75	3.4	7
201	Reinforcing exercise to improve drug abuse treatment outcomes: A randomized controlled study in a substance use disorder outpatient treatment setting. <i>Psychology of Addictive Behaviors</i> , 2020 , 34, 52-64	4.4	5
200	A randomized controlled trial of a theory-based weight-loss program for couples. <i>Health Psychology</i> , 2020 , 39, 137-146	5	5
199	Health behaviour change in cardiovascular disease prevention and management: meta-review of behaviour change techniques to affect self-regulation. <i>Health Psychology Review</i> , 2020 , 14, 43-65	7.1	68
198	Acute Effect of a Single Session of Pilates on Blood Pressure and Cardiac Autonomic Control in Middle-Aged Adults With Hypertension. <i>Journal of Strength and Conditioning Research</i> , 2020 , 34, 114-123	3.2	4
197	Salt Loading Blunts Central and Peripheral Postexercise Hypotension. <i>Medicine and Science in Sports and Exercise</i> , 2020 , 52, 935-943	1.2	6
196	Validation of the Polar V800 heart rate monitor and comparison of artifact correction methods among adults with hypertension. <i>PLoS ONE</i> , 2020 , 15, e0240220	3.7	5
195	Muscle Strength And Size Correlations At Baseline And Following Unilateral Resistance Training. <i>Medicine and Science in Sports and Exercise</i> , 2020 , 52, 352-352	1.2	
194	How trauma influences cardiovascular responses to stress: contributions of posttraumatic stress and cognitive appraisals. <i>Journal of Behavioral Medicine</i> , 2020 , 43, 131-142	3.6	5
193	Response. <i>Medicine and Science in Sports and Exercise</i> , 2020 , 52, 1003-1004	1.2	1
192	Validation of the Polar V800 heart rate monitor and comparison of artifact correction methods among adults with hypertension 2020 , 15, e0240220		
191	Validation of the Polar V800 heart rate monitor and comparison of artifact correction methods among adults with hypertension 2020 , 15, e0240220		
190	Validation of the Polar V800 heart rate monitor and comparison of artifact correction methods among adults with hypertension 2020 , 15, e0240220		
189	Validation of the Polar V800 heart rate monitor and comparison of artifact correction methods among adults with hypertension 2020 , 15, e0240220		
188	The "Hypertension Approaches in the Elderly: a Lifestyle study" multicenter, randomized trial (HAEL Study): rationale and methodological protocol. <i>BMC Public Health</i> , 2019 , 19, 657	4.1	8
187	Links between discrimination and cardiovascular health among socially stigmatized groups: A systematic review. <i>PLoS ONE</i> , 2019 , 14, e0217623	3.7	44

186	New scientific basis for the 2018 U.S. Physical Activity Guidelines. <i>Journal of Sport and Health Science</i> , 2019 , 8, 197-200	8.2	16
185	Healthy Aging and Exercise: Preventing Disease and Disability 2019 , 227-240		
184	Healthy Aging and Exercise: Treating Disease and Disability 2019 , 241-261		
183	Exercise and Blood Pressure Control in Hypertension 2019 , 137-168		5
182	A Systematically Assembled Signature of Genes to be Deep-Sequenced for Their Associations with the Blood Pressure Response to Exercise. <i>Genes</i> , 2019 , 10,	4.2	2
181	FURIN variant associations with postexercise hypotension are intensity and race dependent. <i>Physiological Reports</i> , 2019 , 7, e13952	2.6	5
180	The Influence of Compression Socks During a Marathon on Exercise-Associated Muscle Damage. <i>Journal of Sport Rehabilitation</i> , 2019 , 28, 724-728	1.7	2
179	Venous thromboemboli associated with acute aerobic exercise: A review of case report commonalities. <i>Scandinavian Journal of Medicine and Science in Sports</i> , 2019 , 29, 1749-1754	4.6	2
178	The Effect of Sodium Supplementation on Postexercise Hypotension Following Acute Submaximal Aerobic Exercise. <i>Medicine and Science in Sports and Exercise</i> , 2019 , 51, 251-252	1.2	
177	Yoga as Antihypertensive Lifestyle Therapy: A Systematic Review and Meta-analysis. <i>Mayo Clinic Proceedings</i> , 2019 , 94, 432-446	6.4	23
176	Tai Chi as Antihypertensive Lifestyle Therapy: A Systematic Review and Meta-Analysis. <i>Medicine and Science in Sports and Exercise</i> , 2019 , 51, 125-125	1.2	0
175	Using the immediate blood pressure benefits of exercise to improve exercise adherence among adults with hypertension: a randomized clinical trial. <i>Journal of Hypertension</i> , 2019 , 37, 1877-1888	1.9	10
