

Hamdi Chtourou

List of Publications by Citations

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The third column is the impact factor (IF) of the journal, and the fourth column is the number of citations of the article.

228 papers	4,922 citations	34 h-index	62 g-index
252 ext. papers	6,545 ext. citations	2.8 avg, IF	5.74 L-index

#	Paper	IF	Citations
228	Effects of COVID-19 Home Confinement on Eating Behaviour and Physical Activity: Results of the ECLB-COVID19 International Online Survey. <i>Nutrients</i> , 2020 , 12,	6.7	743
227	Small-sided games in team sports training: a brief review. <i>Journal of Strength and Conditioning Research</i> , 2014 , 28, 3594-618	3.2	152
226	The effect of training at a specific time of day: a review. <i>Journal of Strength and Conditioning Research</i> , 2012 , 26, 1984-2005	3.2	152
225	COVID-19 Home Confinement Negatively Impacts Social Participation and Life Satisfaction: A Worldwide Multicenter Study. <i>International Journal of Environmental Research and Public Health</i> , 2020 , 17,	4.6	149
224	Psychological consequences of COVID-19 home confinement: The ECLB-COVID19 multicenter study. <i>PLoS ONE</i> , 2020 , 15, e0240204	3.7	113
223	Effects of home confinement on mental health and lifestyle behaviours during the COVID-19 outbreak: insights from the ECLB-COVID19 multicentre study. <i>Biology of Sport</i> , 2021 , 38, 9-21	4.3	112
222	The effect of time-of-day and Ramadan fasting on anaerobic performances. <i>International Journal of Sports Medicine</i> , 2012 , 33, 142-7	3.6	98
221	Staying Physically Active During the Quarantine and Self-Isolation Period for Controlling and Mitigating the COVID-19 Pandemic: A Systematic Overview of the Literature. <i>Frontiers in Psychology</i> , 2020 , 11, 1708	3.4	89
220	The effect of ramadan fasting on physical performances, mood state and perceived exertion in young footballers. <i>Asian Journal of Sports Medicine</i> , 2011 , 2, 177-85	1.4	87
219	The Effects of Music on High-intensity Short-term Exercise in Well Trained Athletes. <i>Asian Journal of Sports Medicine</i> , 2012 , 3, 233-8	1.4	84
218	Effect of time of day and partial sleep deprivation on plasma concentrations of IL-6 during a short-term maximal performance. <i>European Journal of Applied Physiology</i> , 2013 , 113, 241-8	3.4	83
217	Diurnal variation in Wingate-test performance and associated electromyographic parameters. <i>Chronobiology International</i> , 2011 , 28, 706-13	3.6	77
216	Effects of time-of-day and partial sleep deprivation on short-term maximal performances of judo competitors. <i>Journal of Strength and Conditioning Research</i> , 2013 , 27, 2473-80	3.2	75
215	Practical Recommendations for Maintaining Active Lifestyle during the COVID-19 Pandemic: A Systematic Literature Review. <i>International Journal of Environmental Research and Public Health</i> , 2020 , 17,	4.6	74
214	The effect of strength training at the same time of the day on the diurnal fluctuations of muscular anaerobic performances. <i>Journal of Strength and Conditioning Research</i> , 2012 , 26, 217-25	3.2	73
213	The effect of training at the same time of day and tapering period on the diurnal variation of short exercise performances. <i>Journal of Strength and Conditioning Research</i> , 2012 , 26, 697-708	3.2	69
212	Diurnal variations of plasma homocysteine, total antioxidant status, and biological markers of muscle injury during repeated sprint: effect on performance and muscle fatigue--a pilot study. <i>Chronobiology International</i> , 2011 , 28, 958-67	3.6	65

