

Christopher Drake

List of Publications by Year in descending order

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Version: 2024-02-01

170
papers

10,302
citations

31976

53
h-index

39675

94
g-index

171
all docs

171
docs citations

171
times ranked

9266
citing authors

#	ARTICLE	IF	CITATIONS
1	Shift Work Sleep Disorder: Prevalence and Consequences Beyond that of Symptomatic Day Workers. <i>Sleep</i> , 2004, 27, 1453-1462.	1.1	677
2	Insomnia disorder. <i>Nature Reviews Disease Primers</i> , 2015, 1, 15026.	30.5	425
3	Vulnerability to Stress-related Sleep Disturbance and Hyperarousal. <i>Sleep</i> , 2004, 27, 285-291.	1.1	364
4	Sleep disorders and work performance: findings from the 2008 National Sleep Foundation Sleep in America poll. <i>Journal of Sleep Research</i> , 2011, 20, 487-494.	3.2	296
5	Effect of Digital Cognitive Behavioral Therapy for Insomnia on Health, Psychological Well-being, and Sleep-Related Quality of Life: A Randomized Clinical Trial. <i>JAMA Psychiatry</i> , 2019, 76, 21.	11.0	269
6	The impact of stress on sleep: Pathogenic sleep reactivity as a vulnerability to insomnia and circadian disorders. <i>Journal of Sleep Research</i> , 2018, 27, e12710.	3.2	263
7	Stress and Sleep Reactivity: A Prospective Investigation of the Stress-Diathesis Model of Insomnia. <i>Sleep</i> , 2014, 37, 1295-1304.	1.1	244
8	Insomnia causes, consequences, and therapeutics: An overview. <i>Depression and Anxiety</i> , 2003, 18, 163-176.	4.1	240
9	Prevalence and Polysomnographic Correlates of Insomnia Comorbid with Medical Disorders. <i>Sleep</i> , 2011, 34, 859-867.	1.1	203
10	Caffeine Effects on Sleep Taken 0, 3, or 6 Hours before Going to Bed. <i>Journal of Clinical Sleep Medicine</i> , 2013, 09, 1195-1200.	2.6	203
11	Hyperarousal and sleep reactivity in insomnia: current insights. <i>Nature and Science of Sleep</i> , 2018, Volume 10, 193-201.	2.7	194
12	Sleep During Titration Predicts Continuous Positive Airway Pressure Compliance. <i>Sleep</i> , 2003, 26, 308-311.	1.1	188
13	Shift Work and Shift Work Sleep Disorder. <i>Chest</i> , 2017, 151, 1156-1172.	0.8	180
14	Effects of rapid versus slow accumulation of eight hours of sleep loss. <i>Psychophysiology</i> , 2001, 38, 979-987.	2.4	175
15	Shift work disorder, depression, and anxiety in the transition to rotating shifts: the role of sleep reactivity. <i>Sleep Medicine</i> , 2015, 16, 1532-1538.	1.6	158
16	The Pediatric Daytime Sleepiness Scale (PDSS): Sleep Habits and School Outcomes in Middle-school Children. <i>Sleep</i> , 2003, , .	1.1	157
17	Beyond sleep duration: distinct sleep dimensions are associated with obesity in children and adolescents. <i>International Journal of Obesity</i> , 2013, 37, 552-558.	3.4	155
18	Sleep Disordered Breathing And Daytime Sleepiness Are Associated With Poor Academic Performance In Teenagers. A Study Using The Pediatric Daytime Sleepiness Scale (PDSS). <i>Sleep</i> , 2007, 30, 1698-1703.	1.1	147