174	Firefighters Do Not Exhibit Postexercise Hypotension Following a Bout of Vigorous Exercise. <i>Medicine and Science in Sports and Exercise</i> , 2019 , 51, 762-762	1.2	
173	Aerobic Exercise Training and Blood Lipids-Lipoproteins Among Healthy Adults: A Methodological Umbrella Review. <i>Medicine and Science in Sports and Exercise</i> , 2019 , 51, 370-371	1.2	
172	Physical Activity in Cancer Prevention and Survival: A Systematic Review. <i>Medicine and Science in Sports and Exercise</i> , 2019 , 51, 1252-1261	1.2	198
171	Physical Activity and the Prevention of Weight Gain in Adults: A Systematic Review. <i>Medicine and Science in Sports and Exercise</i> , 2019 , 51, 1262-1269	1.2	46
170	Physical Activity to Prevent and Treat Hypertension: A Systematic Review. <i>Medicine and Science in Sports and Exercise</i> , 2019 , 51, 1314-1323	1.2	92
169	Using the Immediate Blood Pressure Benefits of Exercise to Improve Exercise Adherence. <i>Medicine and Science in Sports and Exercise</i> , 2019 , 51, 844-844	1.2	

168	Associations of 25-Hydroxyvitamin D With the Blood Pressure Response to Maximal Exercise Among Healthy Adults. <i>International Journal of Sport Nutrition and Exercise Metabolism</i> , 2019 , 29, 303-308	4.4	2
167	Physical activity intensity and subjective well-being in healthy adults. <i>Journal of Health Psychology</i> , 2019 , 24, 1257-1267	3.1	28
166	A genetic variant in IL-15R α correlates with physical activity among European-American adults. <i>Molecular Genetics & Genomic Medicine</i> , 2018 , 6, 401-408	2.3	6
165	Can Exercise Improve Cognitive Symptoms of Alzheimer's Disease?. <i>Journal of the American Geriatrics Society</i> , 2018 , 66, 487-495	5.6	67
164	Postexercise Hypotension After Aquatic Exercise in Older Women With Hypertension: A Randomized Crossover Clinical Trial. <i>American Journal of Hypertension</i> , 2018 , 31, 247-252	2.3	8
163	The influence of resting blood pressure on muscle strength in healthy adults. <i>Blood Pressure Monitoring</i> , 2018 , 23, 185-190	1.3	3
162	Use of Compression Socks During a Marathon Does Not Mitigate Exercise-Associated Muscle Damage. <i>Medicine and Science in Sports and Exercise</i> , 2018 , 50, 279	1.2	
161	Exercise Prescription for Hypertension: New Advances for Optimizing Blood Pressure Benefits 2018 , 115-136		2
160	Moderate aerobic exercise training decreases middle-aged induced pathologic cardiac hypertrophy by improving Klotho expression, MAPK signaling pathway, and oxidative stress status in Wistar rats. <i>Iranian Journal of Basic Medical Sciences</i> , 2018 , 21, 911-919	1.8	10
159	FURIN Variant Associations with Postexercise Hypotension are Ethnicity and Intensity Dependent. <i>Medicine and Science in Sports and Exercise</i> , 2018 , 50, 274	1.2	
158	A Comparison of Two Tai Chi Interventions Tailored for Different Health Outcomes. <i>Medicine and Science in Sports and Exercise</i> , 2018 , 50, 244	1.2	
157	Compression Socks Worn During Flight and Hemostatic Balance in Boston Marathon Runners on Oral Contraceptives. <i>Clinical Journal of Sport Medicine</i> , 2018 , 28, 278-283	3.2	4
156	The Scientific Foundation for the Physical Activity Guidelines for Americans, 2nd Edition. <i>Journal of Physical Activity and Health</i> , 2018 , 1-11	2.5	137
155	A Postmortem Study of Frontal and Temporal Gyri Thickness and Cell Number in Human Obesity. <i>Obesity</i> , 2018 , 26, 94-102	8	5
154	Muscle Size and Strengths and their Associations with Sports Participation among Young Adults. <i>Medicine and Science in Sports and Exercise</i> , 2018 , 50, 113-114	1.2	
153	Effects of exercise training on endothelial function in individuals with hypertension: a systematic review with meta-analysis. <i>Journal of the American Society of Hypertension</i> , 2018 , 12, e65-e75		16
152	Weight bias among exercise and nutrition professionals: a systematic review. <i>Obesity Reviews</i> , 2018 , 19, 1492-1503	10.6	29
151	Influence of Acute Concurrent Exercise Performed in Public Fitness Facilities on Ambulatory Blood Pressure Among Older Adults in Rio de Janeiro City. <i>Journal of Strength and Conditioning Research</i> , 2018 , 32, 2962-2970	3.2	8

