

Luis Jes s Su rez Moreno-Arrones

List of Publications by Year in descending order

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59
papers

1,536
citations

279798

23
h-index

345221

36
g-index

59
all docs

59
docs citations

59
times ranked

1411
citing authors

#	ARTICLE	IF	CITATIONS
1	Single-Leg Power Output and Between-Limbs Imbalances in Team-Sport Players: Unilateral Versus Bilateral Combined Resistance Training. <i>International Journal of Sports Physiology and Performance</i> , 2017, 12, 106-114.	2.3	100
2	Effects of Velocity Loss During Resistance Training on Performance in Professional Soccer Players. <i>International Journal of Sports Physiology and Performance</i> , 2017, 12, 512-519.	2.3	100
3	Effects of Plyometric and Sprint Training on Physical and Technical Skill Performance in Adolescent Soccer Players. <i>Journal of Strength and Conditioning Research</i> , 2015, 29, 1894-1903.	2.1	84
4	Positional Differences in Match Running Performance and Physical Collisions in Men Rugby Sevens. <i>International Journal of Sports Physiology and Performance</i> , 2014, 9, 316-323.	2.3	58
5	Relationships Between Rating-of-Perceived-Exertion- and Heart-Rate-Derived Internal Training Load in Professional Soccer Players: A Comparison of On-Field Integrated Training Sessions. <i>International Journal of Sports Physiology and Performance</i> , 2015, 10, 587-592.	2.3	56
6	Relationship Between External and Internal Loads of Professional Soccer Players During Full Matches in Official Games Using Global Positioning Systems and Heart-Rate Technology. <i>International Journal of Sports Physiology and Performance</i> , 2016, 11, 940-946.	2.3	55
7	Match Running Performance and Exercise Intensity in Elite Female Rugby Sevens. <i>Journal of Strength and Conditioning Research</i> , 2012, 26, 1858-1862.	2.1	53
8	MRI-Based Regional Muscle Use during Hamstring Strengthening Exercises in Elite Soccer Players. <i>PLoS ONE</i> , 2016, 11, e0161356.	2.5	53
9	Match-play Activity Profile in Elite Women's Rugby Union Players. <i>Journal of Strength and Conditioning Research</i> , 2014, 28, 452-458.	2.1	49
10	In-season eccentric-overload training in elite soccer players: Effects on body composition, strength and sprint performance. <i>PLoS ONE</i> , 2018, 13, e0205332.	2.5	44
11	Relationship Between Internal Load Indicators and Changes on Intermittent Performance After the Preseason in Professional Soccer Players. <i>Journal of Strength and Conditioning Research</i> , 2017, 31, 1477-1485.	2.1	42
12	Comparing external total load, acceleration and deceleration outputs in elite basketball players across positions during match play. <i>Kinesiology</i> , 2018, 50, 228-234.	0.6	41
13	Off-Season Effects on Functional Performance, Body Composition, and Blood Parameters in Top-Level Professional Soccer Players. <i>Journal of Strength and Conditioning Research</i> , 2017, 31, 939-946.	2.1	40
14	Individual Muscle use in Hamstring Exercises by Soccer Players Assessed using Functional MRI. <i>International Journal of Sports Medicine</i> , 2016, 37, 559-564.	1.7	39
15	Effects of 18-Week In-Season Heavy-Resistance and Power Training on Throwing Velocity, Strength, Jumping, and Maximal Sprint Swim Performance of Elite Male Water Polo Players. <i>Journal of Strength and Conditioning Research</i> , 2014, 28, 1007-1014.	2.1	38
16	Effect of Strength and High-Intensity Training on Jumping, Sprinting, and Intermittent Endurance Performance in Prepubertal Soccer Players. <i>Journal of Strength and Conditioning Research</i> , 2014, 28, 413-422.	2.1	38
17	Effect of Number of Touches and Exercise Duration on the Kinematic Profile and Heart Rate Response During Small-Sided Games in Soccer. <i>Journal of Human Kinetics</i> , 2014, 41, 113-123.	1.5	38
18	Improvement of Repeated-Sprint Ability and Horizontal-Jumping Performance in Elite Young Basketball Players With Low-Volume Repeated-Maximal-Power Training. <i>International Journal of Sports Physiology and Performance</i> , 2016, 11, 464-473.	2.3	35

