

Mike Climstein

List of Publications by Year in descending order

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Version: 2024-02-01

107
papers

1,602
citations

346980

22
h-index

388640

36
g-index

114
all docs

114
docs citations

114
times ranked

2135
citing authors

#	ARTICLE	IF	CITATIONS
1	Training Methods in the Sport of Surfing: A Scoping Review. <i>Strength and Conditioning Journal</i> , 2022, 44, 21-32.	0.7	4
2	Skin cancer and sun protective behaviours in water-based sports: A scoping review. <i>Photodermatology Photoimmunology and Photomedicine</i> , 2022, 38, 197-214.	0.7	4
3	Tactical Masters Athletes: BMI Index Classifications. <i>Sports</i> , 2022, 10, 22.	0.7	1
4	Point prevalence of non-melanoma and melanoma skin cancers in Australian surfers and swimmers in Southeast Queensland and Northern New South Wales. <i>PeerJ</i> , 2022, 10, e13243.	0.9	5
5	The Use of Medications and Dietary Supplements by Masters Athletes – a Review. <i>Current Nutrition Reports</i> , 2022, 11, 253-262.	2.1	6
6	Validity of the Polar Vantage M watch when measuring heart rate at different exercise intensities. <i>PeerJ</i> , 2021, 9, e10893.	0.9	10
7	The Effect of High-Intensity Power Training on Habitual, Intervention and Total Physical Activity Levels in Older Adults with Type 2 Diabetes: Secondary Outcomes of the GREAT2DO Randomized Controlled Trial. <i>Geriatrics (Switzerland)</i> , 2021, 6, 15.	0.6	2
8	Auditory exostosis in Australian warm water surfers: a cross-sectional study. <i>BMC Sports Science, Medicine and Rehabilitation</i> , 2021, 13, 52.	0.7	5
9	A novel method for the determination of exostosis severity in the external auditory canal. <i>Clinical Otolaryngology</i> , 2021, 46, 1247-1250.	0.6	1
10	Chronic and Gradual-Onset Injuries and Conditions in the Sport of Surfing: A Systematic Review. <i>Sports</i> , 2021, 9, 23.	0.7	5
11	Effect of personal activity intelligence (PAI) monitoring in the maintenance phase of cardiac rehabilitation: a mixed methods evaluation. <i>BMC Sports Science, Medicine and Rehabilitation</i> , 2021, 13, 124.	0.7	9
12	Traumatic surfing injuries in New Zealand: a descriptive epidemiology study. <i>PeerJ</i> , 2021, 9, e12334.	0.9	4
13	Fluid Loss in Recreational Surfers. <i>International Journal of Exercise Science</i> , 2021, 14, 423-434.	0.5	0
14	Effect of Stand-Up Paddle Boarding on Hydration Status in Recreational and Competitive Individuals. <i>International Journal of Exercise Science</i> , 2021, 14, 756-767.	0.5	0
15	Wearable technology to inform the prediction and diagnosis of cardiorespiratory events: a scoping review. <i>PeerJ</i> , 2021, 9, e12598.	0.9	2
16	Australian surfers' awareness of surfer's ear. <i>BMJ Open Sport and Exercise Medicine</i> , 2020, 6, e000641.	0.4	7
17	Reliability of the Polar Vantage M Sports Watch when Measuring Heart Rate at Different Treadmill Exercise Intensities. <i>Sports</i> , 2020, 8, 117.	0.7	9
18	Isokinetic Dynamometry as a Tool to Predict Shoulder Injury in an Overhead Athlete Population: A Systematic Review. <i>Sports</i> , 2020, 8, 124.	0.7	11