150	Blood pressure response to acute and chronic exercise in chronic kidney disease. <i>Nephrology</i> , 2017 , 22, 72-78	2.2	17
149	The antihypertensive effects of aerobic versus isometric handgrip resistance exercise. <i>Journal of Hypertension</i> , 2017 , 35, 291-299	1.9	37
148	Influence of Baseline Psychological Health on Muscle Pain During Atorvastatin Treatment. <i>Journal of Cardiovascular Nursing</i> , 2017 , 32, 544-550	2.1	3
147	Yoga and Cognitive-behavioral Interventions to Reduce Stress in Incoming College Students: A Pilot Study. <i>Journal of Applied Biobehavioral Research</i> , 2017 , 22, e12068	1.7	7
146	Genetic characterization of physical activity behaviours in university students enrolled in kinesiology degree programs. <i>Applied Physiology, Nutrition and Metabolism</i> , 2017 , 42, 278-284	3	3
145	Precision, Accuracy, and Performance Outcomes of Perceived Exertion vs. Heart Rate Guided Run-training. <i>Journal of Strength and Conditioning Research</i> , 2017 , 31, 630-637	3.2	2
144	The Immediate Antihypertensive Effects of Aerobic Exercise. <i>Medicine and Science in Sports and Exercise</i> , 2017 , 49, 841-842	1.2	
143	Small Sample Sizes Confound Understanding of Cardiometabolic Responses to Exercise. <i>Exercise and Sport Sciences Reviews</i> , 2017 , 45, 173-180	6.7	9
142	Project TEAMS (Talking about Eating, Activity, and Mutual Support): a randomized controlled trial of a theory-based weight loss program for couples. <i>BMC Public Health</i> , 2017 , 17, 749	4.1	12
141	Performance of wells score to predict deep vein thrombosis and pulmonary embolism in endurance athletes. <i>Physician and Sportsmedicine</i> , 2017 , 45, 358-364	2.4	6
140	The angiotensin-converting enzyme insertion/deletion polymorphism rs4340 associates with habitual physical activity among European American adults. <i>Molecular Genetics & Genomic Medicine</i> , 2017 , 5, 524-530	2.3	5
139	Exercise And Cognition Among Individuals At Risk For Or Diagnosed With Alzheimer's Disease. <i>Medicine and Science in Sports and Exercise</i> , 2017 , 49, 216	1.2	1
138	Deep-targeted sequencing of endothelial nitric oxide synthase gene exons uncovers exercise intensity and ethnicity-dependent associations with post-exercise hypotension. <i>Physiological Reports</i> , 2017 , 5, e13510	2.6	5
137	The Immediate Blood Pressure Lowering Effects of Acute Concurrent Exercise. <i>Medicine and Science in Sports and Exercise</i> , 2017 , 49, 58	1.2	
136	Effect Of Vitamin D At Rest And In Response To Maximal Exercise. <i>Medicine and Science in Sports and Exercise</i> , 2017 , 49, 902-903	1.2	
135	Venous Thromboemboli Associated with Acute Aerobic Exercise. <i>Medicine and Science in Sports and Exercise</i> , 2017 , 49, 318	1.2	
134	The Antihypertensive Benefits Of Yoga. <i>Medicine and Science in Sports and Exercise</i> , 2017 , 49, 587	1.2	
133	Evaluating Exercise Prescription and Instructional Methods Used in Tai Chi Studies Aimed at Improving Balance in Older Adults: A Systematic Review. <i>Journal of the American Geriatrics Society</i> , 2016 , 64, 2074-2080	5.6	16

132	Deep-targeted exon sequencing reveals renal polymorphisms associate with postexercise hypotension among African Americans. <i>Physiological Reports</i> , 2016 , 4, e12992	2.6	6
131	Pre-exercise screening: role of the primary care physician. <i>Israel Journal of Health Policy Research</i> , 2016 , 5, 29	1.7	3
130	The blood pressure response to acute and chronic aerobic exercise: A meta-analysis of candidate gene association studies. <i>Journal of Science and Medicine in Sport</i> , 2016 , 19, 424-31	4.4	20
129	Glucocorticoid Receptor (NR3C1) Variants Associate with the Muscle Strength and Size Response to Resistance Training. <i>PLoS ONE</i> , 2016 , 11, e0148112	3.7	7
128	Marathon Maladies: Venous Thromboembolism Risk Associated with Marathon Running. <i>Bioengineered</i> , 2016 , 5, 1-5	5.7	4
127	The Effect of Atorvastatin on Habitual Physical Activity among Healthy Adults. <i>Medicine and Science in Sports and Exercise</i> , 2016 , 48, 1-6	1.2	9
