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List of Publications by Year in descending order

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#	Article	IF	CITATIONS
1	Anthropometrics Impact Army Combat Fitness Test Performance in Reserve Officer Training Corps Cadets. Military Medicine, 2024, 189, 661-667.	0.8	2
2	Whey Protein Supplementation Effects on Body Composition, Performance, and Blood Biomarkers During Army Initial Entry Training. Frontiers in Nutrition, 2022, 9, 807928.	3.7	3
3	Exertional Heat Stroke Knowledge and Management among Emergency Medical Service Providers. International Journal of Environmental Research and Public Health, 2021, 18, 5016.	2.6	6
4	Core and Whole Body Vibration Exercise Influences Muscle Sensitivity and Posture during a Military Foot March. International Journal of Environmental Research and Public Health, 2021, 18, 4966.	2.6	3
5	Core and Whole-Body Vibration Exercise Improve Military Foot March Performance in Novice Trainees: A Randomized Controlled Trial. Military Medicine, 2021, , .	0.8	0
6	Functional Performance of Firefighters After Exposure to Environmental Conditions and Exercise. Journal of Athletic Training, 2020, 55, 71-79.	1.8	7
7	Musculoskeletal Injury in Reserve Officers' Training Corps: A Report From the Athletic Training Practice-Based Research Network. Orthopaedic Journal of Sports Medicine, 2020, 8, 232596712094895.	1.7	2
8	Markers of Bone Health and Impact of Whey Protein Supplementation in Army Initial Entry Training Soldiers: A Double-Blind Placebo-Controlled Study. Nutrients, 2020, 12, 2225.	4.1	6
9	A Research Agenda for the Massage Therapy Profession: a Report from the Massage Therapy Foundation. International Journal of Therapeutic Massage & Bodywork, 2020, 13, 42-46.	0.2	0
10	Evaluation of Dietary Intake < Training Volume During Army Initial Entry Training. Medicine and Science in Sports and Exercise, 2018, 50, 615.	0.4	0
11	Impact of Protein and Carbohydrate Supplementation on Musculoskeletal Injuries in Army Initial Entry Training Soldiers. Nutrients, 2018, 10, 1938.	4.1	6
12	Estimation of energy balance and training volume during Army Initial Entry Training. Journal of the International Society of Sports Nutrition, 2018, 15, 55.	3.9	22
13	Local Pressure Application Effects on Neurological and Circulatory Function. Aerospace Medicine and Human Performance, 2018, 89, 693-699.	0.4	0
14	Effect of Whey Protein Supplementation on Physical Performance and Body Composition in Army Initial Entry Training Soldiers. Nutrients, 2018, 10, 1248.	4.1	17
15	Neck Kinematics and Electromyography While Wearing Head Supported Mass During Running. Aerospace Medicine and Human Performance, 2018, 89, 9-13.	0.4	3
16	The Effect of Military Load Carriage on Postural Sway, Forward Trunk Lean, and Pelvic Girdle Motion. International Journal of Exercise Science, 2017, 10, 25-36.	0.5	5
17	Local Pressure Application Effects on Discomfort, Temperature, and Limb Oxygenation. Aerospace Medicine and Human Performance, 2016, 87, 697-703.	0.4	3
18	Introduction to the Tactical Athlete Special Issue. Journal of Athletic Training, 2016, 51, 845-845.	1.8	12