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19	Nocturnal Rapid Eye Movement Sleep Latency for Identifying Patients With Narcolepsy/Hypocretin Deficiency. <i>JAMA Neurology</i> , 2013, 70, 891.	9.0	142
20	The Association Between Obesity and Short Sleep Duration: A Population-Based Study. <i>Journal of Clinical Sleep Medicine</i> , 2005, 01, 357-363.	2.6	137
21	Mixed-species plantations of <i>Acacia mangium</i> and <i>Eucalyptus grandis</i> in Brazil. <i>Forest Ecology and Management</i> , 2008, 255, 3905-3917.	3.2	135
22	Insomnia and hypertension: A systematic review. <i>Sleep Medicine Reviews</i> , 2018, 41, 3-38.	8.5	135
23	Sleep Hygiene Practices in a Population-Based Sample of Insomniacs. <i>Sleep</i> , 2005, 28, 611-615.	1.1	134
24	Sleep Reactivity and Insomnia: Genetic and Environmental Influences. <i>Sleep</i> , 2011, 34, 1179-1188.	1.1	131
25	Prioritizing Sleep Health. <i>Perspectives on Psychological Science</i> , 2015, 10, 733-737.	9.0	123
26	The Prevalence of Multiple Sleep-Onset REM Periods in a Population-Based Sample. <i>Sleep</i> , 2006, 29, 890-895.	1.1	119
27	Early CPAP Use Identifies Subsequent Adherence to CPAP Therapy. <i>Sleep</i> , 2007, , .	1.1	119
28	The 10-Year Risk of Verified Motor Vehicle Crashes in Relation to Physiologic Sleepiness. <i>Sleep</i> , 2010, 33, 745-752.	1.1	114
29	Efficacy of digital CBT for insomnia to reduce depression across demographic groups: a randomized trial. <i>Psychological Medicine</i> , 2019, 49, 491-500.	4.5	114
30	Sleepiness at work: A review and framework of how the physiology of sleepiness impacts the workplace.. <i>Journal of Applied Psychology</i> , 2014, 99, 1096-1112.	5.3	103
31	Evolution of insomnia: current status and future direction. <i>Sleep Medicine</i> , 2004, 5, S23-S30.	1.6	100
32	A seven day actigraphy-based study of rumination and sleep disturbance among young adults with depressive symptoms. <i>Journal of Psychosomatic Research</i> , 2014, 77, 70-75.	2.6	100
33	Moderators and Mediators of the Relationship Between Stress and Insomnia: Stressor Chronicity, Cognitive Intrusion, and Coping. <i>Sleep</i> , 2014, 37, 1199-1208A.	1.1	99
34	Depression prevention via digital cognitive behavioral therapy for insomnia: a randomized controlled trial. <i>Sleep</i> , 2019, 42, .	1.1	98
35	Ethanol and Sleep Loss: A "Dose" Comparison of Impairing Effects. <i>Sleep</i> , 2003, 26, 981-985.	1.1	86
36	A randomized controlled trial of digital cognitive behavioral therapy for insomnia in pregnant women. <i>Sleep Medicine</i> , 2020, 72, 82-92.	1.6	86