126	Effects of aerobic exercise intensity on ambulatory blood pressure and vascular responses in resistant hypertension: a crossover trial. <i>Journal of Hypertension</i> , 2016 , 34, 1317-24	1.9	35
125	Is Concurrent Training Efficacious Antihypertensive Therapy? A Meta-analysis. <i>Medicine and Science in Sports and Exercise</i> , 2016 , 48, 2398-2406	1.2	53
124	Sedentary college student drinkers can start exercising and reduce drinking after intervention. <i>Psychology of Addictive Behaviors</i> , 2016 , 30, 791-801	3.4	19
123	For the love of it: Affective experiences that may increase physical activity participation among older adults. <i>Social Science and Medicine</i> , 2016 , 161, 61-3	5.1	8
122	Examination of Lifestyle Behaviors and Cardiometabolic Risk Factors in University Students Enrolled in Kinesiology Degree Programs. <i>Journal of Strength and Conditioning Research</i> , 2016 , 30, 1137-46	3.2	5
121	Dynamic Resistance Training as Stand-Alone Antihypertensive Lifestyle Therapy: A Meta-Analysis. <i>Journal of the American Heart Association</i> , 2016 , 5,	6	110
120	Coming of Age: Considerations in the Prescription of Exercise for Older Adults. <i>Methodist DeBakey Cardiovascular Journal</i> , 2016 , 12, 98-104	2.1	38
119	Assessing the Existing Professional Exercise Recommendations for Hypertension: A Review and Recommendations for Future Research Priorities. <i>Mayo Clinic Proceedings</i> , 2015 , 90, 801-12	6.4	91
118	Obesity-Related Genetic Variants and their Associations with Physical Activity. <i>Sports Medicine - Open</i> , 2015 , 1, 34	6.1	13
117	Exercise for Hypertension: A Prescription Update Integrating Existing Recommendations with Emerging Research. <i>Current Hypertension Reports</i> , 2015 , 17, 87	4.7	176
116	Protective effect of compression socks in a marathon runner with a genetic predisposition to thrombophilia due to Factor V Leiden. <i>Physician and Sportsmedicine</i> , 2015 , 43, 324-7	2.4	4
115	The Effects of Aerobic Exercise on Hypertension: Current Consensus and Emerging Research. <i>Molecular and Translational Medicine</i> , 2015 , 3-23	0.4	4

114	The effect of compression socks worn during a marathon on hemostatic balance. <i>Physician and Sportsmedicine</i> , 2015 , 43, 336-41	2.4	8
113	Updating ACSM's Recommendations for Exercise Preparticipation Health Screening. <i>Medicine and Science in Sports and Exercise</i> , 2015 , 47, 2473-9	1.2	307
112	Aerobic training improves vagal reactivation regardless of resting vagal control. <i>Medicine and Science in Sports and Exercise</i> , 2015 , 47, 1159-67	1.2	18
111	SLC30A8 nonsynonymous variant is associated with recovery following exercise and skeletal muscle size and strength. <i>Diabetes</i> , 2014 , 63, 363-8	0.9	19
110	Current perspectives on physical activity and exercise recommendations for children and adolescents with autism spectrum disorders. <i>Physical Therapy</i> , 2014 , 94, 875-89	3.3	121
109	Exercise as an intervention for sedentary hazardous drinking college students: A pilot study. <i>Mental Health and Physical Activity</i> , 2014 , 7, 55-62	5	28
108	Short-term aerobic exercise and vascular function in CKD stage 3: a randomized controlled trial. <i>American Journal of Kidney Diseases</i> , 2014 , 64, 222-9	7.4	65
107	The relationship between the blood pressure responses to exercise following training and detraining periods. <i>PLoS ONE</i> , 2014 , 9, e105755	3.7	24
106	Hyperleptinemia is associated with CRP, but not apolipoprotein E, and is reduced by exercise training. <i>International Journal of Sport Nutrition and Exercise Metabolism</i> , 2014 , 24, 524-31	4.4	1
105	Response to Comment on Sprouse et al. SLC30A8 nonsynonymous variant is associated with recovery following exercise and skeletal muscle size and strength. <i>Diabetes</i> 2014;63:363-368. <i>Diabetes</i> , 2014 , 63, e9-e10	0.9	2
104	Methodological quality of meta-analyses on the blood pressure response to exercise: a review. <i>Journal of Hypertension</i> , 2014 , 32, 706-23	1.9	49
103	Antihypertensive effects of exercise among those with resistant hypertension. <i>Hypertension</i> , 2013 , 61, e1	8.5	7
102	Increases in creatine kinase with atorvastatin treatment are not associated with decreases in muscular performance. <i>Atherosclerosis</i> , 2013 , 230, 121-4	3.1	30