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19	Gradual-onset surfing-related injuries in New Zealand: A cross-sectional study. <i>Journal of Science and Medicine in Sport</i> , 2020, 23, 1049-1054.	0.6	7
20	The Prevalence and Severity of External Auditory Exostosis in Young to Quadragenarian-Aged Warm-Water Surfers: A Preliminary Study. <i>Sports</i> , 2020, 8, 17.	0.7	8
21	Epidemiology of Acute Injuries in Surfing: Type, Location, Mechanism, Severity, and Incidence: A Systematic Review. <i>Sports</i> , 2020, 8, 25.	0.7	24
22	Smart Shirts for Monitoring Physiological Parameters: Scoping Review. <i>JMIR MHealth and UHealth</i> , 2020, 8, e18092.	1.8	29
23	Investigation of Fasting Plasma Glucose in Masters Athletes. <i>International Journal of Sport Exercise and Health Research</i> , 2020, 4, 65-68.	0.0	2
24	Six-year Effects Of Power Training On Physical Activity In Older Adults With Type 2 Diabetes. <i>Medicine and Science in Sports and Exercise</i> , 2020, 52, 526-526.	0.2	0
25	Impact of wearable physical activity monitoring devices with exercise prescription or advice in the maintenance phase of cardiac rehabilitation: systematic review and meta-analysis. <i>BMC Sports Science, Medicine and Rehabilitation</i> , 2019, 11, 14.	0.7	58
26	<p>Bone health of middle-aged and older surfers</p>. <i>Open Access Journal of Sports Medicine</i> , 2019, Volume 10, 123-132.	0.6	1
27	Regularized linear and gradient boosted ensemble methods to predict athletesâ€™ gender based on a survey of masters athletes. <i>Model Assisted Statistics and Applications</i> , 2019, 14, 47-64.	0.2	3
28	Lifetime prevalence of exostoses in New Zealand surfers. <i>Journal of Primary Health Care</i> , 2019, 11, 47.	0.2	12
29	A Comparison of Two Commercial Swim Bench Ergometers in Determining Maximal Aerobic Power and Correlation to a Paddle Test in a Recreational Surfing Cohort. <i>Sports</i> , 2019, 7, 234.	0.7	3
30	Gait Speed Characteristics and Their Spatiotemporal Determinants in Nursing Home Residents: A Cross-Sectional Study. <i>Journal of Geriatric Physical Therapy</i> , 2019, 42, E148-E154.	0.6	7
31	Does a Novice Technician Produce Results Similar to That of an Experienced DXA Technician When Assessing Body Composition and Bone Mineral Density?. <i>International Journal of Sport Nutrition and Exercise Metabolism</i> , 2019, 29, 1-6.	1.0	1
32	Cardiovascular and Psychophysical Response to Repetitive Lifting Tasks in Women. <i>Journal of Lifestyle Medicine</i> , 2019, 9, 125-131.	0.3	1
33	Exploring the feasibility, sustainability and the benefits of the GrACE + GAIT exercise programme in the residential aged care setting. <i>PeerJ</i> , 2019, 7, e6973.	0.9	7
34	Comparison of Forward and Reverse Wingate Anaerobic Tests: A Brief Technical Note. <i>Journal of Lifestyle Medicine</i> , 2019, 9, 132-136.	0.3	0
35	Dual energy X-ray absorptiometry positioning protocols in assessing body composition: A systematic review of the literature. <i>Journal of Science and Medicine in Sport</i> , 2018, 21, 1038-1044.	0.6	23
36	Physiological Profile of Male Competitive and Recreational Surfers. <i>Journal of Strength and Conditioning Research</i> , 2018, 32, 372-378.	1.0	16

