

Mike Climstein

List of Publications by Year in Descending Order

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The third column is the impact factor (IF) of the journal, and the fourth column is the number of citations of the article.

92
papers

1,038
citations

18
h-index

28
g-index

114
ext. papers

1,289
ext. citations

2.5
avg, IF

4.49
L-index

#	Paper	IF	Citations
92	Point prevalence of non-melanoma and melanoma skin cancers in Australian surfers and swimmers in Southeast Queensland and Northern New South Wales.. <i>PeerJ</i> , 2022 , 10, e13243	3.1	1
91	Fluid Loss in Recreational Surfers. <i>International Journal of Exercise Science</i> , 2021 , 14, 423-434	1.3	
90	Effect of Stand-Up Paddle Boarding on Hydration Status in Recreational and Competitive Individuals. <i>International Journal of Exercise Science</i> , 2021 , 14, 756-767	1.3	
89	Effect of personal activity intelligence (PAI) monitoring in the maintenance phase of cardiac rehabilitation: a mixed methods evaluation. <i>BMC Sports Science, Medicine and Rehabilitation</i> , 2021 , 13, 124	2.4	1
88	Traumatic surfing injuries in New Zealand: a descriptive epidemiology study. <i>PeerJ</i> , 2021 , 9, e12334	3.1	0
87	An Overview of Risk Factors for Disease in Masters Athletes 2021 , 64-77		2
86	Auditory exostosis in Australian warm water surfers: a cross-sectional study. <i>BMC Sports Science, Medicine and Rehabilitation</i> , 2021 , 13, 52	2.4	0
85	A novel method for the determination of exostosis severity in the external auditory canal. <i>Clinical Otolaryngology</i> , 2021 , 46, 1247-1250	1.8	0
84	Validity of the Polar Vantage M watch when measuring heart rate at different exercise intensities. <i>PeerJ</i> , 2021 , 9, e10893	3.1	5
83	The Effect of High-Intensity Power Training on Habitual, Intervention and Total Physical Activity Levels in Older Adults with Type 2 Diabetes: Secondary Outcomes of the GREAT2DO Randomized Controlled Trial. <i>Geriatrics (Switzerland)</i> , 2021 , 6,	2.2	1
82	Skin cancer and sun protective behaviours in water-based sports: A scoping review. <i>Photodermatology Photoimmunology and Photomedicine</i> , 2021 ,	2.4	1
81	Chronic and Gradual-Onset Injuries and Conditions in the Sport of Surfing: A Systematic Review. <i>Sports</i> , 2021 , 9,	3	3
80	Wearable technology to inform the prediction and diagnosis of cardiorespiratory events: a scoping review.. <i>PeerJ</i> , 2021 , 9, e12598	3.1	0
79	Gradual-onset surfing-related injuries in New Zealand: A cross-sectional study. <i>Journal of Science and Medicine in Sport</i> , 2020 , 23, 1049-1054	4.4	3
78	The Prevalence and Severity of External Auditory Exostosis in Young to Quadragenarian-Aged Warm-Water Surfers: A Preliminary Study. <i>Sports</i> , 2020 , 8,	3	5
77	Epidemiology of Acute Injuries in Surfing: Type, Location, Mechanism, Severity, and Incidence: A Systematic Review. <i>Sports</i> , 2020 , 8,	3	11
76	Six-year Effects Of Power Training On Physical Activity In Older Adults With Type 2 Diabetes. <i>Medicine and Science in Sports and Exercise</i> , 2020 , 52, 526-526	1.2	