101	Alterations in osteopontin modify muscle size in females in both humans and mice. <i>Medicine and Science in Sports and Exercise</i> , 2013 , 45, 1060-8	1.2	30
100	Thermoregulation and stress hormone recovery after exercise dehydration: comparison of rehydration methods. <i>Journal of Athletic Training</i> , 2013 , 48, 725-33	4	5
99	Highlights from the functional single nucleotide polymorphisms associated with human muscle size and strength or FAMuSS study. <i>BioMed Research International</i> , 2013 , 2013, 643575	3	18
98	25(OH) vitamin D is associated with greater muscle strength in healthy men and women. <i>Medicine and Science in Sports and Exercise</i> , 2013 , 45, 157-62	1.2	52
97	SNEAK PEEK. <i>ACSM's Health and Fitness Journal</i> , 2013 , 17, 16-20	0.9	3

96	ACSM's new preparticipation health screening recommendations from ACSM's guidelines for exercise testing and prescription, ninth edition. <i>Current Sports Medicine Reports</i> , 2013 , 12, 215-7	1.9	349
95	Effect of statins on skeletal muscle function. <i>Circulation</i> , 2013 , 127, 96-103	16.7	312
94	The promises and challenges of the use of genomics in the prescription of exercise for hypertension: the 2013 update. <i>Current Hypertension Reviews</i> , 2013 , 9, 130-47	2.3	26
93	Reproducibility of ambulatory blood pressure changes from the initial values on two different days. <i>Clinics</i> , 2013 , 68, 1509-15	2.3	18
92	Clinical and Genetic Determinants of Blood Pressure Under Ambulatory Conditions on Days With and Without Acute Exercise. <i>FASEB Journal</i> , 2013 , 27, 910.15	0.9	
91	Correlates of endothelial function and the peak systolic blood pressure response to a graded maximal exercise test. <i>Atherosclerosis</i> , 2012 , 222, 202-7	3.1	14
90	Psychometric Evaluation of the Timeline Followback for Exercise among College Students. <i>Psychology of Sport and Exercise</i> , 2012 , 13, 779-788	4.2	19
89	The efficacy of exercise in reducing depressive symptoms among cancer survivors: a meta-analysis. <i>PLoS ONE</i> , 2012 , 7, e30955	3.7	104
88	Endothelial Nitric Oxide Synthase (NOS3) +894 G>T Associates with Physical Activity and Muscle Performance among Young Adults. <i>ISRN Vascular Medicine</i> , 2012 , 2012, 1-7		3
87	Variants of the ankyrin repeat domain 6 gene (ANKRD6) and muscle and physical activity phenotypes among European-derived American adults. <i>Journal of Strength and Conditioning Research</i> , 2012 , 26, 1740-8	3.2	12
86	Orthostatic hypotension after 10 days of exercise-heat acclimation and 28 hours of sleep loss. <i>Aviation, Space, and Environmental Medicine</i> , 2012 , 83, 403-11		5
85	Exercise training improves HR responses and $\dot{V}O_{2peak}$ in predialysis kidney patients. <i>Medicine and Science in Sports and Exercise</i> , 2012 , 44, 2392-9	1.2	41
84	A low-cost reinforcement procedure improves short-term weight loss outcomes. <i>American Journal of Medicine</i> , 2011 , 124, 1082-5	2.4	29
83	A comparison of the immediate effects of resistance, aerobic, and concurrent exercise on postexercise hypotension. <i>Journal of Strength and Conditioning Research</i> , 2011 , 25, 1429-36	3.2	52
82	Interactive effects of APOE haplotype, sex, and exercise on postheparin plasma lipase activities. <i>Journal of Applied Physiology</i> , 2011 , 110, 1021-8	3.7	8
81	Relation of vitamin D level to maximal oxygen uptake in adults. <i>American Journal of Cardiology</i> , 2011 , 107, 1246-9	3	64
80	AKT1 polymorphisms are associated with risk for metabolic syndrome. <i>Human Genetics</i> , 2011 , 129, 129-30.3		22
79	Exercise interventions for cancer survivors: a meta-analysis of quality of life outcomes. <i>Annals of Behavioral Medicine</i> , 2011 , 41, 32-47	4.5	195

78	The 1p13.3 LDL (C)-associated locus shows large effect sizes in young populations. <i>Pediatric Research</i> , 2011 , 69, 538-43	3.2	12
77	The Role of Genetic Variation in Muscle Strength. <i>American Journal of Lifestyle Medicine</i> , 2011 , 5, 156-170.	0.9	8
76	Efficacy of exercise interventions in modulating cancer-related fatigue among adult cancer survivors: a meta-analysis. <i>Cancer Epidemiology Biomarkers and Prevention</i> , 2011 , 20, 123-33	4	278
