

# Philip J Morgan

## List of Publications by Citations

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294  
papers

12,920  
citations

59  
h-index

102  
g-index

312  
ext. papers

15,325  
ext. citations

4.4  
avg, IF

6.64  
L-index

#	Paper	IF	Citations
294	Fundamental movement skills in children and adolescents: review of associated health benefits. <i>Sports Medicine</i> , <b>2010</b> , 40, 1019-35	10.6	744
293	Childhood motor skill proficiency as a predictor of adolescent physical activity. <i>Journal of Adolescent Health</i> , <b>2009</b> , 44, 252-9	5.8	480
292	The health benefits of muscular fitness for children and adolescents: a systematic review and meta-analysis. <i>Sports Medicine</i> , <b>2014</b> , 44, 1209-23	10.6	360
291	Effectiveness of web-based interventions in achieving weight loss and weight loss maintenance in overweight and obese adults: a systematic review with meta-analysis. <i>Obesity Reviews</i> , <b>2010</b> , 11, 306-21	10.6	348
290	Correlates of Gross Motor Competence in Children and Adolescents: A Systematic Review and Meta-Analysis. <i>Sports Medicine</i> , <b>2016</b> , 46, 1663-1688	10.6	284
289	Physical activity and physical self-concept in youth: systematic review and meta-analysis. <i>Sports Medicine</i> , <b>2014</b> , 44, 1589-601	10.6	270
288	Perceived sports competence mediates the relationship between childhood motor skill proficiency and adolescent physical activity and fitness: a longitudinal assessment. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , <b>2008</b> , 5, 40	8.4	227
287	Social cognitive theory and physical activity: a systematic review and meta-analysis. <i>Obesity Reviews</i> , <b>2014</b> , 15, 983-95	10.6	223
286	Fundamental movement skill interventions in youth: a systematic review and meta-analysis. <i>Pediatrics</i> , <b>2013</b> , 132, e1361-83	7.4	216
285	Global participation in sport and leisure-time physical activities: A systematic review and meta-analysis. <i>Preventive Medicine</i> , <b>2017</b> , 95, 14-25	4.3	208
284	eHealth interventions for the prevention and treatment of overweight and obesity in adults: a systematic review with meta-analysis. <i>Obesity Reviews</i> , <b>2015</b> , 16, 376-92	10.6	207
283	Does childhood motor skill proficiency predict adolescent fitness?. <i>Medicine and Science in Sports and Exercise</i> , <b>2008</b> , 40, 2137-44	1.2	204
282	A systematic review of the validity and reliability of sedentary behaviour measures used with children and adolescents. <i>Obesity Reviews</i> , <b>2011</b> , 12, 781-99	10.6	172
281	Classroom teachers' perceptions of the impact of barriers to teaching physical education on the quality of physical education programs. <i>Research Quarterly for Exercise and Sport</i> , <b>2008</b> , 79, 506-16	1.9	164
280	Dietary restriction and exercise improve airway inflammation and clinical outcomes in overweight and obese asthma: a randomized trial. <i>Clinical and Experimental Allergy</i> , <b>2013</b> , 43, 36-49	4.1	161
279	Do school-based interventions focusing on physical activity, fitness, or fundamental movement skill competency produce a sustained impact in these outcomes in children and adolescents? A systematic review of follow-up studies. <i>Sports Medicine</i> , <b>2014</b> , 44, 67-79	10.6	157
278	Non-specialist teachers' confidence to teach PE: the nature and influence of personal school experiences in PE. <i>Physical Education and Sport Pedagogy</i> , <b>2008</b> , 13, 1-29	3.8	149