211	Temporal specificity of training: intra-day effects on biochemical responses and Olympic-Weightlifting performances. <i>Journal of Sports Sciences</i> , 2015 , 33, 358-68	3.6	64
210	Listening to music affects diurnal variation in muscle power output. <i>International Journal of Sports Medicine</i> , 2012 , 33, 43-7	3.6	60
209	Effects of partial sleep deprivation on proinflammatory cytokines, growth hormone, and steroid hormone concentrations during repeated brief sprint interval exercise. <i>Chronobiology International</i> , 2013 , 30, 502-9	3.6	58
208	High intensity exercise affects diurnal variation of some biological markers in trained subjects. <i>International Journal of Sports Medicine</i> , 2012 , 33, 886-91	3.6	54
207	Diurnal variations in physical performances related to football in young soccer players. <i>Asian Journal of Sports Medicine</i> , 2012 , 3, 139-44	1.4	54
206	Globally altered sleep patterns and physical activity levels by confinement in 5056 individuals: ECLB COVID-19 international online survey.. <i>Biology of Sport</i> , 2021 , 38, 495-506	4.3	54
205	The effect of training at a specific time-of-day on the diurnal variations of short-term exercise performances in 10- to 11-year-old boys. <i>Pediatric Exercise Science</i> , 2012 , 24, 84-99	2	51
204	Effects of Ramadan on the diurnal variations of repeated-sprint performances. <i>International Journal of Sports Physiology and Performance</i> , 2013 , 8, 254-62	3.5	49
203	The effects of Ramadan intermittent fasting on athletic performance: recommendations for the maintenance of physical fitness. <i>Journal of Sports Sciences</i> , 2012 , 30 Suppl 1, S53-73	3.6	47
202	The effect of Ramadan fasting on the diurnal variations in aerobic and anaerobic performances in Tunisian youth soccer players. <i>Biological Rhythm Research</i> , 2012 , 43, 177-190	0.8	47
201	Effect of short-term maximal exercise on biochemical markers of muscle damage, total antioxidant status, and homocysteine levels in football players. <i>Asian Journal of Sports Medicine</i> , 2012 , 3, 239-46	1.4	46
200	Time of day effects on repeated sprint ability. <i>International Journal of Sports Medicine</i> , 2012 , 33, 975-80	3.6	44
199	Effects of Pomegranate Juice Supplementation on Oxidative Stress Biomarkers Following Weightlifting Exercise. <i>Nutrients</i> , 2017 , 9,	6.7	40
198	Pomegranate Supplementation Accelerates Recovery of Muscle Damage and Soreness and Inflammatory Markers after a Weightlifting Training Session. <i>PLoS ONE</i> , 2016 , 11, e0160305	3.7	40
197	The effect of partial sleep deprivation on the reaction time and the attentional capacities of the handball goalkeeper. <i>Biological Rhythm Research</i> , 2013 , 44, 503-510	0.8	39
196	High-Intensity Interval Training Performed by Young Athletes: A Systematic Review and Meta-Analysis. <i>Frontiers in Physiology</i> , 2018 , 9, 1012	4.6	38
195	The effects of music during warm-up on anaerobic performances of young sprinters. <i>Science and Sports</i> , 2012 , 27, e85-e88	0.8	35
194	Effect of time of day and partial sleep deprivation on the reaction time and the attentional capacities of the handball goalkeeper. <i>Biological Rhythm Research</i> , 2014 , 45, 183-191	0.8	34

