

# Philip J Morgan

## List of Publications by Year in descending order

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Version: 2024-02-01

305  
papers

17,569  
citations

13854

67  
h-index

20343

116  
g-index

312  
all docs

312  
docs citations

312  
times ranked

13912  
citing authors

#	ARTICLE	IF	CITATIONS
1	Fundamental Movement Skills in Children and Adolescents. <i>Sports Medicine</i> , 2010, 40, 1019-1035.	3.1	991
2	Childhood Motor Skill Proficiency as a Predictor of Adolescent Physical Activity. <i>Journal of Adolescent Health</i> , 2009, 44, 252-259.	1.2	633
3	The Health Benefits of Muscular Fitness for Children and Adolescents: A Systematic Review and Meta-Analysis. <i>Sports Medicine</i> , 2014, 44, 1209-1223.	3.1	532
4	Correlates of Gross Motor Competence in Children and Adolescents: A Systematic Review and Meta-Analysis. <i>Sports Medicine</i> , 2016, 46, 1663-1688.	3.1	449
5	Effectiveness of web-based interventions in achieving weight loss and weight loss maintenance in overweight and obese adults: a systematic review with meta-analysis. <i>Obesity Reviews</i> , 2010, 11, 306-321.	3.1	405
6	Physical Activity and Physical Self-Concept in Youth: Systematic Review and Meta-Analysis. <i>Sports Medicine</i> , 2014, 44, 1589-1601.	3.1	374
7	Global participation in sport and leisure-time physical activities: A systematic review and meta-analysis. <i>Preventive Medicine</i> , 2017, 95, 14-25.	1.6	362
8	Social cognitive theory and physical activity: a systematic review and meta-analysis. <i>Obesity Reviews</i> , 2014, 15, 983-995.	3.1	331
9	Health interventions for the prevention and treatment of overweight and obesity in adults: a systematic review with meta-analysis. <i>Obesity Reviews</i> , 2015, 16, 376-392.	3.1	315
10	Perceived sports competence mediates the relationship between childhood motor skill proficiency and adolescent physical activity and fitness: a longitudinal assessment. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2008, 5, 40.	2.0	296
11	Fundamental Movement Skill Interventions in Youth: A Systematic Review and Meta-analysis. <i>Pediatrics</i> , 2013, 132, e1361-e1383.	1.0	284
12	Does Childhood Motor Skill Proficiency Predict Adolescent Fitness?. <i>Medicine and Science in Sports and Exercise</i> , 2008, 40, 2137-2144.	0.2	257
13	Dietary restriction and exercise improve airway inflammation and clinical outcomes in overweight and obese asthma: a randomized trial. <i>Clinical and Experimental Allergy</i> , 2013, 43, 36-49.	1.4	235
14	Development of Foundational Movement Skills: A Conceptual Model for Physical Activity Across the Lifespan. <i>Sports Medicine</i> , 2018, 48, 1533-1540.	3.1	235
15	A systematic review of the validity and reliability of sedentary behaviour measures used with children and adolescents. <i>Obesity Reviews</i> , 2011, 12, 781-799.	3.1	213
16	Classroom Teachers' Perceptions of the Impact of Barriers to Teaching Physical Education on the Quality of Physical Education Programs. <i>Research Quarterly for Exercise and Sport</i> , 2008, 79, 506-516.	0.8	207
17	Fundamental Movement Skills: An Important Focus. <i>Journal of Teaching in Physical Education</i> , 2016, 35, 219-225.	0.9	207
18	Do School-Based Interventions Focusing on Physical Activity, Fitness, or Fundamental Movement Skill Competency Produce a Sustained Impact in These Outcomes in Children and Adolescents? A Systematic Review of Follow-Up Studies. <i>Sports Medicine</i> , 2014, 44, 67-79.	3.1	203

