

Luis Jes s Su rez Moreno-Arrones

List of Publications by Year in descending order

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59
papers

1,536
citations

279798

23
h-index

345221

36
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59
all docs

59
docs citations

59
times ranked

1411
citing authors

#	ARTICLE	IF	CITATIONS
1	Strength Training in Professional Soccer: Effects on Short-sprint and Jump Performance. International Journal of Sports Medicine, 2022, 43, .	1.7	6
2	Programming and Periodisation for Team Sports. Lecture Notes in Bioengineering, 2022, , 237-258.	0.4	0
3	Knee Flexor Eccentric Strength, Hamstring Muscle Volume and Sprinting in Elite Professional Soccer Players with a Prior Strained Hamstring. Biology, 2022, 11, 69.	2.8	5
4	Can Small-side Games Provide Adequate High-speed Training in Professional Soccer?. International Journal of Sports Medicine, 2021, 42, 523-528.	1.7	21
5	Applying a holistic hamstring injury prevention approach in elite football: 12 seasons, single club study. Scandinavian Journal of Medicine and Science in Sports, 2021, 31, 861-874.	2.9	11
6	Inertial flywheel knee- and hip-dominant hamstring strength exercises in professional soccer players: Muscle use and velocity-based (mechanical) eccentric overload. PLoS ONE, 2020, 15, e0239977.	2.5	8
7	Strength Conditioning Program to Prevent Adductor Muscle Strains in Football: Does it Really Help Professional Football Players?. International Journal of Environmental Research and Public Health, 2020, 17, 6408.	2.6	4
8	Player Monitoring in Professional Soccer: Spikes in Acute:Chronic Workload Are Dissociated From Injury Occurrence. Frontiers in Sports and Active Living, 2020, 2, 75.	1.8	5
9	Bilateral Deficit and Bilateral Performance: Relationship with Sprinting and Change of Direction in Elite Youth Soccer Players. Sports, 2020, 8, 82.	1.7	13
10	Relationships between Change of Direction, Sprint, Jump, and Squat Power Performance. Sports, 2020, 8, 38.	1.7	29
11	Short and Long-Term Effects of a Simple-Strength-Training Program on Injuries Among Elite U-19 Soccer Players. Research Quarterly for Exercise and Sport, 2020, 92, 1-9.	1.4	7
12	Injury Profile of Elite Male Young Soccer Players in a Spanish Professional Soccer Club: A Prospective Study During 4 Consecutive Seasons. Journal of Sport Rehabilitation, 2020, 29, 801-807.	1.0	12
13	Validity of Field Methods to Estimate Fat-Free Mass Changes Throughout the Season in Elite Youth Soccer Players. Frontiers in Physiology, 2020, 11, 16.	2.8	14
14	Field Methods to Estimate Fat-free Mass in International Soccer Players. International Journal of Sports Medicine, 2019, 40, 619-624.	1.7	12
15	Effects of Strength Training on Body Composition in Young Male Professional Soccer Players. Sports, 2019, 7, 104.	1.7	15
16	Dissociation between changes in sprinting performance and Nordic hamstring strength in professional male football players. PLoS ONE, 2019, 14, e0213375.	2.5	22
17	Estimating fat-free mass in elite youth male soccer players: cross-validation of different field methods and development of prediction equation. Journal of Sports Sciences, 2019, 37, 1197-1204.	2.0	14
18	The effects of detraining and retraining periods on fat-mass and fat-free mass in elite male soccer players. PeerJ, 2019, 7, e7466.	2.0	34