193	Time-of-day effects on biochemical responses to soccer-specific endurance in elite Tunisian football players. <i>Journal of Sports Sciences</i> , 2013 , 31, 963-71	3.6	33
192	Sleep Quality and Physical Activity as Predictors of Mental Wellbeing Variance in Older Adults during COVID-19 Lockdown: ECLB COVID-19 International Online Survey. <i>International Journal of Environmental Research and Public Health</i> , 2021 , 18,	4.6	33
191	Effect of time-of-day of aerobic maximal exercise on the sleep quality of trained subjects. <i>Biological Rhythm Research</i> , 2012 , 43, 323-330	0.8	31
190	Effects of morning caffeine' ingestion on mood States, simple reaction time, and short-term maximal performance on elite judoists. <i>Asian Journal of Sports Medicine</i> , 2012 , 3, 161-8	1.4	31
189	Effect of Time-of-Day on Biochemical Markers in Response to Physical Exercise. <i>Journal of Strength and Conditioning Research</i> , 2017 , 31, 272-282	3.2	30
188	Effect of Ramadan fasting on feelings, dietary intake, rating of perceived exertion and repeated high intensity short-term maximal performance. <i>Chronobiology International</i> , 2019 , 36, 1-10	3.6	30
187	Morning-to-evening difference of biomarkers of muscle injury and antioxidant status in young trained soccer players. <i>Biological Rhythm Research</i> , 2012 , 43, 431-438	0.8	29
186	Nap Opportunity During the Daytime Affects Performance and Perceived Exertion in 5-m Shuttle Run Test. <i>Frontiers in Physiology</i> , 2019 , 10, 779	4.6	28
185	Acute and delayed responses of C-reactive protein, malondialdehyde and antioxidant markers after resistance training session in elite weightlifters: Effect of time of day. <i>Chronobiology International</i> , 2015 , 32, 1211-22	3.6	28
184	Concomitant effects of Ramadan fasting and time-of-day on apolipoprotein AI, B, Lp-a and homocysteine responses during aerobic exercise in Tunisian soccer players. <i>PLoS ONE</i> , 2013 , 8, e79873	3.7	28
183	Effects of pomegranate supplementation on exercise performance and post-exercise recovery in healthy adults: a systematic review. <i>British Journal of Nutrition</i> , 2018 , 120, 1201-1216	3.6	28
182	Soccer small-sided games in young players: rule modification to induce higher physiological responses. <i>Biology of Sport</i> , 2017 , 34, 163-168	4.3	27
181	Caloric Restriction Effect on Proinflammatory Cytokines, Growth Hormone, and Steroid Hormone Concentrations during Exercise in Judokas. <i>Oxidative Medicine and Cellular Longevity</i> , 2015 , 2015, 809492	6.7	27
180	Physiological responses according to rules changes during 3 vs. 3 small-sided games in youth soccer players: stop-ball vs. small-goals rules. <i>Journal of Sports Sciences</i> , 2014 , 32, 1485-90	3.6	26
179	Effect of static and dynamic stretching on the diurnal variations of jump performance in soccer players. <i>PLoS ONE</i> , 2013 , 8, e70534	3.7	26
178	The effect of time-of-day and judo match on short-term maximal performances in judokas. <i>Biological Rhythm Research</i> , 2013 , 44, 797-806	0.8	26
177	Effect of different nap opportunity durations on short-term maximal performance, attention, feelings, muscle soreness, fatigue, stress and sleep. <i>Physiology and Behavior</i> , 2019 , 211, 112673	3.5	25
176	Effect of napping opportunity at different times of day on vigilance and shuttle run performance. <i>Chronobiology International</i> , 2019 , 36, 1334-1342	3.6	25

175	The effects of caffeine ingestion on the reaction time and short-term maximal performance after 36 h of sleep deprivation. <i>Physiology and Behavior</i> , 2014 , 131, 1-6	3.5	25
174	Time-of-Day Effects on EMG Parameters During the Wingate Test in Boys. <i>Journal of Sports Science and Medicine</i> , 2012 , 11, 380-6	2.7	25
173	Effects of partial sleep deprivation at the end of the night on anaerobic performances in judokas. <i>Biological Rhythm Research</i> , 2013 , 44, 815-821	0.8	23
172	Effects of time-of-day and caffeine ingestion on mood states, simple reaction time, and short-term maximal performance in elite judoists. <i>Biological Rhythm Research</i> , 2013 , 44, 897-907	0.8	23
171	Diurnal Variation of Short-Term Repetitive Maximal Performance and Psychological Variables in Elite Judo Athletes. <i>Frontiers in Physiology</i> , 2018 , 9, 1499	4.6	23
170	Effects of Ramadan on the diurnal variations of physical performance and perceived exertion in adolescent soccer players. <i>Biological Rhythm Research</i> , 2013 , 44, 869-875	0.8	22
169	Applying digital technology to promote active and healthy confinement lifestyle during pandemics in the elderly. <i>Biology of Sport</i> , 2021 , 38, 391-396	4.3	22
168	Monitoring athletes' hydration status and sleep patterns during Ramadan observance: methodological and practical considerations. <i>Biological Rhythm Research</i> , 2018 , 49, 337-365	0.8	21
167	Effects of home confinement on mental health and lifestyle behaviours during the COVID-19 outbreak: Insight from the ECLB-COVID19 multi countries survey		21
166	Relationship of body mass status with running and jumping performances in young basketball players. <i>Muscles, Ligaments and Tendons Journal</i> , 2015 , 5, 187-94	1.9	20
165	Observing Ramadan and sleep-wake patterns in athletes: a systematic review, meta-analysis and meta-regression. <i>British Journal of Sports Medicine</i> , 2020 , 54, 674-680	10.3	20
164	Effect of Time-of-Day on Muscle Fatigue: A Review. <i>Journal of Novel Physiotherapies</i> , 2013 , 03,	0.5	19
163	Relationship between biomarkers of muscle damage and redox status in response to a weightlifting training session: effect of time-of-day. <i>Acta Physiologica Hungarica</i> , 2016 , 103, 243-261		18
162	Effects of COVID-19 home confinement on physical activity and eating behaviour Preliminary results of the ECLB-COVID19 international online-survey		18
161	Does Ramadan fasting affect the diurnal variations in metabolic responses and total antioxidant capacity during exercise in young soccer players?. <i>Sport Sciences for Health</i> , 2014 , 10, 97-104	1.3	17
160	Effects of caffeine ingestion on the diurnal variation of cognitive and repeated high-intensity performances. <i>Pharmacology Biochemistry and Behavior</i> , 2019 , 177, 69-74	3.9	17
159	Effects of Polyphenol-Rich Interventions on Cognition and Brain Health in Healthy Young and Middle-Aged Adults: Systematic Review and Meta-Analysis. <i>Journal of Clinical Medicine</i> , 2020 , 9,	5.1	16
158	Acute and delayed responses of steroidal hormones, blood lactate and biomarkers of muscle damage after a resistance training session: time-of-day effects. <i>Journal of Sports Medicine and Physical Fitness</i> , 2018 , 58, 980-989	1.4	16