277	A systematic review of studies using pedometers to promote physical activity among youth. <i>Preventive Medicine</i> , <b>2009</b> , 48, 307-15	4.3	148
276	Smart-phone obesity prevention trial for adolescent boys in low-income communities: the ATLAS RCT. <i>Pediatrics</i> , <b>2014</b> , 134, e723-31	7.4	147
275	A reverse pathway? Actual and perceived skill proficiency and physical activity. <i>Medicine and Science in Sports and Exercise</i> , <b>2011</b> , 43, 898-904	1.2	146
274	Development of Foundational Movement Skills: A Conceptual Model for Physical Activity Across the Lifespan. <i>Sports Medicine</i> , <b>2018</b> , 48, 1533-1540	10.6	135
273	The impact of nutrition education with and without a school garden on knowledge, vegetable intake and preferences and quality of school life among primary-school students. <i>Public Health Nutrition</i> , <b>2010</b> , 13, 1931-40	3.3	129
272	Fundamental Movement Skills: An Important Focus. <i>Journal of Teaching in Physical Education</i> , <b>2016</b> , 35, 219-225	2.2	126
271	The 'Healthy Dads, Healthy Kids' randomized controlled trial: efficacy of a healthy lifestyle program for overweight fathers and their children. <i>International Journal of Obesity</i> , <b>2011</b> , 35, 436-47	5.5	126
270	Efficacy of a workplace-based weight loss program for overweight male shift workers: the Workplace POWER (Preventing Obesity Without Eating like a Rabbit) randomized controlled trial. <i>Preventive Medicine</i> , <b>2011</b> , 52, 317-25	4.3	123
269	A systematic review and meta-analysis of moderate-to-vigorous physical activity levels in elementary school physical education lessons. <i>Preventive Medicine</i> , <b>2016</b> , 86, 34-54	4.3	116
268	Gender differences in motor skill proficiency from childhood to adolescence: a longitudinal study. <i>Research Quarterly for Exercise and Sport</i> , <b>2010</b> , 81, 162-70	1.9	114
267	The 'Healthy Dads, Healthy Kids' community randomized controlled trial: a community-based healthy lifestyle program for fathers and their children. <i>Preventive Medicine</i> , <b>2014</b> , 61, 90-9	4.3	108
266	12-month outcomes and process evaluation of the SHED-IT RCT: an internet-based weight loss program targeting men. <i>Obesity</i> , <b>2011</b> , 19, 142-51	8	107
265	The SHED-IT randomized controlled trial: evaluation of an Internet-based weight-loss program for men. <i>Obesity</i> , <b>2009</b> , 17, 2025-32	8	107
264	Effectiveness of male-only weight loss and weight loss maintenance interventions: a systematic review with meta-analysis. <i>Obesity Reviews</i> , <b>2012</b> , 13, 393-408	10.6	101
263	Preventing Obesity Among Adolescent Girls: One-Year Outcomes of the Nutrition and Enjoyable Activity for Teen Girls (NEAT Girls) Cluster Randomized Controlled Trial. <i>JAMA Pediatrics</i> , <b>2012</b> , 166, 821-7		100
262	Dropout, nonusage attrition, and pretreatment predictors of nonusage attrition in a commercial Web-based weight loss program. <i>Journal of Medical Internet Research</i> , <b>2010</b> , 12, e69	7.6	100
261	Maternal and paternal parenting practices and their influence on children's adiposity, screen-time, diet and physical activity. <i>Appetite</i> , <b>2014</b> , 79, 149-57	4.5	96
260	The SHED-IT community trial: a randomized controlled trial of internet- and paper-based weight loss programs tailored for overweight and obese men. <i>Annals of Behavioral Medicine</i> , <b>2013</b> , 45, 139-52	4.5	92

