

# Philip J Morgan

## List of Publications by Year in Descending Order

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The third column is the impact factor (IF) of the journal, and the fourth column is the number of citations of the article.

294  
papers

12,920  
citations

59  
h-index

102  
g-index

312  
ext. papers

15,325  
ext. citations

4.4  
avg, IF

6.64  
L-index

#	Paper	IF	Citations
294	Mechanisms of an eHealth program targeting depression in men with overweight or obesity: A randomised trial. <i>Journal of Affective Disorders</i> , <b>2021</b> , 299, 309-309	6.6	0
293	Scale-up of the Physical Activity 4 Everyone (PA4E1) intervention in secondary schools: 24-month implementation and cost outcomes from a cluster randomised controlled trial. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , <b>2021</b> , 18, 137	8.4	0
292	The Aussie-FIT process evaluation: feasibility and acceptability of a weight loss intervention for men, delivered in Australian Football League settings. <i>Psychology and Health</i> , <b>2021</b> , 1-20	2.9	1
291	Papā Saludables, Niños Saludables: Perspectives From Hispanic Parents and Children in a Culturally Adapted Father-Focused Obesity Program. <i>Journal of Nutrition Education and Behavior</i> , <b>2021</b> , 53, 246-253	2	1
290	Effect of a Scalable School-Based Intervention on Cardiorespiratory Fitness in Children: A Cluster Randomized Clinical Trial. <i>JAMA Pediatrics</i> , <b>2021</b> , 175, 680-688	8.3	2
289	Effect of a Time-Efficient Physical Activity Intervention on Senior School Students' On-Task Behaviour and Subjective Vitality: the Burn 2 Learn Cluster Randomised Controlled Trial. <i>Educational Psychology Review</i> , <b>2021</b> , 33, 299-323	7.1	9
288	Evaluating the impact of a coach development intervention for improving coaching practices and player outcomes in netball: The MASTER coaching randomized control trial. <i>International Journal of Sports Science and Coaching</i> , <b>2021</b> , 16, 439-455	1.8	1
287	Dissemination of Thinking while Moving in Maths: Implementation Barriers and Facilitators. <i>Translational Journal of the American College of Sports Medicine</i> , <b>2021</b> , 6,	1.1	5
286	Engaging Fathers to Improve Physical Activity and Nutrition in Themselves and in Their Preschool-Aged Children: The "Healthy Youngsters, Healthy Dads" Feasibility Trial. <i>Journal of Physical Activity and Health</i> , <b>2021</b> , 18, 175-184	2.5	1
285	Impact of a self-guided, eHealth program targeting weight loss and depression in men: A randomized trial. <i>Journal of Consulting and Clinical Psychology</i> , <b>2021</b> , 89, 682-694	6.5	3
284	Evaluating the reach, effectiveness, adoption, implementation and maintenance of the Resistance Training for Teens program. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , <b>2021</b> , 18, 122	8.4	0
283	Understanding the impact of a teacher education course on attitudes towards gender equity in physical activity and sport: An exploratory mixed methods evaluation. <i>Teaching and Teacher Education</i> , <b>2021</b> , 105, 103421	2.9	0
282	Process Evaluation of a School-Based High-Intensity Interval Training Program for Older Adolescents: The Burn 2 Learn Cluster Randomised Controlled Trial. <i>Children</i> , <b>2020</b> , 7,	2.8	6
281	Feasibility of Targeting Hispanic Fathers and Children in an Obesity Intervention:. <i>Childhood Obesity</i> , <b>2020</b> , 16, 379-392	2.5	6
280	Impact of male-only lifestyle interventions on men's mental health: A systematic review and meta-analysis. <i>Obesity Reviews</i> , <b>2020</b> , 21, e13014	10.6	7
279	Three-year maintenance of a teacher-led programme targeting motor competence in early adolescent girls. <i>Journal of Sports Sciences</i> , <b>2020</b> , 38, 1886-1896	3.6	4
278	Correction That the Analyses Were Adjusted for Clustering: A Response to Tekwe et al. <i>Annals of Behavioral Medicine</i> , <b>2020</b> , 54, 140	4.5	1

