

Andrew J Mckune

List of Publications by Citations

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The third column is the impact factor (IF) of the journal, and the fourth column is the number of citations of the article.

126 papers	1,521 citations	23 h-index	32 g-index
144 ext. papers	2,037 ext. citations	3 avg, IF	5.21 L-index

#	Paper	IF	Citations
126	TEN-WEEK ADHERENCE TO A COMMERCIAL SMARTPHONE APPLICATION INTERVENTION IN A CLINICAL SAMPLE OF OLDER ADULTS. <i>Innovation in Aging</i> , 2018 , 2, 462-462	0.1	78
125	The effects of grape and red wine polyphenols on gut microbiota - A systematic review. <i>Food Research International</i> , 2018 , 113, 277-287	7	74
124	Systemic low-grade inflammation in post-traumatic stress disorder: a systematic review. <i>Journal of Inflammation Research</i> , 2018 , 11, 111-121	4.8	69
123	A Mini-Review of Virtual Reality-Based Interventions to Promote Well-Being for People Living with Dementia and Mild Cognitive Impairment. <i>Gerontology</i> , 2019 , 65, 430-440	5.5	65
122	HPA axis function and diurnal cortisol in post-traumatic stress disorder: A systematic review. <i>Neurobiology of Stress</i> , 2019 , 11, 100180	7.6	42
121	Anthocyanins and Human Health-A Focus on Oxidative Stress, Inflammation and Disease. <i>Antioxidants</i> , 2020 , 9,	7.1	37
120	Effect of long-term nutraceutical and dietary supplement use on cognition in the elderly: a 10-year systematic review of randomised controlled trials. <i>British Journal of Nutrition</i> , 2018 , 119, 280-298	3.6	37
119	Elevated salivary C-reactive protein predicted by low cardio-respiratory fitness and being overweight in African children. <i>Cardiovascular Journal of Africa</i> , 2012 , 23, 501-6	0.7	35
118	The effects of intensified training on resting metabolic rate (RMR), body composition and performance in trained cyclists. <i>PLoS ONE</i> , 2018 , 13, e0191644	3.7	33
117	High-intensity exercise interventions in cancer survivors: a systematic review exploring the impact on health outcomes. <i>Journal of Cancer Research and Clinical Oncology</i> , 2018 , 144, 1-12	4.9	33
116	Changes in serum cytokines after repeated bouts of downhill running. <i>Applied Physiology, Nutrition and Metabolism</i> , 2007 , 32, 233-40	3	32
115	The Effects of Resveratrol Supplementation in Overweight and Obese Humans: A Systematic Review of Randomized Trials. <i>Metabolic Syndrome and Related Disorders</i> , 2016 , 14, 323-33	2.6	32
114	Heart rate variability in physically active individuals: reliability and gender characteristics. <i>Cardiovascular Journal of Africa</i> , 2012 , 23, 67-72	0.7	29
113	Change in performance in response to training load adjustment based on autonomic activity. <i>International Journal of Sports Medicine</i> , 2014 , 35, 482-8	3.6	28
112	Influence of ultra-endurance exercise on immunoglobulin isotypes and subclasses. <i>British Journal of Sports Medicine</i> , 2005 , 39, 665-70	10.3	27
111	The beneficial health effects of green tea amino acid l-theanine in animal models: Promises and prospects for human trials. <i>Phytotherapy Research</i> , 2019 , 33, 571-583	6.7	27
110	Consensus on a video analysis framework of descriptors and definitions by the Rugby Union Video Analysis Consensus group. <i>British Journal of Sports Medicine</i> , 2020 , 54, 566-572	10.3	26

