

Lisa Ryan

List of Publications by Year in descending order

Source: <https://exaly.com/author-pdf/5031677/publications.pdf>

Version: 2024-02-01

43
papers

2,341
citations

304602

22
h-index

276775

41
g-index

44
all docs

44
docs citations

44
times ranked

3744
citing authors

#	ARTICLE	IF	CITATIONS
1	Competency-based assessment in nutrition education: A systematic literature review. <i>Journal of Human Nutrition and Dietetics</i> , 2022, 35, 102-111.	1.3	5
2	Development of a Novel Coaching Platform to Improve Tackle Technique in Youth Rugby Players: A Proof of Concept. <i>Sensors</i> , 2022, 22, 3315.	2.1	1
3	An assessment of current concussion identification and diagnosis methods in sports settings: a systematic review. <i>BMC Sports Science, Medicine and Rehabilitation</i> , 2022, 14, .	0.7	5
4	A systematic review of the effects of educational interventions on knowledge and attitudes towards concussion for people involved in sport – Optimising concussion education based on current literature. <i>Journal of Sports Sciences</i> , 2021, 39, 552-567.	1.0	15
5	A Systematic Review of Strength and Conditioning Protocols for Improving Neck Strength and Reducing Concussion Incidence and Impact Injury Risk in Collision Sports; Is There Evidence?. <i>Journal of Functional Morphology and Kinesiology</i> , 2021, 6, 8.	1.1	9
6	Evaluation of Measured Resting Metabolic Rate for Dietary Prescription in Ageing Adults with Overweight and Adiposity-Based Chronic Disease. <i>Nutrients</i> , 2021, 13, 1229.	1.7	4
7	Training Load Monitoring Considerations for Female Gaelic Team Sports: From Theory to Practice. <i>Sports</i> , 2021, 9, 84.	0.7	14
8	Pressure. A Qualitative Analysis of the Perception of Concussion and Injury Risk in Retired Professional Rugby Players. <i>Journal of Functional Morphology and Kinesiology</i> , 2021, 6, 78.	1.1	9
9	Twelve weeks™ treatment with a polyphenol-rich seaweed extract increased HDL cholesterol with no change in other biomarkers of chronic disease risk in overweight adults: A placebo-controlled randomized trial. <i>Journal of Nutritional Biochemistry</i> , 2021, 96, 108777.	1.9	9
10	Strength and Conditioning Recommendations for Female GAA Athletes: The Camogie Player. <i>Strength and Conditioning Journal</i> , 2020, 42, 105-124.	0.7	10
11	The Effects of a Functional Food Breakfast on Gluco-Regulation, Cognitive Performance, Mood, and Satiety in Adults. <i>Nutrients</i> , 2020, 12, 2974.	1.7	6
12	Policymakers™ perspectives on designing school-based health initiatives for Victorian adolescents. <i>Health Promotion International</i> , 2020, 35, 1462-1473.	0.9	0
13	A Single-Dose of a Polyphenol-Rich <i>Fucus Vesiculosus</i> Extract is Insufficient to Blunt the Elevated Postprandial Blood Glucose Responses Exhibited by Healthy Adults in the Evening: A Randomised Crossover Trial. <i>Antioxidants</i> , 2019, 8, 49.	2.2	11
14	An emerging trend in functional foods for the prevention of cardiovascular disease and diabetes: Marine algal polyphenols. <i>Critical Reviews in Food Science and Nutrition</i> , 2018, 58, 1342-1358.	5.4	65
15	Do marine algal polyphenols have antidiabetic, antihyperlipidemic or anti-inflammatory effects in humans? A systematic review. <i>Critical Reviews in Food Science and Nutrition</i> , 2018, 58, 2039-2054.	5.4	37
16	Study protocol for a double-blind randomised controlled trial investigating the impact of 12 weeks supplementation with a <i>Fucus vesiculosus</i> extract on cholesterol levels in adults with elevated fasting LDL cholesterol who are overweight or have obesity. <i>BMJ Open</i> , 2018, 8, e022195.	0.8	9
17	Phlorotannins and Macroalgal Polyphenols: Potential As Functional Food Ingredients and Role in Health Promotion. , 2018, , 27-58.		8
18	The Impact of a Single Dose of a Polyphenol-Rich Seaweed Extract on Postprandial Glycaemic Control in Healthy Adults: A Randomised Cross-Over Trial. <i>Nutrients</i> , 2018, 10, 270.	1.7	48

