

Thomas Yates

List of Publications by Citations

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The third column is the impact factor (IF) of the journal, and the fourth column is the number of citations of the article.

257
papers

8,906
citations

44
h-index

88
g-index

287
ext. papers

11,678
ext. citations

5.1
avg, IF

6.3
L-index

#	Paper	IF	Citations
257	Sedentary time in adults and the association with diabetes, cardiovascular disease and death: systematic review and meta-analysis. <i>Diabetologia</i> , 2012 , 55, 2895-905	10.3	1100
256	Dose-response associations between accelerometry measured physical activity and sedentary time and all cause mortality: systematic review and harmonised meta-analysis. <i>BMJ, The</i> , 2019 , 366, l4570	5.9	416
255	Diabetes prevention in the real world: effectiveness of pragmatic lifestyle interventions for the prevention of type 2 diabetes and of the impact of adherence to guideline recommendations: a systematic review and meta-analysis. <i>Diabetes Care</i> , 2014 , 37, 922-33	14.6	357
254	Methods of Measurement in epidemiology: sedentary Behaviour. <i>International Journal of Epidemiology</i> , 2012 , 41, 1460-71	7.8	356
253	Association of sedentary behaviour with metabolic syndrome: a meta-analysis. <i>PLoS ONE</i> , 2012 , 7, e349167	5.7	307
252	The effects of high-intensity interval training on glucose regulation and insulin resistance: a meta-analysis. <i>Obesity Reviews</i> , 2015 , 16, 942-61	10.6	289
251	The sedentary office: an expert statement on the growing case for change towards better health and productivity. <i>British Journal of Sports Medicine</i> , 2015 , 49, 1357-62	10.3	257
250	Pathophysiology of type 1 and type 2 diabetes mellitus: a 90-year perspective. <i>Postgraduate Medical Journal</i> , 2016 , 92, 63-9	2	254
249	Associations of objectively measured sedentary behaviour and physical activity with markers of cardiometabolic health. <i>Diabetologia</i> , 2013 , 56, 1012-20	10.3	226
248	Considerations when using the activPAL monitor in field-based research with adult populations. <i>Journal of Sport and Health Science</i> , 2017 , 6, 162-178	8.2	209
247	Breaking Up Prolonged Sitting With Standing or Walking Attenuates the Postprandial Metabolic Response in Postmenopausal Women: A Randomized Acute Study. <i>Diabetes Care</i> , 2016 , 39, 130-8	14.6	171
246	Association between change in daily ambulatory activity and cardiovascular events in people with impaired glucose tolerance (NAVIGATOR trial): a cohort analysis. <i>Lancet, The</i> , 2014 , 383, 1059-66	40	143
245	Effectiveness of a pragmatic education program designed to promote walking activity in individuals with impaired glucose tolerance: a randomized controlled trial. <i>Diabetes Care</i> , 2009 , 32, 1404-10	14.6	142
244	Identifying adults' valid waking wear time by automated estimation in activPAL data collected with a 24 h wear protocol. <i>Physiological Measurement</i> , 2016 , 37, 1653-1668	2.9	125
243	Sedentary time and markers of chronic low-grade inflammation in a high risk population. <i>PLoS ONE</i> , 2013 , 8, e78350	3.7	109
242	The role of physical activity in the management of impaired glucose tolerance: a systematic review. <i>Diabetologia</i> , 2007 , 50, 1116-26	10.3	108
241	Energy expenditure during common sitting and standing tasks: examining the 1.5 MET definition of sedentary behaviour. <i>BMC Public Health</i> , 2015 , 15, 516	4.1	105