157	Eight weeks of dynamic stretching during warm-ups improves jump power but not repeated or single sprint performance. <i>European Journal of Sport Science</i> , 2014 , 14, 19-27	3.9	16
156	Acute Effects of an "Energy Drink" on Short-Term Maximal Performance, Reaction Times, Psychological and Physiological Parameters: Insights from a Randomized Double-Blind, Placebo-Controlled, Counterbalanced Crossover Trial. <i>Nutrients</i> , 2019 , 11,	6.7	15
155	The Effect of (Poly)phenol-Rich Interventions on Cognitive Functions and Neuroprotective Measures in Healthy Aging Adults: A Systematic Review and Meta-Analysis. <i>Journal of Clinical Medicine</i> , 2020 , 9,	5.1	15
154	A 90 min Daytime Nap Opportunity Is Better Than 40 min for Cognitive and Physical Performance. <i>International Journal of Environmental Research and Public Health</i> , 2020 , 17,	4.6	15
153	Effects of Ramadan fasting on male judokas' performances in specific and non-specific judo tasks. <i>Biological Rhythm Research</i> , 2013 , 44, 645-654	0.8	15
152	Relationship between motor and cognitive learning abilities among primary school-aged childrenPeer review under responsibility of Alexandria University Faculty of Medicine.View all notesAvailable online 11 January 2017View all notes. <i>Alexandria Journal of Medicine</i> , 2017 , 53, 325-331	0.7	14
151	The effect of juice supplementation on oxidative stress, cardiovascular parameters, and biochemical markers following yo-yo Intermittent recovery test. <i>Food Science and Nutrition</i> , 2018 , 6, 259-268	3.2	14
150	Effects of three types of chronobiotics on anaerobic performances and their diurnal variations. <i>Biological Rhythm Research</i> , 2013 , 44, 245-254	0.8	14
149	Relationship of body mass status with running and jumping performances in young basketball players. <i>Muscles, Ligaments and Tendons Journal</i> , 2019 , 05, 187	1.9	14
148	Training During the COVID-19 Lockdown: Knowledge, Beliefs, and Practices of 12,526 Athletes from 142 Countries and Six Continents. <i>Sports Medicine</i> , 2021 , 1	10.6	14
147	Maximal power training induced different improvement in throwing velocity and muscle strength according to playing positions in elite male handball players. <i>Biology of Sport</i> , 2016 , 33, 393-398	4.3	14
146	Sleep Patterns, Alertness, Dietary Intake, Muscle Soreness, Fatigue, and Mental Stress Recorded before, during and after Ramadan Observance. <i>Sports</i> , 2019 , 7,	3	13
145	The Role of Environmental Conditions on Marathon Running Performance in Men Competing in Boston Marathon from 1897 to 2018. <i>International Journal of Environmental Research and Public Health</i> , 2019 , 16,	4.6	13
144	Relation entre musique et performance sportive : vers une perspective complexe et dynamique. <i>Science and Sports</i> , 2015 , 30, 119-125	0.8	13
143	The effects of game types on intensity of small-sided games among pre-adolescent youth football players. <i>Biology of Sport</i> , 2017 , 34, 157-162	4.3	13
142	The effect of the time-of-day of training during Ramadan on soccer players' chronotype and mood states. <i>Sport Sciences for Health</i> , 2014 , 10, 143-147	1.3	13
141	Reducing resistance training volume during Ramadan improves muscle strength and power in football players. <i>International Journal of Sports Medicine</i> , 2014 , 35, 432-7	3.6	13
140	Listening to neutral or self-selected motivational music during warm-up to improve short-term maximal performance in soccer players: Effect of time of day. <i>Physiology and Behavior</i> , 2019 , 204, 168-173	3.5	13

