

Warren Mansell

List of Publications by Year in descending order

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Version: 2024-02-01

177
papers

7,184
citations

71102

41
h-index

74163

75
g-index

184
all docs

184
docs citations

184
times ranked

5220
citing authors

#	ARTICLE	IF	CITATIONS
1	Perfectionism and psychopathology: a review of research and treatment. <i>Clinical Psychology Review</i> , 2001, 21, 879-906.	11.4	442
2	Are there two qualitatively distinct forms of dissociation? A review and some clinical implications. <i>Clinical Psychology Review</i> , 2005, 25, 1-23.	11.4	441
3	Attention processes in the maintenance and treatment of social phobia: hypervigilance, avoidance and self-focused attention. <i>Clinical Psychology Review</i> , 2004, 24, 827-856.	11.4	432
4	Social Anxiety and Attention away from Emotional Faces. <i>Cognition and Emotion</i> , 1999, 13, 673-690.	2.0	322
5	Patients with generalized social phobia direct their attention away from faces. <i>Behaviour Research and Therapy</i> , 2002, 40, 677-687.	3.1	264
6	Conceptual Foundations of the Transdiagnostic Approach to CBT. <i>Journal of Cognitive Psychotherapy</i> , 2009, 23, 6-19.	0.4	243
7	How do I appear to others? Social anxiety and processing of the observable self. <i>Behaviour Research and Therapy</i> , 1999, 37, 419-434.	3.1	182
8	Conversational Agents in the Treatment of Mental Health Problems: Mixed-Method Systematic Review. <i>JMIR Mental Health</i> , 2019, 6, e14166.	3.3	130
9	Goal conflict and well-being: A review and hierarchical model of goal conflict, ambivalence, self-discrepancy and self-concordance. <i>Personality and Individual Differences</i> , 2015, 85, 212-229.	2.9	125
10	Internal versus external attention in social anxiety: an investigation using a novel paradigm. <i>Behaviour Research and Therapy</i> , 2003, 41, 555-572.	3.1	123
11	A survey of parents' reactions to the diagnosis of an autistic spectrum disorder by a local service. <i>Autism</i> , 2004, 8, 387-407.	4.1	118
12	Cognitive Behavioral Processes Across Psychological Disorders: A Review of the Utility and Validity of the Transdiagnostic Approach. <i>International Journal of Cognitive Therapy</i> , 2008, 1, 181-191.	2.2	118
13	Selective attention in social phobia and the moderating effect of a concurrent depressive disorder. <i>Behaviour Research and Therapy</i> , 2003, 41, 1043-1054.	3.1	111
14	Control theory and psychopathology: An integrative approach. <i>Psychology and Psychotherapy: Theory, Research and Practice</i> , 2005, 78, 141-178.	2.5	107
15	Manage Your Life Online (MYLO): A Pilot Trial of a Conversational Computer-Based Intervention for Problem Solving in a Student Sample. <i>Behavioural and Cognitive Psychotherapy</i> , 2014, 42, 731-746.	1.2	99
16	A preliminary study of autobiographical memory in remitted bipolar and unipolar depression and the role of imagery in the specificity of memory. <i>Memory</i> , 2004, 12, 437-446.	1.7	90
17	Manage Your Life Online: A Web-Based Randomized Controlled Trial Evaluating the Effectiveness of a Problem-Solving Intervention in a Student Sample. <i>Behavioural and Cognitive Psychotherapy</i> , 2018, 46, 570-582.	1.2	83
18	Perceptual Control as a Unifying Concept in Psychology. <i>Review of General Psychology</i> , 2013, 17, 190-195.	3.2	81

