

Hamdi Chtourou

List of Publications by Year in Descending Order

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The third column is the impact factor (IF) of the journal, and the fourth column is the number of citations of the article.

228 papers	4,922 citations	34 h-index	62 g-index
252 ext. papers	6,545 ext. citations	2.8 avg, IF	5.74 L-index

#	Paper	IF	Citations
228	Dietary Intake and Body Composition During Ramadan in Athletes: A Systematic Review and Meta-Analysis With Meta-Regression. 2022 , 1-22		1
227	The Effect of Daytime Ingestion of Melatonin on Thyroid Hormones Responses to Acute Submaximal Exercise in Healthy Active Males: A Pilot Study.. <i>American Journal of Men's Health</i> , 2022 , 16, 15579883211070383	2.2	1
226	The effect of 8 weeks of combined interval (resistance-interval training) and combined endurance (endurance-resistance training) on plasma levels of adipon and nitric oxide in males with high blood pressure.. <i>Irish Journal of Medical Science</i> , 2022 , 1	1.9	
225	Longer Nap Duration During Ramadan Observance Positively Impacts 5-m Shuttle Run Test Performance Performed in the Afternoon.. <i>Frontiers in Physiology</i> , 2022 , 13, 811435	4.6	0
224	Daily variation in performance measures related to anaerobic power and capacity: A systematic review.. <i>Chronobiology International</i> , 2022 , 1-35	3.6	0
223	Repeated Sprint Protocols With Standardized Versus Self-Selected Recovery Periods in Elite Youth Soccer Players: Can They Pace Themselves? A Replication Study.. <i>Pediatric Exercise Science</i> , 2022 , 1-9	2	
222	Diurnal Variation of Specific Tests' Performance and Related Psychological Aspects in Young Judo Athletes.. <i>Research Quarterly for Exercise and Sport</i> , 2022 , 1-11	1.9	1
221	Does warming up with different music tempos affect physical and psychological responses? The evidence from a chronobiological study. <i>Journal of Sports Medicine and Physical Fitness</i> , 2021 ,	1.4	1
220	COVID-19 Vaccination, Herd Immunity and The Transition Toward Normalcy: Challenges with The Upcoming Sports Events. <i>Annals of Applied Sport Science</i> , 2021 , 9, 0-0	0.4	5
219	Assessment of acute neuromuscular fatigue manifestations and functional performances after heavy resistance exercise. <i>Journal of Sports Medicine and Physical Fitness</i> , 2021 , 61, 1596-1604	1.4	0
218	The Effects of Ramadan Intermittent Fasting on Football Players and Implications for Domestic Football Leagues Over the Next Decade: A Systematic Review. <i>Sports Medicine</i> , 2021 , 1	10.6	4
217	Training During the COVID-19 Lockdown: Knowledge, Beliefs, and Practices of 12,526 Athletes from 142 Countries and Six Continents. <i>Sports Medicine</i> , 2021 , 1	10.6	14
216	Performance, muscle damage, and inflammatory responses to repeated high-intensity exercise following a 40-min nap. <i>Research in Sports Medicine</i> , 2021 , 1-18	3.8	2
215	Does observance of Ramadan affect sleep in athletes and physically active individuals? A systematic review and meta-analysis. <i>Journal of Sleep Research</i> , 2021 , e13503	5.8	2
214	Exergaming and Aquatic Exercises Affect Lung Function and Weight Loss in Obese Children. <i>International Journal of Sports Medicine</i> , 2021 , 42, 566-572	3.6	1
213	Can intermittent, time-restricted circadian fasting modulate cutaneous severity of dermatological disorders? Insights from a multicenter, observational, prospective study. <i>Dermatologic Therapy</i> , 2021 , 34, e14912	2.2	2
212	Psychosocial Effects and Use of Communication Technologies during Home Confinement in the First Wave of the COVID-19 Pandemic in Italy and The Netherlands. <i>International Journal of Environmental Research and Public Health</i> , 2021 , 18,	4.6	7