240	Excess deaths associated with covid-19 pandemic in 2020: age and sex disaggregated time series analysis in 29 high income countries. <i>BMJ, The</i> , 2021 , 373, n1137	5.9	101
239	Long terms trends of multimorbidity and association with physical activity in older English population. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2016 , 13, 8	8.4	89
238	Self-reported sitting time and markers of inflammation, insulin resistance, and adiposity. <i>American Journal of Preventive Medicine</i> , 2012 , 42, 1-7	6.1	89
237	Nonpharmacological interventions for the prevention of type 2 diabetes mellitus. <i>Nature Reviews Endocrinology</i> , 2012 , 8, 363-73	15.2	89
236	Association of walking pace and handgrip strength with all-cause, cardiovascular, and cancer mortality: a UK Biobank observational study. <i>European Heart Journal</i> , 2017 , 38, 3232-3240	9.5	80
235	Devices for Self-Monitoring Sedentary Time or Physical Activity: A Scoping Review. <i>Journal of Medical Internet Research</i> , 2016 , 18, e90	7.6	78
234	Accelerometer-assessed Physical Activity in Epidemiology: Are Monitors Equivalent?. <i>Medicine and Science in Sports and Exercise</i> , 2018 , 50, 257-265	1.2	76
233	Effectiveness of the Stand More AT (SMaRT) Work intervention: cluster randomised controlled trial. <i>BMJ, The</i> , 2018 , 363, k3870	5.9	76
232	Raw Accelerometer Data Analysis with GGIR R-package: Does Accelerometer Brand Matter?. <i>Medicine and Science in Sports and Exercise</i> , 2016 , 48, 1935-41	1.2	75
231	Defining obesity cut-off points for migrant South Asians. <i>PLoS ONE</i> , 2011 , 6, e26464	3.7	72
230	Associations of mutually exclusive categories of physical activity and sedentary time with markers of cardiometabolic health in English adults: a cross-sectional analysis of the Health Survey for England. <i>BMC Public Health</i> , 2016 , 16, 25	4.1	64
229	The association between neighbourhood greenspace and type 2 diabetes in a large cross-sectional study. <i>BMJ Open</i> , 2014 , 4, e006076	3	61
228	Self-directed interventions to promote weight loss: a systematic review of reviews. <i>Journal of Medical Internet Research</i> , 2014 , 16, e58	7.6	60
227	Physical, cognitive, and mental health impacts of COVID-19 after hospitalisation (PHOSP-COVID): a UK multicentre, prospective cohort study. <i>Lancet Respiratory Medicine</i> , 2021 , 9, 1275-1287	35.1	58
226	Beyond Cut Points: Accelerometer Metrics that Capture the Physical Activity Profile. <i>Medicine and Science in Sports and Exercise</i> , 2018 , 50, 1323-1332	1.2	57
225	Physical activity, multimorbidity, and life expectancy: a UK Biobank longitudinal study. <i>BMC Medicine</i> , 2019 , 17, 108	11.4	56
224	A community based primary prevention programme for type 2 diabetes integrating identification and lifestyle intervention for prevention: the Let's Prevent Diabetes cluster randomised controlled trial. <i>Preventive Medicine</i> , 2016 , 84, 48-56	4.3	55
223	Intensity Thresholds on Raw Acceleration Data: Euclidean Norm Minus One (ENMO) and Mean Amplitude Deviation (MAD) Approaches. <i>PLoS ONE</i> , 2016 , 11, e0164045	3.7	55