75	National collegiate athletic association division I athletes' use of nonprescription medication. <i>Sports Health</i> , 2011 , 3, 25-8	4.7	19
74	The interactive effects of metabolic syndrome, blood pressure, and mental health in worksite employees. <i>Physician and Sportsmedicine</i> , 2010 , 38, 45-53	2.4	10
73	The additive blood pressure lowering effects of exercise intensity on post-exercise hypotension. <i>American Heart Journal</i> , 2010 , 160, 513-20	4.9	96
72	The Promises and Challenges of the Use of Genomics in the Prescription of Exercise in Hypertension. <i>Current Hypertension Reviews</i> , 2010 , 6, 32-43	2.3	2
71	CCL2 and CCR2 variants are associated with skeletal muscle strength and change in strength with resistance training. <i>Journal of Applied Physiology</i> , 2010 , 109, 1779-85	3.7	30
70	The Efficacy Of Exercise Interventions On Fatigue Among Cancer Survivors: A Meta-analysis. <i>Medicine and Science in Sports and Exercise</i> , 2010 , 42, 264-265	1.2	1
69	Influence of Rehydration Mode Following Exercise Dehydration on Blood Pressure and Heart Rate Restoration. <i>Medicine and Science in Sports and Exercise</i> , 2010 , 42, 576	1.2	
68	The 1p13.3 LDL-Associated Locus Shows Large Effect Sizes in Young Populations. <i>Medicine and Science in Sports and Exercise</i> , 2010 , 42, 796	1.2	
67	A polymorphism near IGF1 is associated with body composition and muscle function in women from the Health, Aging, and Body Composition Study. <i>European Journal of Applied Physiology</i> , 2010 , 110, 315-24	4.7	18
66	A randomized clinical trial to assess the effect of statins on skeletal muscle function and performance: rationale and study design. <i>Preventive Cardiology</i> , 2010 , 13, 104-11		27
65	CNTF 1357 G -> A polymorphism and the muscle strength response to resistance training. <i>Journal of Applied Physiology</i> , 2009 , 107, 1235-40	3.7	23
64	Differences in fat and muscle mass associated with a functional human polymorphism in a post-transcriptional BMP2 gene regulatory element. <i>Journal of Cellular Biochemistry</i> , 2009 , 107, 1073-82	4.7	29
63	The endothelial nitric oxide synthase -786 T>C polymorphism and the exercise-induced blood pressure and nitric oxide responses among men with elevated blood pressure. <i>Atherosclerosis</i> , 2009 , 204, e28-34	3.1	32
62	Vascular remodeling in response to 12 wk of upper arm unilateral resistance training. <i>Medicine and Science in Sports and Exercise</i> , 2009 , 41, 2003-8	1.2	12
61	Myostatin and follistatin polymorphisms interact with muscle phenotypes and ethnicity. <i>Medicine and Science in Sports and Exercise</i> , 2009 , 41, 1063-71	1.2	40

60	The GNAS 393 T > C Polymorphism and the Blood Pressure Response Immediately Following Aerobic Exercise Among Men with Elevated Blood Pressure. <i>Vascular Disease Prevention</i> , 2009 , 6, 56-64		3
59	The metabolic syndrome and the immediate antihypertensive effects of aerobic exercise: a randomized control design. <i>BMC Cardiovascular Disorders</i> , 2008 , 8, 12	2.3	14
58	Stress management in the workplace: A comparison of a computer-based and an in-person stress-management intervention. <i>Computers in Human Behavior</i> , 2008 , 24, 486-496	7.7	44
57	Apolipoprotein E genotype and sex influence C-reactive protein levels regardless of exercise training status. <i>Metabolism: Clinical and Experimental</i> , 2008 , 57, 1204-10	12.7	5
56	Interleukin-15 and interleukin-15R alpha SNPs and associations with muscle, bone, and predictors of the metabolic syndrome. <i>Cytokine</i> , 2008 , 43, 45-53	4	56
55	Comparisons of varying dosages of relaxation in a corporate setting: Effects on stress reduction.. <i>International Journal of Stress Management</i> , 2008 , 15, 396-407	3.5	8
54	Determinants of physical activity among a convenience sample of Puerto Rican women residing in the Northeastern United States. <i>Journal of Strength and Conditioning Research</i> , 2008 , 22, 1515-21	3.2	8
53	Physiologic and psychological responses of an athlete cycling 100+ miles daily for 50 consecutive days. <i>Current Sports Medicine Reports</i> , 2008 , 7, 343-7	1.9	2