277	Time-efficient intervention to improve older adolescents' cardiorespiratory fitness: findings from the 'Burn 2 Learn' cluster randomised controlled trial. <i>British Journal of Sports Medicine</i> , <b>2020</b> ,	10.3	12
276	A weight management programme for fathers of children aged 4–11 years: cultural adaptation and the Healthy Dads, Healthy Kids UK feasibility RCT. <i>Public Health Research</i> , <b>2020</b> , 8, 1-166	1.7	2
275	A Narrative Review of Motor Competence in Children and Adolescents: What We Know and What We Need to Find Out. <i>International Journal of Environmental Research and Public Health</i> , <b>2020</b> , 18,	4.6	20
274	Supporting Our Lifelong Engagement: Mothers and Teens Exercising (); a feasibility trial. <i>Women and Health</i> , <b>2020</b> , 60, 618-635	1.7	4
273	Impact of a Father-Daughter Physical Activity Intervention: An Exploration of Fathers' Experiences. <i>Journal of Child and Family Studies</i> , <b>2020</b> , 29, 3609-3620	2.3	0
272	Impact of the 'Thinking while Moving in English' intervention on primary school children's academic outcomes and physical activity: A cluster randomised controlled trial. <i>International Journal of Educational Research</i> , <b>2020</b> , 102, 101592	2.1	1
271	A gender-sensitised weight-loss and healthy living program for men with overweight and obesity in Australian Football League settings (Aussie-FIT): A pilot randomised controlled trial. <i>PLoS Medicine</i> , <b>2020</b> , 17, e1003136	11.6	6
270	Efficacy of a Multi-component m-Health Weight-loss Intervention in Overweight and Obese Adults: A Randomised Controlled Trial. <i>International Journal of Environmental Research and Public Health</i> , <b>2020</b> , 17,	4.6	12
269	Scale-up of the Physical Activity 4 Everyone (PA4E1) intervention in secondary schools: 12-month implementation outcomes from a cluster randomized controlled trial. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , <b>2020</b> , 17, 100	8.4	6
268	Evaluating the impact of a coach development intervention for improving coaching practices in junior football (soccer): The "MASTER" pilot study. <i>Journal of Sports Sciences</i> , <b>2020</b> , 38, 1441-1453	3.6	7
267	Effects of different types of classroom physical activity breaks on children's on-task behaviour, academic achievement and cognition. <i>Acta Paediatrica, International Journal of Paediatrics</i> , <b>2020</b> , 109, 158-165	3.1	30
266	Daily steps and diet, but not sleep, are related to mortality in older Australians. <i>Journal of Science and Medicine in Sport</i> , <b>2020</b> , 23, 276-282	4.4	11
265	Implementation of policies and practices to increase physical activity among children attending centre-based childcare: A cross-sectional study. <i>Health Promotion Journal of Australia</i> , <b>2020</b> , 31, 207-215	1.7	2
264	Cultural adaptation of 'Healthy Dads, Healthy Kids' for Hispanic families: applying the ecological validity model. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , <b>2020</b> , 17, 52	8.4	10
263	A gender-sensitised weight-loss and healthy living program for men with overweight and obesity in Australian Football League settings (Aussie-FIT): A pilot randomised controlled trial <b>2020</b> , 17, e1003136		
262	A gender-sensitised weight-loss and healthy living program for men with overweight and obesity in Australian Football League settings (Aussie-FIT): A pilot randomised controlled trial <b>2020</b> , 17, e1003136		
261	A gender-sensitised weight-loss and healthy living program for men with overweight and obesity in Australian Football League settings (Aussie-FIT): A pilot randomised controlled trial <b>2020</b> , 17, e1003136		
260	A gender-sensitised weight-loss and healthy living program for men with overweight and obesity in Australian Football League settings (Aussie-FIT): A pilot randomised controlled trial <b>2020</b> , 17, e1003136		