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37	Stress-related sleep disturbance and polysomnographic response to caffeine. <i>Sleep Medicine</i> , 2006, 7, 567-572.	1.6	85
38	Validation of a Questionnaire to Screen for Shift Work Disorder. <i>Sleep</i> , 2012, 35, 1693-1703.	1.1	85
39	Circadian Phase, Sleepiness, and Light Exposure Assessment in Night Workers With and Without Shift Work Disorder. <i>Chronobiology International</i> , 2012, 29, 928-936.	2.0	85
40	Treating insomnia improves depression, maladaptive thinking, and hyperarousal in postmenopausal women: comparing cognitive-behavioral therapy for insomnia (CBTI), sleep restriction therapy, and sleep hygiene education. <i>Sleep Medicine</i> , 2019, 55, 124-134.	1.6	83
41	The interplay between daily affect and sleep: a 2-week study of young women. <i>Journal of Sleep Research</i> , 2014, 23, 636-645.	3.2	80
42	The Nature of Stable Insomnia Phenotypes. <i>Sleep</i> , 2015, 38, 127-138.	1.1	78
43	DSM-5 Insomnia and Short Sleep: Comorbidity Landscape and Racial Disparities. <i>Sleep</i> , 2016, 39, 2101-2111.	1.1	75
44	Vulnerability to insomnia: The role of familial aggregation. <i>Sleep Medicine</i> , 2008, 9, 297-302.	1.6	71
45	Digital cognitive behavioral therapy for insomnia promotes later health resilience during the coronavirus disease 19 (COVID-19) pandemic. <i>Sleep</i> , 2021, 44, .	1.1	68
46	Treating chronic insomnia in postmenopausal women: a randomized clinical trial comparing cognitive-behavioral therapy for insomnia, sleep restriction therapy, and sleep hygiene education. <i>Sleep</i> , 2019, 42, .	1.1	65
47	Substance use for insomnia in Metropolitan Detroit. <i>Journal of Psychosomatic Research</i> , 2002, 53, 571-576.	2.6	64
48	Sleep Loss, Circadian Mismatch, and Abnormalities in Reorienting of Attention in Night Workers with Shift Work Disorder. <i>Sleep</i> , 2014, 37, 545-556.	1.1	63
49	Lack of Resilience Is Related to Stress-Related Sleep Reactivity, Hyperarousal, and Emotion Dysregulation in Insomnia Disorder. <i>Journal of Clinical Sleep Medicine</i> , 2018, 14, 759-766.	2.6	61
50	Effects of an experimentally induced rhinovirus cold on sleep, performance, and daytime alertness. <i>Physiology and Behavior</i> , 2000, 71, 75-81.	2.1	60
51	Burden associated with chronic sleep maintenance insomnia characterized by nighttime awakenings among women with menopausal symptoms. <i>Menopause</i> , 2010, 17, 80-86.	2.0	59
52	Identifying At-Risk Individuals for Insomnia Using the Ford Insomnia Response to Stress Test. <i>Sleep</i> , 2016, 39, 449-456.	1.1	59
53	Depression and suicidal ideation in pregnancy: exploring relationships with insomnia, short sleep, and nocturnal rumination. <i>Sleep Medicine</i> , 2020, 65, 62-73.	1.6	58
54	Sleep Disorders and Medical Conditions in Women. <i>Journal of Women's Health</i> , 2008, 17, 1191-1199.	3.3	57