75	Smart Shirts for Monitoring Physiological Parameters: Scoping Review. <i>JMIR MHealth and UHealth</i> , 2020 , 8, e18092	5.5	17
74	Australian surfers' awareness of 'surfer's ear'. <i>BMJ Open Sport and Exercise Medicine</i> , 2020 , 6, e000641	3.4	4
73	Reliability of the Polar Vantage M Sports Watch when Measuring Heart Rate at Different Treadmill Exercise Intensities. <i>Sports</i> , 2020 , 8,	3	4
72	Regularized linear and gradient boosted ensemble methods to predict athletes' gender based on a survey of masters athletes. <i>Model Assisted Statistics and Applications</i> , 2019 , 14, 47-64	0.3	1
71	Lifetime prevalence of exostoses in New Zealand surfers. <i>Journal of Primary Health Care</i> , 2019 , 11, 47-53	3.8	7
70	Impact of wearable physical activity monitoring devices with exercise prescription or advice in the maintenance phase of cardiac rehabilitation: systematic review and meta-analysis. <i>BMC Sports Science, Medicine and Rehabilitation</i> , 2019 , 11, 14	2.4	23
69	Bone health of middle-aged and older surfers. <i>Open Access Journal of Sports Medicine</i> , 2019 , 10, 123-132	2.9	1
68	Cardiovascular and Psychophysical Response to Repetitive Lifting Tasks in Women. <i>Journal of Lifestyle Medicine</i> , 2019 , 9, 125-131	1.3	1
67	Exploring the feasibility, sustainability and the benefits of the GrACE + GAIT exercise programme in the residential aged care setting. <i>PeerJ</i> , 2019 , 7, e6973	3.1	6
66	Comparison of Forward and Reverse Wingate Anaerobic Tests: A Brief Technical Note. <i>Journal of Lifestyle Medicine</i> , 2019 , 9, 132-136	1.3	
65	A Comparison of Two Commercial Swim Bench Ergometers in Determining Maximal Aerobic Power and Correlation to a Paddle Test in a Recreational Surfing Cohort. <i>Sports</i> , 2019 , 7,	3	3
64	Gait Speed Characteristics and Their Spatiotemporal Determinants in Nursing Home Residents: A Cross-Sectional Study. <i>Journal of Geriatric Physical Therapy</i> , 2019 , 42, E148-E154	3.2	3
63	Does a Novice Technician Produce Results Similar to That of an Experienced DXA Technician When Assessing Body Composition and Bone Mineral Density?. <i>International Journal of Sport Nutrition and Exercise Metabolism</i> , 2019 , 29, 435-440	4.4	1
62	Dual energy X-ray absorptiometry positioning protocols in assessing body composition: A systematic review of the literature. <i>Journal of Science and Medicine in Sport</i> , 2018 , 21, 1038-1044	4.4	20
61	Physiological Profile of Male Competitive and Recreational Surfers. <i>Journal of Strength and Conditioning Research</i> , 2018 , 32, 372-378	3.2	11
60	Reliability and Precision of the Nana Protocol to Assess Body Composition Using Dual Energy X-Ray Absorptiometry. <i>International Journal of Sport Nutrition and Exercise Metabolism</i> , 2018 , 28, 19-25	4.4	4
59	High-intensity interval training versus moderate-intensity continuous training within cardiac rehabilitation: a systematic review and meta-analysis. <i>Open Access Journal of Sports Medicine</i> , 2018 , 9, 1-17	2.9	109
58	A Comparison of Aerobic Fitness Testing on a Swim Bench and Treadmill in a Recreational Surfing Cohort: A Pilot Study. <i>Sports</i> , 2018 , 6,	3	4

57	Cardiovascular risk profiles of world masters games participants. <i>Journal of Sports Medicine and Physical Fitness</i> , 2018 , 58, 489-496	1.4	8
56	Application of gradient boosted trees to gender prediction based on motivations of masters athletes. <i>Model Assisted Statistics and Applications</i> , 2018 , 13, 235-252	0.3	2
55	Australian cardiac rehabilitation exercise parameter characteristics and perceptions of high-intensity interval training: a cross-sectional survey. <i>Open Access Journal of Sports Medicine</i> , 2018 , 9, 79-89	2.9	5
54	Body Mass Index in Master Athletes: Review of the Literature. <i>Journal of Lifestyle Medicine</i> , 2018 , 8, 79-98	3	6
53	A Performance Analysis of a Stand-Up Paddle Board Marathon Race. <i>Journal of Strength and Conditioning Research</i> , 2017 , 31, 1552-1556	3.2	4
52	Cardiovascular Risk Profiles Of World Masters Games Participants. <i>Medicine and Science in Sports and Exercise</i> , 2017 , 49, 277	1.2	1
51	Anthropometric, physical function and general health markers of Masters athletes: a cross-sectional study. <i>PeerJ</i> , 2017 , 5, e3768	3.1	12
50	Hand Grip Strength and Gender: Allometric Normalization in Older Adults and Implications for the NIOSH Lifting Equation. <i>Journal of Lifestyle Medicine</i> , 2017 , 7, 63-68	1.3	9
49	Epidemiology of Injuries in Stand-Up Paddle Boarding. <i>Orthopaedic Journal of Sports Medicine</i> , 2017 , 5, 2325967117710759	3.5	10
48	Movement Demands and Perceived Wellness Associated With Preseason Training Camp in NCAA Division I College Football Players. <i>Journal of Strength and Conditioning Research</i> , 2017 , 31, 2704-2718	3.2	24
47	Physical Activity 2017 , 181-202		
46	Power Training In Older Adults With Type 2 Diabetes; Outcomes From The Great2do Study.. <i>Medicine and Science in Sports and Exercise</i> , 2017 , 49, 161	1.2	
45	Physical Activity 2017 , 203-221		
44	Physical Activity Promotion, Beliefs, and Barriers Among Australasian Oncology Nurses. <i>Oncology Nursing Forum</i> , 2017 , 44, 235-245	1.7	18
43	Effects of water-based exercise on bone health of middle-aged and older adults: a systematic review and meta-analysis. <i>Open Access Journal of Sports Medicine</i> , 2017 , 8, 39-60	2.9	27
42	Investigating the level of agreement of two positioning protocols when using dual energy X-ray absorptiometry in the assessment of body composition. <i>PeerJ</i> , 2017 , 5, e3880	3.1	1
41	Profiling the sport of stand-up paddle boarding. <i>Journal of Sports Sciences</i> , 2016 , 34, 937-44	3.6	18
40	Laboratory- and Field-Based Assessment of Maximal Aerobic Power of Elite Stand-Up Paddle-Board Athletes. <i>International Journal of Sports Physiology and Performance</i> , 2016 , 11, 28-32	3.5	10

