

Miguel Peralta

List of Publications by Year in descending order

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Version: 2024-02-01

78
papers

1,515
citations

393982

19
h-index

377514

34
g-index

79
all docs

79
docs citations

79
times ranked

2065
citing authors

#	ARTICLE	IF	CITATIONS
1	Prevalence of adult overweight and obesity in 20 European countries, 2014. <i>European Journal of Public Health</i> , 2018, 28, 295-300.	0.1	172
2	Prevalence and trends of overweight and obesity in older adults from 10 European countries from 2005 to 2013. <i>Scandinavian Journal of Public Health</i> , 2018, 46, 522-529.	1.2	100
3	The association between physical activity and mental health during the first year of the COVID-19 pandemic: a systematic review. <i>BMC Public Health</i> , 2022, 22, 209.	1.2	86
4	Prevalence of Physical Activity among Adolescents from 105 Low, Middle, and High-Income Countries. <i>International Journal of Environmental Research and Public Health</i> , 2020, 17, 3145.	1.2	60
5	Effectiveness on hospital-acquired pressure ulcers prevention: a systematic review. <i>International Wound Journal</i> , 2019, 16, 1087-1102.	1.3	59
6	Prevalence of Risk for Exercise Dependence: A Systematic Review. <i>Sports Medicine</i> , 2019, 49, 319-330.	3.1	58
7	Trends in Physical Fitness Among School-Aged Children and Adolescents: A Systematic Review. <i>Frontiers in Pediatrics</i> , 2020, 8, 627529.	0.9	53
8	Active Commuting and Physical Fitness: A Systematic Review. <i>International Journal of Environmental Research and Public Health</i> , 2020, 17, 2721.	1.2	50
9	Self-rated health and health-related quality of life are related with adolescents' healthy lifestyle. <i>Public Health</i> , 2019, 170, 89-94.	1.4	48
10	Cross-sectional and prospective relationship between physical activity and depression symptoms. <i>Scientific Reports</i> , 2020, 10, 16114.	1.6	44
11	The Effect of Muscular Strength on Depression Symptoms in Adults: A Systematic Review and Meta-Analysis. <i>International Journal of Environmental Research and Public Health</i> , 2020, 17, 5674.	1.2	37
12	Associations between physical activity and self-rated wellbeing in European adults: A population-based, cross-sectional study. <i>Preventive Medicine</i> , 2016, 91, 18-23.	1.6	36
13	Healthy Lifestyle in Children and Adolescents and Its Association with Subjective Health Complaints: Findings from 37 Countries and Regions from the HBSC Study. <i>International Journal of Environmental Research and Public Health</i> , 2019, 16, 3292.	1.2	32
14	Predictors of Metabolic Syndrome in Adults and Older Adults from Amazonas, Brazil. <i>International Journal of Environmental Research and Public Health</i> , 2021, 18, 1303.	1.2	29
15	Different levels of physical activity and depression symptoms among older adults from 18 countries: A population-based study from the Survey of Health, Ageing and Retirement in Europe (SHARE). <i>European Journal of Sport Science</i> , 2021, 21, 887-894.	1.4	27
16	Test-retest reliability of physical fitness tests among young athletes: The FITescola battery. <i>Clinical Physiology and Functional Imaging</i> , 2020, 40, 173-182.	0.5	27
17	Cross-sectional and prospective relationship between physical activity and chronic diseases in European older adults. <i>International Journal of Public Health</i> , 2017, 62, 495-502.	1.0	26
18	Grip Strength and Depression Symptoms Among Middle-Age and Older Adults. <i>Mayo Clinic Proceedings</i> , 2020, 95, 2134-2143.	1.4	25