211	Distance Motor Learning during the COVID-19 Induced Confinement: Video Feedback with a Pedagogical Activity Improves the Snatch Technique in Young Athletes. <i>International Journal of Environmental Research and Public Health</i> , 2021 , 18,	4.6	6
210	Melatonin supplementation improves psychomotor and physical performance in collegiate student-athletes following a sleep deprivation night. <i>Chronobiology International</i> , 2021 , 38, 753-761	3.6	3
209	Listening to motivational music during warming-up attenuates the negative effects of partial sleep deprivation on cognitive and short-term maximal performance: Effect of time of day. <i>Chronobiology International</i> , 2021 , 38, 1052-1063	3.6	3
208	Effects of Adding Small Combat Games to Regular Taekwondo Training on Physiological and Performance Outcomes in Male Young Athletes. <i>Frontiers in Physiology</i> , 2021 , 12, 646666	4.6	4
207	Information Processing and Technical Knowledge Contribute to Self-Controlled Video Feedback for Children Learning the Snatch Movement in Weightlifting. <i>Perceptual and Motor Skills</i> , 2021 , 128, 1785-1805	3.2	2
206	Sleep Quality and Physical Activity as Predictors of Mental Wellbeing Variance in Older Adults during COVID-19 Lockdown: ECLB COVID-19 International Online Survey. <i>International Journal of Environmental Research and Public Health</i> , 2021 , 18,	4.6	33
205	A daytime 40-min nap opportunity after a simulated late evening soccer match reduces the perception of fatigue and improves 5-m shuttle run performance. <i>Research in Sports Medicine</i> , 2021 , 1-14	3.8	1
204	Four Weeks of Detraining Induced by COVID-19 Reverse Cardiac Improvements from Eight Weeks of Fitness-Dance Training in Older Adults with Mild Cognitive Impairment. <i>International Journal of Environmental Research and Public Health</i> , 2021 , 18,	4.6	3
203	The effects of Ramadan intermittent fasting on sleep-wake behaviour and daytime sleepiness in team sport referees. <i>Journal of Sports Sciences</i> , 2021 , 39, 2411-2417	3.6	1
202	Sleep and daytime sleepiness in elite athletes and sedentary individuals. <i>Science and Sports</i> , 2021 , 37, 31-31	0.8	0
201	Psycho-physiological aspects of small combats in taekwondo: impact of area size and within-round sparring partners. <i>Biology of Sport</i> , 2021 , 38, 157-164	4.3	3
200	Sleep and psychological factors are associated with meeting discharge criteria to return to sport following ACL reconstruction in athletes. <i>Biology of Sport</i> , 2021 , 38, 305-313	4.3	1
199	Effects of home confinement on mental health and lifestyle behaviours during the COVID-19 outbreak: insights from the ECLB-COVID19 multicentre study. <i>Biology of Sport</i> , 2021 , 38, 9-21	4.3	112
198	Intraday variation in short-term maximal performance: effects of different warm-up modalities. <i>Sport Sciences for Health</i> , 2021 , 17, 607-614	1.3	
197	Globally altered sleep patterns and physical activity levels by confinement in 5056 individuals: ECLB COVID-19 international online survey.. <i>Biology of Sport</i> , 2021 , 38, 495-506	4.3	54
196	Efficacy of hydrotherapy treatment for the management of chronic low back pain. <i>Irish Journal of Medical Science</i> , 2021 , 190, 1413-1421	1.9	4
195	The COVID-19 pandemic and physical activity during intermittent fasting, is it safe? A call for action.. <i>Biology of Sport</i> , 2021 , 38, 729-732	4.3	1
194	The Effect of Experimental Recuperative and Appetitive Post-lunch Nap Opportunities, With or Without Caffeine, on Mood and Reaction Time in Highly Trained Athletes. <i>Frontiers in Psychology</i> , 2021 , 12, 720493	3.4	1

