

# Charikleia K Deli

## List of Publications by Year in descending order

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Version: 2024-02-01

55  
papers

840  
citations

430442

18  
h-index

610482

24  
g-index

57  
all docs

57  
docs citations

57  
times ranked

1243  
citing authors

#	ARTICLE	IF	CITATIONS
1	Hybrid type, multicomponent interval training upregulates musculoskeletal fitness of adults with overweight and obesity in a volume-dependent manner: A 1-year dose-response randomised controlled trial. <i>European Journal of Sport Science</i> , 2023, 23, 432-443.	1.4	12
2	Muscle metabolism and impaired sprint performance in an elite women's football game. <i>Scandinavian Journal of Medicine and Science in Sports</i> , 2022, 32, 27-38.	1.3	20
3	Hybrid neuromuscular training promotes musculoskeletal adaptations in inactive overweight and obese women: A training-detaining randomized controlled trial. <i>Journal of Sports Sciences</i> , 2021, 39, 503-512.	1.0	12
4	HPA axis responses to acute exercise differ in smokers and non-smokers. <i>Physiology and Behavior</i> , 2021, 229, 113258.	1.0	2
5	Effect of whey vs. soy protein supplementation on recovery kinetics following speed endurance training in competitive male soccer players: a randomized controlled trial. <i>Journal of the International Society of Sports Nutrition</i> , 2021, 18, 23.	1.7	15
6	Effects of Cardiovascular, Resistance and Combined Exercise Training on Cardiovascular, Performance and Blood Redox Parameters in Coronary Artery Disease Patients: An 8-Month Training-Detraining Randomized Intervention. <i>Antioxidants</i> , 2021, 10, 409.	2.2	10
7	Recovery Kinetics Following Small-Sided Games in Competitive Soccer Players: Does Player Density Size Matter?. <i>International Journal of Sports Physiology and Performance</i> , 2021, 16, 1270-1280.	1.1	4
8	Hybrid Neuromuscular Training Improves Cardiometabolic Health and Alters Redox Status in Inactive Overweight and Obese Women: A Randomized Controlled Trial. <i>Antioxidants</i> , 2021, 10, 1601.	2.2	11
9	Low-Grade Systemic Inflammation Interferes with Anabolic and Catabolic Characteristics of the Aged Human Skeletal Muscle. <i>Oxidative Medicine and Cellular Longevity</i> , 2021, 2021, 1-14.	1.9	7
10	In-Season Integrative Neuromuscular Strength Training Improves Performance of Early-Adolescent Soccer Athletes. <i>Journal of Strength and Conditioning Research</i> , 2020, 34, 516-526.	1.0	25
11	High-intensity interval neuromuscular training promotes exercise behavioral regulation, adherence and weight loss in inactive obese women. <i>European Journal of Sport Science</i> , 2020, 20, 783-792.	1.4	23
12	Exercise-Induced Regulation of Redox Status in Cardiovascular Diseases: The Role of Exercise Training and Detraining. <i>Antioxidants</i> , 2020, 9, 13.	2.2	34
13	Redox-dependent regulation of satellite cells following aseptic muscle trauma: Implications for sports performance and nutrition. <i>Free Radical Biology and Medicine</i> , 2020, 161, 125-138.	1.3	7
14	POST BREAKFAST RESISTANCE EXERCISE AND REDOX STATUS RESPONSES IN PATIENTS WITH BETA THALASSEMIA MAJOR EXHIBITING INSULIN RESISTANCE. <i>Medicine and Science in Sports and Exercise</i> , 2020, 52, 594-595.	0.2	0
15	The Effects of Postprandial Resistance Exercise on Blood Glucose and Lipids in Prediabetic, Beta-Thalassemia Major Patients. <i>Sports</i> , 2020, 8, 57.	0.7	3
16	Recovery Kinetics After Speed-Endurance Training in Male Soccer Players. <i>International Journal of Sports Physiology and Performance</i> , 2020, 15, 395-408.	1.1	8
17	The redox-dependent regulation of satellite cells following aseptic muscle trauma (SpEED): study protocol for a randomized controlled trial. <i>Trials</i> , 2019, 20, 469.	0.7	2
18	Dose-response effects of high-intensity interval neuromuscular exercise training on weight loss, performance, health and quality of life in inactive obese adults: Study rationale, design and methods of the DoIT trial. <i>Contemporary Clinical Trials Communications</i> , 2019, 15, 100386.	0.5	17

