

Miguel Peralta

List of Publications by Year in descending order

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Version: 2024-02-01

78
papers

1,515
citations

393982

19
h-index

377514

34
g-index

79
all docs

79
docs citations

79
times ranked

2065
citing authors

#	ARTICLE	IF	CITATIONS
1	A Comparison of Associations Between Self-Reported and Device-Based Sedentary Behavior and Obesity Markers in Adults: A Multi-National Cross-Sectional Study. <i>Assessment</i> , 2022, 29, 1441-1457.	1.9	6
2	Cross-sectional and prospective associations of lifestyle risk behaviors clustering with elevated depressive symptoms among middle-aged and older adults. <i>Maturitas</i> , 2022, 155, 8-13.	1.0	6
3	Pressure ulcer risk profiles of hospitalized patients based on the Braden Scale: A cluster analysis. <i>International Journal of Nursing Practice</i> , 2022, 28, e13038.	0.8	6
4	Adaptation of the Behavioural Regulation in Active Commuting to School (BR-ACS) Questionnaire in Portuguese Youth. <i>Children</i> , 2022, 9, 182.	0.6	3
5	The association between physical activity and mental health during the first year of the COVID-19 pandemic: a systematic review. <i>BMC Public Health</i> , 2022, 22, 209.	1.2	86
6	Prevalence and sociodemographic correlates of meeting the Canadian 24-hour movement guidelines among latin american adults: a multi-national cross-sectional study. <i>BMC Public Health</i> , 2022, 22, 217.	1.2	12
7	The effect of school year and summer break in health-related cardiorespiratory fitness: A 2-year longitudinal analysis. <i>Journal of Sports Sciences</i> , 2022, 40, 1175-1182.	1.0	2
8	Translation, Cultural Adaptation and Validation of the Basic Psychological Needs Satisfaction in Active Commuting to and from School (BPNS-ACS) Scale in Polish Students.. <i>Medycyna Wieku Rozwojowego</i> , 2022, , .	0.2	0
9	Meeting 24-h movement guidelines and markers of adiposity in adults from eight Latin America countries: the ELANS study. <i>Scientific Reports</i> , 2022, 12, .	1.6	4
10	Different levels of physical activity and depression symptoms among older adults from 18 countries: A population-based study from the Survey of Health, Ageing and Retirement in Europe (SHARE). <i>European Journal of Sport Science</i> , 2021, 21, 887-894.	1.4	27
11	The Association of Healthy Lifestyle Behaviors with Overweight and Obesity among Older Adults from 21 Countries. <i>Nutrients</i> , 2021, 13, 315.	1.7	12
12	Estimation of Engagement in Moderate-to-Vigorous Physical Activity from Direct Observation: A Proposal for School Physical Education. <i>Children</i> , 2021, 8, 67.	0.6	3
13	Session Frequency Matters in Neurofeedback Training of Athletes. <i>Applied Psychophysiology Biofeedback</i> , 2021, 46, 195-204.	1.0	17
14	Predictors of Metabolic Syndrome in Adults and Older Adults from Amazonas, Brazil. <i>International Journal of Environmental Research and Public Health</i> , 2021, 18, 1303.	1.2	29
15	Field-Based Health-Related Physical Fitness Tests in Children and Adolescents: A Systematic Review. <i>Frontiers in Pediatrics</i> , 2021, 9, 640028.	0.9	24
16	Trends of Healthy Lifestyles Among Adolescents: An Analysis of More Than Half a Million Participants From 32 Countries Between 2006 and 2014. <i>Frontiers in Pediatrics</i> , 2021, 9, 645074.	0.9	11
17	Physical Activity and Body-Mass-Index: Do Family, Friends and Teachers Restrain the Risk for Physical Inactivity in Adolescents?. <i>Sustainability</i> , 2021, 13, 6992.	1.6	3
18	Bidirectional Association between Physical Activity and Dopamine Across Adulthood—A Systematic Review. <i>Brain Sciences</i> , 2021, 11, 829.	1.1	21