193	The Effects of Exercise Difficulty and Time-of-Day on the Perception of the Task and Soccer Performance in Child Soccer Players. <i>Children</i> , 2021 , 8,	2.8	1
192	Applying digital technology to promote active and healthy confinement lifestyle during pandemics in the elderly. <i>Biology of Sport</i> , 2021 , 38, 391-396	4.3	22
191	The effect of a daytime 60-min nap opportunity on postural control in highly active individuals.. <i>Biology of Sport</i> , 2021 , 38, 683-691	4.3	4
190	COVID-19 Lockdowns: A Worldwide Survey of Circadian Rhythms and Sleep Quality in 3911 Athletes from 49 Countries, with Data-Driven Recommendations. <i>Sports Medicine</i> , 2021 , 1	10.6	12
189	Optimizing Motor Learning: Difficulty Manipulation Combined with Feedback- Frequency Enhance Under-Time-Pressure Fine-Motor-Coordination Skill Acquisition and Retention.. <i>Journal of Motor Behavior</i> , 2021 , 1-13	1.4	
188	The effect of music on short-term exercise performance during the different menstrual cycle phases in female handball players. <i>Research in Sports Medicine</i> , 2020 , 1-11	3.8	3
187	Effect of nocturnal melatonin intake on cellular damage and recovery from repeated sprint performance during an intensive training schedule. <i>Chronobiology International</i> , 2020 , 37, 686-698	3.6	5
186	Effects of 25-Min Nap Opportunity during Ramadan Observance on the 5-m Shuttle Run Performance and the Perception of Fatigue in Physically Active Men. <i>International Journal of Environmental Research and Public Health</i> , 2020 , 17,	4.6	6
185	Effects of Polyphenol-Rich Interventions on Cognition and Brain Health in Healthy Young and Middle-Aged Adults: Systematic Review and Meta-Analysis. <i>Journal of Clinical Medicine</i> , 2020 , 9,	5.1	16
184	Effects of COVID-19 Home Confinement on Eating Behaviour and Physical Activity: Results of the ECLB-COVID19 International Online Survey. <i>Nutrients</i> , 2020 , 12,	6.7	743
183	Effects of Ramadan Observance on Dietary Intake and Body Composition of Adolescent Athletes: Systematic Review and Meta-Analysis. <i>Nutrients</i> , 2020 , 12,	6.7	3
182	Effects of natural polyphenol-rich pomegranate juice on the acute and delayed response of Homocysteine and steroidal hormones following weightlifting exercises: a double-blind, placebo-controlled trial. <i>Journal of the International Society of Sports Nutrition</i> , 2020 , 17, 15	4.5	4
181	The Effect of (Poly)phenol-Rich Interventions on Cognitive Functions and Neuroprotective Measures in Healthy Aging Adults: A Systematic Review and Meta-Analysis. <i>Journal of Clinical Medicine</i> , 2020 , 9,	5.1	15
180	Repeated Sprint Training vs. Repeated High-Intensity Technique Training in Adolescent Taekwondo Athletes-A Randomized Controlled Trial. <i>International Journal of Environmental Research and Public Health</i> , 2020 , 17,	4.6	7
179	Effects of the 5-m Shuttle Run Test on Markers of Muscle Damage, Inflammation, and Fatigue in Healthy Male Athletes. <i>International Journal of Environmental Research and Public Health</i> , 2020 , 17,	4.6	3
178	Staying Physically Active During the Quarantine and Self-Isolation Period for Controlling and Mitigating the COVID-19 Pandemic: A Systematic Overview of the Literature. <i>Frontiers in Psychology</i> , 2020 , 11, 1708	3.4	89
177	A 90 min Daytime Nap Opportunity Is Better Than 40 min for Cognitive and Physical Performance. <i>International Journal of Environmental Research and Public Health</i> , 2020 , 17,	4.6	15