109	Chronic occupational exposures can influence the rate of PTSD and depressive disorders in first responders and military personnel. <i>Extreme Physiology and Medicine</i> , 2016 , 5, 8		26
108	One night of partial sleep deprivation impairs recovery from a single exercise training session. <i>European Journal of Applied Physiology</i> , 2017 , 117, 699-712	3.4	25
107	L-Theanine as a Functional Food Additive: Its Role in Disease Prevention and Health Promotion. <i>Beverages</i> , 2016 , 2, 13	3.4	25
106	Heart rate variability and arterial oxygen saturation response during extreme normobaric hypoxia. <i>Autonomic Neuroscience: Basic and Clinical</i> , 2015 , 190, 40-5	2.4	24
105	The Effects of Dietary Polyphenols on Circulating Cardiovascular Disease Biomarkers and Iron Status: A Systematic Review. <i>Nutrition and Metabolic Insights</i> , 2019 , 12, 1178638819882739	1.9	23
104	The Effects of Green Tea Amino Acid L-Theanine Consumption on the Ability to Manage Stress and Anxiety Levels: a Systematic Review. <i>Plant Foods for Human Nutrition</i> , 2020 , 75, 12-23	3.9	23
103	Dietary fat, fibre, satiation, and satiety-a systematic review of acute studies. <i>European Journal of Clinical Nutrition</i> , 2019 , 73, 333-344	5.2	23
102	Effects of the Consumption of Prickly Pear Cacti () and its Products on Blood Glucose Levels and Insulin: A Systematic Review. <i>Medicina (Lithuania)</i> , 2019 , 55,	3.1	22
101	Serum concentrations of C reactive protein, alpha1 antitrypsin, and complement (C3, C4, C1 esterase inhibitor) before and during the Vuelta a España. <i>British Journal of Sports Medicine</i> , 2006 , 40, 124-7	10.3	20
100	Measuring Heart Rate Variability Using Commercially Available Devices in Healthy Children: A Validity and Reliability Study. <i>European Journal of Investigation in Health, Psychology and Education</i> , 2020 , 10, 390-404	1.9	20
99	Evaluation of dietary and lifestyle changes as modifiers of S100β levels in Alzheimer's disease. <i>Nutritional Neuroscience</i> , 2019 , 22, 1-18	3.6	20
98	Behavioural response to exercise in children with attention-deficit/hyperactivity disorder. <i>SA Sports Medicine</i> , 2003 , 15, 17	2.9	19
97	Somatic, Endurance Performance and Heart Rate Variability Profiles of Professional Soccer Players Grouped According to Age. <i>Journal of Human Kinetics</i> , 2016 , 54, 65-74	2.6	19
96	ACUTE EXERCISE-INDUCED MUSCLE INJURY. <i>Biology of Sport</i> , 2012 , 29, 3-10	4.3	18
95	Dynamics of the heart rate variability and oxygen saturation response to acute normobaric hypoxia within the first 10 min of exposure. <i>Clinical Physiology and Functional Imaging</i> , 2018 , 38, 56-62	2.4	16
94	The flaws of laser Doppler in negative-pressure wound therapy research. <i>Wound Repair and Regeneration</i> , 2014 , 22, 424-9	3.6	16
93	A novel role of probiotics in improving host defence of elite rugby union athlete: A double blind randomised controlled trial. <i>Journal of Science and Medicine in Sport</i> , 2019 , 22, 876-881	4.4	15
92	Do Short-Term Exercise Interventions Improve Cardiometabolic Risk Factors in Children?. <i>Journal of Pediatrics</i> , 2018 , 203, 325-329	3.6	15