259	Efficacy of a free-play intervention to increase physical activity during childcare: a randomized controlled trial. <i>Health Education Research</i> , <b>2019</b> , 34, 84-97	1.8	5
258	Twelve-month outcomes of a father-child lifestyle intervention delivered by trained local facilitators in underserved communities: The Healthy Dads Healthy Kids dissemination trial. <i>Translational Behavioral Medicine</i> , <b>2019</b> , 9, 560-569	3.2	11
257	School-based physical activity intervention for older adolescents: rationale and study protocol for the Burn 2 Learn cluster randomised controlled trial. <i>BMJ Open</i> , <b>2019</b> , 9, e026029	3	11
256	Maintaining the Outcomes of a Successful Weight Gain Prevention Intervention in Mid-Age Women: Two Year Results from the 40-Something Randomized Control Trial. <i>Nutrients</i> , <b>2019</b> , 11,	6.7	2
255	Defining Physical Literacy for Application in Australia: A Modified Delphi Method. <i>Journal of Teaching in Physical Education</i> , <b>2019</b> , 38, 105-118	2.2	40
254	Integrating physical activity into the primary school curriculum: rationale and study protocol for the "Thinking while Moving in English" cluster randomized controlled trial. <i>BMC Public Health</i> , <b>2019</b> , 19, 379	4.1	10
253	Guidelines for the Selection of Physical Literacy Measures in Physical Education in Australia. <i>Journal of Teaching in Physical Education</i> , <b>2019</b> , 38, 119-125	2.2	25
252	Can a teacher-led RCT improve adolescent girls' physical self-perception and perceived motor competence?. <i>Journal of Sports Sciences</i> , <b>2019</b> , 37, 357-363	3.6	12
251	A cluster randomised trial of an intervention to increase the implementation of physical activity practices in secondary schools: study protocol for scaling up the Physical Activity 4 Everyone (PA4E1) program. <i>BMC Public Health</i> , <b>2019</b> , 19, 883	4.1	14
250	Do physical activity and screen time mediate the association between European fathers' and their children's weight status? Cross-sectional data from the Feel4Diabetes-study. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , <b>2019</b> , 16, 100	8.4	3
249	Impact of a father-daughter physical activity program on girls' social-emotional well-being: A randomized controlled trial. <i>Journal of Consulting and Clinical Psychology</i> , <b>2019</b> , 87, 294-307	6.5	11
248	Healthy Dads, Healthy Kids UK, a weight management programme for fathers: feasibility RCT. <i>BMJ Open</i> , <b>2019</b> , 9, e033534	3	7
247	Feasibility and Preliminary Efficacy of a Teacher-Facilitated High-Intensity Interval Training Intervention for Older Adolescents. <i>Pediatric Exercise Science</i> , <b>2019</b> , 31, 107-117	2	27
246	Efficacy and feasibility of HIIT training for university students: The Uni-HIIT RCT. <i>Journal of Science and Medicine in Sport</i> , <b>2019</b> , 22, 596-601	4.4	22
245	Engaging Fathers to Increase Physical Activity in Girls: The "Dads And Daughters Exercising and Empowered" (DADEE) Randomized Controlled Trial. <i>Annals of Behavioral Medicine</i> , <b>2019</b> , 53, 39-52	4.5	57
244	Development of Foundational Movement Skills: A Conceptual Model for Physical Activity Across the Lifespan. <i>Sports Medicine</i> , <b>2018</b> , 48, 1533-1540	10.6	135
243	Dietary outcomes of overweight fathers and their children in the Healthy Dads, Healthy Kids community randomised controlled trial. <i>Journal of Human Nutrition and Dietetics</i> , <b>2018</b> , 31, 523-532	3.1	8
242	Effectiveness of mother and daughter interventions targeting physical activity, fitness, nutrition and adiposity: A systematic review. <i>Preventive Medicine</i> , <b>2018</b> , 111, 55-66	4.3	7