222	Sedentary behaviour as a new behavioural target in the prevention and treatment of type 2 diabetes. <i>Diabetes/Metabolism Research and Reviews</i> , 2016 , 32 Suppl 1, 213-20	7.5	55
221	Accuracy of Posture Allocation Algorithms for Thigh- and Waist-Worn Accelerometers. <i>Medicine and Science in Sports and Exercise</i> , 2016 , 48, 1085-90	1.2	54
220	Cardiorespiratory fitness and risk of type 2 diabetes mellitus: A 23-year cohort study and a meta-analysis of prospective studies. <i>Atherosclerosis</i> , 2015 , 243, 131-7	3.1	50
219	Levels of physical activity and relationship with markers of diabetes and cardiovascular disease risk in 5474 white European and South Asian adults screened for type 2 diabetes. <i>Preventive Medicine</i> , 2010 , 51, 290-4	4.3	50
218	Subclinical diastolic dysfunction in young adults with Type 2 diabetes mellitus: a multiparametric contrast-enhanced cardiovascular magnetic resonance pilot study assessing potential mechanisms. <i>European Heart Journal Cardiovascular Imaging</i> , 2014 , 15, 1263-9	4.1	48
217	Obesity and risk of COVID-19: analysis of UK biobank. <i>Primary Care Diabetes</i> , 2020 , 14, 566-567	2.4	47
216	A Randomised Controlled Trial to Reduce Sedentary Time in Young Adults at Risk of Type 2 Diabetes Mellitus: Project STAND (Sedentary Time ANd Diabetes). <i>PLoS ONE</i> , 2015 , 10, e0143398	3.7	47
215	Walking Away from Type 2 diabetes: a cluster randomized controlled trial. <i>Diabetic Medicine</i> , 2017 , 34, 698-707	3.5	46
214	Objectively measured sedentary time and associations with insulin sensitivity: Importance of reallocating sedentary time to physical activity. <i>Preventive Medicine</i> , 2015 , 76, 79-83	4.3	46
213	Walking away from type 2 diabetes: trial protocol of a cluster randomised controlled trial evaluating a structured education programme in those at high risk of developing type 2 diabetes. <i>BMC Family Practice</i> , 2012 , 13, 46	2.6	44
212	The impact of obesity on severe disease and mortality in people with SARS-CoV-2: A systematic review and meta-analysis. <i>Endocrinology, Diabetes and Metabolism</i> , 2020 , 4, e00176	2.7	44
211	Joint associations of accelerometer measured physical activity and sedentary time with all-cause mortality: a harmonised meta-analysis in more than 44 000 middle-aged and older individuals. <i>British Journal of Sports Medicine</i> , 2020 , 54, 1499-1506	10.3	43
210	Stand More AT Work (SMArT Work): using the behaviour change wheel to develop an intervention to reduce sitting time in the workplace. <i>BMC Public Health</i> , 2018 , 18, 319	4.1	42
209	Type 2 diabetes in younger adults: the emerging UK epidemic. <i>Postgraduate Medical Journal</i> , 2010 , 86, 711-8	2	42
208	Rationale, design and baseline data from the Pre-diabetes Risk Education and Physical Activity Recommendation and Encouragement (PREPARE) programme study: a randomized controlled trial. <i>Patient Education and Counseling</i> , 2008 , 73, 264-71	3.1	42
207	Wrist-Worn Accelerometer-Brand Independent Posture Classification. <i>Medicine and Science in Sports and Exercise</i> , 2016 , 48, 748-54	1.2	42
206	Patient's perceptions of chronic kidney disease and their association with psychosocial and clinical outcomes: a narrative review. <i>CKJ: Clinical Kidney Journal</i> , 2016 , 9, 494-502	4.5	38
205	Stand up for your health: Is it time to rethink the physical activity paradigm?. <i>Diabetes Research and Clinical Practice</i> , 2011 , 93, 292-294	7.4	36