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19	Smart-Phone Obesity Prevention Trial for Adolescent Boys in Low-Income Communities: The ATLAS RCT. <i>Pediatrics</i> , 2014, 134, e723-e731.	1.0	198
20	A Reverse Pathway? Actual and Perceived Skill Proficiency and Physical Activity. <i>Medicine and Science in Sports and Exercise</i> , 2011, 43, 898-904.	0.2	185
21	Non-specialist teachers' confidence to teach PE: the nature and influence of personal school experiences in PE. <i>Physical Education and Sport Pedagogy</i> , 2008, 13, 1-29.	1.8	178
22	A systematic review of studies using pedometers to promote physical activity among youth. <i>Preventive Medicine</i> , 2009, 48, 307-315.	1.6	168
23	The impact of nutrition education with and without a school garden on knowledge, vegetable intake and preferences and quality of school life among primary-school students. <i>Public Health Nutrition</i> , 2010, 13, 1931-1940.	1.1	164
24	The "Healthy Dads, Healthy Kids"™ randomized controlled trial: efficacy of a healthy lifestyle program for overweight fathers and their children. <i>International Journal of Obesity</i> , 2011, 35, 436-447.	1.6	158
25	A systematic review and meta-analysis of moderate-to-vigorous physical activity levels in elementary school physical education lessons. <i>Preventive Medicine</i> , 2016, 86, 34-54.	1.6	153
26	Efficacy of a workplace-based weight loss program for overweight male shift workers: The Workplace POWER (Preventing Obesity Without Eating like a Rabbit) randomized controlled trial. <i>Preventive Medicine</i> , 2011, 52, 317-325.	1.6	143
27	Gender Differences in Motor Skill Proficiency From Childhood to Adolescence. <i>Research Quarterly for Exercise and Sport</i> , 2010, 81, 162-170.	0.8	142
28	The SHED™ Randomized Controlled Trial: Evaluation of an Internet-Based Weight Loss Program for Men. <i>Obesity</i> , 2009, 17, 2025-2032.	1.5	130
29	The "Healthy Dads, Healthy Kids"™ community randomized controlled trial: A community-based healthy lifestyle program for fathers and their children. <i>Preventive Medicine</i> , 2014, 61, 90-99.	1.6	130
30	Involvement of Fathers in Pediatric Obesity Treatment and Prevention Trials: A Systematic Review. <i>Pediatrics</i> , 2017, 139, e20162635.	1.0	130
31	Maternal and paternal parenting practices and their influence on children's adiposity, screen-time, diet and physical activity. <i>Appetite</i> , 2014, 79, 149-157.	1.8	127
32	A systematic review and meta-analysis of moderate-to-vigorous physical activity levels in secondary school physical education lessons. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2017, 14, 52.	2.0	127
33	Dropout, Nonusage Attrition, and Pretreatment Predictors of Nonusage Attrition in a Commercial Web-Based Weight Loss Program. <i>Journal of Medical Internet Research</i> , 2010, 12, e69.	2.1	125
34	Effectiveness of male-only weight loss and weight loss maintenance interventions: a systematic review with meta-analysis. <i>Obesity Reviews</i> , 2012, 13, 393-408.	3.1	122
35	Preventing Obesity Among Adolescent Girls. <i>JAMA Pediatrics</i> , 2012, 166, 821.	3.6	121
36	12-Month Outcomes and Process Evaluation of the SHED™ RCT: An Internet-Based Weight Loss Program Targeting Men. <i>Obesity</i> , 2011, 19, 142-151.	1.5	119