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37	Reliability and Precision of the Nana Protocol to Assess Body Composition Using Dual Energy X-Ray Absorptiometry. <i>International Journal of Sport Nutrition and Exercise Metabolism</i> , 2018, 28, 19-25.	1.0	6
38	Body Mass Index in Master Athletes: Review of the Literature. <i>Journal of Lifestyle Medicine</i> , 2018, 8, 79-98.	0.3	9
39	High-intensity interval training versus moderate-intensity continuous training within cardiac rehabilitation: a systematic review and meta-analysis. <i>Open Access Journal of Sports Medicine</i> , 2018, Volume 9, 1-17.	0.6	182
40	A Comparison of Aerobic Fitness Testing on a Swim Bench and Treadmill in a Recreational Surfing Cohort: A Pilot Study. <i>Sports</i> , 2018, 6, 54.	0.7	4
41	Cardiovascular risk profiles of world masters games participants. <i>Journal of Sports Medicine and Physical Fitness</i> , 2018, 58, 489-496.	0.4	12
42	Application of gradient boosted trees to gender prediction based on motivations of masters athletes. <i>Model Assisted Statistics and Applications</i> , 2018, 13, 235-252.	0.2	3
43	Australian cardiac rehabilitation exercise parameter characteristics and perceptions of high-intensity interval training: a cross-sectional survey. <i>Open Access Journal of Sports Medicine</i> , 2018, Volume 9, 79-89.	0.6	7
44	A Profile of Sydney World Masters Games Athletes: Health, Injury and Psychological Indices. <i>Central European Journal of Sport Sciences and Medicine</i> , 2018, 23, 37-52.	0.1	1
45	A Performance Analysis of a Stand-Up Paddle Board Marathon Race. <i>Journal of Strength and Conditioning Research</i> , 2017, 31, 1552-1556.	1.0	7
46	Cardiovascular Risk Profiles Of World Masters Games Participants. <i>Medicine and Science in Sports and Exercise</i> , 2017, 49, 277.	0.2	1
47	Epidemiology of Injuries in Stand-Up Paddle Boarding. <i>Orthopaedic Journal of Sports Medicine</i> , 2017, 5, 232596711771075.	0.8	14
48	Movement Demands and Perceived Wellness Associated With Preseason Training Camp in NCAA Division I College Football Players. <i>Journal of Strength and Conditioning Research</i> , 2017, 31, 2704-2718.	1.0	29
49	Power Training In Older Adults With Type 2 Diabetes; Outcomes From The Great2do Study.. <i>Medicine and Science in Sports and Exercise</i> , 2017, 49, 161.	0.2	0
50	Physical Activity Promotion, Beliefs, and Barriers Among Australasian Oncology Nurses. , 2017, 44, 235-245.		23
51	Effects of water-based exercise on bone health of middle-aged and older adults: a systematic review and meta-analysis. <i>Open Access Journal of Sports Medicine</i> , 2017, Volume 8, 39-60.	0.6	43
52	Anthropometric, physical function and general health markers of Masters athletes: a cross-sectional study. <i>PeerJ</i> , 2017, 5, e3768.	0.9	17
53	Hand Grip Strength and Gender: Allometric Normalization in Older Adults and Implications for the NIOSH Lifting Equation. <i>Journal of Lifestyle Medicine</i> , 2017, 7, 63-68.	0.3	16
54	Investigating the level of agreement of two positioning protocols when using dual energy X-ray absorptiometry in the assessment of body composition. <i>PeerJ</i> , 2017, 5, e3880.	0.9	2