52	A comparison of the genetic and clinical profile of men that respond and do not respond to the immediate antihypertensive effects of aerobic exercise. <i>The Application of Clinical Genetics</i> , 2008 , 1, 7-17 ^{3.1}		7
51	Commentary on viewpoint: Perspective on the future use of genomics in exercise prescription. <i>Journal of Applied Physiology</i> , 2008 , 104, 1247	3.7	3
50	INSIG2 gene polymorphism is associated with increased subcutaneous fat in women and poor response to resistance training in men. <i>BMC Medical Genetics</i> , 2008 , 9, 117	2.1	16
49	An IGF1 Promoter Polymorphism is Associated with Muscle Function in the Health ABC and FMS cohorts. <i>Medicine and Science in Sports and Exercise</i> , 2008 , 40, S183	1.2	
48	Dietary calcium intake and renin angiotensin system polymorphisms alter the blood pressure response to aerobic exercise: a randomized control design. <i>Nutrition and Metabolism</i> , 2007 , 4, 1	4.6	53
47	PPARalpha L162V underlies variation in serum triglycerides and subcutaneous fat volume in young males. <i>BMC Medical Genetics</i> , 2007 , 8, 55	2.1	33
46	The effects of a two-week trial of transcutaneous electrical nerve stimulation for pediatric chronic back pain. <i>Journal of Pain and Symptom Management</i> , 2007 , 34, 115-7	4.8	4
45	The alpha-adducin Gly460Trp polymorphism and the antihypertensive effects of exercise among men with high blood pressure. <i>Clinical Science</i> , 2007 , 113, 251-8	6.5	11
44	Subcutaneous fat alterations resulting from an upper-body resistance training program. <i>Medicine and Science in Sports and Exercise</i> , 2007 , 39, 1177-85	1.2	17
43	Genetic Roles in Muscle Strength. <i>ACSM's Health and Fitness Journal</i> , 2007 , 11, 18-23	0.9	0

42	The muscle strength and size response to upper arm, unilateral resistance training among adults who are overweight and obese. <i>Journal of Strength and Conditioning Research</i> , 2007 , 21, 307-13	3.2	24
41	Peak systolic blood pressure on a graded maximal exercise test and the blood pressure response to an acute bout of submaximal exercise. <i>American Journal of Cardiology</i> , 2006 , 98, 938-43	3	23
40	Apolipoprotein A1 genotype affects the change in high density lipoprotein cholesterol subfractions with exercise training. <i>Atherosclerosis</i> , 2006 , 185, 65-9	3.1	37
39	The effect of apolipoprotein E genotype on serum lipoprotein particle response to exercise. <i>Atherosclerosis</i> , 2006 , 188, 126-33	3.1	22
38	The influence of short and long duration on the blood pressure response to an acute bout of dynamic exercise. <i>American Heart Journal</i> , 2006 , 151, 1322.e5-12	4.9	51
37	Angiotensin-converting enzyme genotype and adherence to aerobic exercise training. <i>Preventive Cardiology</i> , 2006 , 9, 21-4		14
36	Management of lower extremity malalignment during running with neuromuscular retraining of the proximal stabilizers. <i>Current Sports Medicine Reports</i> , 2006 , 5, 137-40	1.9	8
35	ACE ID genotype and the muscle strength and size response to unilateral resistance training. <i>Medicine and Science in Sports and Exercise</i> , 2006 , 38, 1074-81	1.2	74
34	Cardiovascular health status and health risk assessment method of preference among worksite employees. <i>Journal of Primary Prevention</i> , 2006 , 27, 67-79	2.1	6
33	RAAS polymorphisms alter the acute blood pressure response to aerobic exercise among men with hypertension. <i>European Journal of Applied Physiology</i> , 2006 , 97, 26-33	3.4	50
32	Using Self-Report and Speed to Screen for Gait Limitations. <i>Physical and Occupational Therapy in Geriatrics</i> , 2005 , 23, 1-8	1.1	12
31	Time spent moving is related to systolic blood pressure among older women. <i>Preventive Cardiology</i> , 2005 , 8, 160-4		8
30	The relationship between baseline blood pressure and magnitude of postexercise hypotension. <i>Journal of Hypertension</i> , 2005 , 23, 1272-1273	1.9	1
29	Relationships Between Perceived Limitations in Stair Climbing and Lower Limb Strength, Body Mass Index, and Self-reported Stair Climbing Activity. <i>Topics in Geriatric Rehabilitation</i> , 2005 , 21, 350-355 ^{0.7}		5
28	Adiposity of elderly women and its relationship with self-reported and observed physical performance. <i>Journal of Geriatric Physical Therapy</i> , 2005 , 28, 10-3	3.2	19