204	The Pre-diabetes Risk Education and Physical Activity Recommendation and Encouragement (PREPARE) programme study: are improvements in glucose regulation sustained at 2 years?. <i>Diabetic Medicine</i> , 2011 , 28, 1268-71	3.5	35
203	Rationale and study design for a randomised controlled trial to reduce sedentary time in adults at risk of type 2 diabetes mellitus: project stand (Sedentary Time ANd diabetes). <i>BMC Public Health</i> , 2011 , 11, 908	4.1	35
202	Healthy lifestyle and life expectancy in people with multimorbidity in the UK Biobank: A longitudinal cohort study. <i>PLoS Medicine</i> , 2020 , 17, e1003332	11.6	35
201	Associations of discretionary screen time with mortality, cardiovascular disease and cancer are attenuated by strength, fitness and physical activity: findings from the UK Biobank study. <i>BMC Medicine</i> , 2018 , 16, 77	11.4	34
200	Is the number of fast-food outlets in the neighbourhood related to screen-detected type 2 diabetes mellitus and associated risk factors?. <i>Public Health Nutrition</i> , 2015 , 18, 1698-705	3.3	33
199	Association of sitting time and physical activity with CKD: a cross-sectional study in family practices. <i>American Journal of Kidney Diseases</i> , 2012 , 60, 583-90	7.4	32
198	Sedentary Behavior and Chronic Disease: Mechanisms and Future Directions. <i>Journal of Physical Activity and Health</i> , 2020 , 17, 52-61	2.5	32
197	Associations Between Sedentary Behaviors and Cognitive Function: Cross-Sectional and Prospective Findings From the UK Biobank. <i>American Journal of Epidemiology</i> , 2018 , 187, 441-454	3.8	31
196	Let's prevent diabetes: study protocol for a cluster randomised controlled trial of an educational intervention in a multi-ethnic UK population with screen detected impaired glucose regulation. <i>Cardiovascular Diabetology</i> , 2012 , 11, 56	8.7	30
195	Implementation of the automated Leicester Practice Risk Score in two diabetes prevention trials provides a high yield of people with abnormal glucose tolerance. <i>Diabetologia</i> , 2012 , 55, 3238-44	10.3	30
194	Effectiveness of the 'Girls Active' school-based physical activity programme: A cluster randomised controlled trial. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2018 , 15, 40	8.4	29
193	Metabolic Effects of Breaking Prolonged Sitting With Standing or Light Walking in Older South Asians and White Europeans: A Randomized Acute Study. <i>Journals of Gerontology - Series A Biological Sciences and Medical Sciences</i> , 2020 , 75, 139-146	6.4	28
192	Associations of Physical Behaviours and Behavioural Reallocations with Markers of Metabolic Health: A Compositional Data Analysis. <i>International Journal of Environmental Research and Public Health</i> , 2018 , 15,	4.6	28
191	Associations of reallocating sitting time into standing or stepping with glucose, insulin and insulin sensitivity: a cross-sectional analysis of adults at risk of type 2 diabetes. <i>BMJ Open</i> , 2017 , 7, e014267	3	27
190	Impact of baseline physical activity and diet behavior on metabolic syndrome in a pharmaceutical trial: results from NAVIGATOR. <i>Metabolism: Clinical and Experimental</i> , 2014 , 63, 554-61	12.7	27
189	Association of Type 2 Diabetes With Cancer: A Meta-analysis With Bias Analysis for Unmeasured Confounding in 151 Cohorts Comprising 32 Million People. <i>Diabetes Care</i> , 2020 , 43, 2313-2322	14.6	27
188	Prevalence and correlates of physical activity across kidney disease stages: an observational multicentre study. <i>Nephrology Dialysis Transplantation</i> , 2021 , 36, 641-649	4.3	27
187	Association Between Lifestyle Factors and the Incidence of Multimorbidity in an Older English Population. <i>Journals of Gerontology - Series A Biological Sciences and Medical Sciences</i> , 2017 , 72, 528-534	6.4	26