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37	Characteristics of Teacher Training in School-Based Physical Education Interventions to Improve Fundamental Movement Skills and/or Physical Activity: A Systematic Review. <i>Sports Medicine</i> , 2017, 47, 135-161.	3.1	117
38	The SHED-IT Community Trial: A Randomized Controlled Trial of Internet- and Paper-Based Weight Loss Programs Tailored for Overweight and Obese Men. <i>Annals of Behavioral Medicine</i> , 2013, 45, 139-152.	1.7	110
39	Recommendations to Improve Primary School Physical Education: Classroom Teachers' Perspective. <i>Journal of Educational Research</i> , 2007, 101, 99-108.	0.8	109
40	Physical Activity and Skills Intervention. <i>Medicine and Science in Sports and Exercise</i> , 2015, 47, 765-774.	0.2	108
41	Motivators and Barriers to Engaging in Healthy Eating and Physical Activity. <i>American Journal of Men's Health</i> , 2017, 11, 330-343.	0.7	107
42	Fundamental movement skills and physical activity among children living in low-income communities: a cross-sectional study. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2014, 11, 49.	2.0	103
43	Efficacy of interventions that include diet, aerobic and resistance training components for type 2 diabetes prevention: a systematic review with meta-analysis. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2014, 11, 2.	2.0	100
44	Framework for the design and delivery of organized physical activity sessions for children and adolescents: rationale and description of the "SAFE" teaching principles. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2017, 14, 24.	2.0	99
45	Targeted Health Behavior Interventions Promoting Physical Activity. <i>Exercise and Sport Sciences Reviews</i> , 2016, 44, 71-80.	1.6	98
46	Findings From the EASY Minds Cluster Randomized Controlled Trial: Evaluation of a Physical Activity Integration Program for Mathematics in Primary Schools. <i>Journal of Physical Activity and Health</i> , 2016, 13, 198-206.	1.0	94
47	Effects of Integrating Pedometers, Parental Materials, and E-mail Support Within an Extracurricular School Sport Intervention. <i>Journal of Adolescent Health</i> , 2009, 44, 176-183.	1.2	89
48	Multi-Site Randomized Controlled Trial of a Child-Centered Physical Activity Program, a Parent-Centered Dietary-Modification Program, or Both in Overweight Children: The HIKCUPS Study. <i>Journal of Pediatrics</i> , 2010, 157, 388-394.e1.	0.9	89
49	Young adult males' motivators and perceived barriers towards eating healthily and being active: a qualitative study. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2015, 12, 93.	2.0	89
50	Longitudinal associations between changes in screen-time and mental health outcomes in adolescents. <i>Mental Health and Physical Activity</i> , 2017, 12, 124-131.	0.9	88
51	A 12-Week Commercial Web-Based Weight-Loss Program for Overweight and Obese Adults: Randomized Controlled Trial Comparing Basic Versus Enhanced Features. <i>Journal of Medical Internet Research</i> , 2012, 14, e57.	2.1	88
52	Enhancement of Self-Monitoring in a Web-Based Weight Loss Program by Extra Individualized Feedback and Reminders: Randomized Trial. <i>Journal of Medical Internet Research</i> , 2016, 18, e82.	2.1	87
53	Comparability and feasibility of wrist- and hip-worn accelerometers in free-living adolescents. <i>Journal of Science and Medicine in Sport</i> , 2017, 20, 1101-1106.	0.6	86
54	Parent Diet Modification, Child Activity, or Both in Obese Children: An RCT. <i>Pediatrics</i> , 2011, 127, 619-627.	1.0	84

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55	Engaging men in weight loss: Experiences of men who participated in the male only SHED-IT pilot study. <i>Obesity Research and Clinical Practice</i> , 2011, 5, e239-e248.	0.8	83
56	Engaging Fathers to Increase Physical Activity in Girls: The "Dads And Daughters Exercising and Empowered" (DADEE) Randomized Controlled Trial. <i>Annals of Behavioral Medicine</i> , 2019, 53, 39-52.	1.7	83
57	A comparison and validation of child versus parent reporting of children's energy intake using food frequency questionnaires versus food records: Who's an accurate reporter?. <i>Clinical Nutrition</i> , 2013, 32, 613-618.	2.3	80
58	Assessing the sustained impact of a school-based obesity prevention program for adolescent boys: the ATLAS cluster randomized controlled trial. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2016, 13, 92.	2.0	80
59	Test-retest reliability of a battery of field-based health-related fitness measures for adolescents. <i>Journal of Sports Sciences</i> , 2011, 29, 685-693.	1.0	78
60	The Nutrition and Enjoyable Activity for Teen Girls Study. <i>American Journal of Preventive Medicine</i> , 2013, 45, 313-317.	1.6	78
61	Feasibility and preliminary efficacy of the "HEYMAN"™ healthy lifestyle program for young men: a pilot randomised controlled trial. <i>Nutrition Journal</i> , 2017, 16, 2.	1.5	78
62	Improving the fitness and physical activity levels of primary school children: Results of the Fit-4-Fun group randomized controlled trial. <i>Preventive Medicine</i> , 2013, 56, 12-19.	1.6	77
63	Gender Differences in Motor Skill Proficiency From Childhood to Adolescence: A Longitudinal Study. <i>Research Quarterly for Exercise and Sport</i> , 2010, 81, 162-170.	0.8	76
64	Defining Physical Literacy for Application in Australia: A Modified Delphi Method. <i>Journal of Teaching in Physical Education</i> , 2019, 38, 105-118.	0.9	75
65	Improving health-related fitness in adolescents: the CrossFit Teens™ randomised controlled trial. <i>Journal of Sports Sciences</i> , 2016, 34, 209-223.	1.0	74
66	Reliability and validity of a single-item physical activity measure for adolescents. <i>Journal of Paediatrics and Child Health</i> , 2015, 51, 787-793.	0.4	73
67	Correlates of Objectively Measured Physical Activity in Obese Children. <i>Obesity</i> , 2008, 16, 2634-2641.	1.5	72
68	The Physical Activity 4 Everyone Cluster Randomized Trial. <i>American Journal of Preventive Medicine</i> , 2016, 51, 195-205.	1.6	72
69	The Nutrition and Enjoyable Activity for Teen Girls (NEAT girls) randomized controlled trial for adolescent girls from disadvantaged secondary schools: rationale, study protocol, and baseline results. <i>BMC Public Health</i> , 2010, 10, 652.	1.2	71
70	Children's Intake of Fruit and Selected Energy-Dense Nutrient-Poor Foods Is Associated with Fathers' Intake. <i>Journal of the American Dietetic Association</i> , 2011, 111, 1039-1044.	1.3	71
71	Randomized controlled trial of the Physical Activity Leaders (PALs) program for adolescent boys from disadvantaged secondary schools†. <i>Preventive Medicine</i> , 2011, 52, 239-46.	1.6	70
72	A Narrative Review of Motor Competence in Children and Adolescents: What We Know and What We Need to Find Out. <i>International Journal of Environmental Research and Public Health</i> , 2021, 18, 18.	1.2	70