241	Impact of scheduling multiple outdoor free-play periods in childcare on child moderate-to-vigorous physical activity: a cluster randomised trial. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , <b>2018</b> , 15, 34	8.4	32
240	Development, content validity and test-retest reliability of the Lifelong Physical Activity Skills Battery in adolescents. <i>Journal of Sports Sciences</i> , <b>2018</b> , 36, 2358-2367	3.6	10
239	Mothers and teenage daughters walking to health: using the behaviour change wheel to develop an intervention to improve adolescent girls' physical activity. <i>Public Health</i> , <b>2018</b> , 158, 37-46	4	13
238	Workday Sitting Time and Marital Status: Novel Pretreatment Predictors of Weight Loss in Overweight and Obese Men. <i>American Journal of Men's Health</i> , <b>2018</b> , 12, 1431-1438	2.2	3
237	A pilot intervention to reduce postpartum weight retention and central adiposity in first-time mothers: results from the mums OnLINE (Online, Lifestyle, Nutrition & Exercise) study. <i>Journal of Human Nutrition and Dietetics</i> , <b>2018</b> , 31, 314-328	3.1	11
236	Implementing Resistance Training in Secondary Schools: A Cluster Randomized Controlled Trial. <i>Medicine and Science in Sports and Exercise</i> , <b>2018</b> , 50, 62-72	1.2	27
235	Preliminary Efficacy and Feasibility of the "Thinking While Moving in English": A Program with Integrated Physical Activity into the Primary School English Lessons. <i>Children</i> , <b>2018</b> , 5,	2.8	10
234	Effect of a Gender-Tailored eHealth Weight Loss Program on the Depressive Symptoms of Overweight and Obese Men: Pre-Post Study. <i>JMIR Mental Health</i> , <b>2018</b> , 5, e1	6	9
233	Young people's perceptions of the objective physical activity monitoring process: A qualitative exploration. <i>Health Education Journal</i> , <b>2018</b> , 77, 3-14	1.5	2
232	Determining the Initial Predictive Validity of the Lifelong Physical Activity Skills Battery. <i>Journal of Motor Learning and Development</i> , <b>2018</b> , 6, 301-314	1.4	1
231	A qualitative study of the drivers of socioeconomic inequalities in men's eating behaviours. <i>BMC Public Health</i> , <b>2018</b> , 18, 1257	4.1	4
230	The Association between Children's and Parents' Co-TV Viewing and Their Total Screen Time in Six European Countries: Cross-Sectional Data from the Feel4diabetes-Study. <i>International Journal of Environmental Research and Public Health</i> , <b>2018</b> , 15,	4.6	9
229	Protocol for a gender-sensitised weight loss and healthy living programme for overweight and obese men delivered in Australian football league settings (Aussie-FIT): A feasibility and pilot randomised controlled trial. <i>BMJ Open</i> , <b>2018</b> , 8, e022663	3	14
228	Examining the efficacy of a multicomponent m-Health physical activity, diet and sleep intervention for weight loss in overweight and obese adults: randomised controlled trial protocol. <i>BMJ Open</i> , <b>2018</b> , 8, e026179	3	4
227	A Targeted and Tailored eHealth Weight Loss Program for Young Women: The Be Positive Be Health Randomized Controlled Trial. <i>Healthcare (Switzerland)</i> , <b>2018</b> , 6,	3.4	18
226	Intervention effects and mediators of well-being in a school-based physical activity program for adolescents: The Resistance Training for Teens Cluster RCT. <i>Mental Health and Physical Activity</i> , <b>2018</b> , 15, 88-94	5	8
225	Goal setting for weight-related behavior change in children: An exploratory study. <i>Nutrition and Health</i> , <b>2018</b> , 24, 67-74	2.1	4
224	Fundamental movement skills: Where do girls fall short? A novel investigation of object-control skill execution in primary-school aged girls. <i>Preventive Medicine Reports</i> , <b>2018</b> , 11, 191-195	2.6	13

223	Characteristics of Teacher Training in School-Based Physical Education Interventions to Improve Fundamental Movement Skills and/or Physical Activity: A Systematic Review. <i>Sports Medicine</i> , <b>2017</b> , 47, 135-161	10.6	79
222	Feasibility and preliminary efficacy of the 'HEYMAN' healthy lifestyle program for young men: a pilot randomised controlled trial. <i>Nutrition Journal</i> , <b>2017</b> , 16, 2	4.3	60
221	The reliability and validity of an authentic motor skill assessment tool for early adolescent girls in an Australian school setting. <i>Journal of Science and Medicine in Sport</i> , <b>2017</b> , 20, 590-594	4.4	29
220	Involvement of Fathers in Pediatric Obesity Treatment and Prevention Trials: A Systematic Review. <i>Pediatrics</i> , <b>2017</b> , 139,	7.4	88
219	Framework for the design and delivery of organized physical activity sessions for children and adolescents: rationale and description of the 'SAAFE' teaching principles. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , <b>2017</b> , 14, 24	8.4	65
218	Process Evaluation of the Type 2 Diabetes Mellitus PULSE Program Randomized Controlled Trial: Recruitment, Engagement, and Overall Satisfaction. <i>American Journal of Men's Health</i> , <b>2017</b> , 11, 1055-1068	2.2	7
217	Longitudinal associations between changes in screen-time and mental health outcomes in adolescents. <i>Mental Health and Physical Activity</i> , <b>2017</b> , 12, 124-131	5	54
216	Psychological, social and physical environmental mediators of the SCORES intervention on physical activity among children living in low-income communities. <i>Psychology of Sport and Exercise</i> , <b>2017</b> , 32, 1-11	4.2	9
215	Comparability and feasibility of wrist- and hip-worn accelerometers in free-living adolescents. <i>Journal of Science and Medicine in Sport</i> , <b>2017</b> , 20, 1101-1106	4.4	50
214	A systematic review and meta-analysis of moderate-to-vigorous physical activity levels in secondary school physical education lessons. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , <b>2017</b> , 14, 52	8.4	90
213	Global participation in sport and leisure-time physical activities: A systematic review and meta-analysis. <i>Preventive Medicine</i> , <b>2017</b> , 95, 14-25	4.3	208
212	Motivators and Barriers to Engaging in Healthy Eating and Physical Activity. <i>American Journal of Men's Health</i> , <b>2017</b> , 11, 330-343	2.2	66
211	Efficacy of a gender-tailored intervention to prevent weight regain in men over 3 years: A weight loss maintenance RCT. <i>Obesity</i> , <b>2017</b> , 25, 56-65	8	15
210	Investigating Associations Between Positive Fathering and Children's Health: It's Time for Interventions. <i>Obesity</i> , <b>2017</b> , 25, 1650-1651	8	0
209	Paternal Physical Activity: An Important Target to Improve the Health of Fathers and their Children. <i>American Journal of Lifestyle Medicine</i> , <b>2017</b> , 11, 212-215	1.9	11
208	Movement-based Mathematics: Enjoyment and Engagement without Compromising Learning through the EASY Minds Program. <i>Eurasia Journal of Mathematics, Science and Technology Education</i> , <b>2017</b> , 13,	1.6	30
207	Improving Early Adolescent Girls' Motor Skill: A Cluster Randomized Controlled Trial. <i>Medicine and Science in Sports and Exercise</i> , <b>2017</b> , 49, 2498-2505	1.2	21
206	The Influence of Fathers on Children's Physical Activity and Dietary Behaviors: Insights, Recommendations and Future Directions. <i>Current Obesity Reports</i> , <b>2017</b> , 6, 324-333	8.4	35