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55	Social jetlag affects subjective daytime sleepiness in school-aged children and adolescents: A study using the Japanese version of the Pediatric Daytime Sleepiness Scale (PDSS-J). <i>Chronobiology International</i> , 2016, 33, 1311-1319.	2.0	56
56	Caffeine Reversal of Ethanol Effects on the Multiple Sleep Latency Test, Memory, and Psychomotor Performance. <i>Neuropsychopharmacology</i> , 2003, 28, 371-378.	5.4	55
57	Early-life origin of adult insomnia: does prenatal "early-life stress play a role?. <i>Sleep Medicine</i> , 2015, 16, 446-456.	1.6	53
58	Shift Work Sleep Disorder is Associated with an Attenuated Brain Response of Sensory Memory and an Increased Brain Response to Novelty: An ERP study. <i>Sleep</i> , 2010, 33, 703-713.	1.1	50
59	Bimodal patterns of human melatonin secretion consistent with a two-oscillator model of regulation. <i>Neuroscience Letters</i> , 1995, 194, 105-108.	2.1	49
60	Stress-related sleep reactivity is associated with insomnia, psychopathology and suicidality in pregnant women: preliminary results. <i>Sleep Medicine</i> , 2019, 56, 145-150.	1.6	48
61	Acute effects of bright light and caffeine on nighttime melatonin and temperature levels in women taking and not taking oral contraceptives11Published on the World Wide Web on 7 July 2000.. <i>Brain Research</i> , 2000, 873, 310-317.	2.2	47
62	Differential Sleep, Sleepiness, and Neurophysiology in the Insomnia Phenotypes of Shift Work Disorder. <i>Sleep</i> , 2015, 38, 119-126.	1.1	46
63	Shift Work Disorder. <i>Neurologic Clinics</i> , 2019, 37, 563-577.	1.8	43
64	Predicting circadian misalignment with wearable technology: validation of wrist-worn actigraphy and photometry in night shift workers. <i>Sleep</i> , 2021, 44, .	1.1	43
65	Periodic Limb Movements During Sleep: Population Prevalence, Clinical Correlates, and Racial Differences. <i>Sleep</i> , 2008, , .	1.1	42
66	Nocturnal cognitive arousal is associated with objective sleep disturbance and indicators of physiologic hyperarousal in good sleepers and individuals with insomnia disorder. <i>Sleep Medicine</i> , 2020, 71, 151-160.	1.6	42
67	Depression prevention in digital cognitive behavioral therapy for insomnia: Is rumination a mediator?. <i>Journal of Affective Disorders</i> , 2020, 273, 434-441.	4.1	40
68	Development and Evaluation of a Measure to Assess Restorative Sleep. <i>Journal of Clinical Sleep Medicine</i> , 2014, 10, 733-741.	2.6	40
69	Comparative levels of excessive daytime sleepiness in common medical disorders. <i>Sleep Medicine</i> , 2010, 11, 890-896.	1.6	39
70	Validation of the Japanese version of the Ford Insomnia Response to Stress Test and the association of sleep reactivity with trait anxiety and insomnia. <i>Sleep Medicine</i> , 2014, 15, 196-202.	1.6	39
71	Shift Work and Cognitive Flexibility: Decomposing Task Performance. <i>Journal of Biological Rhythms</i> , 2017, 32, 143-153.	2.6	38
72	Effectiveness of Benzodiazepine Receptor Agonists in the Treatment of Insomnia: An Examination of Response and Remission Rates. <i>Sleep</i> , 2017, 40, .	1.1	38

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73	Predisposition in the Evolution of Insomnia: Evidence, Potential Mechanisms, and Future Directions. <i>Sleep Medicine Clinics</i> , 2006, 1, 333-349.	2.6	37
74	Scoring Reliability of the Multiple Sleep Latency Test in a Clinical Population. <i>Sleep</i> , 2000, 23, 1-3.	1.1	36
75	Prevalence and Predictors of Prescription Sleep Aid Use among Individuals with DSM-5 Insomnia: The Role of Hyperarousal. <i>Sleep</i> , 2016, 39, 825-832.	1.1	36
76	Improving Daytime Functioning, Work Performance, and Quality of Life in Postmenopausal Women With Insomnia: Comparing Cognitive Behavioral Therapy for Insomnia, Sleep Restriction Therapy, and Sleep Hygiene Education. <i>Journal of Clinical Sleep Medicine</i> , 2019, 15, 999-1010.	2.6	36
77	The direct costs of untreated comorbid insomnia in a managed care population with major depressive disorder. <i>Current Medical Research and Opinion</i> , 2010, 26, 1843-1853.	1.9	34
78	Meta-Analysis of On-the-Road Experimental Studies of Hypnotics: Effects of Time After Intake, Dose, and Half-Life. <i>Traffic Injury Prevention</i> , 2014, 15, 439-445.	1.4	34
79	Insomnia, Short Sleep, and Snoring In Mid-To-Late Pregnancy: Disparities Related To Poverty, Race, And Obesity. <i>Nature and Science of Sleep</i> , 2019, Volume 11, 301-315.	2.7	34
80	Cortical locations of maximal spindle activity: magnetoencephalography (MEG) study. <i>Journal of Sleep Research</i> , 2009, 18, 245-253.	3.2	33
81	Objective and Subjective Socioeconomic Gradients Exist for Sleep Quality, Sleep Latency, Sleep Duration, Weekend Oversleep, and Daytime Sleepiness in Adults. <i>Behavioral Sleep Medicine</i> , 2013, 11, 144-158.	2.1	33
82	Sleep system sensitization: evidence for changing roles of etiological factors in insomnia. <i>Sleep Medicine</i> , 2016, 21, 63-69.	1.6	33
83	Racial discrimination as a mediator of racial disparities in insomnia disorder. <i>Sleep Health</i> , 2020, 6, 543-549.	2.5	33
84	Digital Cognitive Behavioural Therapy for Insomnia versus sleep hygiene education: the impact of improved sleep on functional health, quality of life and psychological well-being. Study protocol for a randomised controlled trial. <i>Trials</i> , 2016, 17, 257.	1.6	32
85	Seasonal variation in core temperature regulation during sleep in patients with winter seasonal affective disorder. <i>Biological Psychiatry</i> , 1997, 42, 122-131.	1.3	31
86	Trait- and pre-sleep-state-dependent arousal in insomnia disorders: what role may sleep reactivity and sleep-related metacognitions play? A pilot study. <i>Sleep Medicine</i> , 2016, 25, 42-48.	1.6	31
87	Nocturnal insomnia symptoms and stress-induced cognitive intrusions in risk for depression: A 2-year prospective study. <i>PLoS ONE</i> , 2018, 13, e0192088.	2.5	31
88	Predicting circadian phase across populations: a comparison of mathematical models and wearable devices. <i>Sleep</i> , 2021, 44, .	1.1	31
89	Habitual Short Sleep Impacts Frontal Switch Mechanism in Attention to Novelty. <i>Sleep</i> , 2011, 34, 1659-70.	1.1	30
90	Relationship between insomnia symptoms, perceived stress and coping strategies in subjects with arterial hypertension: psychological factors may play a modulating role. <i>Sleep Medicine</i> , 2016, 19, 108-115.	1.6	30