91	The effect of group exercise frequency on health related quality of life in institutionalized elderly. <i>Pan African Medical Journal</i> , 2017 , 26, 35	1.2	14
90	Hydrogen Rich Water Improved Ventilatory, Perceptual and Lactate Responses to Exercise. <i>International Journal of Sports Medicine</i> , 2019 , 40, 879-885	3.6	13
89	Psychophysiological Responses in People Living with Dementia after an Art Gallery Intervention: An Exploratory Study. <i>Journal of Alzheimeris Disease</i> , 2019 , 72, 549-562	4.3	13
88	Salivary cortisol and α-amylase responses to repeated bouts of downhill running. <i>American Journal of Human Biology</i> , 2014 , 26, 850-5	2.7	13
87	Immunoglobulin responses to a repeated bout of downhill running. <i>British Journal of Sports Medicine</i> , 2006 , 40, 844-9	10.3	13
86	The effects of Prickly Pear fruit and cladode (<i>Opuntia</i> spp.) consumption on blood lipids: A systematic review. <i>Complementary Therapies in Medicine</i> , 2020 , 50, 102384	3.5	12
85	Performance Analysis in Rugby Union: a Critical Systematic Review. <i>Sports Medicine - Open</i> , 2020 , 6, 4	6.1	11
84	Effect of Physical and Psychosocial Interventions on Hormone and Performance Outcomes in Professional Rugby Union Players: A Systematic Review. <i>Journal of Strength and Conditioning Research</i> , 2017 , 31, 3158-3169	3.2	11
83	Intestinal temperature, heart rate, and hydration status in multiday trail runners. <i>Clinical Journal of Sport Medicine</i> , 2012 , 22, 311-8	3.2	11
82	A comparison of laser Doppler fluxmetry and transcutaneous oxygen pressure measurement in the dysvascular patient requiring amputation. <i>European Journal of Vascular and Endovascular Surgery</i> , 1998 , 16, 53-8	2.3	11
81	Behavioural response to exercise in children with attention-deficit/hyperactivity disorder. <i>SA Sports Medicine</i> , 2004 , 15, 17	2.9	11
80	Stabilization period before capturing an ultra-short vagal index can be shortened to 60 s in endurance athletes and to 90 s in university students. <i>PLoS ONE</i> , 2018 , 13, e0205115	3.7	11
79	Differences in Physiological Responses During Rowing and Cycle Ergometry in Elite Male Rowers. <i>Frontiers in Physiology</i> , 2018 , 9, 1010	4.6	10
78	Effects of music tempo on performance, psychological, and physiological variables during 20 km cycling in well-trained cyclists. <i>Perceptual and Motor Skills</i> , 2013 , 117, 484-97	2.2	10
77	Autonomic cardiac regulation, blood pressure and cardiorespiratory fitness responses to different training doses over a 12 week group program in the elderly. <i>Archives of Gerontology and Geriatrics</i> , 2017 , 70, 130-135	4	9
76	The relationship between objectively measured physical activity, salivary cortisol, and the metabolic syndrome score in girls. <i>Pediatric Exercise Science</i> , 2014 , 26, 221-30	2	9
75	The Effect of Dietary Supplementation of Green Tea Catechins on Cardiovascular Disease Risk Markers in Humans: A Systematic Review of Clinical Trials. <i>Beverages</i> , 2016 , 2, 16	3.4	9
74	The effects of a multi-ingredient supplement on markers of muscle damage and inflammation following downhill running in females. <i>Journal of the International Society of Sports Nutrition</i> , 2016 , 13, 44	4.5	9

73	Physical activity levels in urban-based South African learners: A cross-sectional study of 7 348 participants. <i>South African Medical Journal</i> , 2018 , 108, 126	1.5	9
72	Relationship Between B-Vitamin Biomarkers and Dietary Intake with Apolipoprotein E ϵ 4 in Alzheimer's Disease. <i>Journal of Nutrition in Gerontology and Geriatrics</i> , 2019 , 38, 173-195	2.1	8
71	Whole-Body Cryotherapy: Potential to Enhance Athlete Preparation for Competition?. <i>Frontiers in Physiology</i> , 2019 , 10, 1007	4.6	8
70	Octreotide lowers gastric mucosal blood flow in normal and portal hypertensive stomachs. <i>Surgical Endoscopy and Other Interventional Techniques</i> , 2003 , 17, 1570-2	5.2	8
69	Does low volume high-intensity interval training elicit superior benefits to continuous low to moderate-intensity training in cancer survivors?. <i>World Journal of Clinical Oncology</i> , 2018 , 9, 1-12	2.5	8
68	The impact of high-intensity interval training exercise on breast cancer survivors: a pilot study to explore fitness, cardiac regulation and biomarkers of the stress systems. <i>BMC Cancer</i> , 2020 , 20, 787	4.8	8
67	Probiotic supplementation elicits favourable changes in muscle soreness and sleep quality in rugby players. <i>Journal of Science and Medicine in Sport</i> , 2021 , 24, 195-199	4.4	8
66	The impact of a pre-loaded multi-ingredient performance supplement on muscle soreness and performance following downhill running. <i>Journal of the International Society of Sports Nutrition</i> , 2015 , 12, 2	4.5	7
65	The Effect of Speed, Power and Strength Training, and a Group Motivational Presentation on Physiological Markers of Athlete Readiness: A Case Study in Professional Rugby. <i>International Journal of Sports Physiology and Performance</i> , 2018 , 1-15	3.5	7
64	Changes in mucosal and humoral atopic-related markers and immunoglobulins in elite cyclists participating in the Vuelta a España. <i>International Journal of Sports Medicine</i> , 2006 , 27, 560-6	3.6	7
63	Effects of Curcumin on Cognitive Function: A Systematic Review of Randomized Controlled Trials. <i>Exploratory Research and Hypothesis in Medicine</i> , 2019 , 4, 1-11	1	7
62	Effects of a virtual group cycling experience on people living with dementia: A mixed method pilot study. <i>Dementia</i> , 2021 , 20, 1518-1535	3	7
61	The Physiological Effects of Amino Acids Arginine and Citrulline: Is There a Basis for Development of a Beverage to Promote Endurance Performance? A Narrative Review of Orally Administered Supplements. <i>Beverages</i> , 2020 , 6, 11	3.4	6
60	The Relationship Between Physical Activity and the Metabolic Syndrome Score in Children. <i>Pediatric Exercise Science</i> , 2015 , 27, 364-71	2	6
59	Positional differences in the cardiorespiratory, autonomic, and somatic profiles of professional soccer players. <i>Acta Gymnica</i> , 2016 , 46, 90-96	0.6	6
58	Effects of Cardiorespiratory Fitness and Obesity on Salivary Secretory IgA and Alpha-Amylase in South African Children. <i>Children</i> , 2016 , 3,	2.8	6
57	Short-Term High-Intensity Interval Training Is Superior to Moderate-Intensity Continuous Training in Improving Cardiac Autonomic Function in Children. <i>Cardiology</i> , 2018 , 141, 1-8	1.6	6
56	The Effect of L-Theanine Incorporated in a Functional Food Product (Mango Sorbet) on Physiological Responses in Healthy Males: A Pilot Randomised Controlled Trial. <i>Foods</i> , 2020 , 9,	4.9	5