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55	Lifetime prevalence of non-melanoma and melanoma skin cancer in Australian recreational and competitive surfers. <i>Photodermatology Photoimmunology and Photomedicine</i> , 2016, 32, 207-213.	0.7	22
56	Laboratory- and Field-Based Assessment of Maximal Aerobic Power of Elite Stand-Up Paddle-Board Athletes. <i>International Journal of Sports Physiology and Performance</i> , 2016, 11, 28-32.	1.1	17
57	The physiological, musculoskeletal and psychological effects of stand up paddle boarding. <i>BMC Sports Science, Medicine and Rehabilitation</i> , 2016, 8, 32.	0.7	15
58	The effect of cold water endurance swimming on core temperature in aspiring English Channel swimmers. <i>Extreme Physiology and Medicine</i> , 2016, 5, 3.	2.5	10
59	A Comparison of Classification Accuracy for Gender Using Neural Networks Multilayer Perceptron (MLP), Radial Basis Function (RBF) Procedures Compared to Discriminant Function Analysis and Logistic Regression Based on Nine Sports Psychological Constructs to Measure Motivations to Participate in Masters Sports Competing at the 2009 World Masters Games. <i>Advances in Intelligent Systems and Computing</i> , 2016, , 93-101.	0.5	4
60	Clinical methods to quantify trunk mobility in an elite male surfing population. <i>Physical Therapy in Sport</i> , 2016, 19, 28-35.	0.8	8
61	Profiling the sport of stand-up paddle boarding. <i>Journal of Sports Sciences</i> , 2016, 34, 937-944.	1.0	31
62	Feasibility and benefits of group-based exercise in residential aged care adults: a pilot study for the GrACE programme. <i>PeerJ</i> , 2016, 4, e2018.	0.9	34
63	The Reliability of the Prowler in High School Male Football Players. <i>Journal of Sports Science</i> , 2016, 4, .	0.1	3
64	Clinical importance of assessing walking speed in older adults in general practice. <i>Australian Family Physician</i> , 2016, 45, 250-1.	0.5	2
65	Ear discomfort in a competitive surfer. <i>Australian Family Physician</i> , 2016, 45, 644-6.	0.5	3
66	Graded Resistance Exercise And Type 2 Diabetes in Older adults (The GREAT2DO study): methods and baseline cohort characteristics of a randomized controlled trial. <i>Trials</i> , 2015, 16, 512.	0.7	12
67	Pumping iron in residential aged adults: Why isn't this more commonly available?. <i>Australasian Journal on Ageing</i> , 2015, 34, 202-202.	0.4	0
68	The physiological, musculoskeletal and psychological effects of stand up paddle boarding. <i>Physiotherapy</i> , 2015, 101, e1351-e1352.	0.2	4
69	Acute Injuries in Recreational and Competitive Surfers. <i>American Journal of Sports Medicine</i> , 2015, 43, 1246-1254.	1.9	70
70	Assessment of shoulder active range of motion in prone versus supine: a reliability and concurrent validity study. <i>Physiotherapy Theory and Practice</i> , 2015, 31, 489-495.	0.6	24
71	Hypoxic training: Clinical benefits on cardiometabolic risk factors. <i>Journal of Science and Medicine in Sport</i> , 2015, 18, 56-61.	0.6	36
72	Effects of Long-Term Surfing on Bone Health in Mature-Aged Males. <i>International Journal of Aquatic Research and Education</i> , 2015, 9, 24-37.	0.1	3

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73	Participant motivation: A comparison of male and female athletes competing at the 2009 World Masters Games. , 2015, , .		6
74	Current nutrition promotion, beliefs and barriers among cancer nurses in Australia and New Zealand. PeerJ, 2015, 3, e1396.	0.9	13
75	Effects of Long-Term Surfing on Bone Health in Mature-Aged Males. International Journal of Aquatic Research and Education, 2015, 9, .	0.1	0
76	Reductions in C-reactive protein in older adults with type 2 diabetes are related to improvements in body composition following a randomized controlled trial of resistance training. Journal of Cachexia, Sarcopenia and Muscle, 2014, 5, 111-120.	2.9	66
77	Retrospective Analysis of Chronic Injuries in Recreational and Competitive Surfers: Injury Location, Type, and Mechanism. International Journal of Aquatic Research and Education, 2014, 8, 277-287.	0.1	29
78	Retrospective Analysis of Chronic Injuries in Recreational and Competitive Surfers: Injury Location, Type, and Mechanism. International Journal of Aquatic Research and Education, 2014, 8, .	0.1	3
79	Changes in Insulin Resistance and HbA1c Are Related to Exercise-Mediated Changes in Body Composition in Older Adults With Type 2 Diabetes. Diabetes Care, 2013, 36, 2372-2379.	4.3	88
80	Acute Response to Hydrotherapy After a Simulated Game of Rugby. Journal of Strength and Conditioning Research, 2013, 27, 2851-2860.	1.0	16
81	Evaluation of Hydrotherapy, Using Passive Tests and Power Tests, for Recovery Across a Cyclic Week of Competitive Rugby Union. Journal of Strength and Conditioning Research, 2013, 27, 954-965.	1.0	30
82	Masters Athletes: No Evidence of Increased Incidence of Injury in Football Code Athletes. Advances in Physical Education, 2013, 03, 36-42.	0.2	4
83	Evaluation of passive recovery, cold water immersion, and contrast baths for recovery, as measured by game performances markers, between two simulated games of rugby union.. Journal of Strength and Conditioning Research, 2012, Publish Ahead of Print, .	1.0	18
84	A Randomized Controlled Trial of Whole Body Vibration Exposure on Markers of Bone Turnover in Postmenopausal Women. Journal of Osteoporosis, 2011, 2011, 1-10.	0.1	31
85	World Masters Games: North American Participant Medical and Health History Survey. Medicine and Science in Sports and Exercise, 2011, 43, 545.	0.2	1
86	Motivations to Participate in Sport at the Sydney 2009 World Masters Games. Medicine and Science in Sports and Exercise, 2011, 43, 940.	0.2	2
87	A Random Control Trial of Contrast Baths and Ice Baths for Recovery during Competition in U/20 Rugby Union. Journal of Strength and Conditioning Research, 2011, 25, 1046-1051.	1.0	38
88	METABOLIC DEMANDS OF "JUNKYARD" TRAINING. Journal of Strength and Conditioning Research, 2007, 21, 853-856.	1.0	0
89	Metabolic Demands of "Junkyard" Training: Pushing and Pulling a Motor Vehicle. Journal of Strength and Conditioning Research, 2007, 21, 853.	1.0	14
90	The Effects of Acute Heat Exposure on Muscular Strength, Muscular Endurance, and Muscular Power in the Euhydrated Athlete. Journal of Strength and Conditioning Research, 2002, 16, 353-358.	1.0	0