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19	Body fat assessment in elite soccer players: cross-validation of different field methods. <i>Science and Medicine in Football</i> , 2018, 2, 203-208.	2.0	25
20	Muscle injuries in the academy of a Spanish professional football club: A one-year prospective study. <i>Apunts Medicine De L'Esport</i> , 2018, 53, 3-9.	0.5	2
21	Validation of Field Methods to Assess Body Fat Percentage in Elite Youth Soccer Players. <i>International Journal of Sports Medicine</i> , 2018, 39, 349-354.	1.7	14
22	Comparing external total load, acceleration and deceleration outputs in elite basketball players across positions during match play. <i>Kinesiology</i> , 2018, 50, 228-234.	0.6	41
23	In-season eccentric-overload training in elite soccer players: Effects on body composition, strength and sprint performance. <i>PLoS ONE</i> , 2018, 13, e0205332.	2.5	44
24	Analysis of the acceleration profile according to initial speed and positional role in elite professional male soccer players. <i>Journal of Sports Medicine and Physical Fitness</i> , 2018, 58, 1774-1780.	0.7	10
25	Variability of GPS-derived running performance during official matches in elite professional soccer players. <i>Journal of Sports Medicine and Physical Fitness</i> , 2018, 58, 1439-1445.	0.7	21
26	Off-Season Effects on Functional Performance, Body Composition, and Blood Parameters in Top-Level Professional Soccer Players. <i>Journal of Strength and Conditioning Research</i> , 2017, 31, 939-946.	2.1	40
27	Single-Leg Power Output and Between-Limbs Imbalances in Team-Sport Players: Unilateral Versus Bilateral Combined Resistance Training. <i>International Journal of Sports Physiology and Performance</i> , 2017, 12, 106-114.	2.3	100
28	Optimal sampling frequency in recording of resistance training exercises. <i>Sports Biomechanics</i> , 2017, 16, 102-114.	1.6	17
29	The High-Pull Exercise: A Comparison Between a VersaPulley Flywheel Device and the Free Weight. <i>International Journal of Sports Physiology and Performance</i> , 2017, 12, 527-532.	2.3	23
30	Effects of Velocity Loss During Resistance Training on Performance in Professional Soccer Players. <i>International Journal of Sports Physiology and Performance</i> , 2017, 12, 512-519.	2.3	100
31	Relationship Between Internal Load Indicators and Changes on Intermittent Performance After the Preseason in Professional Soccer Players. <i>Journal of Strength and Conditioning Research</i> , 2017, 31, 1477-1485.	2.1	42
32	Efectos en el rendimiento físico a corto plazo de dos programas de entrenamiento neuromuscular con diferente orientación aplicados en jugadores de fútbol de élite U-17. [Short-term physical performance effects of two different neuromuscular oriented training programs on U-17 elite soccer players].. <i>RICYDE Revista Internacional De Ciencias Del Deporte</i> , 2017, 13, 88-103.	0.2	5
33	Juegos Reducidos en Rugby: diferencias entre el uso o no de contactos y distintos espacios de interacción. [Small-Sided Games in Rugby: Differences between the use or not of contact and different spaces of interaction].. <i>RICYDE Revista Internacional De Ciencias Del Deporte</i> , 2017, 13, 260-272.	0.2	0
34	MRI-Based Regional Muscle Use during Hamstring Strengthening Exercises in Elite Soccer Players. <i>PLoS ONE</i> , 2016, 11, e0161356.	2.5	53
35	Kinetic and Kinematic Analysis for Assessing the Differences in Countermovement Jump Performance in Rugby Players. <i>Journal of Strength and Conditioning Research</i> , 2016, 30, 2533-2539.	2.1	14
36	Evolution of Determinant Factors of Repeated Sprint Ability. <i>Journal of Human Kinetics</i> , 2016, 54, 115-126.	1.5	24