186	Sedentary behavior: what's in a definition?. <i>American Journal of Preventive Medicine</i> , 2011 , 40, e33-4; author reply e34	6.1	26
185	Individual Variation in Hunger, Energy Intake, and Ghrelin Responses to Acute Exercise. <i>Medicine and Science in Sports and Exercise</i> , 2017 , 49, 1219-1228	1.2	25
184	A cluster randomised controlled trial to investigate the effectiveness and cost effectiveness of the 'Girls Active' intervention: a study protocol. <i>BMC Public Health</i> , 2015 , 15, 526	4.1	25
183	Type 2 diabetes mellitus and obesity in young adults: the extreme phenotype with early cardiovascular dysfunction. <i>Diabetic Medicine</i> , 2014 , 31, 794-8	3.5	25
182	The influence of adiposity and acute exercise on circulating hepatokines in normal-weight and overweight/obese men. <i>Applied Physiology, Nutrition and Metabolism</i> , 2018 , 43, 482-490	3	25
181	Association of after school sedentary behaviour in adolescence with mental wellbeing in adulthood. <i>Preventive Medicine</i> , 2016 , 87, 6-10	4.3	24
180	The association of the triglyceride-to-HDL cholesterol ratio with insulin resistance in White European and South Asian men and women. <i>PLoS ONE</i> , 2012 , 7, e50931	3.7	24
179	Obesity, walking pace and risk of severe COVID-19 and mortality: analysis of UK Biobank. <i>International Journal of Obesity</i> , 2021 , 45, 1155-1159	5.5	24
178	The association between air pollution and type 2 diabetes in a large cross-sectional study in Leicester: The CHAMPIONS Study. <i>Environment International</i> , 2017 , 104, 41-47	12.9	23
177	Fitness Moderates Glycemic Responses to Sitting and Light Activity Breaks. <i>Medicine and Science in Sports and Exercise</i> , 2017 , 49, 2216-2222	1.2	23
176	Relationship between baseline physical activity assessed by pedometer count and new-onset diabetes in the NAVIGATOR trial. <i>BMJ Open Diabetes Research and Care</i> , 2018 , 6, e000523	4.5	23
175	Differences in levels of physical activity between White and South Asian populations within a healthcare setting: impact of measurement type in a cross-sectional study. <i>BMJ Open</i> , 2015 , 5, e006181 ³	3	23
174	Prevalence of diabetes and impaired glucose metabolism in younger 'at risk' UK adults: insights from the STAND programme of research. <i>Diabetic Medicine</i> , 2013 , 30, 671-5	3.5	23
173	A Text-Messaging and Pedometer Program to Promote Physical Activity in People at High Risk of Type 2 Diabetes: The Development of the PROPELS Follow-On Support Program. <i>JMIR MHealth and UHealth</i> , 2015 , 3, e105	5.5	23
172	Comparative Relevance of Physical Fitness and Adiposity on Life Expectancy: A UK Biobank Observational Study. <i>Mayo Clinic Proceedings</i> , 2019 , 94, 985-994	6.4	22
171	A Review of the Effects of Glucagon-Like Peptide-1 Receptor Agonists and Sodium-Glucose Cotransporter 2 Inhibitors on Lean Body Mass in Humans. <i>Endocrinology and Metabolism</i> , 2019 , 34, 247-262	3.5	22
170	Body mass index and the risk of COVID-19 across ethnic groups: Analysis of UK Biobank. <i>Diabetes, Obesity and Metabolism</i> , 2020 , 22, 1953-1954	6.7	21
169	Relation of Aortic Stiffness to Left Ventricular Remodeling in Younger Adults With Type 2 Diabetes. <i>Diabetes</i> , 2018 , 67, 1395-1400	0.9	21