139	Diurnal variations on cognitive performances in handball goalkeepers. <i>Biological Rhythm Research</i> , 2014 , 45, 93-101	0.8	12
138	Short versus long small-sided game training during Ramadan in soccer players. <i>Physical Therapy in Sport</i> , 2017 , 24, 20-25	3	12
137	Variations diurnes des performances en natation : effet de la température de l'eau. <i>Science and Sports</i> , 2012 , 27, 101-106	0.8	12
136	Biochemical responses to level-1 yo-yo intermittent recovery test in young tunisian football players. <i>Asian Journal of Sports Medicine</i> , 2013 , 4, 23-8	1.4	12
135	Social participation and life satisfaction of peoples during the COVID-19 home confinement: the ECLB-COVID19 multicenter study		12
134	COVID-19 Lockdowns: A Worldwide Survey of Circadian Rhythms and Sleep Quality in 3911 Athletes from 49 Countries, with Data-Driven Recommendations. <i>Sports Medicine</i> , 2021 , 1	10.6	12
133	Short-term maximal performance, alertness, dietary intake, sleep pattern and mood states of physically active young men before, during and after Ramadan observance. <i>PLoS ONE</i> , 2019 , 14, e0217851	3.7	11
132	Time-of-day effects on postural control and attentional capacities in children. <i>Physiology and Behavior</i> , 2015 , 142, 146-51	3.5	11
131	The effect of time of day on hormonal responses to resistance exercise. <i>Biological Rhythm Research</i> , 2014 , 45, 247-256	0.8	11
130	Effects of Aerobic-, Anaerobic- and Combined-Based Exercises on Plasma Oxidative Stress Biomarkers in Healthy Untrained Young Adults. <i>International Journal of Environmental Research and Public Health</i> , 2020 , 17,	4.6	11
129	Possible gastrointestinal disorders for athletes during Ramadan: an overview. <i>Biological Rhythm Research</i> , 2018 , 49, 51-60	0.8	10
128	Evolution of Dietary Intake Between Before, During and After Ramadan Observance in Tunisian Physically Active Men: A Systematic Review. <i>International Journal of Sport Studies for Health</i> , 2018 , 1,	1	10
127	The effect of time of day and chronotype on the relationships between mood state and performance in a Wingate test. <i>Chronobiology International</i> , 2020 , 37, 1599-1610	3.6	10
126	Effects of Ramadan fasting on body composition in athletes: a systematic review. <i>Tunisie Medicale</i> , 2019 , 97, 1087-1094	2.1	10
125	Post-resistance training detraining: time-of-day effects on training and testing outcomes. <i>Biological Rhythm Research</i> , 2015 , 46, 897-907	0.8	9
124	Caffeine ingestion does not affect afternoon muscle power and fatigue during the Wingate test in elite judo players. <i>Biological Rhythm Research</i> , 2015 , 46, 291-298	0.8	9
123	Free throw shot in basketball: kinematic analysis of scored and missed shots during the learning process. <i>Sport Sciences for Health</i> , 2016 , 12, 27-33	1.3	9
122	The effect of time-of-day of training during Ramadan on physiological parameters in highly trained endurance athletes. <i>Biological Rhythm Research</i> , 2017 , 48, 541-555	0.8	8