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19	Vehicle Exposure and Spinal Musculature Fatigue in Military Warfighters: A Meta-Analysis. Journal of Athletic Training, 2016, 51, 981-990.	1.8	9
20	Prediction of Injuries and Injury Types in Army Basic Training, Infantry, Armor, and Cavalry Trainees Using a Common Fitness Screen. Journal of Athletic Training, 2016, 51, 849-857.	1.8	25
21	Evaluation of 2 Heat-Mitigation Methods in Army Trainees. Journal of Athletic Training, 2016, 51, 936-945.	1.8	10
22	A Meta-Analysis to Determine if Lower Extremity Muscle Strengthening Should Be Included in Military Knee Overuse Injury-Prevention Programs. Journal of Athletic Training, 2016, 51, 919-926.	1.8	22
23	Tissue Changes During Operational Load Bearing in UH-60 Aircrew Using Magnetic Resonance Imaging. Aerospace Medicine and Human Performance, 2015, 86, 815-818.	0.4	0
24	Prolonged Restricted Sitting Effects in UH-60 Helicopters. Aviation, Space, and Environmental Medicine, 2015, 86, 34-40.	0.5	2
25	A single bout of wholeâ€leg, peristaltic pulse external pneumatic compression upregulates <i>PGCâ€lα</i> mRNA and endothelial nitric oxide sythase protein in human skeletal muscle tissue. Experimental Physiology, 2015, 100, 852-864.	2.0	21
26	Effects of vehicle-ride exposure on cervical pathology: a meta-analysis. Industrial Health, 2015, 53, 197-205.	1.0	9
27	Whole-Body Vibration and Blood Flow and Muscle Oxygenation: A Meta-Analysis. Journal of Athletic Training, 2015, 50, 542-549.	1.8	65
28	Acute physiological effects of whole body vibration (WBV) on central hemodynamics, muscle oxygenation and oxygen consumption in individuals with chronic spinal cord injury. Disability and Rehabilitation, 2014, 36, 136-145.	1.8	22
29	Six Weeks of Massage Therapy Produces Changes in Balance, Neurological and Cardiovascular Measures in Older Persons. International Journal of Therapeutic Massage & Bodywork, 2012, 5, 28-40.	0.2	4
30	Massage Therapy Produces Short-term Improvements in Balance, Neurological, and Cardiovascular Measures in Older Persons. International Journal of Therapeutic Massage & Bodywork, 2012, 5, 16-27.	0.2	10
31	Effects of stance width on performance and postural stability in national-standard pistol shooters. Journal of Sports Sciences, 2011, 29, 1381-1387.	2.0	26
32	Six Weeks of Balance Training Improves Sensorimotor Function in Individuals With Chronic Ankle Instability. Journal of Orthopaedic and Sports Physical Therapy, 2011, 41, 81-89.	3.5	87
33	Developing, Maintaining, and Using a Body of Knowledge for the Massage Therapy Profession. International Journal of Therapeutic Massage & Bodywork, 2011, 4, 1-12.	0.2	2
34	The Effect of Weekly Therapeutic Massage on Soleus Motor Neuron Pool Excitability in Older Individuals. Medicine and Science in Sports and Exercise, 2011, 43, 928.	0.4	0
35	Physiological and clinical changes after therapeutic massage of the neck and shoulders. Manual Therapy, 2011, 16, 487-494.	1.6	34
36	Therapeutic Massage Effects on Skin and Muscle Blood Flow. Medicine and Science in Sports and Exercise, 2010, 42, 244.	0.4	0

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37	Therapeutic Massage of the Neck and Shoulders Produces Changes in Peripheral Blood Flow When Assessed with Dynamic Infrared Thermography. Journal of Alternative and Complementary Medicine, 2010, 16, 723-732.	2.1	63
38	Mechanical Joint Laxity Associated With Chronic Ankle Instability. Sports Health, 2010, 2, 452-459.	2.7	32
39	Cryotherapy and ankle bracing effects on peroneus longus response during sudden inversion. Journal of Electromyography and Kinesiology, 2010, 20, 348-353.	1.7	17
40	Sensorimotor function as a predictor of chronic ankle instability. Clinical Biomechanics, 2009, 24, 451-458.	1.2	94
41	Segmental Spinal Reflex Adaptations Associated With Chronic Ankle Instability. Archives of Physical Medicine and Rehabilitation, 2008, 89, 1991-1995.	0.9	43
42	Effect Of Ankle Support And Inversion Perturbation On The Peroneus Longus Hoffmann Reflex. Medicine and Science in Sports and Exercise, 2005, 37, S397-S398.	0.4	0