259	Recommendations to Improve Primary School Physical Education: Classroom Teachers' Perspective. <i>Journal of Educational Research</i> , <b>2007</b> , 101, 99-108	1.1	92
258	A systematic review and meta-analysis of moderate-to-vigorous physical activity levels in secondary school physical education lessons. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , <b>2017</b> , 14, 52	8.4	90
257	Involvement of Fathers in Pediatric Obesity Treatment and Prevention Trials: A Systematic Review. <i>Pediatrics</i> , <b>2017</b> , 139,	7.4	88
256	Physical activity and skills intervention: SCORES cluster randomized controlled trial. <i>Medicine and Science in Sports and Exercise</i> , <b>2015</b> , 47, 765-74	1.2	86
255	Characteristics of Teacher Training in School-Based Physical Education Interventions to Improve Fundamental Movement Skills and/or Physical Activity: A Systematic Review. <i>Sports Medicine</i> , <b>2017</b> , 47, 135-161	10.6	79
254	Efficacy of interventions that include diet, aerobic and resistance training components for type 2 diabetes prevention: a systematic review with meta-analysis. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , <b>2014</b> , 11, 2	8.4	77
253	Effects of integrating pedometers, parental materials, and E-mail support within an extracurricular school sport intervention. <i>Journal of Adolescent Health</i> , <b>2009</b> , 44, 176-183	5.8	77
252	Multi-site randomized controlled trial of a child-centered physical activity program, a parent-centered dietary-modification program, or both in overweight children: the HIKCUPS study. <i>Journal of Pediatrics</i> , <b>2010</b> , 157, 388-94, 394.e1	3.6	76
251	Findings From the EASY Minds Cluster Randomized Controlled Trial: Evaluation of a Physical Activity Integration Program for Mathematics in Primary Schools. <i>Journal of Physical Activity and Health</i> , <b>2016</b> , 13, 198-206	2.5	74
250	Parent diet modification, child activity, or both in obese children: an RCT. <i>Pediatrics</i> , <b>2011</b> , 127, 619-27	7.4	74
249	Fundamental movement skills and physical activity among children living in low-income communities: a cross-sectional study. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , <b>2014</b> , 11, 49	8.4	71
248	Engaging men in weight loss: Experiences of men who participated in the male only SHED-IT pilot study. <i>Obesity Research and Clinical Practice</i> , <b>2011</b> , 5, e169-266	5.4	71
247	A comparison and validation of child versus parent reporting of children's energy intake using food frequency questionnaires versus food records: who's an accurate reporter?. <i>Clinical Nutrition</i> , <b>2013</b> , 32, 613-8	5.9	70
246	Gender Differences in Motor Skill Proficiency From Childhood to Adolescence: A Longitudinal Study. <i>Research Quarterly for Exercise and Sport</i> , <b>2010</b> , 81, 162-170	1.9	70
245	Targeted Health Behavior Interventions Promoting Physical Activity: A Conceptual Model. <i>Exercise and Sport Sciences Reviews</i> , <b>2016</b> , 44, 71-80	6.7	70
244	Motivators and Barriers to Engaging in Healthy Eating and Physical Activity. <i>American Journal of Men's Health</i> , <b>2017</b> , 11, 330-343	2.2	66
243	Enhancement of Self-Monitoring in a Web-Based Weight Loss Program by Extra Individualized Feedback and Reminders: Randomized Trial. <i>Journal of Medical Internet Research</i> , <b>2016</b> , 18, e82	7.6	66
242	Framework for the design and delivery of organized physical activity sessions for children and adolescents: rationale and description of the 'SAAFE' teaching principles. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , <b>2017</b> , 14, 24	8.4	65