39	The physiological, musculoskeletal and psychological effects of stand up paddle boarding. <i>BMC Sports Science, Medicine and Rehabilitation</i> , 2016 , 8, 32	2.4	11
38	The effect of cold water endurance swimming on core temperature in aspiring English Channel swimmers. <i>Extreme Physiology and Medicine</i> , 2016 , 5, 3		5
37	A Comparison of Classification Accuracy for Gender Using Neural Networks Multilayer Perceptron (MLP), Radial Basis Function (RBF) Procedures Compared to Discriminant Function Analysis and Logistic Regression Based on Nine Sports Psychological Constructs to Measure Motivations to Participate in Masters Sports Competing at the 2009 World Masters Games. <i>Advances in Intelligent Clinical methods to quantify trunk mobility in an elite male surfing population. Physical Therapy in Sport</i> , 2016 , 19, 28-35	0.4	2
36	Clinical methods to quantify trunk mobility in an elite male surfing population. <i>Physical Therapy in Sport</i> , 2016 , 19, 28-35	3	5
35	Feasibility and benefits of group-based exercise in residential aged care adults: a pilot study for the GrACE programme. <i>PeerJ</i> , 2016 , 4, e2018	3.1	27
34	Lifetime prevalence of non-melanoma and melanoma skin cancer in Australian recreational and competitive surfers. <i>Photodermatology Photoimmunology and Photomedicine</i> , 2016 , 32, 207-13	2.4	18
33	Clinical importance of assessing walking speed in older adults in general practice. <i>Australian Family Physician</i> , 2016 , 45, 250-1		2
32	Ear discomfort in a competitive surfer. <i>Australian Family Physician</i> , 2016 , 45, 644-6		3
31	The physiological, musculoskeletal and psychological effects of stand up paddle boarding. <i>Physiotherapy</i> , 2015 , 101, e1351-e1352	3	4
30	Acute injuries in recreational and competitive surfers: incidence, severity, location, type, and mechanism. <i>American Journal of Sports Medicine</i> , 2015 , 43, 1246-54	6.8	50
29	Assessment of shoulder active range of motion in prone versus supine: a reliability and concurrent validity study. <i>Physiotherapy Theory and Practice</i> , 2015 , 31, 489-95	1.5	17
28	Hypoxic training: Clinical benefits on cardiometabolic risk factors. <i>Journal of Science and Medicine in Sport</i> , 2015 , 18, 56-61	4.4	22
27	Graded Resistance Exercise And Type 2 Diabetes in Older adults (The GREAT2DO study): methods and baseline cohort characteristics of a randomized controlled trial. <i>Trials</i> , 2015 , 16, 512	2.8	8
26	Pumping iron in residential aged adults: Why isn't this more commonly available?. <i>Australasian Journal on Ageing</i> , 2015 , 34, 202	1.5	
25	Participant motivation: A comparison of male and female athletes competing at the 2009 World Masters Games 2015 ,		5
24	Current nutrition promotion, beliefs and barriers among cancer nurses in Australia and New Zealand. <i>PeerJ</i> , 2015 , 3, e1396	3.1	8
23	Reductions in C-reactive protein in older adults with type 2 diabetes are related to improvements in body composition following a randomized controlled trial of resistance training. <i>Journal of Cachexia, Sarcopenia and Muscle</i> , 2014 , 5, 111-20	10.3	51
22	Retrospective Analysis of Chronic Injuries in Recreational and Competitive Surfers: Injury Location, Type, and Mechanism. <i>International Journal of Aquatic Research and Education</i> , 2014 , 8, 277-287	1.1	24

