

Cody T Haun

List of Publications by Year in descending order

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53
papers

1,073
citations

430442

18
h-index

433756

31
g-index

57
all docs

57
docs citations

57
times ranked

1064
citing authors

#	ARTICLE	IF	CITATIONS
1	Whey Protein Supplementation Effects on Body Composition, Performance, and Blood Biomarkers During Army Initial Entry Training. <i>Frontiers in Nutrition</i> , 2022, 9, 807928.	1.6	3
2	Effects of High-Volume Versus High-Load Resistance Training on Skeletal Muscle Growth and Molecular Adaptations. <i>Frontiers in Physiology</i> , 2022, 13, 857555.	1.3	9
3	An intron variant of the GLI family zinc finger 3 (GLI3) gene differentiates resistance training-induced muscle fiber hypertrophy in younger men. <i>FASEB Journal</i> , 2021, 35, e21587.	0.2	2
4	Molecular Differences in Skeletal Muscle After 1 Week of Active vs. Passive Recovery From High-Volume Resistance Training. <i>Journal of Strength and Conditioning Research</i> , 2021, 35, 2102-2113.	1.0	5
5	Muscle Fiber Type Transitions with Exercise Training: Shifting Perspectives. <i>Sports</i> , 2021, 9, 127.	0.7	59
6	Skeletal Muscle Myofibrillar Protein Abundance Is Higher in Resistance-Trained Men, and Aging in the Absence of Training May Have an Opposite Effect. <i>Sports</i> , 2020, 8, 7.	0.7	18
7	Synergist ablation-induced hypertrophy occurs more rapidly in the plantaris than soleus muscle in rats due to different molecular mechanisms. <i>American Journal of Physiology - Regulatory Integrative and Comparative Physiology</i> , 2020, 318, R360-R368.	0.9	18
8	Effects Of High-Load Versus High-Volume Resistance Training On Muscle Sarcoplasmic, Actin, And Myosin Protein Concentrations. <i>Medicine and Science in Sports and Exercise</i> , 2020, 52, 828-829.	0.2	0
9	Markers of Bone Health and Impact of Whey Protein Supplementation in Army Initial Entry Training Soldiers: A Double-Blind Placebo-Controlled Study. <i>Nutrients</i> , 2020, 12, 2225.	1.7	6
10	Alterations in Body Composition, Resting Metabolic Rate, Muscular Strength, and Eating Behavior in Response to Natural Bodybuilding Competition Preparation: A Case Study. <i>Journal of Strength and Conditioning Research</i> , 2020, 34, 3124-3138.	1.0	32
11	Sarcoplasmic Hypertrophy in Skeletal Muscle: A Scientific Unicorn or Resistance Training Adaptation?. <i>Frontiers in Physiology</i> , 2020, 11, 816.	1.3	35
12	LAT1 Protein Content Increases Following 12 Weeks of Resistance Exercise Training in Human Skeletal Muscle. <i>Frontiers in Nutrition</i> , 2020, 7, 628405.	1.6	13
13	An optimized procedure for isolation of rodent and human skeletal muscle sarcoplasmic and myofibrillar proteins. <i>Journal of Biological Methods</i> , 2020, 7, e127.	1.0	19
14	Muscle fiber hypertrophy in response to 6 weeks of high-volume resistance training in trained young men is largely attributed to sarcoplasmic hypertrophy. <i>PLoS ONE</i> , 2019, 14, e0215267.	1.1	56
15	Exercise-Induced Myofibrillar Hypertrophy is a Contributory Cause of Gains in Muscle Strength. <i>Sports Medicine</i> , 2019, 49, 993-997.	3.1	49
16	Bovine Milk Extracellular Vesicles (EVs) Modification Elicits Skeletal Muscle Growth in Rats. <i>Frontiers in Physiology</i> , 2019, 10, 436.	1.3	24
17	Pre-training Skeletal Muscle Fiber Size and Predominant Fiber Type Best Predict Hypertrophic Responses to 6 Weeks of Resistance Training in Previously Trained Young Men. <i>Frontiers in Physiology</i> , 2019, 10, 297.	1.3	38
18	A Critical Evaluation of the Biological Construct Skeletal Muscle Hypertrophy: Size Matters but So Does the Measurement. <i>Frontiers in Physiology</i> , 2019, 10, 247.	1.3	107