27	Nondisease genetic testing: reporting of muscle SNPs shows effects on self-concept and health orientation scales. <i>European Journal of Human Genetics</i> , 2005 , 13, 1047-54	5.3	10
26	Participation in an Older Adult Heart Health Program affects lifestyle behavior. <i>Preventive Cardiology</i> , 2005 , 8, 200-5		1
25	Exercise and hypertension: recent advances in exercise prescription. <i>Current Hypertension Reports</i> , 2005 , 7, 281-6	4.7	37

24	Aerobic exercise training decreases leucine oxidation at rest in healthy adults. <i>Journal of Nutrition</i> , 2005 , 135, 1088-92	4.1	21
23	Influence of an educational intervention on pre-allied health students' attitudes toward older adults. <i>Gerontology and Geriatrics Education</i> , 2005 , 25, 1-11	1.2	14
22	ACTN3 genotype is associated with increases in muscle strength in response to resistance training in women. <i>Journal of Applied Physiology</i> , 2005 , 99, 154-63	3.7	223
21	Free Communication/Poster [Circulation. <i>Medicine and Science in Sports and Exercise</i> , 2005 , 37, S312-S313	1.2	1
20	Association Among Age, Muscle Size And Strength In Young Adults. <i>Medicine and Science in Sports and Exercise</i> , 2005 , 37, S130	1.2	
19	Variability in muscle size and strength gain after unilateral resistance training. <i>Medicine and Science in Sports and Exercise</i> , 2005 , 37, 964-72	1.2	209
18	Functional polymorphisms associated with human muscle size and strength. <i>Medicine and Science in Sports and Exercise</i> , 2004 , 36, 1132-9	1.2	56
17	Apolipoprotein E genotype and changes in serum lipids and maximal oxygen uptake with exercise training. <i>Metabolism: Clinical and Experimental</i> , 2004 , 53, 193-202	12.7	59
16	American College of Sports Medicine position stand. Exercise and hypertension. <i>Medicine and Science in Sports and Exercise</i> , 2004 , 36, 533-53	1.2	1093
15	Exercise intensity alters postexercise hypotension. <i>Journal of Hypertension</i> , 2004 , 22, 1881-8	1.9	120
14	Which Is More Effective For Maintaining A Healthy Body Weight. <i>ACSM's Health and Fitness Journal</i> , 2004 , 8, 9-14	0.9	0
13	A Prospective Study of Overuse Knee Injuries Among Female Athletes With Muscle Imbalances and Structural Abnormalities. <i>Journal of Athletic Training</i> , 2004 , 39, 263-267	4	70
12	Postexercise hypotension differs between white and black women. <i>American Heart Journal</i> , 2003 , 145, 364-70	4.9	25
11	Daily physical movement and bone mineral density among a mixed racial cohort of women. <i>Medicine and Science in Sports and Exercise</i> , 2002 , 34, 1966-70	1.2	9
10	The cardiovascular health impact of an incentive worksite health promotion program. <i>American Journal of Health Promotion</i> , 2001 , 16, 16-20	2.5	32
9	The acute versus the chronic response to exercise. <i>Medicine and Science in Sports and Exercise</i> , 2001 , 33, S438-45; discussion S452-3	1.2	317
8	The aftereffects of dynamic exercise on ambulatory blood pressure. <i>Medicine and Science in Sports and Exercise</i> , 2001 , 33, 1855-61	1.2	124
7	Managerial perspectives on health care service delivery. <i>Physiotherapy Theory and Practice</i> , 2000 , 16, 203-209	1.5	2

6	Physical activity, cardiometabolic health and older adults: recent findings. <i>Sports Medicine</i> , 1999 , 28, 315-23	10.6	9
5	Dynamic exercise normalizes resting blood pressure in mildly hypertensive premenopausal women. <i>American Heart Journal</i> , 1999 , 138, 916-21	4.9	49
4	Lower intensity physical activity is advantageous for fat distribution and blood glucose among viscerally obese older adults. <i>Medicine and Science in Sports and Exercise</i> , 1998 , 30, 1408-13	1.2	9
3	Lower intensity physical activity is advantageous for fat distribution and blood glucose among viscerally obese older adults. <i>Medicine and Science in Sports and Exercise</i> , 1998 , 30, 1408-1413	1.2	11
2	Short-term and long-term abstinence rates associated with a hospital-based behavioral approach to smoking cessation. <i>American Journal of Health Promotion</i> , 1994 , 8, 420-1, 424	2.5	1
1	Physical activity in older adults. An overview of health benefits. <i>Sports Medicine</i> , 1993 , 15, 353-64	10.6	26