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91	Familial Risk for Insomnia Is Associated With Abnormal Cortisol Response to Stress. <i>Sleep</i> , 2017, 40, .	1.1	30
92	Vulnerability to stress-related sleep disturbance and insomnia: Investigating the link with comorbid depressive symptoms.. <i>Translational Issues in Psychological Science</i> , 2015, 1, 57-66.	1.0	28
93	Dose-response effects of zaleplon as compared with triazolam (0.25 mg) and placebo in chronic primary insomnia. <i>Human Psychopharmacology</i> , 2000, 15, 595-604.	1.5	26
94	Psychological Impact of Shift Work. <i>Current Sleep Medicine Reports</i> , 2018, 4, 104-109.	1.4	26
95	Effects of Solriamfetol on Quality-of-Life Measures from a 12-Week Phase 3 Randomized Controlled Trial. <i>Annals of the American Thoracic Society</i> , 2020, 17, 998-1007.	3.2	26
96	The effect of autonomic nervous system activity on gastric myoelectrical activity: does the spectral reserve hypothesis hold for the stomach?. <i>Biological Psychology</i> , 1998, 47, 265-278.	2.2	25
97	Effects of Armodafinil on Simulated Driving and Alertness in Shift Work Disorder. <i>Sleep</i> , 2014, 37, 1987-1994.	1.1	25
98	Influence of neighbourhood-level crowding on sleep-disordered breathing severity: mediation by body size. <i>Journal of Sleep Research</i> , 2015, 24, 559-565.	3.2	25
99	A pathogenic cycle between insomnia and cognitive arousal fuels perinatal depression: exploring the roles of nocturnal cognitive arousal and perinatal-focused rumination. <i>Sleep</i> , 2021, 44, .	1.1	25
100	Temporal Stability of the Ford Insomnia Response to Stress Test (FIRST). <i>Journal of Clinical Sleep Medicine</i> , 2016, 12, 1373-1378.	2.6	25
101	Assessment of Multiple Health Risks in a Single Obstructive Sleep Apnea Population. <i>Journal of Clinical Sleep Medicine</i> , 2012, 08, 9-18.	2.6	24
102	Insight Into Reduction of Wakefulness by Suvorexant in Patients With Insomnia: Analysis of Wake Bouts. <i>Sleep</i> , 2018, 41, .	1.1	23
103	Mindfulness and nocturnal rumination are independently associated with symptoms of insomnia and depression during pregnancy. <i>Sleep Health</i> , 2020, 6, 185-191.	2.5	23
104	Advances in the Treatment of Chronic Insomnia: A Narrative Review of New Nonpharmacologic and Pharmacologic Therapies. <i>Neuropsychiatric Disease and Treatment</i> , 2021, Volume 17, 2549-2566.	2.2	22
105	Double-Blind, Placebo-Controlled Study of Single-Dose Metergoline in Depressed Patients With Seasonal Affective Disorder. <i>Journal of Clinical Psychopharmacology</i> , 2002, 22, 216-220.	1.4	21
106	Employment and Drowsy Driving: A Survey of American Workers. <i>Behavioral Sleep Medicine</i> , 2012, 10, 250-257.	2.1	21
107	Objective sleep disturbance is associated with poor response to cognitive and behavioral treatments for insomnia in postmenopausal women. <i>Sleep Medicine</i> , 2020, 73, 82-92.	1.6	21
108	Guiding principles for determining work shift duration and addressing the effects of work shift duration on performance, safety, and health: guidance from the American Academy of Sleep Medicine and the Sleep Research Society. <i>Sleep</i> , 2021, 44, .	1.1	21