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19	A Systematic Review of the Association Between Muscular Fitness and Telomere Length Across the Adult Lifespan. <i>Frontiers in Physiology</i> , 2021, 12, 706189.	1.3	3
20	Sociodemographic inequities and active transportation in adults from Latin America: an eight-country observational study. <i>International Journal for Equity in Health</i> , 2021, 20, 190.	1.5	9
21	Exploring grip strength as a predictor of depression in middle-aged and older adults. <i>Scientific Reports</i> , 2021, 11, 15946.	1.6	8
22	Study Protocol of a School-Based Randomized Controlled Trial to Promote Cycling to School Among Students in Germany Using Intervention Mapping: The ACTS Project. <i>Frontiers in Public Health</i> , 2021, 9, 661119.	1.3	3
23	Participation in Physical Activity is Associated with Well-being in European University Students. <i>Montenegrin Journal of Sports Science and Medicine</i> , 2021, 10, 41-46.	0.3	4
24	Agreement Between Self-Reported and Device-Based Sedentary Time among Eight Countries: Findings from the ELANS. <i>Prevention Science</i> , 2021, 22, 1036-1047.	1.5	13
25	Depressive Symptoms and Burnout in Football Players: A Systematic Review. <i>Brain Sciences</i> , 2021, 11, 1351.	1.1	9
26	Grip strength as a predictor of depressive symptoms among vulnerable elderly Europeans with musculoskeletal conditions. <i>Scientific Reports</i> , 2021, 11, 21329.	1.6	3
27	Translation and Validation of the Basic Psychological Need Satisfaction in Active Commuting to and from School (BPNS-ACS) Scale in Young Portuguese Students. <i>International Journal of Environmental Research and Public Health</i> , 2021, 18, 13091.	1.2	4
28	Physical Activity Dimensions Differentially Predict Physical and Mental Components of Health-Related Quality of Life: Evidence from a Sport for All Study. <i>Sustainability</i> , 2021, 13, 13370.	1.6	5
29	Associations of Physical Activity and Television Viewing With Depressive Symptoms of the European Adults. <i>Frontiers in Public Health</i> , 2021, 9, 799870.	1.3	8
30	Leisure-time physical activity is negatively associated with depression symptoms independently of the socioeconomic status. <i>European Journal of Sport Science</i> , 2020, 20, 1268-1276.	1.4	13
31	Association between Perceived Neighborhood Built Environment and Walking and Cycling for Transport among Inhabitants from Latin America: The ELANS Study. <i>International Journal of Environmental Research and Public Health</i> , 2020, 17, 6858.	1.2	14
32	The Association of Grip Strength with Depressive Symptoms among Middle-Aged and Older Adults with Different Chronic Diseases. <i>International Journal of Environmental Research and Public Health</i> , 2020, 17, 6942.	1.2	12
33	Grip Strength and Depression Symptoms Among Middle-Age and Older Adults. <i>Mayo Clinic Proceedings</i> , 2020, 95, 2134-2143.	1.4	25
34	Fitness, physical activity, or sedentary patterns? Integrated analysis with obesity surrogates in a large youth sample. <i>American Journal of Human Biology</i> , 2020, 33, e23522.	0.8	1
35	Mediating role of physical fitness and fat mass on the associations between physical activity and bone health in youth. <i>Journal of Sports Sciences</i> , 2020, 38, 2811-2818.	1.0	7
36	A Comparative Study of Participation in Physical Education Classes among 170,347 Adolescents from 54 Low-, Middle-, and High-Income Countries. <i>International Journal of Environmental Research and Public Health</i> , 2020, 17, 5579.	1.2	9

