

Nicholas D Gilson

List of Publications by Year in descending order

Source: <https://exaly.com/author-pdf/5145389/publications.pdf>

Version: 2024-02-01

51
papers

2,823
citations

236833

25
h-index

206029

48
g-index

55
all docs

55
docs citations

55
times ranked

3858
citing authors

#	ARTICLE	IF	CITATIONS
1	Measuring and Influencing Physical Activity with Smartphone Technology: A Systematic Review. <i>Sports Medicine</i> , 2014, 44, 671-686.	3.1	544
2	Occupational Sitting and Health Risks. <i>American Journal of Preventive Medicine</i> , 2010, 39, 379-388.	1.6	423
3	Are workplace interventions to reduce sitting effective? A systematic review. <i>Preventive Medicine</i> , 2010, 51, 352-356.	1.6	212
4	Field evaluation of a random forest activity classifier for wrist-worn accelerometer data. <i>Journal of Science and Medicine in Sport</i> , 2017, 20, 75-80.	0.6	117
5	Participatory Workplace Interventions Can Reduce Sedentary Time for Office Workersâ€”A Randomised Controlled Trial. <i>PLoS ONE</i> , 2013, 8, e78957.	1.1	114
6	Occupational sitting time: employees' perceptions of health risks and intervention strategies. <i>Health Promotion Journal of Australia</i> , 2011, 22, 38-43.	0.6	98
7	Does Physical Activity Impact on Presenteeism and Other Indicators of Workplace Well-Being?. <i>Sports Medicine</i> , 2011, 41, 249-262.	3.1	96
8	Do walking strategies to increase physical activity reduce reported sitting in workplaces: a randomized control trial. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2009, 6, 43.	2.0	95
9	Estimating Physical Activity and Sedentary Behavior in a Free-Living Context: A Pragmatic Comparison of Consumer-Based Activity Trackers and ActiGraph Accelerometry. <i>Journal of Medical Internet Research</i> , 2016, 18, e239.	2.1	83
10	Does the use of standing â€”hotâ€” desks change sedentary work time in an open plan office?. <i>Preventive Medicine</i> , 2012, 54, 65-67.	1.6	80
11	Self-reported sitting time and physical activity: interactive associations with mental well-being and productivity in office employees. <i>BMC Public Health</i> , 2015, 15, 72.	1.2	67
12	Walking towards health in a university community: A feasibility study. <i>Preventive Medicine</i> , 2007, 44, 167-169.	1.6	65
13	Change in work day step counts, wellbeing and job performance in Catalan university employees: a randomised controlled trial. <i>Global Health Promotion</i> , 2008, 15, 11-16.	0.8	58
14	Objectively Measured Sedentary Behavior and Physical Activity in Office Employees. <i>Journal of Occupational and Environmental Medicine</i> , 2013, 55, 945-953.	0.9	55
15	Patterns of Impact Resulting from a â€”Sit Less, Move Moreâ€” Web-Based Program in Sedentary Office Employees. <i>PLoS ONE</i> , 2015, 10, e0122474.	1.1	50
16	Chronic disease risks and use of a smartphone application during a physical activity and dietary intervention in Australian truck drivers. <i>Australian and New Zealand Journal of Public Health</i> , 2016, 40, 91-93.	0.8	39
17	Occupational sitting: practitioner perceptions of health risks, intervention strategies and influences. <i>Health Promotion Journal of Australia</i> , 2012, 23, 208-212.	0.6	37
18	The impact of an m-Health financial incentives program on the physical activity and diet of Australian truck drivers. <i>BMC Public Health</i> , 2017, 17, 467.	1.2	36