168	Development of a lifestyle intervention using the MRC framework for diabetes prevention in people with impaired glucose regulation. <i>Journal of Public Health</i> , 2016 , 38, 493-501	3.5	21
167	Providing NHS staff with height-adjustable workstations and behaviour change strategies to reduce workplace sitting time: protocol for the Stand More AT (SMaRT) Work cluster randomised controlled trial. <i>BMC Public Health</i> , 2015 , 15, 1219	4.1	21
166	Associations of Sedentary Time with Fat Distribution in a High-Risk Population. <i>Medicine and Science in Sports and Exercise</i> , 2015 , 47, 1727-34	1.2	21
165	Preventing type 2 diabetes: can we make the evidence work?. <i>Postgraduate Medical Journal</i> , 2009 , 85, 475-80	2	21
164	A data-driven, meaningful, easy to interpret, standardised accelerometer outcome variable for global surveillance. <i>Journal of Science and Medicine in Sport</i> , 2019 , 22, 1132-1138	4.4	20
163	Sleep duration, obesity and insulin resistance in a multi-ethnic UK population at high risk of diabetes. <i>Diabetes Research and Clinical Practice</i> , 2018 , 139, 195-202	7.4	20
162	Enhancing the value of accelerometer-assessed physical activity: meaningful visual comparisons of data-driven translational accelerometer metrics. <i>Sports Medicine - Open</i> , 2019 , 5, 47	6.1	20
161	Television viewing and risk of mortality: Exploring the biological plausibility. <i>Atherosclerosis</i> , 2017 , 263, 151-155	3.1	19
160	Effect of exercise intensity on circulating hepatokine concentrations in healthy men. <i>Applied Physiology, Nutrition and Metabolism</i> , 2019 , 44, 1065-1072	3	19
159	Time spent sitting during and outside working hours in bus drivers: A pilot study. <i>Preventive Medicine Reports</i> , 2016 , 3, 36-9	2.6	19
158	Activity Intensity, Volume, and Norms: Utility and Interpretation of Accelerometer Metrics. <i>Medicine and Science in Sports and Exercise</i> , 2019 , 51, 2410-2422	1.2	19
157	The effect of increased ambulatory activity on markers of chronic low-grade inflammation: evidence from the PREPARE programme randomized controlled trial. <i>Diabetic Medicine</i> , 2010 , 27, 1256-63	3.5	18
156	Multimorbidity and lifestyle factors among adults with intellectual disabilities: a cross-sectional analysis of a UK cohort. <i>Journal of Intellectual Disability Research</i> , 2019 , 63, 255-265	3.2	18
155	Effects of Low-Energy Diet or Exercise on Cardiovascular Function in Working-Age Adults With Type 2 Diabetes: A Prospective, Randomized, Open-Label, Blinded End Point Trial. <i>Diabetes Care</i> , 2020 , 43, 1300-1310	14.6	18
154	Cost-effectiveness of a pragmatic structured education intervention for the prevention of type 2 diabetes: economic evaluation of data from the Let's Prevent Diabetes cluster-randomised controlled trial. <i>BMJ Open</i> , 2017 , 7, e013592	3	17
153	Breaking up sedentary time with seated upper body activity can regulate metabolic health in obese high-risk adults: A randomized crossover trial. <i>Diabetes, Obesity and Metabolism</i> , 2017 , 19, 1732-1739	6.7	17
152	Cross-sectional surveillance study to phenotype lorry drivers' sedentary behaviours, physical activity and cardio-metabolic health. <i>BMJ Open</i> , 2017 , 7, e013162	3	17
151	Effect of physical activity measurement type on the association between walking activity and glucose regulation in a high-risk population recruited from primary care. <i>International Journal of Epidemiology</i> , 2013 , 42, 533-40	7.8	17

