

Anette Kjellgren

List of Publications by Year in descending order

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Version: 2024-02-01

38
papers

1,422
citations

430874

18
h-index

345221

36
g-index

39
all docs

39
docs citations

39
times ranked

1193
citing authors

#	ARTICLE	IF	CITATIONS
1	A study of flotation-REST (restricted environmental stimulation therapy) as an insomnia treatment. <i>Sleep Science</i> , 2022, 15, 361-368.	1.0	1
2	Does flotation-rest (restricted environmental stimulation technique) have an effect on sleep?. <i>European Journal of Integrative Medicine</i> , 2020, 33, 101047.	1.7	3
3	Twenty percent better with 20 micrograms? A qualitative study of psychedelic microdosing self-rapports and discussions on YouTube. <i>Harm Reduction Journal</i> , 2019, 16, 63.	3.2	18
4	Alarming attitudinal barriers to help-seeking in drug-related emergency situations: Results from a Swedish online survey. <i>NAD Nordic Studies on Alcohol and Drugs</i> , 2019, 36, 532-541.	1.3	3
5	The diverse reasons for using Novel Psychoactive Substances - A qualitative study of the users' own perspectives. <i>International Journal of Drug Policy</i> , 2018, 52, 71-78.	3.3	99
6	Characterizing the experiences of flotation-REST (Restricted Environmental Stimulation Technique) treatment for generalized anxiety disorder (GAD): A phenomenological study. <i>European Journal of Integrative Medicine</i> , 2017, 12, 53-59.	1.7	5
7	The slippery slope of flubromazolam: Experiences of a novel psychoactive benzodiazepine as discussed on a Swedish online forum. <i>NAD Nordic Studies on Alcohol and Drugs</i> , 2017, 34, 217-229.	1.3	28
8	Psychoactive substances as a last resort—a qualitative study of self-treatment of migraine and cluster headaches. <i>Harm Reduction Journal</i> , 2017, 14, 60.	3.2	53
9	The Quest for Well-Being and Pleasure: Experiences of the Novel Synthetic Opioids AH-7921 and MT-45, as Reported by Anonymous Users Online. <i>Journal of Addiction Research & Therapy</i> , 2016, 7, .	0.2	70
10	The users of Novel Psychoactive Substances: Online survey about their characteristics, attitudes and motivations. <i>International Journal of Drug Policy</i> , 2016, 32, 77-84.	3.3	125
11	Promising effects of treatment with flotation-REST (restricted environmental stimulation technique) as an intervention for generalized anxiety disorder (GAD): a randomized controlled pilot trial. <i>BMC Complementary and Alternative Medicine</i> , 2016, 16, 108.	3.7	23
12	“Chasing the High” Experiences of Ethylphenidate as Described on International Internet Forums. <i>Substance Abuse: Research and Treatment</i> , 2015, 9, SART.S22495.	0.9	23
13	Relaxation and Wellness through Yoga Practice. <i>Journal of Yoga & Physical Therapy</i> , 2015, 05, .	0.1	0
14	The Flip Side of “Spice”: The Adverse Effects of Synthetic Cannabinoids as Discussed on a Swedish Internet Forum. <i>NAD Nordic Studies on Alcohol and Drugs</i> , 2014, 31, 207-220.	1.3	27
15	Beneficial effects of treatment with sensory isolation in flotation-tank as a preventive health-care intervention—a randomized controlled pilot trial. <i>BMC Complementary and Alternative Medicine</i> , 2014, 14, 417.	3.7	26
16	Harm reduction and knowledge exchange—a qualitative analysis of drug-related Internet discussion forums. <i>Harm Reduction Journal</i> , 2014, 11, 25.	3.2	82
17	Curing the sick and creating supermen—How relaxation in flotation tanks is advertised on the Internet. <i>European Journal of Integrative Medicine</i> , 2014, 6, 601-609.	1.7	3
18	Methoxetamine (MXE)—A Phenomenological Study of Experiences Induced by a “Legal High” from the Internet. <i>Journal of Psychoactive Drugs</i> , 2013, 45, 276-286.	1.7	70