121	Effect of music on short-term maximal performance: sprinters vs. long distance runners. <i>Sport Sciences for Health</i> , 2017 , 13, 213-216	1.3	8
120	Effects of time-of-day on oxidative stress, cardiovascular parameters, biochemical markers, and hormonal response following level-1 Yo-Yo intermittent recovery test. <i>Physiology International</i> , 2017 , 104, 77-90	1.5	8
119	Physical and Physiological Responses during the Stop-Ball Rule During Small-Sided Games in Soccer Players. <i>Sports</i> , 2019 , 7,	3	8
118	Does Ramadan fasting affect acylated ghrelin and growth hormone concentrations during short-term maximal exercise in the afternoon?. <i>Biological Rhythm Research</i> , 2015 , 46, 691-701	0.8	8
117	Morning caffeine ingestion increases cognitive function and short-term maximal performance in footballer players after partial sleep deprivation. <i>Biological Rhythm Research</i> , 2015 , 46, 617-629	0.8	8
116	Diurnal variation in long- and short-duration exercise performance and mood states in boys. <i>Sport Sciences for Health</i> , 2014 , 10, 183-187	1.3	8
115	Effects of Ramadan intermittent fasting on postural control in judo athletes. <i>Biological Rhythm Research</i> , 2013 , 44, 237-244	0.8	8
114	Effect of a Six-Week Preparation Period on Acute Physiological Responses to a Simulated Combat in Young National-Level Taekwondo Athletes. <i>Journal of Human Kinetics</i> , 2015 , 47, 115-25	2.6	8
113	Effect of time-of-day and racial variation on short-term maximal performance. <i>Biological Rhythm Research</i> , 2013 , 44, 787-796	0.8	8
112	Nap Opportunity As a Strategy to Improve Short-Term Repetitive Maximal Performance During the 5-m Shuttle Run Test: A Brief Review. <i>International Journal of Sport Studies for Health</i> , 2019 , 2,	1	8
111	Rapid weight loss in the context of Ramadan observance: recommendations for judokas. <i>Biology of Sport</i> , 2016 , 33, 407-413	4.3	8
110	Repeated Sprint Training vs. Repeated High-Intensity Technique Training in Adolescent Taekwondo Athletes-A Randomized Controlled Trial. <i>International Journal of Environmental Research and Public Health</i> , 2020 , 17,	4.6	7
109	Convergent and construct validity and test-retest reliability of the Caen Chronotype Questionnaire in six languages. <i>Chronobiology International</i> , 2018 , 35, 1294-1304	3.6	7
108	Effect of nocturnal melatonin ingestion on short-term anaerobic performance in soccer players. <i>Biological Rhythm Research</i> , 2014 , 45, 885-893	0.8	7
107	Effect of active warm-up duration on morning short-term maximal performance during Ramadan. <i>Libyan Journal of Medicine</i> , 2015 , 10, 26229	1.4	7
106	Listening to Music during Warming-Up Counteracts the Negative Effects of Ramadan Observance on Short-Term Maximal Performance. <i>PLoS ONE</i> , 2015 , 10, e0136400	3.7	7
105	Emotional consequences of COVID-19 home confinement: The ECLB-COVID19 multicenter study		7
104	A Thirty-Five-Minute Nap Improves Performance and Attention in the 5-m Shuttle Run Test during and Outside Ramadan Observance. <i>Sports</i> , 2020 , 8,	3	7