#	ARTICLE	IF	CITATIONS
19	Dietary Advanced Glycation End Products and Risk Factors for Chronic Disease: A Systematic Review of Randomised Controlled Trials. <i>Nutrients</i> , 2016, 8, 125.	1.7	142
20	Diet and nutrient intake of people receiving opioid agonist treatment (OAT): implications for recovery. <i>Drugs and Alcohol Today</i> , 2016, 16, 59-71.	0.3	6
21	A Systematic Review of the Impact of Multi-Strategy Nutrition Education Programs on Health and Nutrition of Adolescents. <i>Journal of Nutrition Education and Behavior</i> , 2016, 48, 631-646.e1.	0.3	63
22	White bread enriched with polyphenol extracts shows no effect on glycemic response or satiety, yet may increase postprandial insulin economy in healthy participants. <i>Nutrition Research</i> , 2016, 36, 193-200.	1.3	36
23	Algal-oil supplements are a viable alternative to fish-oil supplements in terms of docosahexaenoic acid (22:6n-3; DHA). <i>Journal of Functional Foods</i> , 2015, 19, 852-858.	1.6	41
24	Effects of a beetroot juice with high neobetanin content on the early-phase insulin response in healthy volunteers. <i>Journal of Nutritional Science</i> , 2014, 3, e9.	0.7	57
25	The polyphenol-rich baobab fruit (<i>Adansonia digitata</i> L.) reduces starch digestion and glycemic response in humans. <i>Nutrition Research</i> , 2013, 33, 888-896.	1.3	74
26	Polyphenol Bioaccessibility and Sugar Reducing Capacity of Black, Green, and White Teas. <i>International Journal of Food Science</i> , 2013, 2013, 1-6.	0.9	23
27	Oxidative stress and inflammation interactions in human obesity. <i>Journal of Physiology and Biochemistry</i> , 2012, 68, 701-711.	1.3	309
28	Combined use of Multiple Methodologies for the Measurement of Total Antioxidant Capacity in UK Commercially Available Vegetable Juices. <i>Plant Foods for Human Nutrition</i> , 2012, 67, 142-147.	1.4	19
29	A beetroot juice shot is a significant and convenient source of bioaccessible antioxidants. <i>Journal of Functional Foods</i> , 2011, 3, 329-334.	1.6	152
30	Stability of the total antioxidant capacity and total polyphenol content of 23 commercially available vegetable juices before and after in vitro digestion measured by FRAP, DPPH, ABTS and Folinâ€“Ciocalteu methods. <i>Food Research International</i> , 2011, 44, 217-224.	2.9	439
31	Comparison of the effects of different types of soya milk on the total antioxidant capacity of black tea infusions. <i>Food Research International</i> , 2011, 44, 3115-3117.	2.9	11
32	Improving public health?: The role of antioxidant-rich fruit and vegetable beverages. <i>Food Research International</i> , 2011, 44, 3135-3148.	2.9	176
33	A beetroot juice shot is a significant and convenient source of bioaccessible antioxidants. <i>Proceedings of the Nutrition Society</i> , 2011, 70, .	0.4	2
34	Stability of the antioxidant capacity of twentyâ€“five commercially available fruit juices subjected to an <i>in vitro</i> digestion. <i>International Journal of Food Science and Technology</i> , 2010, 45, 1191-1197.	1.3	109
35	Addition of whole, semiskimmed, and skimmed bovine milk reduces the total antioxidant capacity of black tea. <i>Nutrition Research</i> , 2010, 30, 14-20.	1.3	77
36	Cellular transport of lutein is greater from uncooked rather than cooked spinach irrespective of whether it is fresh, frozen, or canned. <i>Nutrition Research</i> , 2008, 28, 532-538.	1.3	29

#	ARTICLE	IF	CITATIONS
37	Carotenoid Micellarization Varies Greatly Between Individual and Mixed Vegetables With or Without the Addition of Fat or Fiber. <i>International Journal for Vitamin and Nutrition Research</i> , 2008, 78, 238-246.	0.6	43
38	Comparison of the uptake and secretion of carotene and xanthophyll carotenoids by Caco-2 intestinal cells. <i>British Journal of Nutrition</i> , 2007, 98, 38-44.	1.2	34
39	Xanthophyll carotenoids are more bioaccessible from fruits than dark green vegetables. <i>Nutrition Research</i> , 2007, 27, 258-264.	1.3	124
40	The role of the mitochondria in apoptosis induced by 7 β -hydroxycholesterol and cholesterol-5 β ,6 β -epoxide. <i>British Journal of Nutrition</i> , 2005, 94, 519-525.	1.2	53
41	Oxidised Products of Cholesterol: Their Role in Apoptosis. <i>Current Nutrition and Food Science</i> , 2005, 1, 41-51.	0.3	15
42	Generation of an oxidative stress precedes caspase activation during 7 β -hydroxycholesterol-induced apoptosis in U937 cells. <i>Journal of Biochemical and Molecular Toxicology</i> , 2004, 18, 50-59.	1.4	37
43	Hydrophobic Surfactant-Associated Proteins: Electrophoretic and Immunologic Analyses and Cellular Localization in Human Lung. <i>Experimental Lung Research</i> , 1988, 14, 655-669.	0.5	5