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19	Appraisal of hypomania-relevant experiences: Development of a questionnaire to assess positive self-dispositional appraisals in bipolar and behavioural high risk samples. <i>Journal of Affective Disorders</i> , 2006, 93, 19-28.	4.1	79
20	A systematic review of the relationship between rigidity/flexibility and transdiagnostic cognitive and behavioral processes that maintain psychopathology. <i>Journal of Experimental Psychopathology</i> , 2018, 9, 204380871877943.	0.8	78
21	The nature and treatment of depression in bipolar disorder: A review and implications for future psychological investigation. <i>Clinical Psychology Review</i> , 2005, 25, 1076-1100.	11.4	73
22	Extreme appraisals of internal states and bipolar symptoms: The Hypomanic Attitudes and Positive Predictions Inventory.. <i>Psychological Assessment</i> , 2011, 23, 635-645.	1.5	72
23	Control blindness: Why people can make incorrect inferences about the intentions of others. <i>Attention, Perception, and Psychophysics</i> , 2017, 79, 841-849.	1.3	68
24	Do What You Tell Me! Elevated mood and the assessment of advice-taking in euthymic bipolar I disorder. <i>Behaviour Research and Therapy</i> , 2006, 44, 1787-1801.	3.1	67
25	What is the mechanism of psychological change? A qualitative analysis of six individuals who experienced personal change and recovery. <i>Psychology and Psychotherapy: Theory, Research and Practice</i> , 2008, 81, 309-328.	2.5	66
26	The Take Control Course: Conceptual Rationale for the Development of a Transdiagnostic Group for Common Mental Health Problems. <i>Frontiers in Psychology</i> , 2016, 7, 99.	2.1	65
27	The ascent into mania: A review of psychological processes associated with the development of manic symptoms. <i>Clinical Psychology Review</i> , 2008, 28, 494-520.	11.4	64
28	The Assessment and Modeling of Perceptual Control: A Transformation in Research Methodology to Address the Replication Crisis. <i>Review of General Psychology</i> , 2018, 22, 305-320.	3.2	63
29	SOCIAL ANXIETY, SELF-FOCUSED ATTENTION, AND THE DISCRIMINATION OF NEGATIVE, NEUTRAL AND POSITIVE AUDIENCE MEMBERS BY THEIR NON-VERBAL BEHAVIOURS. <i>Behavioural and Cognitive Psychotherapy</i> , 2002, 30, 11-23.	1.2	58
30	An experimental test of the role of control in spider fear. <i>Journal of Anxiety Disorders</i> , 2017, 49, 12-20.	3.2	58
31	Client Perceptions of Helpfulness in Therapy: a Novel Video-Rating Methodology for Examining Process Variables at Brief Intervals During a Single Session. <i>Behavioural and Cognitive Psychotherapy</i> , 2017, 45, 647-660.	1.2	58
32	The Brief-HAPPI: A questionnaire to assess cognitions that distinguish between individuals with a diagnosis of bipolar disorder and non-clinical controls. <i>Journal of Affective Disorders</i> , 2006, 93, 29-34.	4.1	57
33	Attention to Positive and Negative Social-Evaluative Words: Investigating the Effects of Social Anxiety, Trait Anxiety and Social Threat. <i>Anxiety, Stress and Coping</i> , 2002, 15, 19-29.	2.9	55
34	The Hypomanic Attitudes and Positive Predictions Inventory (HAPPI): A Pilot Study to Select Cognitions that are Elevated in Individuals with Bipolar Disorder Compared to Non-Clinical Controls. <i>Behavioural and Cognitive Psychotherapy</i> , 2006, 34, 467.	1.2	53
35	An integrative mechanistic account of psychological distress, therapeutic change and recovery: The Perceptual Control Theory approach. <i>Clinical Psychology Review</i> , 2011, 31, 249-259.	11.4	52
36	Dementia: towards a perceptual control theory perspective. <i>Quality in Ageing and Older Adults</i> , 2016, 17, 229-238.	0.8	52