176	Effect of Angle of View and Partial Sleep Deprivation on Distance Perception. <i>Frontiers in Psychology</i> , 2020 , 11, 201	3.4	4

175	Psychological consequences of COVID-19 home confinement: The ECLB-COVID19 multicenter study. <i>PLoS ONE</i> , 2020 , 15, e0240204	3.7	113
174	The Effects of Three Correction Strategies of Errors on the Snatch Technique in 10-12-Year-Old Children: A Randomized Controlled Trial. <i>Journal of Strength and Conditioning Research</i> , 2020 ,	3.2	4
173	Moderators of the Impact of (Poly)Phenols Interventions on Psychomotor Functions and BDNF: Insights from Subgroup Analysis and Meta-Regression. <i>Nutrients</i> , 2020 , 12,	6.7	6
172	A Thirty-Five-Minute Nap Improves Performance and Attention in the 5-m Shuttle Run Test during and Outside Ramadan Observance. <i>Sports</i> , 2020 , 8,	3	7
171	Partial sleep restriction impairs static postural control in elite judo athletes. <i>Biological Rhythm Research</i> , 2020 , 1-12	0.8	0
170	Effects of a 30 min nap opportunity on cognitive and short-duration high-intensity performances and mood states after a partial sleep deprivation night. <i>Journal of Sports Sciences</i> , 2020 , 38, 2553-2561	3.6	6
169	Effect of listening to synchronous motivational music during warm-up on the diurnal variation of short-term maximal performance and subjective experiences. <i>Chronobiology International</i> , 2020 , 37, 1611-1620	3.6	3
168	Relationship between Perceived Training Load, Well-Being Indices, Recovery State and Physical Enjoyment during Judo-Specific Training. <i>International Journal of Environmental Research and Public Health</i> , 2020 , 17,	4.6	5
167	COVID-19 Home Confinement Negatively Impacts Social Participation and Life Satisfaction: A Worldwide Multicenter Study. <i>International Journal of Environmental Research and Public Health</i> , 2020 , 17,	4.6	149
166	Practical Recommendations for Maintaining Active Lifestyle during the COVID-19 Pandemic: A Systematic Literature Review. <i>International Journal of Environmental Research and Public Health</i> , 2020 , 17,	4.6	74
165	The effect of time of day and chronotype on the relationships between mood state and performance in a Wingate test. <i>Chronobiology International</i> , 2020 , 37, 1599-1610	3.6	10
164	Changes in Perceived Exertion, Well-Being, and Recovery During Specific Judo Training: Impact of Training Period and Exercise Modality. <i>Frontiers in Physiology</i> , 2020 , 11, 931	4.6	6
163	The effect of aerobic training and vitamin D supplements on the neurocognitive functions of elderly women with sleep disorders. <i>Biological Rhythm Research</i> , 2020 , 51, 727-734	0.8	4
162	The relationship of breakfast and snack foods with cognitive and academic performance and physical activity levels of adolescent students. <i>Biological Rhythm Research</i> , 2020 , 51, 481-488	0.8	7
161	Observing Ramadan and sleep-wake patterns in athletes: a systematic review, meta-analysis and meta-regression. <i>British Journal of Sports Medicine</i> , 2020 , 54, 674-680	10.3	20
160	Effects of Aerobic-, Anaerobic- and Combined-Based Exercises on Plasma Oxidative Stress Biomarkers in Healthy Untrained Young Adults. <i>International Journal of Environmental Research and Public Health</i> , 2020 , 17,	4.6	11
159	Effects of natural polyphenol-rich pomegranate juice supplementation on plasma ion and lipid profiles following resistance exercise: a placebo-controlled trial. <i>Nutrition and Metabolism</i> , 2020 , 17, 31	4.6	2
158	Psychological consequences of COVID-19 home confinement: The ECLB-COVID19 multicenter study 2020 , 15, e0240204		

157	Psychological consequences of COVID-19 home confinement: The ECLB-COVID19 multicenter study 2020 , 15, e0240204		