205	Young Men's Preferences for Design and Delivery of Physical Activity and Nutrition Interventions: A Mixed-Methods Study. <i>American Journal of Men's Health</i> , <b>2017</b> , 11, 1588-1599	2.2	11
204	Promoting physical activity among adolescent girls: the Girls in Sport group randomized trial. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , <b>2017</b> , 14, 81	8.4	33
203	Mediators of change in screen-time in a school-based intervention for adolescent boys: findings from the ATLAS cluster randomized controlled trial. <i>Journal of Behavioral Medicine</i> , <b>2017</b> , 40, 423-433	3.6	15
202	Physical Education Teachers' Perspectives and Experiences When Teaching FMS to Early Adolescent Girls. <i>Journal of Teaching in Physical Education</i> , <b>2017</b> , 36, 113-118	2.2	8
201	Efficacy of Web-Based Weight Loss Maintenance Programs: A Randomized Controlled Trial Comparing Standard Features Versus the Addition of Enhanced Personalized Feedback over 12 Months. <i>Behavioral Sciences (Basel, Switzerland)</i> , <b>2017</b> , 7,	2.3	3
200	Impact on dietary intake of a self-directed, gender-tailored diabetes prevention program in men. <i>World Journal of Diabetes</i> , <b>2017</b> , 8, 414-421	4.7	2
199	Mediating effects of resistance training skill competency on health-related fitness and physical activity: the ATLAS cluster randomised controlled trial. <i>Journal of Sports Sciences</i> , <b>2016</b> , 34, 772-9	3.6	15
198	Physical education in secondary schools located in low-income communities: Physical activity levels, lesson context and teacher interaction. <i>Journal of Science and Medicine in Sport</i> , <b>2016</b> , 19, 135-41	4.4	13
197	Improving health-related fitness in adolescents: the CrossFit Teens' randomised controlled trial. <i>Journal of Sports Sciences</i> , <b>2016</b> , 34, 209-23	3.6	55
196	Does participation in a physical activity program impact upon the feet of overweight and obese children?. <i>Journal of Science and Medicine in Sport</i> , <b>2016</b> , 19, 51-5	4.4	9
195	The contribution of organised sports to physical activity in Australia: Results and directions from the Active Healthy Kids Australia 2014 Report Card on physical activity for children and young people. <i>Journal of Science and Medicine in Sport</i> , <b>2016</b> , 19, 407-12	4.4	39
194	Fundamental Movement Skills: An Important Focus. <i>Journal of Teaching in Physical Education</i> , <b>2016</b> , 35, 219-225	2.2	126
193	Findings From the EASY Minds Cluster Randomized Controlled Trial: Evaluation of a Physical Activity Integration Program for Mathematics in Primary Schools. <i>Journal of Physical Activity and Health</i> , <b>2016</b> , 13, 198-206	2.5	74
192	Scaling-up an efficacious school-based physical activity intervention: Study protocol for the 'Internet-based Professional Learning to help teachers support Activity in Youth' (iPLAY) cluster randomized controlled trial and scale-up implementation evaluation. <i>BMC Public Health</i> , <b>2016</b> , 16, 873	4.1	21
191	The Physical Activity 4 Everyone Cluster Randomized Trial: 2-Year Outcomes of a School Physical Activity Intervention Among Adolescents. <i>American Journal of Preventive Medicine</i> , <b>2016</b> , 51, 195-205	6.1	59
190	Be Positive Be Health: Development and Implementation of a Targeted e-Health Weight Loss Program for Young Women. <i>Telemedicine Journal and E-Health</i> , <b>2016</b> , 22, 519-28	5.9	19
189	Mediators of Psychological Well-being in Adolescent Boys. <i>Journal of Adolescent Health</i> , <b>2016</b> , 58, 230-6	5.8	48
188	A Test of Social Cognitive Theory to Explain Men's Physical Activity During a Gender-Tailored Weight Loss Program. <i>American Journal of Men's Health</i> , <b>2016</b> , 10, NP176-NP187	2.2	9