241	A 12-week commercial web-based weight-loss program for overweight and obese adults: randomized controlled trial comparing basic versus enhanced features. <i>Journal of Medical Internet Research</i> , <b>2012</b> , 14, e57	7.6	63
240	Young adult males' motivators and perceived barriers towards eating healthily and being active: a qualitative study. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , <b>2015</b> , 12, 93	8.4	62
239	Children's intake of fruit and selected energy-dense nutrient-poor foods is associated with fathers' intake. <i>Journal of the American Dietetic Association</i> , <b>2011</b> , 111, 1039-44		62
238	The Nutrition and Enjoyable Activity for Teen Girls (NEAT girls) randomized controlled trial for adolescent girls from disadvantaged secondary schools: rationale, study protocol, and baseline results. <i>BMC Public Health</i> , <b>2010</b> , 10, 652	4.1	61
237	Feasibility and preliminary efficacy of the 'HEYMAN' healthy lifestyle program for young men: a pilot randomised controlled trial. <i>Nutrition Journal</i> , <b>2017</b> , 16, 2	4.3	60
236	The nutrition and enjoyable activity for teen girls study: a cluster randomized controlled trial. <i>American Journal of Preventive Medicine</i> , <b>2013</b> , 45, 313-7	6.1	60
235	Outcomes and process evaluation of a programme integrating physical activity into the primary school mathematics curriculum: The EASY Minds pilot randomised controlled trial. <i>Journal of Science and Medicine in Sport</i> , <b>2015</b> , 18, 656-61	4.4	59
234	The Physical Activity 4 Everyone Cluster Randomized Trial: 2-Year Outcomes of a School Physical Activity Intervention Among Adolescents. <i>American Journal of Preventive Medicine</i> , <b>2016</b> , 51, 195-205	6.1	59
233	Improving the fitness and physical activity levels of primary school children: results of the Fit-4-Fun group randomized controlled trial. <i>Preventive Medicine</i> , <b>2013</b> , 56, 12-9	4.3	59
232	Randomized controlled trial of the Physical Activity Leaders (PALs) program for adolescent boys from disadvantaged secondary schools. <i>Preventive Medicine</i> , <b>2011</b> , 52, 239-46	4.3	57
231	Correlates of objectively measured physical activity in obese children. <i>Obesity</i> , <b>2008</b> , 16, 2634-41	8	57
230	Evaluation of an extra-curricular school sport programme promoting lifestyle and lifetime activity for adolescents. <i>Journal of Sports Sciences</i> , <b>2008</b> , 26, 519-29	3.6	57
229	Engaging Fathers to Increase Physical Activity in Girls: The "Dads And Daughters Exercising and Empowered" (DADEE) Randomized Controlled Trial. <i>Annals of Behavioral Medicine</i> , <b>2019</b> , 53, 39-52	4.5	57
228	Test-retest reliability of a battery of field-based health-related fitness measures for adolescents. <i>Journal of Sports Sciences</i> , <b>2011</b> , 29, 685-93	3.6	56
227	Improving health-related fitness in adolescents: the CrossFit Teens randomised controlled trial. <i>Journal of Sports Sciences</i> , <b>2016</b> , 34, 209-23	3.6	55
226	Reliability and validity of a single-item physical activity measure for adolescents. <i>Journal of Paediatrics and Child Health</i> , <b>2015</b> , 51, 787-93	1.3	55
225	Longitudinal associations between changes in screen-time and mental health outcomes in adolescents. <i>Mental Health and Physical Activity</i> , <b>2017</b> , 12, 124-131	5	54
224	Proficiency deficiency: mastery of fundamental movement skills and skill components in overweight and obese children. <i>Obesity</i> , <b>2012</b> , 20, 1024-33	8	52