156	Psychological consequences of COVID-19 home confinement: The ECLB-COVID19 multicenter study 2020 , 15, e0240204		
155	Psychological consequences of COVID-19 home confinement: The ECLB-COVID19 multicenter study 2020 , 15, e0240204		
154	Effect of different nap opportunity durations on short-term maximal performance, attention, feelings, muscle soreness, fatigue, stress and sleep. <i>Physiology and Behavior</i> , 2019 , 211, 112673	3.5	25
153	Effect of Time-of-Day-Exercise in Group Settings on Level of Mood and Depression of Former Elite Male Athletes. <i>International Journal of Environmental Research and Public Health</i> , 2019 , 16,	4.6	3
152	Short-term maximal performance, alertness, dietary intake, sleep pattern and mood states of physically active young men before, during and after Ramadan observance. <i>PLoS ONE</i> , 2019 , 14, e0217851	3.7	11
151	Nap Opportunity During the Daytime Affects Performance and Perceived Exertion in 5-m Shuttle Run Test. <i>Frontiers in Physiology</i> , 2019 , 10, 779	4.6	28
150	Physical and Physiological Responses during the Stop-Ball Rule During Small-Sided Games in Soccer Players. <i>Sports</i> , 2019 , 7,	3	8
149	Acute Effects of an "Energy Drink" on Short-Term Maximal Performance, Reaction Times, Psychological and Physiological Parameters: Insights from a Randomized Double-Blind, Placebo-Controlled, Counterbalanced Crossover Trial. <i>Nutrients</i> , 2019 , 11,	6.7	15
148	Plasma iron status in elite weightlifters after four weeks of intensive training. <i>Science and Sports</i> , 2019 , 34, 328.e1-328.e8	0.8	2
147	Sleep Patterns, Alertness, Dietary Intake, Muscle Soreness, Fatigue, and Mental Stress Recorded before, during and after Ramadan Observance. <i>Sports</i> , 2019 , 7,	3	13
146	The Relationship of Age and BMI with Physical Fitness in Futsal Players. <i>Sports</i> , 2019 , 7,	3	6
145	Comparison of 2- and 3-Minute Inter-Repetition Rest Periods on Maximal Jerk Technique and Power Maintenance. <i>Research Quarterly for Exercise and Sport</i> , 2019 , 90, 287-296	1.9	3
144	Performance and Participation in the 'Vasaloppet' Cross-Country Skiing Race during a Century. <i>Sports</i> , 2019 , 7,	3	1
143	The effects of Ramadan intermittent fasting on the underlying mechanisms of force production capacity during maximal isometric voluntary contraction. <i>Chronobiology International</i> , 2019 , 36, 698-708	3.6	3
142	The Combined Effect of Aging and Performance Level on Pacing in Duathlon - the "ITU Powerman Long Distance Duathlon World Championships". <i>Frontiers in Psychology</i> , 2019 , 10, 296	3.4	1
141	Effects of Playing Surface on Physical, Physiological, and Perceptual Responses to a Repeated-Sprint Ability Test: Natural Grass Versus Artificial Turf. <i>International Journal of Sports Physiology and Performance</i> , 2019 , 1219-1226	3.5	2
140	The Role of Environmental Conditions on Marathon Running Performance in Men Competing in Boston Marathon from 1897 to 2018. <i>International Journal of Environmental Research and Public Health</i> , 2019 , 16,	4.6	13

139	Effect of napping opportunity at different times of day on vigilance and shuttle run performance. <i>Chronobiology International</i> , 2019 , 36, 1334-1342	3.6	25
138	Dental Trauma First-Aid Knowledge and Attitudes of Physical Education Teachers: A Systematic Review and Meta-Analysis of the Literature with Meta-Regressions. <i>Education Sciences</i> , 2019 , 9, 251	2.2	2
137	Relationship of body mass status with running and jumping performances in young basketball players. <i>Muscles, Ligaments and Tendons Journal</i> , 2019 , 05, 187	1.9	14
