

# Javier Aranceta

## List of Publications by Citations

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The third column is the impact factor (IF) of the journal, and the fourth column is the number of citations of the article.

34  
papers

2,292  
citations

25  
h-index

36  
g-index

36  
ext. papers

2,809  
ext. citations

3.5  
avg, IF

4.65  
L-index

#	Paper	IF	Citations
34	Food, youth and the Mediterranean diet in Spain. Development of KIDMED, Mediterranean Diet Quality Index in children and adolescents. <i>Public Health Nutrition</i> , <b>2004</b> , 7, 931-5	3.3	577
33	Recommended dietary reference intakes, nutritional goals and dietary guidelines for fat and fatty acids: a systematic review. <i>British Journal of Nutrition</i> , <b>2012</b> , 107 Suppl 2, S8-22	3.6	167
32	School-based nutrition education: lessons learned and new perspectives. <i>Public Health Nutrition</i> , <b>2001</b> , 4, 131-9	3.3	148
31	Inflammation, obesity and comorbidities: the role of diet. <i>Public Health Nutrition</i> , <b>2007</b> , 10, 1164-72	3.3	145
30	Prevalencia de obesidad general y obesidad abdominal en la poblaci3n adulta espa3ola (2584 a3os) 2014-2015: estudio ENPE. <i>Revista Espanola De Cardiologia</i> , <b>2016</b> , 69, 579-587	1.5	113
29	Food patterns of Spanish schoolchildren and adolescents: The enKid Study. <i>Public Health Nutrition</i> , <b>2001</b> , 4, 1433-8	3.3	97
28	Trends in food availability determined by the Food and Agriculture Organization's food balance sheets in Mediterranean Europe in comparison with other European areas. <i>Public Health Nutrition</i> , <b>2007</b> , 10, 168-76	3.3	85
27	Determinants of nutrient intake among children and adolescents: results from the enKid Study. <i>Annals of Nutrition and Metabolism</i> , <b>2002</b> , 46 Suppl 1, 31-8	4.5	73
26	The contribution of ready-to-eat cereals to daily nutrient intake and breakfast quality in a Mediterranean setting. <i>Journal of the American College of Nutrition</i> , <b>2006</b> , 25, 135-43	3.5	65
25	Energy Intake, Profile, and Dietary Sources in the Spanish Population: Findings of the ANIBES Study. <i>Nutrients</i> , <b>2015</b> , 7, 4739-62	6.7	61
24	Nutritional objectives for the Spanish population. Consensus from the Spanish Society of Community Nutrition. <i>Public Health Nutrition</i> , <b>2001</b> , 4, 1409-13	3.3	56
23	Clustering of Dietary Patterns, Lifestyles, and Overweight among Spanish Children and Adolescents in the ANIBES Study. <i>Nutrients</i> , <b>2015</b> , 8,	6.7	56
22	The pro children intervention: applying the intervention mapping protocol to develop a school-based fruit and vegetable promotion programme. <i>Annals of Nutrition and Metabolism</i> , <b>2005</b> , 49, 267-77	4.5	51
21	Updating the Mediterranean Diet Pyramid towards Sustainability: Focus on Environmental Concerns. <i>International Journal of Environmental Research and Public Health</i> , <b>2020</b> , 17,	4.6	49
20	Breakfast consumption in Spanish children and young people. <i>Public Health Nutrition</i> , <b>2001</b> , 4, 1439-44	3.3	43
19	Prevention of overweight and obesity: a Spanish approach. <i>Public Health Nutrition</i> , <b>2007</b> , 10, 1187-93	3.3	42
18	Beverage Consumption Habits and Association with Total Water and Energy Intakes in the Spanish Population: Findings of the ANIBES Study. <i>Nutrients</i> , <b>2016</b> , 8, 232	6.7	40

17	Spanish food patterns. <i>Public Health Nutrition</i> , <b>2001</b> , 4, 1399-402	3.3	39
16	Dietary guidelines for the Spanish population. <i>Public Health Nutrition</i> , <b>2001</b> , 4, 1403-8	3.3	38
15	Vitamins in Spanish food patterns: the eVe Study. <i>Public Health Nutrition</i> , <b>2001</b> , 4, 1317-23	3.3	35
14	Prevention of overweight and obesity from a public health perspective. <i>Nutrition Reviews</i> , <b>2009</b> , 67 Suppl 1, S83-8	6.4	34
13	Nut consumption in Spain and other countries. <i>British Journal of Nutrition</i> , <b>2006</b> , 96 Suppl 2, S3-11	3.6	30
12	Food frequency questionnaires. <i>Nutricion Hospitalaria</i> , <b>2015</b> , 31 Suppl 3, 49-56	1	30
11	Energy density, diet quality, and central body fat in a nationwide survey of young Spaniards. <i>Nutrition</i> , <b>2013</b> , 29, 1350-5	4.8	26
10	Physiological and public health basis for assessing micronutrient requirements in children and adolescents. The EURRECA network. <i>Maternal and Child Nutrition</i> , <b>2010</b> , 6 Suppl 2, 84-99	3.4	20
9	Nutrition Education for Schoolchildren Living in a Low-Income Urban Area in Spain. <i>Journal of Nutrition Education and Behavior</i> , <b>1997</b> , 29, 267-273		15
8	Caloric beverage drinking patterns are differentially associated with diet quality and adiposity among Spanish girls and boys. <i>European Journal of Pediatrics</i> , <b>2014</b> , 173, 1169-77	4.1	14
7	Fortified foods. Criteria for vitamin supplementation in Spain. <i>Public Health Nutrition</i> , <b>2001</b> , 4, 1331-4	3.3	11
6	Methodological limitations in measuring childhood and adolescent obesity and overweight in epidemiological studies: does overweight fare better than obesity?. <i>Public Health Nutrition</i> , <b>2007</b> , 10, 1112-20	3.3	7
5	Community nutrition in Spain: advances and drawbacks. <i>Nutrition Reviews</i> , <b>2009</b> , 67 Suppl 1, S135-9	6.4	4
4	Dietary intake and anthropometric reference values in population studies. <i>Nutricion Hospitalaria</i> , <b>2015</b> , 31 Suppl 3, 157-67	1	3
3	Parámetros antropométricos asociados al riesgo cardiovascular en España. Estudio DORICA. <i>Clinica E Investigación En Arteriosclerosis</i> , <b>2007</b> , 19, 61-69	1.4	1
2	Food-based dietary guidelines in Spain: an assessment of their methodological quality. <i>European Journal of Clinical Nutrition</i> , <b>2021</b> ,	5.2	1
1	Foreword. Interest for food and nutrition population studies. <i>Nutricion Hospitalaria</i> , <b>2015</b> , 31 Suppl 3, 1-6	1	