55	Effect of short-term isometric handgrip training on blood pressure in middle-aged females. <i>Cardiovascular Journal of Africa</i> , 2011 , 22, 257-60	0.7	5
54	Hydrogen-Rich Water Supplementation and Up-Hill Running Performance: Effect of Athlete Performance Level. <i>International Journal of Sports Physiology and Performance</i> , 2020 , 1-4	3.5	5
53	Supplementation Strategies to Reduce Muscle Damage and Improve Recovery Following Exercise in Females: A Systematic Review. <i>Sports</i> , 2016 , 4,	3	5
52	Curcumin for Cognition: Is It Just Hype, Based on Current Data?. <i>Advances in Nutrition</i> , 2019 , 10, 179-181	1.0	5
51	Relationship between salivary androstenedione levels, body composition and physical activity levels in young girls. <i>Journal of Endocrinology Metabolism and Diabetes of South Africa</i> , 2012 , 17, 44-50	0.5	4
50	Sport stacking in auditory and visual attention of grade 3 learners. <i>Perceptual and Motor Skills</i> , 2011 , 113, 98-112	2.2	4
49	Alterations in acute-phase reactants (CRP, rheumatoid factor, complement, Factor B, and immune complexes) following an ultramarathon. <i>SA Sports Medicine</i> , 2004 , 16, 17	2.9	4
48	Vagal activity and oxygen saturation response to hypoxia: Effects of aerobic fitness and rating of hypoxia tolerance. <i>Acta Gymnica</i> , 2017 , 47, 112-121	0.6	4
47	Repeated bouts of eccentrically biased endurance exercise stimulate salivary IgA secretion rate. <i>Biology of Sport</i> , 2015 , 32, 21-5	4.3	4
46	Improvement in Muscular Strength in HIV-Infected Individuals Receiving Antiretroviral Therapy. <i>Journal of Functional Morphology and Kinesiology</i> , 2019 , 4,	2.4	4
45	The effects of a structured group exercise programme on functional fitness of older persons living in old-age homes. <i>Ageing and Society</i> , 2019 , 39, 1857-1872	1.7	4
44	Sex Differences in Autonomic Cardiac Control and Oxygen Saturation Response to Short-Term Normobaric Hypoxia and Following Recovery: Effect of Aerobic Fitness. <i>Frontiers in Endocrinology</i> , 2018 , 9, 697	5.7	4
43	Lifestyle modification in the management of insulin resistance states in overweight/obesity: the role of exercise training. <i>Journal of Endocrinology Metabolism and Diabetes of South Africa</i> , 2019 , 24, 65-69	0.5	3
42	The Effect of Exercise on Body Composition and Physical Performance in Prostate Cancer Patients Undergoing Androgen Deprivation Therapy (ADT): A Narrative Synthesis. <i>Seminars in Oncology Nursing</i> , 2020 , 36, 151067	3.7	3
41	Twelve weeks of soccer-specific training: effects on mucosal immunity, salivary alpha-amylase and body composition in male African youths. <i>Sport Sciences for Health</i> , 2016 , 12, 269-276	1.3	3
40	Molecular Hydrogen Positively Affects Physical and Respiratory Function in Acute Post-COVID-19 Patients: A New Perspective in Rehabilitation.. <i>International Journal of Environmental Research and Public Health</i> , 2022 , 19,	4.6	3
39	Effect of Folate Supplementation on Inflammatory Markers in Individuals Susceptible to Depression: A Systematic Review. <i>Exploratory Research and Hypothesis in Medicine</i> , 2017 , 2, 1-15	1	3
38	Heart rate variability recovery after a skyrunning marathon and correlates of performance. <i>Acta Gymnica</i> , 2017 , 47, 161-170	0.6	3