150	Prognostic Relevance of Cardiorespiratory Fitness as Assessed by Submaximal Exercise Testing for All-Cause Mortality: A UK Biobank Prospective Study. <i>Mayo Clinic Proceedings</i> , 2020 , 95, 867-878	6.4	16
149	PRomotion Of Physical activity through structured Education with differing Levels of ongoing Support for people at high risk of type 2 diabetes (PROPELS): study protocol for a randomized controlled trial. <i>Trials</i> , 2015 , 16, 289	2.8	16
148	Providing a Basis for Harmonization of Accelerometer-Assessed Physical Activity Outcomes Across Epidemiological Datasets. <i>Journal for the Measurement of Physical Behaviour</i> , 2019 , 2, 131-142	2.3	16
147	Engagement, Retention, and Progression to Type 2 Diabetes: A Retrospective Analysis of the Cluster-Randomised "Let's Prevent Diabetes" Trial. <i>PLoS Medicine</i> , 2016 , 13, e1002078	11.6	16
146	Differences in objectively measured physical activity and sedentary behaviour between white Europeans and south Asians recruited from primary care: cross-sectional analysis of the PROPELS trial. <i>BMC Public Health</i> , 2019 , 19, 95	4.1	15
145	Walking and inflammatory markers in individuals screened for type 2 diabetes. <i>Preventive Medicine</i> , 2008 , 47, 417-21	4.3	15
144	Understanding the health of lorry drivers in context: A critical discourse analysis. <i>Health (United Kingdom)</i> , 2017 , 21, 38-56	1.9	14
143	Who should we target for diabetes prevention and diabetes risk reduction?. <i>Current Diabetes Reports</i> , 2012 , 12, 147-156	5.6	14
142	Association of Timing and Balance of Physical Activity and Rest/Sleep With Risk of COVID-19: A UK Biobank Study. <i>Mayo Clinic Proceedings</i> , 2021 , 96, 156-164	6.4	14
141	Obesity, Ethnicity, and Risk of Critical Care, Mechanical Ventilation, and Mortality in Patients Admitted to Hospital with COVID-19: Analysis of the ISARIC CCP-UK Cohort. <i>Obesity</i> , 2021 , 29, 1223-1230 ⁸		13
140	Impact of Depression and Anxiety on Change to Physical Activity Following a Pragmatic Diabetes Prevention Program Within Primary Care: Pooled Analysis From Two Randomized Controlled Trials. <i>Diabetes Care</i> , 2019 , 42, 1847-1853	14.6	12
139	Acute Hyperenergetic, High-Fat Feeding Increases Circulating FGF21, LECT2, and Fetuin-A in Healthy Men. <i>Journal of Nutrition</i> , 2020 , 150, 1076-1085	4.1	12
138	Multimorbidity and SARS-CoV-2 infection in UK Biobank. <i>Diabetes and Metabolic Syndrome: Clinical Research and Reviews</i> , 2020 , 14, 775-776	8.9	12
137	Association of sarcopenia with mortality and end-stage renal disease in those with chronic kidney disease: a UK Biobank study. <i>Journal of Cachexia, Sarcopenia and Muscle</i> , 2021 , 12, 586-598	10.3	12
136	Risk of cancer incidence and mortality associated with diabetes: A systematic review with trend analysis of 203 cohorts. <i>Nutrition, Metabolism and Cardiovascular Diseases</i> , 2021 , 31, 14-22	4.5	12
135	Sedentary Time and MRI-Derived Measures of Adiposity in Active Versus Inactive Individuals. <i>Obesity</i> , 2018 , 26, 29-36	8	11
134	Epidemiology: The diabetes mellitus tsunami: worse than the 'Spanish flu' pandemic?. <i>Nature Reviews Endocrinology</i> , 2016 , 12, 377-8	15.2	11
133	Physical activity as a determinant of fasting and 2-h post-challenge glucose: a prospective cohort analysis of the NAVIGATOR trial. <i>Diabetic Medicine</i> , 2015 , 32, 1090-6	3.5	11