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37	What is good communication for people living with dementia? A mixed-methods systematic review. <i>International Psychogeriatrics</i> , 2017, 29, 1785-1800.	1.0	52
38	Intrusive memories and images in bipolar disorder. <i>Behaviour Research and Therapy</i> , 2010, 48, 698-703.	3.1	51
39	Sources of Distress in First-Episode Psychosis: A Systematic Review and Qualitative Metasynthesis. <i>Qualitative Health Research</i> , 2019, 29, 107-123.	2.1	50
40	Do Perceptual Instructions Lead to Enhanced Performance Relative to Behavioral Instructions?. <i>Journal of Motor Behavior</i> , 2018, 50, 312-320.	0.9	49
41	Cognitive perspectives on unresolved loss: Insights from the study of PTSD. <i>Bulletin of the Menninger Clinic</i> , 2001, 65, 380-396.	0.6	46
42	The process of recovery from bipolar I disorder: A qualitative analysis of personal accounts in relation to an integrative cognitive model. <i>British Journal of Clinical Psychology</i> , 2010, 49, 193-215.	3.5	45
43	Emotion regulation strategies in bipolar disorder: A systematic and critical review. <i>Journal of Affective Disorders</i> , 2019, 246, 262-284.	4.1	45
44	A biopsychosocial model based on negative feedback and control. <i>Frontiers in Human Neuroscience</i> , 2014, 8, 94.	2.0	41
45	Extreme positive and negative appraisals of activated states interact to discriminate bipolar disorder from unipolar depression and non-clinical controls. <i>Journal of Affective Disorders</i> , 2011, 134, 438-443.	4.1	40
46	The Seven C's of CBT: A Consideration of the Future Challenges for Cognitive Behaviour Therapy. <i>Behavioural and Cognitive Psychotherapy</i> , 2008, 36, 641-649.	1.2	39
47	Extreme Appraisals of Internal States in Bipolar I Disorder: A Multiple Control Group Study. <i>Cognitive Therapy and Research</i> , 2011, 35, 87-97.	1.9	38
48	Flexible and tenacious goal pursuit lead to improving well-being in an aging population: a ten-year cohort study. <i>International Psychogeriatrics</i> , 2013, 25, 16-24.	1.0	38
49	The Interpretation of, and Responses to, Changes in Internal States: An Integrative Cognitive Model of Mood Swings and Bipolar Disorders. <i>Behavioural and Cognitive Psychotherapy</i> , 2007, 35, .	1.2	35
50	An integrative formulation-based cognitive treatment of bipolar disorders: Application and illustration. <i>Journal of Clinical Psychology</i> , 2007, 63, 447-461.	1.9	35
51	Failing to ponder? delusion-prone individuals rush to conclusions. <i>Clinical Psychology and Psychotherapy</i> , 2009, 16, 111-124.	2.7	34
52	Think Effectively About Mood Swings (TEAMS): A case series of cognitive-behavioural therapy for bipolar disorders. <i>Journal of Behavior Therapy and Experimental Psychiatry</i> , 2012, 43, 770-779.	1.2	34
53	It's nice to think somebody's listening to me instead of saying "oh shut up". People with dementia reflect on what makes communication good and meaningful. <i>Journal of Psychiatric and Mental Health Nursing</i> , 2020, 27, 151-161.	2.1	34
54	A Transdiagnostic Approach to CBT using Method of Levels Therapy. , 0, , .		33

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55	Goal conflict and ambivalence interact to predict depression. <i>Personality and Individual Differences</i> , 2011, 50, 531-534.	2.9	32
56	Science and Practice of Transdiagnostic CBT: A Perceptual Control Theory (PCT) Approach. <i>International Journal of Cognitive Therapy</i> , 2014, 7, 334-359.	2.2	32
57	Do current beliefs predict hypomanic symptoms beyond personality style? Factor analysis of the hypomanic attitudes and positive predictions inventory (HAPPI) and its association with hypomanic symptoms in a student population. <i>Journal of Clinical Psychology</i> , 2008, 64, 450-465.	1.9	30
58	Principal Components Analysis of the Hypomanic Attitudes and Positive Predictions Inventory and Associations with Measures of Personality, Cognitive Style and Analogue Symptoms in a Student Sample. <i>Behavioural and Cognitive Psychotherapy</i> , 2010, 38, 15-33.	1.2	30
59	What's therapeutic about the therapeutic relationship? A hypothesis for practice informed by Perceptual Control Theory. <i>The Cognitive Behaviour Therapist</i> , 2012, 5, 47-59.	1.0	28
60	MindSurf: a pilot study to assess the usability and acceptability of a smartphone app designed to promote contentment, wellbeing, and goal achievement. <i>BMC Psychiatry</i> , 2016, 16, 442.	2.6	27
61	Is There a Core Process Across Depression and Anxiety?. <i>Cognitive Therapy and Research</i> , 2013, 37, 307-323.	1.9	26
62	What lies between hypomania and bipolar disorder? A qualitative analysis of 12 non-treatment-seeking people with a history of hypomanic experiences and no history of major depression. <i>Psychology and Psychotherapy: Theory, Research and Practice</i> , 2008, 81, 33-53.	2.5	24
63	Using implementation intentions to overcome the effect of mood on risky behaviour. <i>British Journal of Social Psychology</i> , 2012, 51, 330-345.	2.8	24
64	Core processes of psychopathology and recovery: "Does the Dodo bird effect have wings?" <i>Clinical Psychology Review</i> , 2011, 31, 189-192.	11.4	23
65	Control of Perception Should be Operationalized as a Fundamental Property of the Nervous System. <i>Topics in Cognitive Science</i> , 2011, 3, 257-261.	1.9	23
66	The Origins and Future of Control Theory in Psychology. <i>Review of General Psychology</i> , 2015, 19, 425-430.	3.2	23
67	A century of psychology and psychotherapy: Is an understanding of control the missing link between theory, research, and practice?. <i>Psychology and Psychotherapy: Theory, Research and Practice</i> , 2009, 82, 337-353.	2.5	22
68	A test of the core process account of psychopathology in a heterogenous clinical sample of anxiety and depression: A case of the blind men and the elephant?. <i>Journal of Anxiety Disorders</i> , 2017, 46, 4-10.	3.2	22
69	Improving professional psychological practice through an increased repertoire of research methodologies: Illustrated by the development of MOL. <i>Professional Psychology: Research and Practice</i> , 2017, 48, 175-182.	1.0	21
70	Cross-validation of the Mood Disorders Questionnaire, the Internal State Scale, and the Hypomanic Personality Scale. <i>Personality and Individual Differences</i> , 2007, 42, 1539-1549.	2.9	20
71	Communication Empowerment Framework: An integrative framework to support effective communication and interaction between carers and people living with dementia. <i>Dementia</i> , 2020, 19, 1739-1757.	2.0	20
72	CONSCIOUS APPRAISAL AND THE MODIFICATION OF AUTOMATIC PROCESSES IN ANXIETY. <i>Behavioural and Cognitive Psychotherapy</i> , 2000, 28, 99-120.	1.2	19