37	Physical activity levels in urban-based South African learners: A cross-sectional study of 7 348 participants. <i>South African Medical Journal</i> , 2018 , 108, 126-131	1.5	3
36	Activities outside of the care setting for people with dementia: a systematic review. <i>BMJ Open</i> , 2020 , 10, e040753	3	3
35	The Use of Acute Exercise Interventions as Game Day Priming Strategies to Improve Physical Performance and Athlete Readiness in Team-Sport Athletes: A Systematic Review. <i>Sports Medicine</i> , 2020 , 50, 1943-1962	10.6	3
34	Effects of Short-Term Exercise in Overweight/Obese Adults with Insulin Resistance or Type 2 Diabetes: A Systematic Review of Randomized Controlled Trials. <i>Journal of Diabetes & Metabolism</i> , 2018 , 9,	0	3
33	Differing cytokine responses by ethnic groups to a bout of exercise-induced muscle damage: a preliminary report. <i>Journal of Sports Medicine and Physical Fitness</i> , 2016 , 56, 665-77	1.4	3
32	Reliability of methods to measure energy expenditure during and after resistance exercise. <i>Applied Physiology, Nutrition and Metabolism</i> , 2019 , 44, 1276-1282	3	2
31	Heart rate variability for determining autonomic nervous system effects of lifestyle behaviors in early life: A systematic review. <i>Physiology and Behavior</i> , 2020 , 217, 112806	3.5	2
30	The relation between salivary cortisol and the metabolic syndrome score in girls. <i>Journal of Pediatric Endocrinology and Metabolism</i> , 2013 , 26, 841-7	1.6	2
29	Non-allergic activation of eosinophils after strenuous endurance exercise. <i>SA Sports Medicine</i> , 2004 , 16, 12	2.9	2
28	Alterations in acute-phase reactants (CRP, rheumatoid factor, complement, Factor B, and immune complexes) following an ultramarathon. <i>SA Sports Medicine</i> , 2004 , 16, 17	2.9	2
27	Prickly pear juice consumption after fat intake affects postprandial heart rate variability but not traditional risk factors of cardiovascular disease in healthy men.. <i>Nutrition</i> , 2021 , 96, 111555	4.8	2
26	Sex, Age, BMI, and C-Reactive Protein Impact the Odds of Developing Hypertension-Findings Based on Data From the Health and Retirement Study (HRS). <i>American Journal of Hypertension</i> , 2021 , 34, 1057-1063	2.3	2
25	Lifestyle Modification for Enhancing Autonomic Cardiac Regulation in Children: The Role of Exercise. <i>Children</i> , 2019 , 6,	2.8	2
24	Hydrogen Rich Water Consumption Positively Affects Muscle Performance, Lactate Response, and Alleviates Delayed Onset of Muscle Soreness After Resistance Training. <i>Journal of Strength and Conditioning Research</i> , 2021 ,	3.2	2
23	Performance-associated parameters of players from the deaf Czech Republic national soccer team: a comparison with hearing first league players. <i>Sport Sciences for Health</i> , 2019 , 15, 527-533	1.3	1
22	Cardiac autonomic function and its association with cardiometabolic disease risk factors in Black South African children. <i>Autonomic Neuroscience: Basic and Clinical</i> , 2019 , 219, 1-4	2.4	1
21	Assessing the diet quality of individuals with rheumatic conditions: a cross-sectional study. <i>Rheumatology International</i> , 2020 , 40, 1439-1448	3.6	1
20	Acute Physiological Responses Following a Bout of Vigorous Exercise in Military Soldiers and First Responders with PTSD: An Exploratory Pilot Study. <i>Behavioral Sciences (Basel, Switzerland)</i> , 2020 , 10,	2.3	1