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37	Individual Muscle use in Hamstring Exercises by Soccer Players Assessed using Functional MRI. International Journal of Sports Medicine, 2016, 37, 559-564.	1.7	39
38	Improvement of Repeated-Sprint Ability and Horizontal-Jumping Performance in Elite Young Basketball Players With Low-Volume Repeated-Maximal-Power Training. International Journal of Sports Physiology and Performance, 2016, 11, 464-473.	2.3	35
39	Repeated-High-Intensity-Running Activity and Internal Training Load of Elite Rugby Sevens Players During International Matches: A Comparison Between Halves. International Journal of Sports Physiology and Performance, 2016, 11, 495-499.	2.3	34
40	Relationship Between External and Internal Loads of Professional Soccer Players During Full Matches in Official Games Using Global Positioning Systems and Heart-Rate Technology. International Journal of Sports Physiology and Performance, 2016, 11, 940-946.	2.3	55
41	A comparison of internal load between friendly matches and a conditioned game in professional football players. Cultura, Ciencia Y Deporte, 2016, 11, 67-73.	0.2	4
42	Relationships Between Rating-of-Perceived-Exertion- and Heart- Rate-Derived Internal Training Load in Professional Soccer Players: A Comparison of On-Field Integrated Training Sessions. International Journal of Sports Physiology and Performance, 2015, 10, 587-592.	2.3	56
43	Forced Inspiratory Volume in the First Second as Predictor of Front-Crawl Performance in Young Sprint Swimmers. Journal of Strength and Conditioning Research, 2015, 29, 188-194.	2.1	3
44	Effects of Plyometric and Sprint Training on Physical and Technical Skill Performance in Adolescent Soccer Players. Journal of Strength and Conditioning Research, 2015, 29, 1894-1903.	2.1	84
45	Effects of In-Competitive Season Power-Oriented and Heavy Resistance Lower-Body Training on Performance of Elite Female Water Polo Players. Journal of Strength and Conditioning Research, 2015, 29, 458-465.	2.1	18
46	Enhancing Performance in Professional Water Polo Players. Journal of Strength and Conditioning Research, 2015, 29, 1089-1097.	2.1	19
47	Comparison of physical demands in small sided games and competition in football players under 13. Cultura, Ciencia Y Deporte, 2015, 10, 235-243.	0.2	8
48	Match-play Activity Profile in Elite Women's Rugby Union Players. Journal of Strength and Conditioning Research, 2014, 28, 452-458.	2.1	49
49	Effects of 18-Week In-Season Heavy-Resistance and Power Training on Throwing Velocity, Strength, Jumping, and Maximal Sprint Swim Performance of Elite Male Water Polo Players. Journal of Strength and Conditioning Research, 2014, 28, 1007-1014.	2.1	38
50	Effect of Strength and High-Intensity Training on Jumping, Sprinting, and Intermittent Endurance Performance in Prepubertal Soccer Players. Journal of Strength and Conditioning Research, 2014, 28, 413-422.	2.1	38
51	Effect of Number of Touches and Exercise Duration on the Kinematic Profile and Heart Rate Response During Small-Sided Games in Soccer. Journal of Human Kinetics, 2014, 41, 113-123.	1.5	38
52	Positional Differences in Match Running Performance and Physical Collisions in Men Rugby Sevens. International Journal of Sports Physiology and Performance, 2014, 9, 316-323.	2.3	58
53	Concurrent Repeated-Sprint and Resistance Training With Superimposed Vibrations in Rugby Players. International Journal of Sports Physiology and Performance, 2014, 9, 667-673.	2.3	28
54	Comparison of Running Characteristics and Heart Rate Response of International and National Female Rugby Sevens Players During Competitive Matches. Journal of Strength and Conditioning Research, 2014, 28, 2281-2289.	2.1	27

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55	Effects of Dry-Land Vs. In-Water Specific Strength Training on Professional Male Water Polo Players' Performance. <i>Journal of Strength and Conditioning Research</i> , 2014, 28, 3179-3187.	2.1	16
56	Running Demands and Heart Rate Response in Rugby Union Referees. <i>Journal of Strength and Conditioning Research</i> , 2013, 27, 2946-2951.	2.1	10
57	Impact of Several Matches in a Day on Physical Performance in Rugby Sevens Referees. <i>International Journal of Sports Physiology and Performance</i> , 2013, 8, 496-501.	2.3	13
58	Running Demands and Heart Rate Response in Rugby Sevens Referees. <i>Journal of Strength and Conditioning Research</i> , 2013, 27, 1618-1622.	2.1	6
59	Match Running Performance and Exercise Intensity in Elite Female Rugby Sevens. <i>Journal of Strength and Conditioning Research</i> , 2012, 26, 1858-1862.	2.1	53