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19	Agreement Between Dual-Energy X-Ray Absorptiometry and a New Standing Bioimpedance Spectroscopy Device for Detecting Changes in Fat-Free Tissue. <i>Medicine and Science in Sports and Exercise</i> , 2019, 51, 504-504.	0.2	0
20	A Comparison of Techniques for Estimating and Detecting Changes in Skeletal Muscle Cross-Sectional Area. <i>Medicine and Science in Sports and Exercise</i> , 2019, 51, 945-945.	0.2	0
21	Active and Passive Recovery Following High Volume Resistance Training: Markers of Molecular Gene Expression. <i>Medicine and Science in Sports and Exercise</i> , 2019, 51, 652-652.	0.2	0
22	Muscle phenotype is related to motor unit behavior of the vastus lateralis during maximal isometric contractions. <i>Physiological Reports</i> , 2018, 6, e13636.	0.7	18
23	Acute and Chronic Resistance-Training Downregulates Select Line-1 Retrotransposon Activity Markers in Human Skeletal Muscle. <i>Medicine and Science in Sports and Exercise</i> , 2018, 50, 553.	0.2	0
24	Skeletal muscle mitochondrial volume and myozenin-1 protein differences exist between high versus low anabolic responders to resistance training. <i>PeerJ</i> , 2018, 6, e5338.	0.9	37
25	Amino Acid Transport and Metabolism Alterations Following 12 Weeks of Resistance Training with Supplementation. <i>Medicine and Science in Sports and Exercise</i> , 2018, 50, 810.	0.2	0
26	Hypertrophic Responses Do Not Completely Explain Increases in Strength After 12 Weeks of Resistance Training in Previously Untrained Young Men. <i>Medicine and Science in Sports and Exercise</i> , 2018, 50, 419.	0.2	0
27	Protein Supplementation Throughout 10 Weeks of Progressive Run Training Is Not Beneficial for Time Trial Improvement. <i>Frontiers in Nutrition</i> , 2018, 5, 97.	1.6	17
28	Effect of Whey Protein Supplementation on Physical Performance and Body Composition in Army Initial Entry Training Soldiers. <i>Nutrients</i> , 2018, 10, 1248.	1.7	17
29	Relationships between Motor Unit Behavior during Maximal Effort Contractions and Skeletal Muscle Phenotype. <i>Medicine and Science in Sports and Exercise</i> , 2018, 50, 201.	0.2	0
30	Cross talk between androgen and Wnt signaling potentially contributes to age-related skeletal muscle atrophy in rats. <i>Journal of Applied Physiology</i> , 2018, 125, 486-494.	1.2	14
31	Soy protein supplementation is not androgenic or estrogenic in college-aged men when combined with resistance exercise training. <i>Scientific Reports</i> , 2018, 8, 11151.	1.6	13
32	Physiological Differences Between Low Versus High Skeletal Muscle Hypertrophic Responders to Resistance Exercise Training: Current Perspectives and Future Research Directions. <i>Frontiers in Physiology</i> , 2018, 9, 834.	1.3	69
33	Skeletal muscle amino acid transporter and BCAT2 expression prior to and following interval running or resistance exercise in mode-specific trained males. <i>Amino Acids</i> , 2018, 50, 961-965.	1.2	18
34	Acute and chronic resistance training downregulates select LINE-1 retrotransposon activity markers in human skeletal muscle. <i>American Journal of Physiology - Cell Physiology</i> , 2018, 314, C379-C388.	2.1	8
35	Effects of Graded Whey Supplementation During Extreme-Volume Resistance Training. <i>Frontiers in Nutrition</i> , 2018, 5, 84.	1.6	34
36	Effect of 1-week betalain-rich beetroot concentrate supplementation on cycling performance and select physiological parameters. <i>European Journal of Applied Physiology</i> , 2018, 118, 2465-2476.	1.2	15