19	Molecular Hydrogen Mitigates Performance Decrement during Repeated Sprints in Professional Soccer Players.. <i>Nutrients</i> , 2022 , 14,	6.7	1
18	Variabilita srdeční frekvence v tréninkovém procesu: historie, současnost a perspektiva 2017 ,		1
17	Improving Physical and Mental Health in Patients with Prostate Cancer Undergoing Androgen Deprivation Therapy: Strategies to Promote and Improve Physical Activity Quality and Quantity. <i>Seminars in Oncology Nursing</i> , 2020 , 36, 151051	3.7	1
16	Nutraceuticals as Potential Targets for the Development of a Functional Beverage for Improving Sleep Quality. <i>Beverages</i> , 2021 , 7, 33	3.4	1
15	Anti-Doping Knowledge and Opinions of South African Pharmacists and General Practitioners 2016 , 6,		1
14	Aging under Pressure: The Roles of Reactive Oxygen and Nitrogen Species (RONS) Production and Aging Skeletal Muscle in Endothelial Function and Hypertension-From Biological Processes to Potential Interventions. <i>Antioxidants</i> , 2021 , 10,	7.1	1
13	Pre-sleep protein supplementation after an acute bout of evening resistance exercise does not improve next day performance or recovery in resistance trained men. <i>Journal of the International Society of Sports Nutrition</i> , 2022 , 19, 164-178	4.5	1
12	Recent developments on <i>Opuntia</i> spp., their bioactive composition, nutritional values, and health effects. <i>Food Bioscience</i> , 2022 , 47, 101665	4.9	1
11	The Acute Readiness Monitoring Scale: Assessing Predictive and Concurrent Validation. <i>Frontiers in Psychology</i> , 2021 , 12, 738519	3.4	0
10	Relationship between heart rate variability and body mass index: A cross-sectional study of preschool children.. <i>Preventive Medicine Reports</i> , 2021 , 24, 101638	2.6	0
9	Serum Cytokines in Black and White Males After Eccentrically Biased Aerobic Exercise. <i>Medicine and Science in Sports and Exercise</i> , 2014 , 46, 921	1.2	
8	Progressive resistance training irrespective of whey protein intake improves quality of life in HIV-infected individuals on antiretroviral therapy. <i>African Journal for Physical Activity and Health Sciences</i> , 2021 , 27, 288-303	0	
7	A Multidisciplinary Approach to Game Day Preparation for Team Sports: A Delphi Study With Expert Consensus.. <i>Journal of Strength and Conditioning Research</i> , 2022 , 36, 1345-1352	3.2	
6	Effect of Green Tea Amino Acid L-Theanine on Physiological Responses: A Protocol for Clinical Trial. <i>Exploratory Research and Hypothesis in Medicine</i> , 2020 , 000, 1-8	1	
5	Relationship among salivary androstenedione, body composition and physical activity in young girls. <i>British Journal of Sports Medicine</i> , 2010 , 44, i18-i19	10.3	
4	The Effect of Pre-sleep Protein Supplementation After Resistance Exercise on Next Day Performance and Recovery. <i>Medicine and Science in Sports and Exercise</i> , 2018 , 50, 588-589	1.2	
3	A qualitative study exploring tactical performance determinants from the perspective of three Rugby World Cup coaches. <i>International Journal of Sports Science and Coaching</i> , 174795412210873	1.8	
2	The Relationship Between Physical Activity and the Metabolic Syndrome Score in Children. <i>Pediatric Exercise Science</i> , 2015 , 27, 364-371	2	

- 1 Prevalence of Dehydration and the Relationship with Fluid Intake and Self-Assessment of Hydration Status in Czech First League Soccer Players. *Journal of Human Kinetics*, **2022**, 82, 101-110 2.6