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109	Guiding principles for determining work shift duration and addressing the effects of work shift duration on performance, safety, and health: guidance from the American Academy of Sleep Medicine and the Sleep Research Society. <i>Journal of Clinical Sleep Medicine</i> , 2021, 17, 2283-2306.	2.6	21
110	Association of stress-related sleep disturbance with psychiatric symptoms among pregnant women. <i>Sleep Medicine</i> , 2020, 70, 27-32.	1.6	19
111	Physiological Correlates of Insomnia. <i>Current Topics in Behavioral Neurosciences</i> , 2014, 21, 277-290.	1.7	18
112	Quantitative Measures of Nocturnal Insomnia Symptoms Predict Greater Deficits Across Multiple Daytime Impairment Domains. <i>Behavioral Sleep Medicine</i> , 2015, 13, 73-87.	2.1	18
113	Examining Patient Feedback and the Role of Cognitive Arousal in Treatment Non-response to Digital Cognitive-behavioral Therapy for Insomnia during Pregnancy. <i>Behavioral Sleep Medicine</i> , 2022, 20, 143-163.	2.1	18
114	Length polymorphism in the <i>PERIOD3</i> gene is associated with sleepiness and maladaptive circadian phase in night shift workers. <i>Journal of Sleep Research</i> , 2015, 24, 254-261.	3.2	17
115	Association Between Stress-Related Sleep Reactivity and Metacognitive Beliefs About Sleep in Insomnia Disorder: Preliminary Results. <i>Behavioral Sleep Medicine</i> , 2016, 14, 636-649.	2.1	17
116	Nocturnal cognitive hyperarousal, perinatal-focused rumination, and insomnia are associated with suicidal ideation in perinatal women with mild to moderate depression. <i>Sleep Medicine</i> , 2021, 81, 439-442.	1.6	17
117	Cognitive Performance in Seasonal Affective Disorder: Pattern Recognition and the Stroop Task. <i>Journal of Nervous and Mental Disease</i> , 1996, 184, 56-59.	1.0	17
118	The Promise of Digital CBT-I. <i>Sleep</i> , 2016, 39, 13-14.	1.1	16
119	The Mediating Effect of Sleep Disturbance on the Relationship Between Nonmalignant Chronic Pain and Suicide Death. <i>Pain Practice</i> , 2019, 19, 382-389.	1.9	16
120	Sleepless in COVID-19: racial disparities during the pandemic as a consequence of structural inequity. <i>Sleep</i> , 2022, 45, .	1.1	16
121	Sleep maintenance difficulties in insomnia are associated with increased incidence of hypertension. <i>Sleep Health</i> , 2015, 1, 50-54.	2.5	15
122	Daytime Sleep Disturbance in Night Shift Work and the Role of PERIOD3. <i>Journal of Clinical Sleep Medicine</i> , 2018, 14, 393-400.	2.6	15
123	Onset of regular cannabis use and young adult insomnia: an analysis of shared genetic liability. <i>Sleep</i> , 2020, 43, .	1.1	15
124	Relationship between sleep efficacy endpoints and measures of functional status and health-related quality of life in participants with narcolepsy or obstructive sleep apnea treated for excessive daytime sleepiness. <i>Journal of Sleep Research</i> , 2021, 30, e13210.	3.2	15
125	Power Spectral Analysis of the Sleep Electroencephalogram in Heartburn Patients With or Without Gastroesophageal Reflux Disease. <i>Journal of Clinical Gastroenterology</i> , 2010, 44, 91-96.	2.2	14
126	Burden of Chronic Sleep Maintenance Insomnia Characterized by Nighttime Awakenings. <i>Population Health Management</i> , 2010, 13, 15-20.	1.7	13