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19	Exercise in Glucose-6-Phosphate Dehydrogenase Deficiency: Harmful or Harmless? A Narrative Review. <i>Oxidative Medicine and Cellular Longevity</i> , 2019, 2019, 1-7.	1.9	13
20	Sport nutrition, redox homeostasis and toxicity in sport performance. <i>Current Opinion in Toxicology</i> , 2019, 13, 45-67.	2.6	2
21	The Yo-Yo Intermittent Endurance Level 2 Test: Reliability of Performance Scores, Physiological Responses and Overload Characteristics in Competitive Soccer, Basketball and Volleyball Players. <i>Journal of Human Kinetics</i> , 2019, 67, 223-233.	0.7	9
22	Glycemic Index, Food Exchange Values, and Exercise Performance. , 2019, , 11-29.		0
23	Protein-Based Supplementation to Enhance Recovery in Team Sports: What is the Evidence?. <i>Journal of Sports Science and Medicine</i> , 2019, 18, 523-536.	0.7	15
24	The effect of pre-exercise ingestion of corinthian currant on endurance performance and blood redox status. <i>Journal of Sports Sciences</i> , 2018, 36, 2172-2180.	1.0	6
25	The Trainability of Adolescent Soccer Players to Brief Periodized Complex Training. <i>International Journal of Sports Physiology and Performance</i> , 2018, 13, 645-655.	1.1	21
26	Enhanced erythrocyte antioxidant status following an 8-week aerobic exercise training program in heavy drinkers. <i>Alcohol</i> , 2018, 69, 57-62.	0.8	5
27	Exercise and Redox Status Responses Following Alpha-Lipoic Acid Supplementation in G6PD Deficient Individuals. <i>Antioxidants</i> , 2018, 7, 162.	2.2	6
28	Exercise-Induced Reductive Stress Is a Protective Mechanism against Oxidative Stress in Peripheral Blood Mononuclear Cells. <i>Oxidative Medicine and Cellular Longevity</i> , 2018, 2018, 1-9.	1.9	21
29	Longitudinal determinants of 12-month changes on bone health in adolescent male athletes. <i>Archives of Osteoporosis</i> , 2018, 13, 106.	1.0	15
30	Post-Game High Protein Intake May Improve Recovery of Football-Specific Performance during a Congested Game Fixture: Results from the PRO-FOOTBALL Study. <i>Nutrients</i> , 2018, 10, 494.	1.7	26
31	Disparate Habitual Physical Activity and Dietary Intake Profiles of Elderly Men with Low and Elevated Systemic Inflammation. <i>Nutrients</i> , 2018, 10, 566.	1.7	17
32	Resistance-Trained Individuals Are Less Susceptible to Oxidative Damage after Eccentric Exercise. <i>Oxidative Medicine and Cellular Longevity</i> , 2018, 2018, 1-11.	1.9	15
33	High intensity, circuit-type integrated neuromuscular training alters energy balance and reduces body mass and fat in obese women: A 10-month training-detraining randomized controlled trial. <i>PLoS ONE</i> , 2018, 13, e0202390.	1.1	43
34	The Effects of Acute Low-Volume HIIT and Aerobic Exercise on Leukocyte Count and Redox Status. <i>Journal of Sports Science and Medicine</i> , 2018, 17, 501-508.	0.7	28
35	A Comparison of Exercise-Induced Muscle Damage Following Maximal Eccentric Contractions in Men and Boys. <i>Pediatric Exercise Science</i> , 2017, 29, 316-325.	0.5	23
36	Protein ingestion preserves proteasome activity during intense aseptic inflammation and facilitates skeletal muscle recovery in humans. <i>British Journal of Nutrition</i> , 2017, 118, 189-200.	1.2	29