136	Teaching Physical Education During Ramadan Observance: Practical Recommendations. <i>International Journal of Sport Studies for Health</i> , 2019 , In Press,	1	5
135	Nap Opportunity As a Strategy to Improve Short-Term Repetitive Maximal Performance During the 5-m Shuttle Run Test: A Brief Review. <i>International Journal of Sport Studies for Health</i> , 2019 , 2,	1	8
134	Prevalence of Underweight and Overweight and Its Association with Physical Fitness in Egyptian Schoolchildren. <i>International Journal of Environmental Research and Public Health</i> , 2019 , 17,	4.6	6
133	Listening to neutral or self-selected motivational music during warm-up to improve short-term maximal performance in soccer players: Effect of time of day. <i>Physiology and Behavior</i> , 2019 , 204, 168-173	3.5	13
132	The Effect of Aquatic Exercise on Postural Mobility of Healthy Older Adults with Endomorphic Somatotype. <i>International Journal of Environmental Research and Public Health</i> , 2019 , 16,	4.6	6
131	Which Presentation Speed Is Better for Learning Basketball Tactical Actions Through Video Modeling Examples? The Influence of Content Complexity. <i>Frontiers in Psychology</i> , 2019 , 10, 2356	3.4	7
130	Effects of Ramadan Fasting on Recovery Following a Simulated Soccer Match in Professional Soccer Players: A Pilot Study. <i>Frontiers in Physiology</i> , 2019 , 10, 1480	4.6	4
129	Effect of Ramadan fasting on feelings, dietary intake, rating of perceived exertion and repeated high intensity short-term maximal performance. <i>Chronobiology International</i> , 2019 , 36, 1-10	3.6	30
128	Effects of caffeine ingestion on the diurnal variation of cognitive and repeated high-intensity performances. <i>Pharmacology Biochemistry and Behavior</i> , 2019 , 177, 69-74	3.9	17
127	Practical recommendations to improve sleep during Ramadan observance in healthy practitioners of physical activity. <i>Tunisie Medicale</i> , 2019 , 97, 1077-1086	2.1	2
126	Effects of Ramadan fasting on body composition in athletes: a systematic review. <i>Tunisie Medicale</i> , 2019 , 97, 1087-1094	2.1	10
125	Effects of Ramadan fasting on physical performances in soccer players: a systematic review. <i>Tunisie Medicale</i> , 2019 , 97, 1114-1131	2.1	7
124	The effect of juice supplementation on oxidative stress, cardiovascular parameters, and biochemical markers following yo-yo Intermittent recovery test. <i>Food Science and Nutrition</i> , 2018 , 6, 259-268	3.2	14
123	Possible gastrointestinal disorders for athletes during Ramadan: an overview. <i>Biological Rhythm Research</i> , 2018 , 49, 51-60	0.8	10
122	Monitoring athletes' hydration status and sleep patterns during Ramadan observance: methodological and practical considerations. <i>Biological Rhythm Research</i> , 2018 , 49, 337-365	0.8	21

121	High-Intensity Interval Training Performed by Young Athletes: A Systematic Review and Meta-Analysis. <i>Frontiers in Physiology</i> , 2018 , 9, 1012	4.6	38
120	Acute and delayed responses of steroidal hormones, blood lactate and biomarkers of muscle damage after a resistance training session: time-of-day effects. <i>Journal of Sports Medicine and Physical Fitness</i> , 2018 , 58, 980-989	1.4	16
119	Convergent and construct validity and test-retest reliability of the Caen Chronotype Questionnaire in six languages. <i>Chronobiology International</i> , 2018 , 35, 1294-1304	3.6	7
118	Evolution of Dietary Intake Between Before, During and After Ramadan Observance in Tunisian Physically Active Men: A Systematic Review. <i>International Journal of Sport Studies for Health</i> , 2018 , 1,	1	10