187	Correlates of Gross Motor Competence in Children and Adolescents: A Systematic Review and Meta-Analysis. <i>Sports Medicine</i> , <b>2016</b> , 46, 1663-1688	10.6	284
186	Teachers' Perceptions of a Fundamental Movement Skill (FMS) Assessment Battery in a School Setting. <i>Measurement in Physical Education and Exercise Science</i> , <b>2016</b> , 20, 50-62	1.9	23
185	Energy homeostasis and appetite regulating hormones as predictors of weight loss in men and women. <i>Appetite</i> , <b>2016</b> , 101, 1-7	4.5	13
184	Efficacy of the Type 2 Diabetes Prevention Using LifeStyle Education Program RCT. <i>American Journal of Preventive Medicine</i> , <b>2016</b> , 50, 353-364	6.1	25
183	A systematic review and meta-analysis of moderate-to-vigorous physical activity levels in elementary school physical education lessons. <i>Preventive Medicine</i> , <b>2016</b> , 86, 34-54	4.3	116
182	Enhancement of Self-Monitoring in a Web-Based Weight Loss Program by Extra Individualized Feedback and Reminders: Randomized Trial. <i>Journal of Medical Internet Research</i> , <b>2016</b> , 18, e82	7.6	66
181	Practicalities and Research Considerations for Conducting Childhood Obesity Prevention Interventions with Families. <i>Children</i> , <b>2016</b> , 3,	2.8	13
180	Assessing the sustained impact of a school-based obesity prevention program for adolescent boys: the ATLAS cluster randomized controlled trial. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , <b>2016</b> , 13, 92	8.4	51
179	Weight expectations, motivations for weight change and perceived factors influencing weight management in young Australian women: a cross-sectional study. <i>Public Health Nutrition</i> , <b>2016</b> , 19, 275-86	3.3	27
178	A school-based intervention incorporating smartphone technology to improve health-related fitness among adolescents: rationale and study protocol for the NEAT and ATLAS 2.0 cluster randomised controlled trial and dissemination study. <i>BMJ Open</i> , <b>2016</b> , 6, e010448	3	21
177	Cost effectiveness of a multi-component school-based physical activity intervention targeting adolescents: the 'Physical Activity 4 Everyone' cluster randomized trial. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , <b>2016</b> , 13, 94	8.4	33
176	'Physical Activity 4 Everyone' school-based intervention to prevent decline in adolescent physical activity levels: 12 month (mid-intervention) report on a cluster randomised trial. <i>British Journal of Sports Medicine</i> , <b>2016</b> , 50, 488-95	10.3	52
175	Effects of exercise on mental health outcomes in adolescents: Findings from the CrossFitTeens randomized controlled trial. <i>Psychology of Sport and Exercise</i> , <b>2016</b> , 26, 14-23	4.2	23
174	Targeted Health Behavior Interventions Promoting Physical Activity: A Conceptual Model. <i>Exercise and Sport Sciences Reviews</i> , <b>2016</b> , 44, 71-80	6.7	70
173	A randomised controlled trial of multiple periods of outdoor free-play to increase moderate-to-vigorous physical activity among 3 to 6 year old children attending childcare: study protocol. <i>BMC Public Health</i> , <b>2016</b> , 16, 926	4.1	10
172	Effects of a 'school-based' physical activity intervention on adiposity in adolescents from economically disadvantaged communities: secondary outcomes of the 'Physical Activity 4 Everyone' RCT. <i>International Journal of Obesity</i> , <b>2016</b> , 40, 1486-1493	5.5	32
171	Intervention to reduce recreational screen-time in adolescents: Outcomes and mediators from the 'Switch-Off 4 Healthy Minds' (S4HM) cluster randomized controlled trial. <i>Preventive Medicine</i> , <b>2016</b> , 91, 50-57	4.3	38
170	Characteristics of men classified at high-risk for type 2 diabetes mellitus using the AUSDRISK screening tool. <i>Diabetes Research and Clinical Practice</i> , <b>2015</b> , 108, 45-54	7.4	8