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19	Repeated-High-Intensity-Running Activity and Internal Training Load of Elite Rugby Sevens Players During International Matches: A Comparison Between Halves. <i>International Journal of Sports Physiology and Performance</i> , 2016, 11, 495-499.	2.3	34
20	The effects of detraining and retraining periods on fat-mass and fat-free mass in elite male soccer players. <i>PeerJ</i> , 2019, 7, e7466.	2.0	34
21	Relationships between Change of Direction, Sprint, Jump, and Squat Power Performance. <i>Sports</i> , 2020, 8, 38.	1.7	29
22	Concurrent Repeated-Sprint and Resistance Training With Superimposed Vibrations in Rugby Players. <i>International Journal of Sports Physiology and Performance</i> , 2014, 9, 667-673.	2.3	28
23	Comparison of Running Characteristics and Heart Rate Response of International and National Female Rugby Sevens Players During Competitive Matches. <i>Journal of Strength and Conditioning Research</i> , 2014, 28, 2281-2289.	2.1	27
24	Body fat assessment in elite soccer players: cross-validation of different field methods. <i>Science and Medicine in Football</i> , 2018, 2, 203-208.	2.0	25
25	Evolution of Determinant Factors of Repeated Sprint Ability. <i>Journal of Human Kinetics</i> , 2016, 54, 115-126.	1.5	24
26	The High-Pull Exercise: A Comparison Between a VersaPulley Flywheel Device and the Free Weight. <i>International Journal of Sports Physiology and Performance</i> , 2017, 12, 527-532.	2.3	23
27	Dissociation between changes in sprinting performance and Nordic hamstring strength in professional male football players. <i>PLoS ONE</i> , 2019, 14, e0213375.	2.5	22
28	Variability of GPS-derived running performance during official matches in elite professional soccer players. <i>Journal of Sports Medicine and Physical Fitness</i> , 2018, 58, 1439-1445.	0.7	21
29	Can Small-side Games Provide Adequate High-speed Training in Professional Soccer?. <i>International Journal of Sports Medicine</i> , 2021, 42, 523-528.	1.7	21
30	Enhancing Performance in Professional Water Polo Players. <i>Journal of Strength and Conditioning Research</i> , 2015, 29, 1089-1097.	2.1	19
31	Effects of In-Competitive Season Power-Oriented and Heavy Resistance Lower-Body Training on Performance of Elite Female Water Polo Players. <i>Journal of Strength and Conditioning Research</i> , 2015, 29, 458-465.	2.1	18
32	Optimal sampling frequency in recording of resistance training exercises. <i>Sports Biomechanics</i> , 2017, 16, 102-114.	1.6	17
33	Effects of Dry-Land Vs. In-Water Specific Strength Training on Professional Male Water Polo Players' Performance. <i>Journal of Strength and Conditioning Research</i> , 2014, 28, 3179-3187.	2.1	16
34	Effects of Strength Training on Body Composition in Young Male Professional Soccer Players. <i>Sports</i> , 2019, 7, 104.	1.7	15
35	Kinetic and Kinematic Analysis for Assessing the Differences in Countermovement Jump Performance in Rugby Players. <i>Journal of Strength and Conditioning Research</i> , 2016, 30, 2533-2539.	2.1	14
36	Validation of Field Methods to Assess Body Fat Percentage in Elite Youth Soccer Players. <i>International Journal of Sports Medicine</i> , 2018, 39, 349-354.	1.7	14