223	Movement skills and physical activity in obese children: randomized controlled trial. <i>Medicine and Science in Sports and Exercise</i> , <b>2011</b> , 43, 90-100	1.2	52
222	'Physical Activity 4 Everyone' school-based intervention to prevent decline in adolescent physical activity levels: 12 month (mid-intervention) report on a cluster randomised trial. <i>British Journal of Sports Medicine</i> , <b>2016</b> , 50, 488-95	10.3	52
221	Randomised controlled trials in overweight children: practicalities and realities. <i>Pediatric Obesity</i> , <b>2007</b> , 2, 73-85		51
220	Assessing the sustained impact of a school-based obesity prevention program for adolescent boys: the ATLAS cluster randomized controlled trial. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , <b>2016</b> , 13, 92	8.4	51
219	Comparability and feasibility of wrist- and hip-worn accelerometers in free-living adolescents. <i>Journal of Science and Medicine in Sport</i> , <b>2017</b> , 20, 1101-1106	4.4	50
218	The impact of a school garden and cooking program on boys' and girls' fruit and vegetable preferences, taste rating, and intake. <i>Health Education and Behavior</i> , <b>2012</b> , 39, 131-41	4.2	50
217	The relationship between PE biographies and PE teaching practices of classroom teachers. <i>Sport, Education and Society</i> , <b>2008</b> , 13, 373-391	2.6	50
216	The impact of a workplace-based weight loss program on work-related outcomes in overweight male shift workers. <i>Journal of Occupational and Environmental Medicine</i> , <b>2012</b> , 54, 122-7	2	49
215	Mediators of Psychological Well-being in Adolescent Boys. <i>Journal of Adolescent Health</i> , <b>2016</b> , 58, 230-6	5.8	48
214	Social support from teachers mediates physical activity behavior change in children participating in the Fit-4-Fun intervention. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , <b>2013</b> , 10, 68	8.4	46
213	A hitchhiker's guide to assessing sedentary behaviour among young people: deciding what method to use. <i>Journal of Science and Medicine in Sport</i> , <b>2013</b> , 16, 28-35	4.4	45
212	Volumes and bouts of sedentary behavior and physical activity: associations with cardiometabolic health in obese children. <i>Obesity</i> , <b>2014</b> , 22, E112-8	8	43
211	The importance of long-term follow-up in child and adolescent obesity prevention interventions. <i>Pediatric Obesity</i> , <b>2011</b> , 6, 178-81		43
210	A cluster randomized trial of a multi-level intervention, delivered by service staff, to increase physical activity of children attending center-based childcare. <i>Preventive Medicine</i> , <b>2014</b> , 58, 9-16	4.3	42
209	Attitudes and Beliefs of Nonspecialist and Specialist Trainee Health and Physical Education Teachers Toward Obese Children: Evidence for "Anti-Fat" Bias. <i>Journal of School Health</i> , <b>2015</b> , 85, 595-603 <sup>1</sup>		42
208	Rationale and study protocol for the 'active teen leaders avoiding screen-time' (ATLAS) group randomized controlled trial: an obesity prevention intervention for adolescent boys from schools in low-income communities. <i>Contemporary Clinical Trials</i> , <b>2014</b> , 37, 106-19	2.3	42
207	Defining Physical Literacy for Application in Australia: A Modified Delphi Method. <i>Journal of Teaching in Physical Education</i> , <b>2019</b> , 38, 105-118	2.2	40
206	Development and implementation of a smartphone application to promote physical activity and reduce screen-time in adolescent boys. <i>Frontiers in Public Health</i> , <b>2014</b> , 2, 42	6	40