21	Retrospective Analysis of Chronic Injuries in Recreational and Competitive Surfers: Injury Location, Type, and Mechanism. <i>International Journal of Aquatic Research and Education</i> , 2014 , 8,	1.1	3
20	Changes in insulin resistance and HbA1c are related to exercise-mediated changes in body composition in older adults with type 2 diabetes: interim outcomes from the GREAT2DO trial. <i>Diabetes Care</i> , 2013 , 36, 2372-9	14.6	73
19	Acute response to hydrotherapy after a simulated game of rugby. <i>Journal of Strength and Conditioning Research</i> , 2013 , 27, 2851-60	3.2	13
18	Evaluation of hydrotherapy, using passive tests and power tests, for recovery across a cyclic week of competitive rugby union. <i>Journal of Strength and Conditioning Research</i> , 2013 , 27, 954-65	3.2	18
17	Masters Athletes: No Evidence of Increased Incidence of Injury in Football Code Athletes. <i>Advances in Physical Education</i> , 2013 , 03, 36-42	0.5	2
16	Evaluation of passive recovery, cold water immersion, and contrast baths for recovery, as measured by game performances markers, between two simulated games of rugby union. <i>Journal of Strength and Conditioning Research</i> , 2012 ,	3.2	15
15	A randomized controlled trial of whole body vibration exposure on markers of bone turnover in postmenopausal women. <i>Journal of Osteoporosis</i> , 2011 , 2011, 710387	2.8	25
14	A random control trial of contrast baths and ice baths for recovery during competition in U/20 rugby union. <i>Journal of Strength and Conditioning Research</i> , 2011 , 25, 1046-51	3.2	30
13	METABOLIC DEMANDS OF "JUNKYARD" TRAINING. <i>Journal of Strength and Conditioning Research</i> , 2007 , 21, 853-856	3.2	
12	Metabolic demands of "junkyard" training: pushing and pulling a motor vehicle. <i>Journal of Strength and Conditioning Research</i> , 2007 , 21, 853-6	3.2	13
11	The Effects of Acute Heat Exposure on Muscular Strength, Muscular Endurance, and Muscular Power in the Euhydrated Athlete. <i>Journal of Strength and Conditioning Research</i> , 2002 , 16, 353-358	3.2	
10	Metabolic Fitness Index for Team Sports. <i>Strength and Conditioning Journal</i> , 2002 , 24, 35-37	2	4
9	Metabolic Fitness Index for Team Sports: MFITS. <i>Strength and Conditioning Journal</i> , 2002 , 24, 35	2	4
8	The effects of acute heat exposure on muscular strength, muscular endurance, and muscular power in the euhydrated athlete. <i>Journal of Strength and Conditioning Research</i> , 2002 , 16, 353-8	3.2	12
7	Cardiorespiratory responses to arm cranking and electrical stimulation leg cycling in people with paraplegia. <i>Medicine and Science in Sports and Exercise</i> , 1999 , 31, 822-8	1.2	52
6	Oxygen uptake and heart rate responses during arm vs combined arm/electrically stimulated leg exercise in people with paraplegia. <i>Spinal Cord</i> , 1997 , 35, 680-5	2.7	25
5	Effects of Neuromuscular Electrical Stimulation upon Performance and Fibre Type Composition of Paralysed Muscle. <i>Clinical Science</i> , 1994 , 87, 11-12		
4	The cardiovascular capacities of adults with Down syndrome. <i>Medicine and Science in Sports and Exercise</i> , 1992 , 24, 13??-19	1.2	35

3	The Effect of Six Weeks of Squat, Plyometric and Squat-Plyometric Training on Power Production. <i>Journal of Strength and Conditioning Research</i> , 1992 , 6, 36-41	3.2	19
2	The Effect of Six Weeks of Squat, Plyometric and Squat-Plyometric Training on Power Production. <i>Journal of Strength and Conditioning Research</i> , 1992 , 6, 36	3.2	16
1	Prevalence of hyperglycemia in masters athletes. <i>PeerJ</i> ,10, e13389	3.1	1