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37	Estimating fat-free mass in elite youth male soccer players: cross-validation of different field methods and development of prediction equation. <i>Journal of Sports Sciences</i> , 2019, 37, 1197-1204.	2.0	14
38	Validity of Field Methods to Estimate Fat-Free Mass Changes Throughout the Season in Elite Youth Soccer Players. <i>Frontiers in Physiology</i> , 2020, 11, 16.	2.8	14
39	Impact of Several Matches in a Day on Physical Performance in Rugby Sevens Referees. <i>International Journal of Sports Physiology and Performance</i> , 2013, 8, 496-501.	2.3	13
40	Bilateral Deficit and Bilateral Performance: Relationship with Sprinting and Change of Direction in Elite Youth Soccer Players. <i>Sports</i> , 2020, 8, 82.	1.7	13
41	Field Methods to Estimate Fat-free Mass in International Soccer Players. <i>International Journal of Sports Medicine</i> , 2019, 40, 619-624.	1.7	12
42	Injury Profile of Elite Male Young Soccer Players in a Spanish Professional Soccer Club: A Prospective Study During 4 Consecutive Seasons. <i>Journal of Sport Rehabilitation</i> , 2020, 29, 801-807.	1.0	12
43	Applying a holistic hamstring injury prevention approach in elite football: 12 seasons, single club study. <i>Scandinavian Journal of Medicine and Science in Sports</i> , 2021, 31, 861-874.	2.9	11
44	Running Demands and Heart Rate Response in Rugby Union Referees. <i>Journal of Strength and Conditioning Research</i> , 2013, 27, 2946-2951.	2.1	10
45	Analysis of the acceleration profile according to initial speed and positional role in elite professional male soccer players. <i>Journal of Sports Medicine and Physical Fitness</i> , 2018, 58, 1774-1780.	0.7	10
46	Inertial flywheel knee- and hip-dominant hamstring strength exercises in professional soccer players: Muscle use and velocity-based (mechanical) eccentric overload. <i>PLoS ONE</i> , 2020, 15, e0239977.	2.5	8
47	Comparison of physical demands in small sided games and competition in football players under 13. <i>Cultura, Ciencia Y Deporte</i> , 2015, 10, 235-243.	0.2	8
48	Short and Long-Term Effects of a Simple-Strength-Training Program on Injuries Among Elite U-19 Soccer Players. <i>Research Quarterly for Exercise and Sport</i> , 2020, 92, 1-9.	1.4	7
49	Running Demands and Heart Rate Response in Rugby Sevens Referees. <i>Journal of Strength and Conditioning Research</i> , 2013, 27, 1618-1622.	2.1	6
50	Strength Training in Professional Soccer: Effects on Short-sprint and Jump Performance. <i>International Journal of Sports Medicine</i> , 2022, 43, .	1.7	6
51	Player Monitoring in Professional Soccer: Spikes in Acute:Chronic Workload Are Dissociated From Injury Occurrence. <i>Frontiers in Sports and Active Living</i> , 2020, 2, 75.	1.8	5
52	Efectos en el rendimiento físico a corto plazo de dos programas de entrenamiento neuromuscular con diferente orientación aplicados en jugadores de fútbol de elite U-17. [Short-term physical performance effects of two different neuromuscular oriented training programs on U-17 elite soccer players]. <i>RICYDE Revista Internacional De Ciencias Del Deporte</i> , 2017, 13, 88-103.	0.2	5
53	Knee Flexor Eccentric Strength, Hamstring Muscle Volume and Sprinting in Elite Professional Soccer Players with a Prior Strained Hamstring. <i>Biology</i> , 2022, 11, 69.	2.8	5
54	Strength Conditioning Program to Prevent Adductor Muscle Strains in Football: Does it Really Help Professional Football Players?. <i>International Journal of Environmental Research and Public Health</i> , 2020, 17, 6408.	2.6	4

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55	A comparison of internal load between friendly matches and a conditioned game in professional football players. <i>Cultura, Ciencia Y Deporte</i> , 2016, 11, 67-73.	0.2	4
56	Forced Inspiratory Volume in the First Second as Predictor of Front-Crawl Performance in Young Sprint Swimmers. <i>Journal of Strength and Conditioning Research</i> , 2015, 29, 188-194.	2.1	3
57	Muscle injuries in the academy of a Spanish professional football club: A one-year prospective study. <i>Apunts Medicine De L'Esport</i> , 2018, 53, 3-9.	0.5	2
58	Programming and Periodisation for Team Sports. <i>Lecture Notes in Bioengineering</i> , 2022, , 237-258.	0.4	0
59	Juegos Reducidos en Rugby: diferencias entre el uso o no de contactos y distintos espacios de interacción. [Small-Sided Games in Rugby: Differences between the use or not of contact and different spaces of interaction].. <i>RICYDE Revista Internacional De Ciencias Del Deporte</i> , 2017, 13, 260-272.	0.2	0