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19	Fascination and Social Togethernessâ€“-Discussions about Spice Smoking on a Swedish Internet Forum. Substance Abuse: Research and Treatment, 2013, 7, SART.S13323.	0.9	18
20	Quality of Life with Flotation Therapy for a Person Diagnosed with Attention Deficit Disorder, Atypical Autism, PTSD, Anxiety and Depression. Open Journal of Medical Psychology, 2013, 02, 134-138.	0.5	6
21	Heaven and Hellâ€”A Phenomenological Study of Recreational Use of 4-HO-MET in Sweden. Journal of Psychoactive Drugs, 2011, 43, 211-219.	1.7	47
22	Does relaxation on a bed of nails (spike mat) induce beneficial effects? A randomized controlled pilot study. Alternative Medicine Studies, 2011, 1, 5.	0.2	4
23	A comparison of the restorative effect of a natural environment with that of a simulated natural environment. Journal of Environmental Psychology, 2010, 30, 464-472.	5.1	267
24	Treating Stress-Related Pain with the Flotation Restricted Environmental Stimulation Technique: Are There Differences between Women and Men?. Pain Research and Management, 2009, 14, 293-298.	1.8	10
25	Experiences of Encounters with Ayahuascaâ€”â€œthe Vine of the Soulâ€”. Journal of Psychoactive Drugs, 2009, 41, 309-315.	1.7	89
26	Altered States of Consciousness and Mystical Experiences during Sensory Isolation in Flotation Tank: Is the Highly Sensitive Personality Variable of Importance?. Imagination, Cognition and Personality, 2009, 29, 135-146.	0.9	19
27	Enhanced independence and quality of life through treatment with flotation-Restricted Environmental Stimulation Technique of a patient with both Attention Deficit Hyperactivity Disorder and Aspergers Syndrome: a case report. Cases Journal, 2009, 2, 6979.	0.4	6
28	EFFECTS OF FLOTATION REST (RESTRICTED ENVIRONMENTAL STIMULATION TECHNIQUE) ON STRESS RELATED MUSCLE PAIN: ARE 33 FLOTATION SESSIONS MORE EFFECTIVE THAN 12 SESSIONS?. Social Behavior and Personality, 2007, 35, 143-156.	0.6	21
29	TREATING STRESS-RELATED PAIN IN A CLINICAL SAMPLE WITH FLOTATION-REST: A FURTHER REPORT ON IMPROVEMENTS IN PAIN ASSESSED BY THE PAIN AREA INVENTORY (PAI). Social Behavior and Personality, 2007, 35, 1279-1280.	0.6	3
30	Wellness through a comprehensive Yogic breathing program â€” A controlled pilot trial. BMC Complementary and Alternative Medicine, 2007, 7, 43.	3.7	106
31	Eliciting the relaxation response with the help of flotation-rest (restricted environmental) Tj ETQq1 1 0.784314 rgBT /Overlock 10 Tf 5 Management, 2006, 13, 154-175.	1.2	30
32	Effects of Flotation-Restricted Environmental Stimulation Technique on Stress-Related Muscle Pain: What Makes the Difference in Therapy - Attention-Placebo or the Relaxation Response?. Pain Research and Management, 2005, 10, 201-209.	1.8	19
33	ALTERED CONSCIOUSNESS IN FLOTATION-REST AND CHAMBER-REST: EXPERIENCE OF EXPERIMENTAL PAIN AND SUBJECTIVE STRESS. Social Behavior and Personality, 2004, 32, 103-115.	0.6	17
34	Effects of Flotation-Versus Chamber-Restricted Environmental Stimulation Technique (Rest) on Creativity and Realism under Stress and Non-Stress Conditions. Imagination, Cognition and Personality, 2003, 22, 343-359.	0.9	12
35	Effects of Flotation-REST on Muscle Tension Pain. Pain Research and Management, 2001, 6, 181-189.	1.8	54
36	Psychedelic Drugs: A Study of Drug-Induced Experiences Obtained by Illegal Drug Users in Relation to Stanislav Grof's Model of Altered States of Consciousness. Imagination, Cognition and Personality, 2000, 20, 41-57.	0.9	10

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37	The Experience of Flotation-Rest as a Function of Setting and Previous Experience of Altered State of Consciousness. <i>Imagination, Cognition and Personality</i> , 2000, 20, 161-178.	0.9	23
38	Effectiveness of Online Psychotherapy to Treat and Prevent Burnout (Preprint). <i>JMIR Formative Research</i> , 0, , .	1.4	2