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37	Biomarkers associated with low, moderate, and high vastus lateralis muscle hypertrophy following 12 weeks of resistance training. <i>PLoS ONE</i> , 2018, 13, e0195203.	1.1	80
38	A Randomized, Double-Blind, Placebo-Controlled Trial to Determine the Effectiveness and Safety of a Thermogenic Supplement in Addition to an Energy-Restricted Diet in Apparently Healthy Females. <i>Journal of Dietary Supplements</i> , 2017, 14, 653-666.	1.4	4
39	Concomitant external pneumatic compression treatment with consecutive days of high intensity interval training reduces markers of proteolysis. <i>European Journal of Applied Physiology</i> , 2017, 117, 2587-2600.	1.2	8
40	Molecular, neuromuscular, and recovery responses to light versus heavy resistance exercise in young men. <i>Physiological Reports</i> , 2017, 5, e13457.	0.7	36
41	Static jump test performance is related to back squat strength in athletes. <i>International Journal of Sports Science and Coaching</i> , 2017, 12, 653-660.	0.7	3
42	Effects of a Pre-Workout Supplement on Hyperemia Following Leg Extension Resistance Exercise at Different Intensities. <i>Medicine and Science in Sports and Exercise</i> , 2017, 49, 83.	0.2	0
43	Effects of Compression Treatment on Ribosome Biogenesis, Hypertrophy and Inflammation in Subjects Performing Resistance Exercise. <i>Medicine and Science in Sports and Exercise</i> , 2017, 49, 501.	0.2	0
44	The Effects Of A Muscle Biopsy On Motor Unit Firing Properties. <i>Medicine and Science in Sports and Exercise</i> , 2017, 49, 612-613.	0.2	0
45	Aging in Rats Differentially Affects Markers of Transcriptional and Translational Capacity in Soleus and Plantaris Muscle. <i>Frontiers in Physiology</i> , 2017, 8, 518.	1.3	23
46	Effects of Whey, Soy or Leucine Supplementation with 12 Weeks of Resistance Training on Strength, Body Composition, and Skeletal Muscle and Adipose Tissue Histological Attributes in College-Aged Males. <i>Nutrients</i> , 2017, 9, 972.	1.7	76
47	Red Spinach Extract Increases Ventilatory Threshold during Graded Exercise Testing. <i>Sports</i> , 2017, 5, 80.	0.7	15
48	Does external pneumatic compression treatment between bouts of overreaching resistance training sessions exert differential effects on molecular signaling and performance-related variables compared to passive recovery? An exploratory study. <i>PLoS ONE</i> , 2017, 12, e0180429.	1.1	15
49	Effects of a pre-workout supplement on hyperemia following leg extension resistance exercise to failure with different resistance loads. <i>Journal of the International Society of Sports Nutrition</i> , 2017, 14, 38.	1.7	14
50	The Relationship Between Serum Testosterone And Skeletal Muscle Wnt Signaling Markers In 3-24-month Old Rats. <i>Medicine and Science in Sports and Exercise</i> , 2017, 49, 338.	0.2	0
51	The Effects Of A Novel Red Spinach Extract On Graded Exercise Testing Performance.. <i>Medicine and Science in Sports and Exercise</i> , 2016, 48, 247.	0.2	1
52	Impact of external pneumatic compression target inflation pressure on transcriptome-wide RNA expression in skeletal muscle. <i>Physiological Reports</i> , 2016, 4, e13029.	0.7	19
53	Differential vascular reactivity responses acutely following ingestion of a nitrate rich red spinach extract. <i>European Journal of Applied Physiology</i> , 2016, 116, 2267-2279.	1.2	21