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73	“Get So Energetic and Dominating!” A study of hypomanic personality and conflicting self-perception during activated states in a co-operative task. <i>Personality and Individual Differences</i> , 2008, 45, 483-487.	2.9	19
74	To attend or not attend? A critical review of the factors impacting on initial appointment attendance from an approach-avoidance perspective. <i>Journal of Mental Health</i> , 2013, 22, 72-82.	1.9	19
75	Motor Control as the Control of Perception. <i>Perceptual and Motor Skills</i> , 2013, 117, 236-247.	1.3	19
76	“It was me answering my own questions”: Experiences of method of levels therapy amongst people with first-episode psychosis. <i>International Journal of Mental Health Nursing</i> , 2019, 28, 721-734.	3.8	18
77	The experience of recovery from the perspective of people with common mental health problems: Findings from a telephone survey. <i>International Journal of Nursing Studies</i> , 2012, 49, 1375-1382.	5.6	17
78	Conceptualizing A Cycle Of Ascent Into Mania: A Case Report. <i>Behavioural and Cognitive Psychotherapy</i> , 2003, 31, 363-367.	1.2	16
79	“What people diagnosed with bipolar disorder experience as distressing”: A meta-synthesis of qualitative research. <i>Journal of Affective Disorders</i> , 2019, 248, 108-130.	4.1	15
80	Transdiagnostic psychiatry goes above and beyond classification. <i>World Psychiatry</i> , 2019, 18, 360-361.	10.4	15
81	Positive and negative appraisals of the consequences of activated states uniquely relate to symptoms of hypomania and depression. <i>Cognition and Emotion</i> , 2012, 26, 899-906.	2.0	14
82	A novel cognitive behaviour therapy for bipolar disorders (Think Effectively About Mood Swings or) Tj ETQq0 0 0 rgBT /Overlock 10 Tf 50	1.6	14
83	Conflicted control systems: the neural architecture of trauma. <i>Lancet Psychiatry</i> , 2014, 1, 316-318.	7.4	14
84	Method of Levels: initial steps in assessing adherence and the development of a qualitative framework for mapping clients' control hierarchies. <i>The Cognitive Behaviour Therapist</i> , 2009, 2, 145-166.	1.0	13
85	Factor structure of the Hypomanic Attitudes and Positive Predictions Inventory and associations with analogue bipolar symptoms in a student sample. <i>Personality and Individual Differences</i> , 2011, 50, 349-354.	2.9	13
86	Do Extreme Beliefs About Internal States Predict Mood Swings in an Analogue Sample?. <i>Cognitive Therapy and Research</i> , 2011, 35, 497-504.	1.9	13
87	Pilot Study of an Investigation of Psychological Factors Associated with First Appointment Nonattendance in a Low-Intensity Service. <i>Behavioural and Cognitive Psychotherapy</i> , 2013, 41, 458-469.	1.2	13
88	Perceptual control models of pursuit manual tracking demonstrate individual specificity and parameter consistency. <i>Attention, Perception, and Psychophysics</i> , 2017, 79, 2523-2537.	1.3	13
89	A systematic evaluation of the evidence for perceptual control theory in tracking studies. <i>Neuroscience and Biobehavioral Reviews</i> , 2020, 112, 616-633.	6.1	13
90	Processes underlying ambivalence in help-seeking: The loss of valued control model.. <i>Clinical Psychology: Science and Practice</i> , 2012, 19, 107-124.	0.9	12