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73	Proficiency Deficiency: Mastery of Fundamental Movement Skills and Skill Components in Overweight and Obese Children. <i>Obesity</i> , 2012, 20, 1024-1033.	1.5	69
74	Outcomes and process evaluation of a programme integrating physical activity into the primary school mathematics curriculum: The EASY Minds pilot randomised controlled trial. <i>Journal of Science and Medicine in Sport</i> , 2015, 18, 656-661.	0.6	66
75	Evaluation of an extra-curricular school sport programme promoting lifestyle and lifetime activity for adolescents. <i>Journal of Sports Sciences</i> , 2008, 26, 519-529.	1.0	65
76	The relationship between PE biographies and PE teaching practices of classroom teachers. <i>Sport, Education and Society</i> , 2008, 13, 373-391.	1.5	64
77	Social support from teachers mediates physical activity behavior change in children participating in the Fit-4-Fun intervention. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2013, 10, 68.	2.0	64
78	Mediators of Psychological Well-being in Adolescent Boys. <i>Journal of Adolescent Health</i> , 2016, 58, 230-236.	1.2	64
79	Movement Skills and Physical Activity in Obese Children. <i>Medicine and Science in Sports and Exercise</i> , 2011, 43, 90-100.	0.2	62
80	The Impact of a School Garden and Cooking Program on Boys'™ and Girls'™ Fruit and Vegetable Preferences, Taste Rating, and Intake. <i>Health Education and Behavior</i> , 2012, 39, 131-141.	1.3	61
81	Physical Activity 4 Everyone™ school-based intervention to prevent decline in adolescent physical activity levels: 12-month (mid-intervention) report on a cluster randomised trial. <i>British Journal of Sports Medicine</i> , 2016, 50, 488-495.	3.1	61
82	Effects of different types of classroom physical activity breaks on children's™ on-task behaviour, academic achievement and cognition. <i>Acta Paediatrica, International Journal of Paediatrics</i> , 2020, 109, 158-165.	0.7	61
83	The Impact of a Workplace-Based Weight Loss Program on Work-Related Outcomes in Overweight Male Shift Workers. <i>Journal of Occupational and Environmental Medicine</i> , 2012, 54, 122-127.	0.9	60
84	A hitchhiker's guide to assessing sedentary behaviour among young people: Deciding what method to use. <i>Journal of Science and Medicine in Sport</i> , 2013, 16, 28-35.	0.6	60
85	Development and Implementation of a Smartphone Application to Promote Physical Activity and Reduce Screen-Time in Adolescent Boys. <i>Frontiers in Public Health</i> , 2014, 2, 42.	1.3	60
86	Randomised controlled trials in overweight children: Practicalities and realities. <i>Pediatric Obesity</i> , 2007, 2, 73-85.	3.2	57
87	Attitudes and Beliefs of Nonspecialist and Specialist Trainee Health and Physical Education Teachers Toward Obese Children: Evidence for Anti-Fat Bias. <i>Journal of School Health</i> , 2015, 85, 595-603.	0.8	56
88	Physical education in primary schools: Classroom teachers' perceptions of benefits and outcomes. <i>Health Education Journal</i> , 2008, 67, 196-207.	0.6	55
89	Exploring changes in physical activity, sedentary behaviors and hypothesized mediators in the NEAT girls group randomized controlled trial. <i>Journal of Science and Medicine in Sport</i> , 2014, 17, 39-46.	0.6	54
90	Development and evaluation of social cognitive measures related to adolescent dietary behaviors. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2012, 9, 36.	2.0	53