117	Effects of Practicing Physical Activity During Ramadan Fasting on Health-Related Indices: An Updated Brief Review. <i>International Journal of Sport Studies for Health</i> , 2018 , In Press,	1	5
116	Diurnal Variation of Short-Term Repetitive Maximal Performance and Psychological Variables in Elite Judo Athletes. <i>Frontiers in Physiology</i> , 2018 , 9, 1499	4.6	23
115	Effects of pomegranate supplementation on exercise performance and post-exercise recovery in healthy adults: a systematic review. <i>British Journal of Nutrition</i> , 2018 , 120, 1201-1216	3.6	28
114	Faster physical performance recovery with cold water immersion is not related to lower muscle damage level in professional soccer players. <i>Journal of Thermal Biology</i> , 2018 , 78, 184-191	2.9	6
113	Effect of Time-of-Day on Biochemical Markers in Response to Physical Exercise. <i>Journal of Strength and Conditioning Research</i> , 2017 , 31, 272-282	3.2	30
112	The effect of time-of-day of training during Ramadan on physiological parameters in highly trained endurance athletes. <i>Biological Rhythm Research</i> , 2017 , 48, 541-555	0.8	8
111	Relationship between motor and cognitive learning abilities among primary school-aged childrenPeer review under responsibility of Alexandria University Faculty of Medicine.View all notesAvailable online 11 January 2017View all notes. <i>Alexandria Journal of Medicine</i> , 2017 , 53, 325-331	0.7	14
110	Psychophysiological indicators of fatigue in soccer players: A systematic review. <i>Science and Sports</i> , 2017 , 32, 1-13	0.8	5
109	Effect of music on short-term maximal performance: sprinters vs. long distance runners. <i>Sport Sciences for Health</i> , 2017 , 13, 213-216	1.3	8
108	Effects of time-of-day on oxidative stress, cardiovascular parameters, biochemical markers, and hormonal response following level-1 Yo-Yo intermittent recovery test. <i>Physiology International</i> , 2017 , 104, 77-90	1.5	8
107	Opuntia ficus-indica juice supplementation: what role it plays on diurnal variation of short-term maximal exercise?. <i>Biological Rhythm Research</i> , 2017 , 48, 315-330	0.8	4
106	Soccer small-sided games in young players: rule modification to induce higher physiological responses. <i>Biology of Sport</i> , 2017 , 34, 163-168	4.3	27
105	The effects of game types on intensity of small-sided games among pre-adolescent youth football players. <i>Biology of Sport</i> , 2017 , 34, 157-162	4.3	13
104	Electrostimulation Training Effects on diurnal Fluctuations of Neuromuscular Performance. <i>International Journal of Sports Medicine</i> , 2017 , 38, 41-47	3.6	6

103	Short versus long small-sided game training during Ramadan in soccer players. <i>Physical Therapy in Sport</i> , 2017 , 24, 20-25	3	12
102	Effects of Pomegranate Juice Supplementation on Oxidative Stress Biomarkers Following Weightlifting Exercise. <i>Nutrients</i> , 2017 , 9,	6.7	40
101	Effects of recovery mode on physiological and psychological responses and performance of specific skills in young soccer players. <i>Journal of Sports Medicine and Physical Fitness</i> , 2017 , 57, 1590-1596	1.4	4
100	Effect of time of day on soccer specific skills in children: psychological and physiological responses. <i>Biological Rhythm Research</i> , 2016 , 47, 59-68	0.8	5
99	Relationship between biomarkers of muscle damage and redox status in response to a weightlifting training session: effect of time-of-day. <i>Acta Physiologica Hungarica</i> , 2016 , 103, 243-261		18
98	P-33 The effect of dynamic stretching on repeated sprints and jump performances after one night of partial sleep deprivation. <i>British Journal of Sports Medicine</i> , 2016 , 50, A49.1-A49	10.3	1