103	Psychosocial Effects and Use of Communication Technologies during Home Confinement in the First Wave of the COVID-19 Pandemic in Italy and The Netherlands. <i>International Journal of Environmental Research and Public Health</i> , 2021 , 18,	4.6	7
102	Morning melatonin ingestion and diurnal variation of short-term maximal performances in soccer players. <i>Acta Physiologica Hungarica</i> , 2016 , 103, 94-104		7
101	Which Presentation Speed Is Better for Learning Basketball Tactical Actions Through Video Modeling Examples? The Influence of Content Complexity. <i>Frontiers in Psychology</i> , 2019 , 10, 2356	3.4	7
100	The relationship of breakfast and snack foods with cognitive and academic performance and physical activity levels of adolescent students. <i>Biological Rhythm Research</i> , 2020 , 51, 481-488	0.8	7
99	Effects of Ramadan fasting on physical performances in soccer players: a systematic review. <i>Tunisie Medicale</i> , 2019 , 97, 1114-1131	2.1	7
98	The Relationship of Age and BMI with Physical Fitness in Futsal Players. <i>Sports</i> , 2019 , 7,	3	6
97	Effects of 25-Min Nap Opportunity during Ramadan Observance on the 5-m Shuttle Run Performance and the Perception of Fatigue in Physically Active Men. <i>International Journal of Environmental Research and Public Health</i> , 2020 , 17,	4.6	6
96	Electrostimulation Training Effects on diurnal Fluctuations of Neuromuscular Performance. <i>International Journal of Sports Medicine</i> , 2017 , 38, 41-47	3.6	6
95	Does increasing active warm-up duration affect afternoon short-term maximal performance during Ramadan?. <i>PLoS ONE</i> , 2015 , 10, e0116809	3.7	6
94	Effect of a moderate-intensity aerobic exercise on estimates of egocentric distance. <i>Perceptual and Motor Skills</i> , 2013 , 116, 658-70	2.2	6
93	Prevalence of Underweight and Overweight and Its Association with Physical Fitness in Egyptian Schoolchildren. <i>International Journal of Environmental Research and Public Health</i> , 2019 , 17,	4.6	6
92	Moderators of the Impact of (Poly)Phenols Interventions on Psychomotor Functions and BDNF: Insights from Subgroup Analysis and Meta-Regression. <i>Nutrients</i> , 2020 , 12,	6.7	6
91	Effects of a 30 min nap opportunity on cognitive and short-duration high-intensity performances and mood states after a partial sleep deprivation night. <i>Journal of Sports Sciences</i> , 2020 , 38, 2553-2561	3.6	6
90	Changes in Perceived Exertion, Well-Being, and Recovery During Specific Judo Training: Impact of Training Period and Exercise Modality. <i>Frontiers in Physiology</i> , 2020 , 11, 931	4.6	6
89	Distance Motor Learning during the COVID-19 Induced Confinement: Video Feedback with a Pedagogical Activity Improves the Snatch Technique in Young Athletes. <i>International Journal of Environmental Research and Public Health</i> , 2021 , 18,	4.6	6
88	Comparison between jumping vs. cycling tests of short-term power in elite male handball players: the effect of age. <i>Movement and Sports Sciences - Science Et Motricite</i> , 2016 , 93-101	0.5	6
87	The Effect of Aquatic Exercise on Postural Mobility of Healthy Older Adults with Endomorphic Somatotype. <i>International Journal of Environmental Research and Public Health</i> , 2019 , 16,	4.6	6
86	Faster physical performance recovery with cold water immersion is not related to lower muscle damage level in professional soccer players. <i>Journal of Thermal Biology</i> , 2018 , 78, 184-191	2.9	6

85	Effect of time of day on soccer specific skills in children: psychological and physiological responses. <i>Biological Rhythm Research</i> , 2016 , 47, 59-68	0.8	5
84	Psychophysiological indicators of fatigue in soccer players: A systematic review. <i>Science and Sports</i> , 2017 , 32, 1-13	0.8	5
83	Effect of nocturnal melatonin intake on cellular damage and recovery from repeated sprint performance during an intensive training schedule. <i>Chronobiology International</i> , 2020 , 37, 686-698	3.6	5
82	Time-of-day effect on dart-throwing performance and the perception of the difficulty of the task in 900 year-old boys. <i>Biological Rhythm Research</i> , 2014 , 45, 523-532	0.8	5
81	The Impact of Partial Sleep Deprivation on the Diurnal Variations of Cognitive Performance in Trained Subjects. <i>Procedia, Social and Behavioral Sciences</i> , 2013 , 82, 392-396		5
80	Prevalence of overweight and obesity and possible effect of intervention program: Tunisian children as model. <i>Sport Sciences for Health</i> , 2015 , 11, 129-136	1.3	5
79	COVID-19 Vaccination, Herd Immunity and The Transition Toward Normalcy: Challenges with The Upcoming Sports Events. <i>Annals of Applied Sport Science</i> , 2021 , 9, 0-0	0.4	5
78	Effects of Practicing Physical Activity During Ramadan Fasting on Health-Related Indices: An Updated Brief Review. <i>International Journal of Sport Studies for Health</i> , 2018 , In Press,	1	5
77	Teaching Physical Education During Ramadan Observance: Practical Recommendations. <i>International Journal of Sport Studies for Health</i> , 2019 , In Press,	1	5
76	Relationship between Perceived Training Load, Well-Being Indices, Recovery State and Physical Enjoyment during Judo-Specific Training. <i>International Journal of Environmental Research and Public Health</i> , 2020 , 17,	4.6	5
75	Opuntia ficus-indica juice supplementation: what role it plays on diurnal variation of short-term maximal exercise?. <i>Biological Rhythm Research</i> , 2017 , 48, 315-330	0.8	4
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