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91	A cluster randomized trial of a multi-level intervention, delivered by service staff, to increase physical activity of children attending center-based childcare. <i>Preventive Medicine</i> , 2014, 58, 9-16.	1.6	53
92	Impact of scheduling multiple outdoor free-play periods in childcare on child moderate-to-vigorous physical activity: a cluster randomised trial. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2018, 15, 34.	2.0	51
93	The importance of long-term follow-up in child and adolescent obesity prevention interventions. <i>Pediatric Obesity</i> , 2011, 6, 178-181.	3.2	50
94	Intervention to reduce recreational screen-time in adolescents: Outcomes and mediators from the "Switch-Off 4 Healthy Minds" (S4HM) cluster randomized controlled trial. <i>Preventive Medicine</i> , 2016, 91, 50-57.	1.6	50
95	Promoting physical activity among adolescent girls: the Girls in Sport group randomized trial. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2017, 14, 81.	2.0	50
96	The Influence of Fathers on Children's Physical Activity and Dietary Behaviors: Insights, Recommendations and Future Directions. <i>Current Obesity Reports</i> , 2017, 6, 324-333.	3.5	49
97	Rationale and study protocol for the "Active Teen Leaders Avoiding Screen-time" (ATLAS) group randomized controlled trial: An obesity prevention intervention for adolescent boys from schools in low-income communities. <i>Contemporary Clinical Trials</i> , 2014, 37, 106-119.	0.8	48
98	Cost effectiveness of a multi-component school-based physical activity intervention targeting adolescents: the "Physical Activity 4 Everyone" cluster randomized trial. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2016, 13, 94.	2.0	48
99	Explaining dietary intake in adolescent girls from disadvantaged secondary schools. A test of Social Cognitive Theory. <i>Appetite</i> , 2012, 58, 517-524.	1.8	47
100	Implementing Resistance Training in Secondary Schools. <i>Medicine and Science in Sports and Exercise</i> , 2018, 50, 62-72.	0.2	47
101	Volumes and bouts of sedentary behavior and physical activity: Associations with cardiometabolic health in obese children. <i>Obesity</i> , 2014, 22, E112-8.	1.5	46
102	The contribution of organised sports to physical activity in Australia: Results and directions from the Active Healthy Kids Australia 2014 Report Card on physical activity for children and young people. <i>Journal of Science and Medicine in Sport</i> , 2016, 19, 407-412.	0.6	46
103	Men participating in a weight-loss intervention are able to implement key dietary messages, but not those relating to vegetables or alcohol: the Self-Help, Exercise and Diet using Internet Technology (SHED-IT) study. <i>Public Health Nutrition</i> , 2011, 14, 168-175.	1.1	45
104	Relationship between body composition, inflammation and lung function in overweight and obese asthma. <i>Respiratory Research</i> , 2012, 13, 10.	1.4	45
105	Paternal Lifestyle-Related Parenting Practices Mediate Changes in Children's Dietary and Physical Activity Behaviors: Findings From the Healthy Dads, Healthy Kids Community Randomized Controlled Trial. <i>Journal of Physical Activity and Health</i> , 2015, 12, 1327-1335.	1.0	45
106	Feasibility and Preliminary Efficacy of a Teacher-Facilitated High-Intensity Interval Training Intervention for Older Adolescents. <i>Pediatric Exercise Science</i> , 2019, 31, 107-117.	0.5	45
107	Effectiveness of a multi-strategy intervention in increasing the implementation of vegetable and fruit breaks by Australian primary schools: a non-randomized controlled trial. <i>BMC Public Health</i> , 2012, 12, 651.	1.2	44
108	Effects of a "school-based" physical activity intervention on adiposity in adolescents from economically disadvantaged communities: secondary outcomes of the "Physical Activity 4 Everyone" RCT. <i>International Journal of Obesity</i> , 2016, 40, 1486-1493.	1.6	43