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91	Appraisals to affect: Testing the integrative cognitive model of bipolar disorder. <i>British Journal of Clinical Psychology</i> , 2016, 55, 225-235.	3.5	12
92	Thematic associations between personal goals and clinical and non-clinical voices (auditory verbal) Tj ETQq0 0 0 rgBT /Overlock 10 Tf 50	0.8	12
93	Clients' experiences of one-to-one low-intensity interventions for common mental health problems: An interpretative phenomenological analysis. <i>Psychology and Psychotherapy: Theory, Research and Practice</i> , 2019, 92, 565-583.	2.5	12
94	An investigation of belief-bias and logicity in reasoning with emotional contents. <i>Thinking and Reasoning</i> , 2012, 18, 461-479.	3.2	11
95	The Cognitive Behavioural Processes Questionnaire: A Preliminary Analysis within Student, Mixed Clinical and Community Samples and the Identification of a Core Transdiagnostic Process. <i>Cognitive Therapy and Research</i> , 2015, 39, 193-203.	1.9	11
96	Method of levels therapy for first-episode psychosis: rationale, design and baseline data for the feasibility randomised controlled Next Level study. <i>BJPsych Open</i> , 2018, 4, 339-345.	0.7	11
97	Living the life you want following a diagnosis of bipolar disorder: A grounded theory approach. <i>Clinical Psychology and Psychotherapy</i> , 2019, 26, 362-377.	2.7	11
98	Individual experiences of psychological-based interventions for bipolar disorder: A systematic review and thematic synthesis. <i>Psychology and Psychotherapy: Theory, Research and Practice</i> , 2019, 92, 499-522.	2.5	11
99	Show us a behaviour without a cognition and we'll show you a rock rolling down a hill. <i>The Cognitive Behaviour Therapist</i> , 2009, 2, 123-133.	1.0	10
100	Prospective cohort feasibility study of a transdiagnostic group intervention for common mental health problems: The TAKE CONTROL course. <i>Psychology and Psychotherapy: Theory, Research and Practice</i> , 2016, 89, 163-180.	2.5	10
101	Cognitive Behavioural Therapy for Cyclothymia: Cognitive Regulatory Control as a Mediator of Mood Change. <i>Behavioural and Cognitive Psychotherapy</i> , 2012, 40, 412-424.	1.2	9
102	Perseverative negative cognitive processes are associated with depression in people with long-term conditions. <i>Chronic Illness</i> , 2012, 8, 102-111.	1.5	9
103	“When my Moods Drive Upward There Is Nothing I Can Do about It”: A Review of Extreme Appraisals of Internal States and the Bipolar Spectrum. <i>Frontiers in Psychology</i> , 2017, 8, 1235.	2.1	9
104	A qualitative analysis of young people's experiences of receiving a novel, client-led, psychological therapy in school. <i>Counselling and Psychotherapy Research</i> , 2019, 19, 409-418.	3.2	9
105	Agents of change: Understanding the therapeutic processes associated with the helpfulness of therapy for mental health problems with relational agent MYLO. <i>Digital Health</i> , 2020, 6, 205520762091158.	1.8	9
106	A Thematic Analysis of Multiple Pathways Between Nature Engagement Activities and Well-Being. <i>Frontiers in Psychology</i> , 2021, 12, 580992.	2.1	9
107	The perceptual control model of psychopathology. <i>Current Opinion in Psychology</i> , 2021, 41, 15-20.	4.9	9
108	Encouraging acceptance of ambivalence using the expressive writing paradigm. <i>Psychology and Psychotherapy: Theory, Research and Practice</i> , 2012, 85, 220-228.	2.5	8