132	Adverse responses and physical activity: secondary analysis of the PREPARE trial. <i>Medicine and Science in Sports and Exercise</i> , 2014 , 46, 1617-23	1.2	11
131	activPAL and ActiGraph Assessed Sedentary Behavior and Cardiometabolic Health Markers. <i>Medicine and Science in Sports and Exercise</i> , 2020 , 52, 391-397	1.2	11
130	Rationale and design of the randomised controlled trial to assess the impact of liraglutide on cardiac function and structure in young adults with type 2 diabetes (the LYDIA study). <i>Cardiovascular Diabetology</i> , 2016 , 15, 102	8.7	11
129	A three arm cluster randomised controlled trial to test the effectiveness and cost-effectiveness of the SMART Work & Life intervention for reducing daily sitting time in office workers: study protocol. <i>BMC Public Health</i> , 2018 , 18, 1120	4.1	11
128	Association of self-reported physical function with survival in patients with chronic kidney disease. <i>CKJ: Clinical Kidney Journal</i> , 2019 , 12, 122-128	4.5	10
127	Mortality risk comparing walking pace to handgrip strength and a healthy lifestyle: A UK Biobank study. <i>European Journal of Preventive Cardiology</i> , 2019 , 2047487319885041	3.9	10
126	Screening for glucose intolerance and development of a lifestyle education programme for prevention of type 2 diabetes in a population with intellectual disabilities: the STOP Diabetes research project. <i>Programme Grants for Applied Research</i> , 2017 , 5, 1-316	1.5	10
125	Rationale and design of a cross-sectional study to investigate and describe the chronotype of patients with type 2 diabetes and the effect on glycaemic control: the CODEC study. <i>BMJ Open</i> , 2019 , 9, e027773	3	10
124	Reallocating sitting time to standing or stepping through isotemporal analysis: associations with markers of chronic low-grade inflammation. <i>Journal of Sports Sciences</i> , 2018 , 36, 1586-1593	3.6	9
123	Effect of the PPARG2 Pro12Ala Polymorphism on Associations of Physical Activity and Sedentary Time with Markers of Insulin Sensitivity in Those with an Elevated Risk of Type 2 Diabetes. <i>PLoS ONE</i> , 2015 , 10, e0124062	3.7	9
122	The Reversal Intervention for Metabolic Syndrome (TRIMS) study: rationale, design, and baseline data. <i>Trials</i> , 2011 , 12, 107	2.8	9
121	A school-based intervention (Girls Active) to increase physical activity levels among 11- to 14-year-old girls: cluster RCT. <i>Public Health Research</i> , 2019 , 7, 1-162	1.7	9
120	Walking pace improves all-cause and cardiovascular mortality risk prediction: A UK Biobank prognostic study. <i>European Journal of Preventive Cardiology</i> , 2020 , 27, 1036-1044	3.9	9
119	Wrist-worn accelerometers: recommending ~1.0 m as the minimum clinically important difference (MCID) in daily average acceleration for inactive adults. <i>British Journal of Sports Medicine</i> , 2021 , 55, 814-815	10.3	9
118	The impact of COVID-19 restrictions on accelerometer-assessed physical activity and sleep in individuals with type 2 diabetes. <i>Diabetic Medicine</i> , 2021 , 38, e14549	3.5	9
117	Ethnic minorities and COVID-19: examining whether excess risk is mediated through deprivation. <i>European Journal of Public Health</i> , 2021 , 31, 630-634	2.1	9
116	The Impact of a Novel Structured Health Intervention for Truckers (SHIFT) on Physical Activity and Cardiometabolic Risk Factors. <i>Journal of Occupational and Environmental Medicine</i> , 2018 , 60, 368-376	2	9
115	Associations of objectively measured moderate-to-vigorous-intensity physical activity and sedentary time with all-cause mortality in a population of adults at high risk of type 2 diabetes mellitus. <i>Preventive Medicine Reports</i> , 2017 , 5, 285-288	2.6	8

114	Process evaluation of the school-based Girls Active programme. <i>BMC Public Health</i> , 2019 , 19, 1187	4.1	8
113	Rationale, design and study protocol of the randomised controlled trial: Diabetes Interventional Assessment of Slimming or Training to Lessen Inconspicuous Cardiovascular Dysfunction (the DIASTOLIC study). <i>BMJ Open</i> , 2019 , 9, e023207	3	8
112	FilterK: A new outlier detection method for k-means clustering of physical activity. <i>Journal of Biomedical Informatics</i> , 2020 , 104, 103397	10.2	8
111	A Structured Health Intervention for Truckers (SHIFT): A Process Evaluation of a Pilot Health Intervention in a Transport Company. <i>Journal of Occupational and Environmental Medicine</i> , 2018 , 60, 377-385	2	8
110	A community faith centre based screening and educational intervention to reduce the risk of type 2 diabetes: A feasibility study. <i>Diabetes Research and Clinical Practice</i> , 2016 , 120, 73-80	7.4	8
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