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109	Improvements in fundamental movement skill competency mediate the effect of the SCORES intervention on physical activity and cardiorespiratory fitness in children. <i>Journal of Sports Sciences</i> , 2015, 33, 1908-1918.	1.0	42
110	Efficacy and feasibility of HIIT training for university students: The Uni-HIIT RCT. <i>Journal of Science and Medicine in Sport</i> , 2019, 22, 596-601.	0.6	42
111	The HIKCUPS trial: a multi-site randomized controlled trial of a combined physical activity skill-development and dietary modification program in overweight and obese children. <i>BMC Public Health</i> , 2007, 7, 15.	1.2	41
112	Six year follow-up of students who participated in a school-based physical activity intervention: a longitudinal cohort study. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2009, 6, 48.	2.0	40
113	Exploring the Mechanisms of Physical Activity and Dietary Behavior Change in the Program X Intervention for Adolescents. <i>Journal of Adolescent Health</i> , 2010, 47, 83-91.	1.2	40
114	Improving physical self-perception in adolescent boys from disadvantaged schools: psychological outcomes from the Physical Activity Leaders randomized controlled trial. <i>Pediatric Obesity</i> , 2012, 7, e27-32.	1.4	40
115	Movement-based Mathematics: Enjoyment and Engagement without Compromising Learning through the EASY Minds Program. <i>Eurasia Journal of Mathematics, Science and Technology Education</i> , 2017, 13, .	0.7	40
116	Validity and Reliability of Field-Based Measures for Assessing Movement Skill Competency in Lifelong Physical Activities: A Systematic Review. <i>Sports Medicine</i> , 2015, 45, 1443-1454.	3.1	39
117	Scaling-up an efficacious school-based physical activity intervention: Study protocol for the "Internet-based Professional Learning to help teachers support Activity in Youth" (iPLAY) cluster randomized controlled trial and scale-up implementation evaluation. <i>BMC Public Health</i> , 2016, 16, 873.	1.2	39
118	Efficacy of a Multi-component m-Health Weight-loss Intervention in Overweight and Obese Adults: A Randomised Controlled Trial. <i>International Journal of Environmental Research and Public Health</i> , 2020, 17, 6200.	1.2	39
119	Weight Change in a Commercial Web-Based Weight Loss Program and its Association With Website Use: Cohort Study. <i>Journal of Medical Internet Research</i> , 2011, 13, e83.	2.1	39
120	A school-based intervention to promote physical activity among adolescent girls: Rationale, design, and baseline data from the Girls in Sport group randomised controlled trial. <i>BMC Public Health</i> , 2011, 11, 658.	1.2	38
121	Rationale and study protocol for the supporting children's outcomes using rewards, exercise and skills (SCORES) group randomized controlled trial: A physical activity and fundamental movement skills intervention for primary schools in low-income communities. <i>BMC Public Health</i> , 2012, 12, 427.	1.2	38
122	Objectively measured sedentary behavior, physical activity, and plasma lipids in overweight and obese children. <i>Obesity</i> , 2013, 21, 382-385.	1.5	38
123	The impact of child and adolescent obesity treatment interventions on physical activity: a systematic review. <i>Obesity Reviews</i> , 2010, 11, 516-530.	3.1	37
124	Comparison of Energy Intake in Toddlers Assessed by Food Frequency Questionnaire and Total Energy Expenditure Measured by the Doubly Labeled Water Method. <i>Journal of the Academy of Nutrition and Dietetics</i> , 2013, 113, 459-463.	0.4	37
125	Efficacy of the Type 2 Diabetes Prevention Using LifeStyle Education Program RCT. <i>American Journal of Preventive Medicine</i> , 2016, 50, 353-364.	1.6	37
126	Guidelines for the Selection of Physical Literacy Measures in Physical Education in Australia. <i>Journal of Teaching in Physical Education</i> , 2019, 38, 119-125.	0.9	37