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109	Self Appraisals of Internal States and Risk of Analogue Bipolar Symptoms in Student Samples: Evidence from Standardised Behavioural Observations and a Diary Study. <i>Cognitive Therapy and Research</i> , 2013, 37, 981-995.	1.9	8
110	Classification of Psychopathology and Unifying Theory the Ingredients of a Darwinian Paradigm Shift in Research Methodology. <i>Psychopathology Review</i> , 2015, a2, 129-153.	0.9	8
111	Approach-Avoidance Attitudes Associated with Initial Therapy Appointment Attendance: A Prospective Study. <i>Behavioural and Cognitive Psychotherapy</i> , 2016, 44, 118-122.	1.2	8
112	What is distressing about auditory verbal hallucinations? The contribution of goal interference and goal facilitation. <i>Psychology and Psychotherapy: Theory, Research and Practice</i> , 2017, 90, 720-734.	2.5	8
113	Method of levels therapy for first-episode psychosis: The feasibility randomized controlled Next Level trial. <i>Journal of Clinical Psychology</i> , 2019, 75, 1756-1769.	1.9	8
114	Why Do We Need Computational Models of Psychological Change and Recovery, and How Should They Be Designed and Tested?. <i>Frontiers in Psychiatry</i> , 2020, 11, 624.	2.6	8
115	Dysfunctional beliefs in individuals with bipolar disorders. , 2006, , 73-90.		8
116	Universal Selection Theory: Implications for multidisciplinary approaches to clinical psychology and psychiatry. <i>New Ideas in Psychology</i> , 2003, 21, 121-140.	1.9	7
117	Cognitive Biases in Hypomanic Personality: Preliminary Findings Indicating the Relevance of Self-Versus-Other Encoding and High-Versus-Low Levels of Activation. <i>Behavioural and Cognitive Psychotherapy</i> , 2010, 38, 459-472.	1.2	7
118	The Psychological Pathway to Suicide Attempts: A Strategy of Control Without Awareness. <i>Frontiers in Psychology</i> , 2021, 12, 588683.	2.1	7
119	Extreme Appraisals of Internal States and Duration of Remission in Remitted Bipolar Patients. <i>Noropsikiyatri Arsivi</i> , 2015, 52, 406-411.	0.7	7
120	Bipolar Vulnerability and Extreme Appraisals Of Internal States: A Computerized Ratings Study. <i>Clinical Psychology and Psychotherapy</i> , 2011, 18, 387-396.	2.7	6
121	The effect of emotion on statistical reasoning: Findings from a base rates task. <i>Journal of Cognitive Psychology</i> , 2013, 25, 277-282.	0.9	6
122	How do people achieve and remain at a comfortable weight?: an interpretative phenomenological analysis. <i>The Cognitive Behaviour Therapist</i> , 2013, 6, .	1.0	6
123	What are People's Experiences of a Novel Cognitive Behavioural Therapy for Bipolar Disorders? A Qualitative Investigation with Participants on the TEAMS Trial. <i>Clinical Psychology and Psychotherapy</i> , 2017, 24, 712-726.	2.7	6
124	A school-based feasibility study of method of levels: a novel form of client-led counselling. <i>Pastoral Care in Education</i> , 2019, 37, 331-346.	1.8	6
125	The 4Ds of Dealing With Distress â€œ Distract, Dilute, Develop, and Discover: An Ultra-Brief Intervention for Occupational and Academic Stress. <i>Frontiers in Psychology</i> , 2020, 11, 611156.	2.1	6
126	Mood-Dependent Cognitive Change in a Man With Bipolar Disorder Who Cycles Every 24 Hours. <i>Cognitive and Behavioral Practice</i> , 2008, 15, 255-262.	1.5	5