205	Men participating in a weight-loss intervention are able to implement key dietary messages, but not those relating to vegetables or alcohol: the Self-Help, Exercise and Diet using Internet Technology (SHED-IT) study. <i>Public Health Nutrition</i> , <b>2011</b> , 14, 168-75	3.3	40
204	Physical education in primary schools: Classroom teachers' perceptions of benefits and outcomes. <i>Health Education Journal</i> , <b>2008</b> , 67, 196-207	1.5	40
203	The contribution of organised sports to physical activity in Australia: Results and directions from the Active Healthy Kids Australia 2014 Report Card on physical activity for children and young people. <i>Journal of Science and Medicine in Sport</i> , <b>2016</b> , 19, 407-12	4.4	39
202	Exploring changes in physical activity, sedentary behaviors and hypothesized mediators in the NEAT girls group randomized controlled trial. <i>Journal of Science and Medicine in Sport</i> , <b>2014</b> , 17, 39-46	4.4	39
201	Explaining dietary intake in adolescent girls from disadvantaged secondary schools. A test of Social Cognitive Theory. <i>Appetite</i> , <b>2012</b> , 58, 517-24	4.5	39
200	Effectiveness of a multi-strategy intervention in increasing the implementation of vegetable and fruit breaks by Australian primary schools: a non-randomized controlled trial. <i>BMC Public Health</i> , <b>2012</b> , 12, 651	4.1	38
199	The HIKCUPS trial: a multi-site randomized controlled trial of a combined physical activity skill-development and dietary modification program in overweight and obese children. <i>BMC Public Health</i> , <b>2007</b> , 7, 15	4.1	38
198	Intervention to reduce recreational screen-time in adolescents: Outcomes and mediators from the 'Switch-Off 4 Healthy Minds' (S4HM) cluster randomized controlled trial. <i>Preventive Medicine</i> , <b>2016</b> , 91, 50-57	4.3	38
197	Development and evaluation of social cognitive measures related to adolescent dietary behaviors. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , <b>2012</b> , 9, 36	8.4	37
196	Relationship between body composition, inflammation and lung function in overweight and obese asthma. <i>Respiratory Research</i> , <b>2012</b> , 13, 10	7.3	36
195	The Influence of Fathers on Children's Physical Activity and Dietary Behaviors: Insights, Recommendations and Future Directions. <i>Current Obesity Reports</i> , <b>2017</b> , 6, 324-333	8.4	35
194	Improvements in fundamental movement skill competency mediate the effect of the SCORES intervention on physical activity and cardiorespiratory fitness in children. <i>Journal of Sports Sciences</i> , <b>2015</b> , 33, 1908-18	3.6	35
193	Promoting physical activity among adolescent girls: the Girls in Sport group randomized trial. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , <b>2017</b> , 14, 81	8.4	33
192	Weight change in a commercial web-based weight loss program and its association with website use: cohort study. <i>Journal of Medical Internet Research</i> , <b>2011</b> , 13, e83	7.6	33
191	Cost effectiveness of a multi-component school-based physical activity intervention targeting adolescents: the 'Physical Activity 4 Everyone' cluster randomized trial. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , <b>2016</b> , 13, 94	8.4	33
190	Impact of scheduling multiple outdoor free-play periods in childcare on child moderate-to-vigorous physical activity: a cluster randomised trial. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , <b>2018</b> , 15, 34	8.4	32
189	Improving physical self-perception in adolescent boys from disadvantaged schools: psychological outcomes from the Physical Activity Leaders randomized controlled trial. <i>Pediatric Obesity</i> , <b>2012</b> , 7, e27-32	4.6	32
188	Paternal Lifestyle-Related Parenting Practices Mediate Changes in Children's Dietary and Physical Activity Behaviors: Findings From the Healthy Dads, Healthy Kids Community Randomized Controlled Trial. <i>Journal of Physical Activity and Health</i> , <b>2015</b> , 12, 1327-35	2.5	32

187	Rationale and study protocol for the supporting children's outcomes using rewards, exercise and skills (SCORES) group randomized controlled trial: a physical activity and fundamental movement skills intervention for primary schools in low-income communities. <i>BMC Public Health</i> , <b>2012</b> , 12, 427	4.1	32
186	Exploring the mechanisms of physical activity and dietary behavior change in the program x intervention for adolescents. <i>Journal of Adolescent Health</i> , <b>2010</b> , 47, 83-91	5.8	32
185	The impact of child and adolescent obesity treatment interventions on physical activity: a systematic review. <i>Obesity Reviews</i> , <b>2010</b> , 11, 516-30	10.6	32
184	Effects of a 'school-based' physical activity intervention on adiposity in adolescents from economically disadvantaged communities: secondary outcomes of the 'Physical Activity 4 Everyone' RCT. <i>International Journal of Obesity</i> , <b>2016</b> , 40, 1486-1493	5.5	32
183	Objectively measured sedentary behavior, physical activity, and plasma lipids in overweight and obese children. <i>Obesity</i> , <b>2013</b> , 21, 382-5	8	31
182	The 'Healthy Dads, Healthy Kids' community effectiveness trial: study protocol of a community-based healthy lifestyle program for fathers and their children. <i>BMC Public Health</i> , <b>2011</b> , 11, 876	4.1	31
181	Movement-based Mathematics: Enjoyment and Engagement without Compromising Learning through the EASY Minds Program. <i>Eurasia Journal of Mathematics, Science and Technology Education</i> , <b>2017</b> , 13,	1.6	30
180	Effects of different types of classroom physical activity breaks on children's on-task behaviour, academic achievement and cognition. <i>Acta Paediatrica, International Journal of Paediatrics</i> , <b>2020</b> , 109, 158-165	3.1	30
179	The reliability and validity of an authentic motor skill assessment tool for early adolescent girls in an Australian school setting. <i>Journal of Science and Medicine in Sport</i> , <b>2017</b> , 20, 590-594	4.4	29
178	12 month changes in dietary intake of adolescent girls attending schools in low-income communities following the NEAT Girls cluster randomized controlled trial. <i>Appetite</i> , <b>2014</b> , 73, 147-55	4.5	29
177	A school-based intervention to promote physical activity among adolescent girls: rationale, design, and baseline data from the Girls in Sport group randomised controlled trial. <i>BMC Public Health</i> , <b>2011</b> , 11, 658	4.1	29
176	Six year follow-up of students who participated in a school-based physical activity intervention: a longitudinal cohort study. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , <b>2009</b> , 6, 48	8.4	29
175	Validity and Reliability of Field-Based Measures for Assessing Movement Skill Competency in Lifelong Physical Activities: A Systematic Review. <i>Sports Medicine</i> , <b>2015</b> , 45, 1443-54	10.6	27
174	Implementing Resistance Training in Secondary Schools: A Cluster Randomized Controlled Trial. <i>Medicine and Science in Sports and Exercise</i> , <b>2018</b> , 50, 62-72	1.2	27
173	Results from Australia's 2014 Report Card on Physical Activity for Children and Youth. <i>Journal of Physical Activity and Health</i> , <b>2014</b> , 11 Suppl 1, S21-5	2.5	27
172	Validity of a self-report survey tool measuring the nutrition and physical activity environment of primary schools. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , <b>2013</b> , 10, 75	8.4	27
171	Weight expectations, motivations for weight change and perceived factors influencing weight management in young Australian women: a cross-sectional study. <i>Public Health Nutrition</i> , <b>2016</b> , 19, 275-86	3.3	27
170	Feasibility and Preliminary Efficacy of a Teacher-Facilitated High-Intensity Interval Training Intervention for Older Adolescents. <i>Pediatric Exercise Science</i> , <b>2019</b> , 31, 107-117	2	27