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19	Associations between vigorous physical activity and chronic diseases in older adults: a study in 13 European countries. <i>European Journal of Public Health</i> , 2018, 28, 950-955.	0.1	24
20	Promoting health-related cardiorespiratory fitness in physical education: A systematic review. <i>PLoS ONE</i> , 2020, 15, e0237019.	1.1	24
21	Field-Based Health-Related Physical Fitness Tests in Children and Adolescents: A Systematic Review. <i>Frontiers in Pediatrics</i> , 2021, 9, 640028.	0.9	24
22	Active Commuting to School and Physical Activity Levels among 11 to 16 Year-Old Adolescents from 63 Low- and Middle-Income Countries. <i>International Journal of Environmental Research and Public Health</i> , 2020, 17, 1276.	1.2	23
23	Active Commuting and Depression Symptoms in Adults: A Systematic Review. <i>International Journal of Environmental Research and Public Health</i> , 2020, 17, 1041.	1.2	23
24	Physical activity buffers the negative relationship between multimorbidity, self-rated health and life satisfaction. <i>Journal of Public Health</i> , 2018, 40, e328-e335.	1.0	22
25	Few European Adults are Living a Healthy Lifestyle. <i>American Journal of Health Promotion</i> , 2019, 33, 391-398.	0.9	21
26	Bidirectional Association between Physical Activity and Dopamine Across Adulthood—A Systematic Review. <i>Brain Sciences</i> , 2021, 11, 829.	1.1	21
27	European adults' physical activity socio-demographic correlates: a cross-sectional study from the European Social Survey. <i>PeerJ</i> , 2016, 4, e2066.	0.9	20
28	Session Frequency Matters in Neurofeedback Training of Athletes. <i>Applied Psychophysiology Biofeedback</i> , 2021, 46, 195-204.	1.0	17
29	Regular physical activity eliminates the harmful association of television watching with multimorbidity. A cross-sectional study from the European Social Survey. <i>Preventive Medicine</i> , 2018, 109, 28-33.	1.6	16
30	Sleep in adolescence: sex matters?. <i>Sleep Science</i> , 2019, 12, 138-146.	0.4	15
31	Association between Perceived Neighborhood Built Environment and Walking and Cycling for Transport among Inhabitants from Latin America: The ELANS Study. <i>International Journal of Environmental Research and Public Health</i> , 2020, 17, 6858.	1.2	14
32	Self-rated wellbeing and physical activity associations in European older adults. <i>European Journal of Sport Science</i> , 2018, 18, 1038-1044.	1.4	13
33	Leisure-time physical activity is negatively associated with depression symptoms independently of the socioeconomic status. <i>European Journal of Sport Science</i> , 2020, 20, 1268-1276.	1.4	13
34	Agreement Between Self-Reported and Device-Based Sedentary Time among Eight Countries: Findings from the ELANS. <i>Prevention Science</i> , 2021, 22, 1036-1047.	1.5	13
35	The Association of Grip Strength with Depressive Symptoms among Middle-Aged and Older Adults with Different Chronic Diseases. <i>International Journal of Environmental Research and Public Health</i> , 2020, 17, 6942.	1.2	12
36	Cardiorespiratory fitness and telomere length: a systematic review. <i>Journal of Sports Sciences</i> , 2020, 38, 1690-1697.	1.0	12

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37	The Association of Healthy Lifestyle Behaviors with Overweight and Obesity among Older Adults from 21 Countries. <i>Nutrients</i> , 2021, 13, 315.	1.7	12
38	Prevalence and sociodemographic correlates of meeting the Canadian 24-hour movement guidelines among latin american adults: a multi-national cross-sectional study. <i>BMC Public Health</i> , 2022, 22, 217.	1.2	12
39	Trends of Healthy Lifestyles Among Adolescents: An Analysis of More Than Half a Million Participants From 32 Countries Between 2006 and 2014. <i>Frontiers in Pediatrics</i> , 2021, 9, 645074.	0.9	11
40	Exploring psychosocial correlates of physical activity among children and adolescents with spina bifida. <i>Disability and Health Journal</i> , 2015, 8, 123-129.	1.6	10
41	Socio-demographic correlates of physical activity among European older people. <i>European Journal of Ageing</i> , 2018, 15, 5-13.	1.2	10
42	Longitudinal Association between Sport Participation and Depressive Symptoms after a Two-Year Follow-Up in Mid-Adolescence. <i>International Journal of Environmental Research and Public Health</i> , 2020, 17, 7469.	1.2	10
43	Correlates of physical activity in young people: A narrative review of reviews. Implications for		