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127	Excessive sleepiness: under-recognized and essential marker for sleep/wake disorder management. <i>Current Medical Research and Opinion</i> , 2010, 26, S3-S27.	1.9	13
128	Sleep Extension Normalizes ERP of Waking Auditory Sensory Gating in Healthy Habitually Short Sleeping Individuals. <i>PLoS ONE</i> , 2013, 8, e59007.	2.5	13
129	Towards quantitative cutoffs for insomnia: how current diagnostic criteria mischaracterize remission. <i>Sleep Medicine</i> , 2016, 26, 62-68.	1.6	13
130	DSM-5 insomnia disorder in pregnancy: associations with depression, suicidal ideation, and cognitive and somatic arousal, and identifying clinical cutoffs for detection. <i>SLEEP Advances</i> , 2022, 3, zpac006.	0.2	13
131	Defining Insomnia: The Role of Quantitative Criteria. <i>Sleep</i> , 2006, 29, 424-425.	1.1	12
132	The natural history of insomnia: high sleep reactivity interacts with greater life stress to predict the onset of acute insomnia. <i>Sleep</i> , 2022, 45, .	1.1	12
133	<p>Sexual function and distress in postmenopausal women with chronic insomnia: exploring the role of stress dysregulation</p>. <i>Nature and Science of Sleep</i> , 2019, Volume 11, 141-153.	2.7	11
134	Mother-to-Infant Bonding is Associated with Maternal Insomnia, Snoring, Cognitive Arousal, and Infant Sleep Problems and Colic. <i>Behavioral Sleep Medicine</i> , 2022, 20, 393-409.	2.1	11
135	Understanding the Effects of Age on "Normal" Human Sleep. <i>Sleep</i> , 2004, 27, 1238-1239.	1.1	10
136	Psychometric Evaluation of the Ford Insomnia Response to Stress Test (FIRST) in Early Pregnancy. <i>Journal of Clinical Sleep Medicine</i> , 2016, 12, 579-587.	2.6	10
137	Validation of the German version of the Ford Insomnia Response to Stress Test. <i>Journal of Sleep Research</i> , 2018, 27, e12621.	3.2	10
138	Burden of Chronic Sleep Maintenance Insomnia Characterized by Nighttime Awakenings Among Anxiety and Depression Sufferers. <i>Primary Care Companion To the Journal of Clinical Psychiatry</i> , 2010, 12, .	0.6	10
139	The Effects of Armodafinil on Objective Sleepiness and Performance in a Shift Work Disorder Sample Unselected for Objective Sleepiness. <i>Journal of Clinical Psychopharmacology</i> , 2014, 34, 369-373.	1.4	9
140	Psychometric properties of the Russian version of the Pediatric Daytime Sleepiness Scale (PDSS). <i>Heliyon</i> , 2019, 5, e02134.	3.2	9
141	The Relationship of Neuroticism with Sleep Quality: The Mediating Role of Emotional, Cognitive and Metacognitive Factors. <i>Behavioral Sleep Medicine</i> , 2022, 20, 74-89.	2.1	9
142	Arousability and Fall Risk During Forced Awakenings From Nocturnal Sleep Among Healthy Males Following Administration of Zolpidem 10 mg and Doxepin 6 mg: A Randomized, Placebo-Controlled, Four-Way Crossover Trial. <i>Sleep</i> , 2017, 40, .	1.1	9
143	Variables affecting the change in systemic blood pressure in response to nasal CPAP in obstructive sleep apnea patients. <i>Sleep and Breathing</i> , 2008, 12, 47-52.	1.7	8
144	Occupational Sleep Medicine. <i>Sleep Medicine Clinics</i> , 2016, 11, 65-79.	2.6	8