169	Comparison of energy intake in toddlers assessed by food frequency questionnaire and total energy expenditure measured by the doubly labeled water method. <i>Journal of the Academy of Nutrition and Dietetics</i> , <b>2013</b> , 113, 459-463	3.9	26
168	Mediators of weight loss in the 'Healthy Dads, Healthy Kids' pilot study for overweight fathers. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , <b>2012</b> , 9, 45	8.4	26
167	Evaluation of a commercial web-based weight loss and weight loss maintenance program in overweight and obese adults: a randomized controlled trial. <i>BMC Public Health</i> , <b>2010</b> , 10, 669	4.1	26
166	Guidelines for the Selection of Physical Literacy Measures in Physical Education in Australia. <i>Journal of Teaching in Physical Education</i> , <b>2019</b> , 38, 119-125	2.2	25
165	Efficacy of the Type 2 Diabetes Prevention Using LifeStyle Education Program RCT. <i>American Journal of Preventive Medicine</i> , <b>2016</b> , 50, 353-364	6.1	25
164	A cluster randomised trial of a school-based intervention to prevent decline in adolescent physical activity levels: study protocol for the 'Physical Activity 4 Everyone' trial. <i>BMC Public Health</i> , <b>2013</b> , 13, 57	4.1	25
163	Exploring the mechanisms of weight loss in the SHED-IT intervention for overweight men: a mediation analysis. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , <b>2009</b> , 6, 76	8.4	25
162	Efficacy of standard versus enhanced features in a Web-based commercial weight-loss program for obese adults, part 2: randomized controlled trial. <i>Journal of Medical Internet Research</i> , <b>2013</b> , 15, e140	7.6	25
161	Child physical activity levels and associations with modifiable characteristics in centre-based childcare. <i>Australian and New Zealand Journal of Public Health</i> , <b>2015</b> , 39, 232-6	2.3	24
160	Fathers' Perceptions of Rough-and-Tumble Play: Implications for Early Childhood Services. <i>Australasian Journal of Early Childhood</i> , <b>2011</b> , 36, 131-138	1	24
159	The SHED-IT community trial study protocol: a randomised controlled trial of weight loss programs for overweight and obese men. <i>BMC Public Health</i> , <b>2010</b> , 10, 701	4.1	24
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