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55	Physical Activity Dimensions Differentially Predict Physical and Mental Components of Health-Related Quality of Life: Evidence from a Sport for All Study. <i>Sustainability</i> , 2021, 13, 13370.	1.6	5
56	Promoting Health-Related Cardiorespiratory Fitness in Physical Education: The Role of Class Intensity and Habitual Physical Activity. <i>International Journal of Environmental Research and Public Health</i> , 2020, 17, 6852.	1.2	4
57	Participation in Physical Activity is Associated with Well-being in European University Students. <i>Montenegrin Journal of Sports Science and Medicine</i> , 2021, 10, 41-46.	0.3	4
58	Translation and Validation of the Basic Psychological Need Satisfaction in Active Commuting to and from School (BPNS-ACS) Scale in Young Portuguese Students. <i>International Journal of Environmental Research and Public Health</i> , 2021, 18, 13091.	1.2	4
59	Meeting 24-h movement guidelines and markers of adiposity in adults from eight Latin America countries: the ELANS study. <i>Scientific Reports</i> , 2022, 12, .	1.6	4
60	Physical Fitness Predicts Subsequent Improvement in Academic Achievement: Differential Patterns Depending on Pupils' Age. <i>Sustainability</i> , 2020, 12, 8874.	1.6	3
61	The influence of socioeconomic status and age on the prevalence of overweight and obesity among 5 to 10-year-old children in Curitiba, Brazil. <i>American Journal of Human Biology</i> , 2020, 32, e23424.	0.8	3
62	Estimation of Engagement in Moderate-to-Vigorous Physical Activity from Direct Observation: A Proposal for School Physical Education. <i>Children</i> , 2021, 8, 67.	0.6	3
63	Physical Activity and Body-Mass-Index: Do Family, Friends and Teachers Restrain the Risk for Physical Inactivity in Adolescents?. <i>Sustainability</i> , 2021, 13, 6992.	1.6	3
64	A Systematic Review of the Association Between Muscular Fitness and Telomere Length Across the Adult Lifespan. <i>Frontiers in Physiology</i> , 2021, 12, 706189.	1.3	3
65	Study Protocol of a School-Based Randomized Controlled Trial to Promote Cycling to School Among Students in Germany Using Intervention Mapping: The ACTS Project. <i>Frontiers in Public Health</i> , 2021, 9, 661119.	1.3	3
66	Effects of obesity on perception of ability and perception of body image in Portuguese children and adolescents. <i>Journal of Human Sport and Exercise</i> , 2016, 11, .	0.2	3
67	Grip strength as a predictor of depressive symptoms among vulnerable elderly Europeans with musculoskeletal conditions. <i>Scientific Reports</i> , 2021, 11, 21329.	1.6	3
68	Adaptation of the Behavioural Regulation in Active Commuting to School (BR-ACS) Questionnaire in Portuguese Youth. <i>Children</i> , 2022, 9, 182.	0.6	3
69	THE RELATIONSHIP BETWEEN FORMAL AND INFORMAL PHYSICAL ACTIVITY AND THE BODY MASS INDEX. <i>British Journal of Sports Medicine</i> , 2013, 47, e4.24-e4.	3.1	2
70	Achievement goals and self-determination in adult football players – a cluster analysis. <i>Kinesiology</i> , 2018, 50, 43-51.	0.3	2
71	Psychosocial correlates of organized physical activity in Portuguese urban youth. <i>Motriz Revista De Educacao Fisica</i> , 2016, 22, 327-334.	0.3	2
72	The effect of school year and summer break in health-related cardiorespiratory fitness: A 2-year longitudinal analysis. <i>Journal of Sports Sciences</i> , 2022, 40, 1175-1182.	1.0	2

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73	CORRELATES OF MOTIVATION TO PRACTICE PHYSICAL ACTIVITY AMONG STUDENTS FROM PORTUGUESE MILITARY COLLEGE. <i>British Journal of Sports Medicine</i> , 2013, 47, e4.3-e4.	3.1	1
74	Fitness, physical activity, or sedentary patterns? Integrated analysis with obesity surrogates in a large youth sample. <i>American Journal of Human Biology</i> , 2020, 33, e23522.	0.8	1
75	Identificação de padrões de atividade física e comportamentos sedentários em adolescentes, com recurso à avaliação momentânea ecológica. <i>Revista Portuguesa De Saude Publica</i> , 2016, 34, 38-45.	0.3	0

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