97	The effect of time of day and recovery type after a football game on muscle damage and performance in anaerobic tests on young soccer players. <i>Biological Rhythm Research</i> , 2016 , 47, 797-814	0.8	1
96	The effect of training at the same time-of-day on the diurnal variations of technical ability and swimming performance. <i>Biological Rhythm Research</i> , 2016 , 47, 447-461	0.8	3
95	Free throw shot in basketball: kinematic analysis of scored and missed shots during the learning process. <i>Sport Sciences for Health</i> , 2016 , 12, 27-33	1.3	9
94	Pomegranate Supplementation Accelerates Recovery of Muscle Damage and Soreness and Inflammatory Markers after a Weightlifting Training Session. <i>PLoS ONE</i> , 2016 , 11, e0160305	3.7	40
93	Comparison between jumping vs. cycling tests of short-term power in elite male handball players: the effect of age. <i>Movement and Sports Sciences - Science Et Motricite</i> , 2016 , 93-101	0.5	6
92	Maximal power training induced different improvement in throwing velocity and muscle strength according to playing positions in elite male handball players. <i>Biology of Sport</i> , 2016 , 33, 393-398	4.3	14
91	Rapid weight loss in the context of Ramadan observance: recommendations for judokas. <i>Biology of Sport</i> , 2016 , 33, 407-413	4.3	8
90	Morning melatonin ingestion and diurnal variation of short-term maximal performances in soccer players. <i>Acta Physiologica Hungarica</i> , 2016 , 103, 94-104		7
89	Effect of the electrostimulation during the tapering period compared to the exponential taper on anaerobic performances and rating of perceived exertion. <i>Science and Sports</i> , 2016 , 31, e93-e100	0.8	3
88	Does Ramadan fasting affect acylated ghrelin and growth hormone concentrations during short-term maximal exercise in the afternoon?. <i>Biological Rhythm Research</i> , 2015 , 46, 691-701	0.8	8
87	Relation entre musique et performance sportive : vers une perspective complexe et dynamique. <i>Science and Sports</i> , 2015 , 30, 119-125	0.8	13
86	Morning caffeine ingestion increases cognitive function and short-term maximal performance in footballer players after partial sleep deprivation. <i>Biological Rhythm Research</i> , 2015 , 46, 617-629	0.8	8

85	Post-resistance training detraining: time-of-day effects on training and testing outcomes. <i>Biological Rhythm Research</i> , 2015 , 46, 897-907	0.8	9
84	Acute and delayed responses of C-reactive protein, malondialdehyde and antioxidant markers after resistance training session in elite weightlifters: Effect of time of day. <i>Chronobiology International</i> , 2015 , 32, 1211-22	3.6	28
83	Caffeine ingestion does not affect afternoon muscle power and fatigue during the Wingate test in elite judo players. <i>Biological Rhythm Research</i> , 2015 , 46, 291-298	0.8	9
82	Effect of total sleep deprivation on egocentric distance estimation following a fatiguing task. <i>Biological Rhythm Research</i> , 2015 , 46, 265-274	0.8	2
81	Temporal specificity of training: intra-day effects on biochemical responses and Olympic-Weightlifting performances. <i>Journal of Sports Sciences</i> , 2015 , 33, 358-68	3.6	64
80	Prevalence of overweight and obesity and possible effect of intervention program: Tunisian children as model. <i>Sport Sciences for Health</i> , 2015 , 11, 129-136	1.3	5
79	Effect of a Six-Week Preparation Period on Acute Physiological Responses to a Simulated Combat in Young National-Level Taekwondo Athletes. <i>Journal of Human Kinetics</i> , 2015 , 47, 115-25	2.6	8
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