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127	Time-efficient intervention to improve older adolescents' cardiorespiratory fitness: findings from the 'Burn 2 Learn' cluster randomised controlled trial. <i>British Journal of Sports Medicine</i> , 2021, 55, 751-758.	3.1	37
128	Efficacy of Standard Versus Enhanced Features in a Web-Based Commercial Weight-Loss Program for Obese Adults, Part 2: Randomized Controlled Trial. <i>Journal of Medical Internet Research</i> , 2013, 15, e140.	2.1	36
129	The 'Healthy Dads, Healthy Kids' community effectiveness trial: study protocol of a community-based healthy lifestyle program for fathers and their children. <i>BMC Public Health</i> , 2011, 11, 876.	1.2	35
130	12Month changes in dietary intake of adolescent girls attending schools in low-income communities following the NEAT Girls cluster randomized controlled trial. <i>Appetite</i> , 2014, 73, 147-155.	1.8	35
131	Results from Australia's 2014 Report Card on Physical Activity for Children and Youth. <i>Journal of Physical Activity and Health</i> , 2014, 11, S21-S25.	1.0	34
132	The reliability and validity of an authentic motor skill assessment tool for early adolescent girls in an Australian school setting. <i>Journal of Science and Medicine in Sport</i> , 2017, 20, 590-594.	0.6	34
133	Evaluation of a commercial web-based weight loss and weight loss maintenance program in overweight and obese adults: a randomized controlled trial. <i>BMC Public Health</i> , 2010, 10, 669.	1.2	33
134	Effect of a Time-Efficient Physical Activity Intervention on Senior School Students' On-Task Behaviour and Subjective Vitality: the 'Burn 2 Learn' Cluster Randomised Controlled Trial. <i>Educational Psychology Review</i> , 2021, 33, 299-323.	5.1	33
135	A school-based intervention incorporating smartphone technology to improve health-related fitness among adolescents: rationale and study protocol for the NEAT and ATLAS 2.0 cluster randomised controlled trial and dissemination study. <i>BMJ Open</i> , 2016, 6, e010448.	0.8	32
136	Effects of exercise on mental health outcomes in adolescents: Findings from the CrossFit, teens randomized controlled trial. <i>Psychology of Sport and Exercise</i> , 2016, 26, 14-23.	1.1	32
137	Changes to dietary intake during a 12-week commercial web-based weight loss program: a randomized controlled trial. <i>European Journal of Clinical Nutrition</i> , 2014, 68, 64-70.	1.3	31
138	Child physical activity levels and associations with modifiable characteristics in centre-based childcare. <i>Australian and New Zealand Journal of Public Health</i> , 2015, 39, 232-236.	0.8	31
139	Weight expectations, motivations for weight change and perceived factors influencing weight management in young Australian women: a cross-sectional study. <i>Public Health Nutrition</i> , 2016, 19, 275-286.	1.1	31
140	A Targeted and Tailored eHealth Weight Loss Program for Young Women: The Be Positive Be Healthy Randomized Controlled Trial. <i>Healthcare (Switzerland)</i> , 2018, 6, 39.	1.0	31
141	Mediators of weight loss in the 'Healthy Dads, Healthy Kids' pilot study for overweight fathers. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2012, 9, 45.	2.0	30
142	Validity of a self-report survey tool measuring the nutrition and physical activity environment of primary schools. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2013, 10, 75.	2.0	30
143	A cluster randomised trial of a school-based intervention to prevent decline in adolescent physical activity levels: study protocol for the 'Physical Activity 4 Everyone' trial. <i>BMC Public Health</i> , 2013, 13, 57.	1.2	30
144	Mothers and teenage daughters walking to health: using the behaviour change wheel to develop an intervention to improve adolescent girls' physical activity. <i>Public Health</i> , 2018, 158, 37-46.	1.4	30

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145	Fathers' Perceptions of Rough-and-Tumble Play: Implications for Early Childhood Services. <i>Australasian Journal of Early Childhood</i> , 2011, 36, 131-138.	0.8	29
146	Australian children lack the basic movement skills to be active and healthy. <i>Health Promotion Journal of Australia</i> , 2013, 24, 82-84.	0.6	29
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