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127	Effects of Appraisals of Anomalous Experience on Distress in People at Risk of Psychosis. Behavioural and Cognitive Psychotherapy, 2013, 41, 24-33.	1.2	5
128	Experiences of a transdiagnostic group, the <scp>T</scp>ake <scp>C</scp>ontrol <scp>C</scp>ourse, for clients with common mental health problems: A qualitative study. Clinical Psychology and Psychotherapy, 2018, 25, 730-744.	2.7	5
129	Behavioral anatomy of a hunt. Attention, Perception, and Psychophysics, 2020, 82, 3112-3123.	1.3	5
130	Sensorimotor delays in tracking may be compensated by negative feedback control of motion-extrapolated position. Experimental Brain Research, 2021, 239, 189-204.	1.5	5
131	The dental cognitions questionnaire in CBT for dental phobia in an adolescent with multiple phobias. Journal of Behavior Therapy and Experimental Psychiatry, 2003, 34, 65-71.	1.2	4
132	Keep it Simpleâ€”The Transdiagnostic Approach to CBT. International Journal of Cognitive Therapy, 2008, 1, 179-180.	2.2	4
133	Understanding control and utilizing Control Theory in the science and practice of CBT. The Cognitive Behaviour Therapist, 2009, 2, 115-117.	1.0	4
134	Perceptual Control Theory as an integrative framework and Method of Levels as a cognitive therapy: what are the pros and cons?. The Cognitive Behaviour Therapist, 2009, 2, 178-196.	1.0	4
135	Appraisals of Internal States and their Consequences: Relationship to Adolescent Analogue Bipolar Symptoms. Behavioural and Cognitive Psychotherapy, 2016, 44, 214-224.	1.2	4
136	A test of the feasibility of a visualization method to show the depth and duration of awareness during Method of Levels therapy. The Cognitive Behaviour Therapist, 2019, 12, .	1.0	4
137	The development of a theoretically derived measure exploring extreme appraisals of sleep in bipolar disorder: a Delphi study with professionals. Behavioural and Cognitive Psychotherapy, 2020, 48, 395-407.	1.2	4
138	Cognitive psychology and anxiety. Psychiatry (Abingdon, England), 2004, 3, 6-10.	0.2	3
139	The relevance of uncertainty and goal conflict to mental disorders, their prevention and management: a unifying approach. The Cognitive Behaviour Therapist, 2016, 9, .	1.0	3
140	The development and evaluation of the Depth and Duration of Awareness Coding Scheme (D-DACS). The Cognitive Behaviour Therapist, 2018, 11, .	1.0	3
141	Changing Behavior Using Control Theory. , 2020, , 120-135.		3
142	A school-based case series to examine the feasibility and acceptability of a PCT-informed psychological intervention that combines client-led counselling (Method of levels) and a parentâ€”child activity (Shared goals). British Journal of Guidance and Counselling, 2021, 49, 587-602.	1.2	3
143	A process-focused case series of a school-based intervention aimed at giving young people choice and control over their attendance and their goals in therapy. British Journal of Guidance and Counselling, 2021, 49, 565-586.	1.2	3
144	Use of the Method of Levels Therapy as a Low-Intensity Intervention to Work With People Experiencing Sleep Difficulties. Journal of Cognitive Psychotherapy, 2019, 33, 140-156.	0.4	3

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145	Observers fail to detect that behavior is the control of perception: A computer demonstration of unintended writing.. Journal of Experimental Psychology: General, 2019, 148, e23-e29.	2.1	3
146	An integrative control theory perspective on consciousness.. Psychological Review, 2024, 131, 1-17.	3.8	3
147	Reading about self-help books on cognitiveâ€“behavioural therapy for anxiety disorders. Psychiatric Bulletin, 2007, 31, 238-240.	0.3	2
148	A transdiagnostic self-help guide for anxiety: two preliminary controlled trials in subclinical student samples. The Cognitive Behaviour Therapist, 2011, 4, 1-15.	1.0	2
149	A conversation analysis of asking about disruptions in method of levels psychotherapy. Counselling and Psychotherapy Research, 2020, 20, 154-163.	3.2	2
150	Mood monitoring in bipolar disorder: Is it always helpful?. Bipolar Disorders, 2021, 23, 429-431.	1.9	2
151	El MÃ©todo de Niveles: Â¿Es la terapia psicolÃ³gica disponible mÃ¡s parsimoniosa?. Revista De Psicoterapia, 2018, 29, 7-15.	0.0	2
152	<i>Cognitive-Behavioral Therapy for Bipolar Disorder, Second Edition</i>. By M. R. Basco and A. J. Rush. (Pp. 324; \$40.00; ISBN 1-59385-168-5.) Guilford Press. 2005.. Psychological Medicine, 2005, 35, 1837-1839.	4.5	1
153	â€œI don't need your help!â€“Mood-dependent advice-taking in hypomania-prone individuals. Journal of Experimental Psychopathology, 2012, 3, 639-649.	0.8	1
154	Consider human will in psychology studies. Nature, 2014, 513, 172-172.	27.8	1
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