169	Behavioral mediators of weight loss in the SHED-IT community randomized controlled trial for overweight and obese men. <i>Annals of Behavioral Medicine</i> , <b>2015</b> , 49, 286-92	4.5	13
168	Child physical activity levels and associations with modifiable characteristics in centre-based childcare. <i>Australian and New Zealand Journal of Public Health</i> , <b>2015</b> , 39, 232-6	2.3	24
167	Validity and Reliability of Field-Based Measures for Assessing Movement Skill Competency in Lifelong Physical Activities: A Systematic Review. <i>Sports Medicine</i> , <b>2015</b> , 45, 1443-54	10.6	27
166	eHealth interventions for the prevention and treatment of overweight and obesity in adults: a systematic review with meta-analysis. <i>Obesity Reviews</i> , <b>2015</b> , 16, 376-92	10.6	207
165	Lower activity levels are related to higher plantar pressures in overweight children. <i>Medicine and Science in Sports and Exercise</i> , <b>2015</b> , 47, 357-62	1.2	16
164	Physical activity and skills intervention: SCORES cluster randomized controlled trial. <i>Medicine and Science in Sports and Exercise</i> , <b>2015</b> , 47, 765-74	1.2	86
163	Maternal Correlates of Objectively Measured Physical Activity in Girls. <i>Maternal and Child Health Journal</i> , <b>2015</b> , 19, 2348-57	2.4	7
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161	Rationale and study protocol for 'Switch-off 4 Healthy Minds' (S4HM): a cluster randomized controlled trial to reduce recreational screen time in adolescents. <i>Contemporary Clinical Trials</i> , <b>2015</b> , 40, 150-8	2.3	8
160	Outcomes and process evaluation of a programme integrating physical activity into the primary school mathematics curriculum: The EASY Minds pilot randomised controlled trial. <i>Journal of Science and Medicine in Sport</i> , <b>2015</b> , 18, 656-61	4.4	59
159	Influence of stray light for divertor spectroscopy in ITER. <i>Journal of Nuclear Materials</i> , <b>2015</b> , 463, 936-939	3.3	8
158	Feasibility and Preliminary Efficacy of the MADE4Life Program: A Pilot Randomized Controlled Trial. <i>Journal of Physical Activity and Health</i> , <b>2015</b> , 12, 1378-93	2.5	18
157	Paternal Lifestyle-Related Parenting Practices Mediate Changes in Children's Dietary and Physical Activity Behaviors: Findings From the Healthy Dads, Healthy Kids Community Randomized Controlled Trial. <i>Journal of Physical Activity and Health</i> , <b>2015</b> , 12, 1327-35	2.5	32
156	Impact of a male-only weight loss maintenance programme on social-cognitive determinants of physical activity and healthy eating: A randomized controlled trial. <i>British Journal of Health Psychology</i> , <b>2015</b> , 20, 724-44	8.3	5
155	Attitudes and Beliefs of Nonspecialist and Specialist Trainee Health and Physical Education Teachers Toward Obese Children: Evidence for "Anti-Fat" Bias. <i>Journal of School Health</i> , <b>2015</b> , 85, 595-603 <sup>1</sup>	6.3 <sup>1</sup>	42
154	Young adult males' motivators and perceived barriers towards eating healthily and being active: a qualitative study. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , <b>2015</b> , 12, 93	8.4	62
153	The 40-Something Randomised Controlled Trial improved fruit intake and nutrient density of the diet in mid-age women. <i>Nutrition and Dietetics</i> , <b>2015</b> , 72, 316-326	2.5	3
152	Reliability and validity of a single-item physical activity measure for adolescents. <i>Journal of Paediatrics and Child Health</i> , <b>2015</b> , 51, 787-93	1.3	55