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37	Effect of pomegranate juice consumption on biochemical parameters and complete blood count. <i>Experimental and Therapeutic Medicine</i> , 2017, 14, 1756-1762.	0.8	31
38	Exercise-Induced Oxidative Stress Responses in the Pediatric Population. <i>Antioxidants</i> , 2017, 6, 6.	2.2	25
39	Iron Supplementation Effects on Redox Status following Aseptic Skeletal Muscle Trauma in Adults and Children. <i>Oxidative Medicine and Cellular Longevity</i> , 2017, 2017, 1-13.	1.9	10
40	Chronic Eccentric Exercise and Antioxidant Supplementation: Effects on Lipid Profile and Insulin Sensitivity. <i>Journal of Sports Science and Medicine</i> , 2017, 16, 375-382.	0.7	7
41	The Effects Of Pre-exercise Corinthian Currants Supplementation On Antioxidant Responses. <i>Medicine and Science in Sports and Exercise</i> , 2016, 48, 248.	0.2	0
42	Effects of acute exercise on liver function and blood redox status in heavy drinkers. <i>Experimental and Therapeutic Medicine</i> , 2015, 10, 2015-2022.	0.8	30
43	Time Course Of Changes Of Lipids, Lipoproteins And Apolipoproteins Following Vitamin Supplementation And Eccentric Training. <i>Medicine and Science in Sports and Exercise</i> , 2015, 47, 486-487.	0.2	0
44	Assessment of Eccentric Exercise-Induced Oxidative Stress Using Oxidation-Reduction Potential Markers. <i>Oxidative Medicine and Cellular Longevity</i> , 2015, 2015, 1-10.	1.9	35
45	Recovery Kinetics of Knee Flexor and Extensor Strength after a Football Match. <i>PLoS ONE</i> , 2015, 10, e0128072.	1.1	38
46	Age-Related Responses in Circulating Markers of Redox Status in Healthy Adolescents and Adults during the Course of a Training Macrocycle. <i>Oxidative Medicine and Cellular Longevity</i> , 2015, 2015, 1-17.	1.9	21
47	Iron status markers are only transiently affected by a football game. <i>Journal of Sports Sciences</i> , 2015, 33, 2088-2099.	1.0	20
48	Glycemic Response of a Carbohydrate-Protein Bar with Ewe-Goat Whey. <i>Nutrients</i> , 2014, 6, 2240-2250.	1.7	8
49	Muscle wasting in rheumatoid arthritis: The role of oxidative stress. <i>World Journal of Rheumatology</i> , 2014, 4, 44.	0.5	5
50	No adverse effects of statins on muscle function and health-related parameters in the elderly: An exercise study. <i>Scandinavian Journal of Medicine and Science in Sports</i> , 2013, 23, 556-567.	1.3	26
51	Glycemic Index, Food Exchange Values and Exercise Performance. , 2013, , 9-27.		0
52	Î±-Lipoic acid supplementation up-regulates antioxidant capacity in adults with G6PD deficiency. <i>Food and Chemical Toxicology</i> , 2013, 61, 69-73.	1.8	18
53	A single bout of downhill running transiently increases HOMA-IR without altering adipokine response in healthy adult women. <i>European Journal of Applied Physiology</i> , 2013, 113, 2925-2932.	1.2	23
54	The Effects of Eccentric Exercise on Muscle Function and Proprioception of Individuals Being Overweight and Underweight. <i>Journal of Strength and Conditioning Research</i> , 2013, 27, 2542-2551.	1.0	18

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55	Isokinetic Knee Joint Evaluation in Track and Field Events. Journal of Strength and Conditioning Research, 2011, 25, 2528-2536.	1.0	12