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37	Promoting health-related cardiorespiratory fitness in physical education: A systematic review. PLoS ONE, 2020, 15, e0237019.	1.1	24
38	The Effect of Muscular Strength on Depression Symptoms in Adults: A Systematic Review and Meta-Analysis. International Journal of Environmental Research and Public Health, 2020, 17, 5674.	1.2	37
39	Active Transportation and Obesity Indicators in Adults from Latin America: ELANS Multi-Country Study. International Journal of Environmental Research and Public Health, 2020, 17, 6974.	1.2	9
40	Longitudinal Association between Sport Participation and Depressive Symptoms after a Two-Year Follow-Up in Mid-Adolescence. International Journal of Environmental Research and Public Health, 2020, 17, 7469.	1.2	10
41	Promoting Health-Related Cardiorespiratory Fitness in Physical Education: The Role of Class Intensity and Habitual Physical Activity. International Journal of Environmental Research and Public Health, 2020, 17, 6852.	1.2	4
42	Trends in Physical Fitness Among School-Aged Children and Adolescents: A Systematic Review. Frontiers in Pediatrics, 2020, 8, 627529.	0.9	53
43	Physical Fitness Predicts Subsequent Improvement in Academic Achievement: Differential Patterns Depending on Pupils' Age. Sustainability, 2020, 12, 8874.	1.6	3
44	Prevalence of Physical Activity among Adolescents from 105 Low, Middle, and High-Income Countries. International Journal of Environmental Research and Public Health, 2020, 17, 3145.	1.2	60
45	Test-retest reliability of physical fitness tests among young athletes: The FITescola battery. Clinical Physiology and Functional Imaging, 2020, 40, 173-182.	0.5	27
46	Active Commuting to School and Physical Activity Levels among 11 to 16 Year-Old Adolescents from 63 Low- and Middle-Income Countries. International Journal of Environmental Research and Public Health, 2020, 17, 1276.	1.2	23
47	Active Commuting and Depression Symptoms in Adults: A Systematic Review. International Journal of Environmental Research and Public Health, 2020, 17, 1041.	1.2	23
48	Active Commuting and Physical Fitness: A Systematic Review. International Journal of Environmental Research and Public Health, 2020, 17, 2721.	1.2	50
49	The influence of socioeconomic status and age on the prevalence of overweight and obesity among 5 to 10-year-old children in Curitiba, Brazil. American Journal of Human Biology, 2020, 32, e23424.	0.8	3
50	Cardiorespiratory fitness and telomere length: a systematic review. Journal of Sports Sciences, 2020, 38, 1690-1697.	1.0	12
51	Cross-sectional and prospective relationship between physical activity and depression symptoms. Scientific Reports, 2020, 10, 16114.	1.6	44
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55	Effectiveness on hospital-acquired pressure ulcers prevention: a systematic review. <i>International Wound Journal</i> , 2019, 16, 1087-1102.	1.3	59
56	Healthy Lifestyle in Children and Adolescents and Its Association with Subjective Health Complaints: Findings from 37 Countries and Regions from the HBSC Study. <i>International Journal of Environmental Research and Public Health</i> , 2019, 16, 3292.	1.2	32
57	Self-rated health and health-related quality of life are related with adolescents' healthy lifestyle. <i>Public Health</i> , 2019, 170, 89-94.	1.4	48
58	Prevalence of Risk for Exercise Dependence: A Systematic Review. <i>Sports Medicine</i> , 2019, 49, 319-330.	3.1	58
59	Cross-Sectional and Prospective Relationship Between Low-to-Moderate Intensity Physical Activity and Chronic Diseases in Older Adults From 13 European Countries. <i>Journal of Aging and Physical Activity</i> , 2019, 27, 93-101.	0.5	9
60	Sleep in adolescence: sex matters?. <i>Sleep Science</i> , 2019, 12, 138-146.	0.4	15
61	Regular physical activity eliminates the harmful association of television watching with multimorbidity. A cross-sectional study from the European Social Survey. <i>Preventive Medicine</i> , 2018, 109, 28-33.	1.6	16
62	Physical activity buffers the negative relationship between multimorbidity, self-rated health and life satisfaction. <i>Journal of Public Health</i> , 2018, 40, e328-e335.	1.0	22
63	Prevalence and trends of overweight and obesity in older adults from 10 European countries from 2005 to 2013. <i>Scandinavian Journal of Public Health</i> , 2018, 46, 522-529.	1.2	100
64	Socio-demographic correlates of physical activity among European older people. <i>European Journal of Ageing</i> , 2018, 15, 5-13.	1.2	10
65	Prevalence of adult overweight and obesity in 20 European countries, 2014. <i>European Journal of Public Health</i> , 2018, 28, 295-300.	0.1	172
66	Achievement goals and self-determination in adult football players – a cluster analysis. <i>Kinesiology</i> , 2018, 50, 43-51.	0.3	2
67	Associations between vigorous physical activity and chronic diseases in older adults: a study in 13 European countries. <i>European Journal of Public Health</i> , 2018, 28, 950-955.	0.1	24
68	Self-rated wellbeing and physical activity associations in European older adults. <i>European Journal of Sport Science</i> , 2018, 18, 1038-1044.	1.4	13
69	Cross-sectional and prospective relationship between physical activity and chronic diseases in European older adults. <i>International Journal of Public Health</i> , 2017, 62, 495-502.	1.0	26
70	Correlates of physical activity in young people: A narrative review of reviews. Implications for		

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73	Effects of obesity on perception of ability and perception of body image in Portuguese children and adolescents. <i>Journal of Human Sport and Exercise</i> , 2016, 11, .	0.2	3
74	Psychosocial correlates of organized physical activity in Portuguese urban youth. <i>Motriz Revista De Educacao Fisica</i> , 2016, 22, 327-334.	0.3	2
75	European adults's physical activity socio-demographic correlates: a cross-sectional study from the European Social Survey. <i>PeerJ</i> , 2016, 4, e2066.	0.9	20
76	Exploring psychosocial correlates of physical activity among children and adolescents with spina bifida. <i>Disability and Health Journal</i> , 2015, 8, 123-129.	1.6	10
77	THE RELATIONSHIP BETWEEN FORMAL AND INFORMAL PHYSICAL ACTIVITY AND THE BODY MASS INDEX. <i>British Journal of Sports Medicine</i> , 2013, 47, e4.24-e4.	3.1	2
78	CORRELATES OF MOTIVATION TO PRACTICE PHYSICAL ACTIVITY AMONG STUDENTS FROM PORTUGUESE MILITARY COLLEGE. <i>British Journal of Sports Medicine</i> , 2013, 47, e4.3-e4.	3.1	1