151	Impact Evaluation of an After-school Cooking Skills Program in a Disadvantaged Community: Back to Basics. <i>Canadian Journal of Dietetic Practice and Research</i> , <b>2015</b> , 76, 126-32	1.3	16
150	Improvements in fundamental movement skill competency mediate the effect of the SCORES intervention on physical activity and cardiorespiratory fitness in children. <i>Journal of Sports Sciences</i> , <b>2015</b> , 33, 1908-18	3.6	35
149	Targeting multiple health risk behaviours among vocational education students using electronic feedback and online and telephone support: protocol for a cluster randomised trial. <i>BMC Public Health</i> , <b>2015</b> , 15, 550	4.1	2
148	Determinants of weight loss success utilizing a meal replacement plan and/or exercise, in overweight and obese adults with asthma. <i>Respirology</i> , <b>2015</b> , 20, 243-50	3.6	11
147	Efficacy of interventions that include diet, aerobic and resistance training components for type 2 diabetes prevention: a systematic review with meta-analysis. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , <b>2014</b> , 11, 2	8.4	77
146	The health benefits of muscular fitness for children and adolescents: a systematic review and meta-analysis. <i>Sports Medicine</i> , <b>2014</b> , 44, 1209-23	10.6	360
145	The SHED-IT weight loss maintenance trial protocol: A randomised controlled trial of a weight loss maintenance program for overweight and obese men. <i>Contemporary Clinical Trials</i> , <b>2014</b> , 37, 84-97	2.3	20
144	Do school-based interventions focusing on physical activity, fitness, or fundamental movement skill competency produce a sustained impact in these outcomes in children and adolescents? A systematic review of follow-up studies. <i>Sports Medicine</i> , <b>2014</b> , 44, 67-79	10.6	157
143	Social cognitive theory and physical activity: a systematic review and meta-analysis. <i>Obesity Reviews</i> , <b>2014</b> , 15, 983-95	10.6	223
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141	Smart-phone obesity prevention trial for adolescent boys in low-income communities: the ATLAS RCT. <i>Pediatrics</i> , <b>2014</b> , 134, e723-31	7.4	147
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139	Physical activity and physical self-concept in youth: systematic review and meta-analysis. <i>Sports Medicine</i> , <b>2014</b> , 44, 1589-601	10.6	270
138	Adolescent pedometer protocols: examining reactivity, tampering and participants' perceptions. <i>Journal of Sports Sciences</i> , <b>2014</b> , 32, 183-90	3.6	17
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131	The 'Healthy Dads, Healthy Kids' community randomized controlled trial: a community-based healthy lifestyle program for fathers and their children. <i>Preventive Medicine</i> , <b>2014</b> , 61, 90-9	4.3	108
130	A cluster randomized trial of a multi-level intervention, delivered by service staff, to increase physical activity of children attending center-based childcare. <i>Preventive Medicine</i> , <b>2014</b> , 58, 9-16	4.3	42
129	Maternal and paternal parenting practices and their influence on children's adiposity, screen-time, diet and physical activity. <i>Appetite</i> , <b>2014</b> , 79, 149-57	4.5	96
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26	Gender Differences in Motor Skill Proficiency From Childhood to Adolescence: A Longitudinal Study. <i>Research Quarterly for Exercise and Sport</i> , <b>2010</b> , 81, 162-170	1.9	70

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24	Social, psychological and behavioural correlates of pedometer step counts in a sample of Australian adolescents. <i>Journal of Science and Medicine in Sport</i> , <b>2009</b> , 12, 141-7	4.4	22
23	The SHED-IT randomized controlled trial: evaluation of an Internet-based weight-loss program for men. <i>Obesity</i> , <b>2009</b> , 17, 2025-32	8	107
22	A systematic review of studies using pedometers to promote physical activity among youth. <i>Preventive Medicine</i> , <b>2009</b> , 48, 307-15	4.3	148
21	Effects of integrating pedometers, parental materials, and E-mail support within an extracurricular school sport intervention. <i>Journal of Adolescent Health</i> , <b>2009</b> , 44, 176-183	5.8	77
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19	Six year follow-up of students who participated in a school-based physical activity intervention: a longitudinal cohort study. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , <b>2009</b> , 6, 48	8.4	29
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16	High resolution electronic spectroscopy of o- and m-toluidine in the gas phase. barrier height determinations for the methyl group torsional motions. <i>Journal of Physical Chemistry A</i> , <b>2009</b> , 113, 13221-6	2.8	11
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11	The relationship between PE biographies and PE teaching practices of classroom teachers. <i>Sport, Education and Society</i> , <b>2008</b> , 13, 373-391	2.6	50
10	Non-specialist teachers' confidence to teach PE: the nature and influence of personal school experiences in PE. <i>Physical Education and Sport Pedagogy</i> , <b>2008</b> , 13, 1-29	3.8	149
9	Impact of an extra-curricular school sport programme on determinants of objectively measured physical activity among adolescents. <i>Health Education Journal</i> , <b>2008</b> , 67, 305-320	1.5	8
8	Evaluation of an extra-curricular school sport programme promoting lifestyle and lifetime activity for adolescents. <i>Journal of Sports Sciences</i> , <b>2008</b> , 26, 519-29	3.6	57

7	The relationship between pedometer step counts and estimated VO2Max as determined by a submaximal fitness test in adolescents. <i>Pediatric Exercise Science</i> , <b>2008</b> , 20, 273-84	2	10
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5	High resolution electronic spectroscopy of p-vinylphenol in the gas phase. <i>Chemical Physics</i> , <b>2008</b> , 347, 340-345	2.3	10
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