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145	Assessing Stress-Induced Sleep Reactivity in College Students: The European Portuguese Version of the Ford Insomnia Response to Stress Test (FIRST). <i>Behavioral Sleep Medicine</i> , 2018, 16, 337-346.	2.1	8
146	Sleep Education for Elders Program (SLEEP): Promising Pilot Results of a Virtual, Health Educator-Led, Community-Delivered Sleep Behavior Change Intervention. <i>Nature and Science of Sleep</i> , 2021, Volume 13, 625-633.	2.7	8
147	Social Jetlag and Excessive Daytime Sleepiness from a Sample of Russian Children and Adolescents. <i>Nature and Science of Sleep</i> , 2021, Volume 13, 729-737.	2.7	8
148	Armodafinil in the treatment of sleep/wake disorders. <i>Neuropsychiatric Disease and Treatment</i> , 2010, 6, 417.	2.2	7
149	Factor structure of the Brazilian version of Pediatric Daytime Sleepiness Scale. <i>Chronobiology International</i> , 2018, 35, 1-7.	2.0	7
150	Can the Orexin Antagonist Suvorexant Preserve the Ability to Awaken to Auditory Stimuli While Improving Sleep?. <i>Journal of Clinical Sleep Medicine</i> , 2019, 15, 1285-1291.	2.6	7
151	Shift Work: A Perspective on Shift Work Disorder—Is Prevention the Answer?. <i>Journal of Clinical Sleep Medicine</i> , 2019, 15, 1863-1865.	2.6	7
152	Scoring reliability of the multiple sleep latency test in a clinical population. <i>Sleep</i> , 2000, 23, 911-3.	1.1	7
153	Typologies of individuals vulnerable to insomnia: a two-step cluster analysis. <i>Sleep and Biological Rhythms</i> , 2021, 19, 33-44.	1.0	6
154	Improved resilience following digital cognitive behavioral therapy for insomnia protects against insomnia and depression one year later. <i>Psychological Medicine</i> , 2023, 53, 3826-3836.	4.5	5
155	Connectivity analysis of novelty process in habitual short sleepers. <i>NeuroImage</i> , 2012, 63, 1001-1010.	4.2	4
156	Beyond sleep duration: distinct sleep dimensions are associated with obesity in children and adolescents. <i>Sleep Medicine</i> , 2013, 14, e159.	1.6	4
157	Insomnia disorder. <i>Nature Reviews Disease Primers</i> , 2015, 1, 15037.	30.5	4
158	Self-efficacy in Insomnia Symptom Management after Digital CBT-I Mediates Insomnia Severity during the COVID-19 Pandemic. <i>Behavioral Sleep Medicine</i> , 2022, 20, 638-648.	2.1	4
159	Risk of excessive sleepiness in sleep restriction therapy and cognitive behavioral therapy for insomnia: a randomized controlled trial. <i>Journal of Clinical Sleep Medicine</i> , 2020, 16, 193-198.	2.6	4
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