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91	Metabolic Fitness Index for Team Sports. Strength and Conditioning Journal, 2002, 24, 35-37.	0.7	4
92	The Effects of Acute Heat Exposure on Muscular Strength, Muscular Endurance, and Muscular Power in the Euhydrated Athlete. Journal of Strength and Conditioning Research, 2002, 16, 353-8.	1.0	8
93	Metabolic Fitness Index for Team Sports: MFITS. Strength and Conditioning Journal, 2002, 24, 35.	0.7	4
94	The effects of acute heat exposure on muscular strength, muscular endurance, and muscular power in the euhydrated athlete. Journal of Strength and Conditioning Research, 2002, 16, 353-8.	1.0	15
95	COMMUNITY BASED PHASE III CARDIAC REHABILITATION. Medicine and Science in Sports and Exercise, 2001, 33, S63.	0.2	0
96	Cardiorespiratory responses to arm cranking and electrical stimulation leg cycling in people with paraplegia. Medicine and Science in Sports and Exercise, 1999, 31, 822-828.	0.2	62
97	AN AUSTRALIAN PHASE III CARDIAC REHABILITATION PROGRAM: EFFECTIVENESS IN A COMMUNITY CLUB. Medicine and Science in Sports and Exercise, 1998, 30, 79.	0.2	0
98	Oxygen uptake and heart rate responses during arm vs combined arm/electrically stimulated leg exercise in people with paraplegia. Spinal Cord, 1997, 35, 680-685.	0.9	29
99	The Cardiovascular Responses to Combined Arm + Leg Exercise in Paraplegics. Medicine and Science in Sports and Exercise, 1995, 27, S83.	0.2	0
100	Effects of Neuromuscular Electrical Stimulation upon Performance and Fibre Type Composition of Paralysed Muscle. Clinical Science, 1994, 87, 11-12.	0.0	1
101	481 DOPPLER ECHOCARDIOGRAPHY TIME VELOCITY INTEGRAL EVALUATION OF AUSTRALIA'S NATIONAL TRIATHLETES. Medicine and Science in Sports and Exercise, 1993, 25, S85.	0.2	0
102	The cardiovascular capacities of adults with Down syndrome. Medicine and Science in Sports and Exercise, 1992, 24, 137-19.	0.2	44
103	The Effect of Six Weeks of Squat, Plyometric and Squat-Plyometric Training on Power Production. Journal of Strength and Conditioning Research, 1992, 6, 36-41.	1.0	27
104	The Effect of Six Weeks of Squat, Plyometric and Squat-Plyometric Training on Power Production. Journal of Strength and Conditioning Research, 1992, 6, 36.	1.0	80
105	VO2 MAX OF SCUBA DIVERS DURING UNDERWATER FINNING. Medicine and Science in Sports and Exercise, 1989, 21, S73.	0.2	0
106	VO2 MAX OF SCUBA DIVERS DURING UNDERWATER FINNING. Medicine and Science in Sports and Exercise, 1980, 21, S73.	0.2	0
107	Prevalence of hyperglycemia in masters athletes. PeerJ, 0, 10, e13389.	0.9	3