#	ARTICLE	IF	CITATIONS
19	Project Energise: Using participatory approaches and real time computer prompts to reduce occupational sitting and increase work time physical activity in office workers. <i>Journal of Science and Medicine in Sport</i> , 2016, 19, 926-930.	0.6	35
20	A qualitative review of existing national and international occupational safety and health policies relating to occupational sedentary behaviour. <i>Applied Ergonomics</i> , 2017, 60, 320-333.	1.7	33
21	Impact of a workplace "sit less, move more"™ program on efficiency-related outcomes of office employees. <i>BMC Public Health</i> , 2017, 17, 455.	1.2	33
22	Validation of a Novel, Objective Measure of Occupational Sitting. <i>Journal of Occupational Health</i> , 2012, 54, 383-386.	1.0	32
23	Walk@Work: An automated intervention to increase walking in university employees not achieving 10,000 daily steps. <i>Preventive Medicine</i> , 2013, 56, 283-287.	1.6	31
24	Desk-Based Occupational Sitting Patterns. <i>American Journal of Preventive Medicine</i> , 2013, 45, 448-452.	1.6	31
25	Recruitment Rates in Workplace Physical Activity Interventions: Characteristics for Success. <i>American Journal of Health Promotion</i> , 2013, 27, e101-e112.	0.9	28
26	Controversies in the Science of Sedentary Behaviour and Health: Insights, Perspectives and Future directions from the 2018 Queensland Sedentary Behaviour Think Tank. <i>International Journal of Environmental Research and Public Health</i> , 2019, 16, 4762.	1.2	27
27	The Effects of Workplace Physical Activity Interventions in Men. <i>American Journal of Men's Health</i> , 2012, 6, 303-313.	0.7	26
28	Uptake and factors that influence the use of "sit less, move more"™ occupational intervention strategies in Spanish office employees. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2014, 11, 152.	2.0	26
29	Sedentary and Physical Activity Behavior in "Blue-Collar" Workers: A Systematic Review of Accelerometer Studies. <i>Journal of Physical Activity and Health</i> , 2019, 16, 1060-1069.	1.0	25
30	The BeUpstanding Program™: Scaling up the "Stand Up Australia" Workplace Intervention for Translation into Practice. <i>AIMS Public Health</i> , 2016, 3, 341-347.	1.1	24
31	Patterns and perceptions of physical activity and sedentary time in male transport drivers working in regional Australia. <i>Australian and New Zealand Journal of Public Health</i> , 2014, 38, 314-320.	0.8	22
32	Experiences of Route and Task-Based Walking in a University Community: Qualitative Perspectives in a Randomized Control Trial. <i>Journal of Physical Activity and Health</i> , 2008, 5, S176-S182.	1.0	18
33	Supporting Workers to Sit Less and Move More Through the Web-Based BeUpstanding Program: Protocol for a Single-Arm, Repeated Measures Implementation Study. <i>JMIR Research Protocols</i> , 2020, 9, e15756.	0.5	15
34	The International Universities Walking Project: employee step counts, sitting times and health status. <i>International Journal of Workplace Health Management</i> , 2008, 1, 152-161.	0.8	14
35	Monitoring sedentary patterns in office employees: validity of an m-health tool (Walk@Work-App) for occupational health. <i>Gaceta Sanitaria</i> , 2018, 32, 563-566.	0.6	14
36	"In Initiative Overload": Australian Perspectives on Promoting Physical Activity in the Workplace from Diverse Industries. <i>International Journal of Environmental Research and Public Health</i> , 2019, 16, 516.	1.2	14

#	ARTICLE	IF	CITATIONS
37	Postpandemic hybrid work: opportunities and challenges for physical activity and public health. <i>British Journal of Sports Medicine</i> , 2022, 56, 1203-1204.	3.1	13
38	A multi-site comparison of environmental characteristics to support workplace walking. <i>Preventive Medicine</i> , 2009, 49, 21-23.	1.6	12
39	Which population groups are most unaware of CVD risks associated with sitting time?. <i>Preventive Medicine</i> , 2014, 65, 103-108.	1.6	11
40	Assessing the Feasibility and Pre-Post Impact Evaluation of the Beta (Test) Version of the BeUpstanding Champion Toolkit in Reducing Workplace Sitting: Pilot Study. <i>JMIR Formative Research</i> , 2018, 2, e17.	0.7	11
41	Feasibility and impact of sit-stand workstations with and without exercise in office workers at risk of low back pain: A pilot comparative effectiveness trial. <i>Applied Ergonomics</i> , 2019, 76, 82-89.	1.7	8
42	The International Universities Walking Project: Development of a Framework for Workplace Intervention Using the Delphi Technique. <i>Journal of Physical Activity and Health</i> , 2009, 6, 520-528.	1.0	6
43	VO 2peak and 24-hour sleep, sedentary behavior, and physical activity in Australian truck drivers. <i>Scandinavian Journal of Medicine and Science in Sports</i> , 2021, 31, 1574-1578.	1.3	4
44	Stepped-down intervention programs to promote self-managed physical activity in military service veterans: A systematic review of randomised controlled trials. <i>Journal of Science and Medicine in Sport</i> , 2021, 24, 1155-1160.	0.6	3
45	Walking Towards Well-being and Job Performance in a University Community. <i>Medicine and Science in Sports and Exercise</i> , 2007, 39, S193.	0.2	3
46	Can a workplace "sit less, move more"™ programme help Spanish office employees achieve physical activity targets?. <i>European Journal of Public Health</i> , 2017, 27, 926-928.	0.1	2
47	Physical Activity, Sedentary Time and Cardiometabolic Health in Heavy Goods Vehicle Drivers. <i>Journal of Occupational and Environmental Medicine</i> , 2022, Publish Ahead of Print, .	0.9	2
48	The characteristics of inactive men working in a regional area of Queensland, Australia. <i>Journal of Science and Medicine in Sport</i> , 2014, 17, 56-60.	0.6	1
49	Effects of the Active Choices Program on Self-Managed Physical Activity and Social Connectedness in Australian Defence Force Veterans: Protocol for a Cluster-Randomized Trial. <i>JMIR Research Protocols</i> , 2021, 10, e21911.	0.5	1
50	Physical activity and sitting time in occupational groups from Papua New Guinea. <i>International Archives of Occupational and Environmental Health</i> , 2022, 95, 621-628.	1.1	0
51	A case for intervention? Physical activity behaviour in an urban sample of middle-to-high income Northeast Mexicans. <i>Global Health Promotion</i> , 2004, 11, 150-2.	0.8	0