

# Gian Pietro Emerenziani

## List of Publications by Year in Descending Order

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The third column is the impact factor (IF) of the journal, and the fourth column is the number of citations of the article.

62

papers

882

citations

17

h-index

28

g-index

75

ext. papers

1,057

ext. citations

3

avg, IF

3.99

L-index

#	Paper	IF	Citations
62	The effects of music on cardiorespiratory endurance and muscular fitness in recreationally active individuals: a narrative review.. <i>PeerJ</i> , <b>2022</b> , 10, e13332	3.1	1
61	Dance and Music for Improving Health among Patients with Breast Cancer and Parkinson Disease: A Narrative Review. <i>Endocrines</i> , <b>2021</b> , 2, 472-484	0.8	0
60	Initial validation of the Italian version of the Volition in Exercise Questionnaire (VEQ-I). <i>PLoS ONE</i> , <b>2021</b> , 16, e0249667	3.7	1
59	Effects of Ballroom Dance on Physical Fitness and Reaction Time in Experienced Middle-Aged Adults of Both Genders. <i>International Journal of Environmental Research and Public Health</i> , <b>2021</b> , 18,	4.6	2
58	Exercise as a drug for glucose management and prevention in type 2 diabetes mellitus. <i>Current Opinion in Pharmacology</i> , <b>2021</b> , 59, 95-102	5.1	6
57	Ippogonadismo maschile indotto da esercizio fisico. <i>L'Endocrinologo</i> , <b>2020</b> , 21, 417-423	0	
56	Prediction equation for estimating cognitive function using physical fitness parameters in older adults. <i>PLoS ONE</i> , <b>2020</b> , 15, e0232894	3.7	4
55	Effects of Acute Whole-Body Vibration Practice on Maximal Fat Oxidation in Adult Obese Males: A Pilot Study. <i>Obesity Facts</i> , <b>2020</b> , 13, 117-129	5.1	0
54	Male hypogonadism: therapeutic choices and pharmacological management. <i>Minerva Endocrinologica</i> , <b>2020</b> , 45, 189-203	1.9	10
53	Relationship between individual ventilatory threshold and maximal fat oxidation (MFO) over different obesity classes in women. <i>PLoS ONE</i> , <b>2019</b> , 14, e0215307	3.7	8
52	Characterization of the Effects of a Six-Month Dancing as Approach for Successful Aging. <i>International Journal of Endocrinology</i> , <b>2019</b> , 2019, 2048391	2.7	8
51	Energy Cost and Energy Sources of an Elite Female Soccer Player to Repeated Sprint Ability Test: A Case Study. <i>The Open Sports Sciences Journal</i> , <b>2019</b> , 12, 10-16	0.5	
50	Gender difference and correlation between sexuality, thyroid hormones, cognitive, and physical functions in elderly fit. <i>Journal of Endocrinological Investigation</i> , <b>2019</b> , 42, 699-707	5.2	7
49	The Role of Physical Activity in Adult Obesity <b>2019</b> , 123-128		1
48	Effects of body weight loss program on parameters of muscle performance in female obese adults. <i>Journal of Sports Medicine and Physical Fitness</i> , <b>2019</b> , 59, 624-631	1.4	1
47	Prediction equation to estimate heart rate at individual ventilatory threshold in female and male obese adults. <i>PLoS ONE</i> , <b>2018</b> , 13, e0197255	3.7	11
46	Gender differences in anthropometric parameters and technical performance of youth soccer players. <i>Sport Sciences for Health</i> , <b>2018</b> , 14, 399-405	1.3	5

45	Effects of an individualized home-based unsupervised aerobic training on body composition and physiological parameters in obese adults are independent of gender. <i>Journal of Endocrinological Investigation</i> , <b>2018</b> , 41, 465-473	5.2	12
44	Response to: Comment #2 on "Differences in Ventilatory Threshold for Exercise Prescription in Outpatient Diabetic and Sarcopenic Obese Subjects". <i>International Journal of Endocrinology</i> , <b>2018</b> , 2018, 3093208	2.7	1
43	Validity, reliability and minimum detectable change of COSMED K5 portable gas exchange system in breath-by-breath mode. <i>PLoS ONE</i> , <b>2018</b> , 13, e0209925	3.7	44
42	Lifestyle and fertility: the influence of stress and quality of life on male fertility. <i>Reproductive Biology and Endocrinology</i> , <b>2018</b> , 16, 115	5	71
41	Different Physical Activity Protocols in the Subjects Affected by Osteoporosis <b>2018</b> , 277-284		
40	Physical activity and hypocaloric diet recovers osteoblasts homeostasis in women affected by abdominal obesity. <i>Endocrine</i> , <b>2017</b> , 58, 340-348	4	6
39	Effects of different physical education programmes on children's skill- and health-related outcomes: a pilot randomised controlled trial. <i>Journal of Sports Sciences</i> , <b>2017</b> , 35, 1547-1555	3.6	15
38	Response to: Comment on "Differences in Ventilatory Threshold for Exercise Prescription in Outpatient Diabetic and Sarcopenic Obese Subjects". <i>International Journal of Endocrinology</i> , <b>2017</b> , 2017, 7026597	2.7	2
37	Effects of combined physical education and nutritional programs on schoolchildren's healthy habits. <i>PeerJ</i> , <b>2016</b> , 4, e1880	3.1	18
36	Differences in Ventilatory Threshold for Exercise Prescription in Outpatient Diabetic and Sarcopenic Obese Subjects. <i>International Journal of Endocrinology</i> , <b>2016</b> , 2016, 6739150	2.7	18
35	Acute effects of two different tennis sessions on dorsal and lumbar spine of adult players. <i>Journal of Sports Sciences</i> , <b>2015</b> , 33, 1173-81	3.6	2
34	Acute physical activity and delayed attention in primary school students. <i>Scandinavian Journal of Medicine and Science in Sports</i> , <b>2015</b> , 25, e331-8	4.6	38
33	Impacts of coordinative training on normal weight and overweight/obese children's attentional performance. <i>Frontiers in Human Neuroscience</i> , <b>2015</b> , 9, 577	3.3	30
32	Psychophysiological responses to Salsa dance. <i>PLoS ONE</i> , <b>2015</b> , 10, e0121465	3.7	5
31	Effects of Aerobic Exercise Based upon Heart Rate at Aerobic Threshold in Obese Elderly Subjects with Type 2 Diabetes. <i>International Journal of Endocrinology</i> , <b>2015</b> , 2015, 695297	2.7	26
30	PSYCHOPHYSICAL BENEFITS OF ROCK-CLIMBING ACTIVITY. <i>Perceptual and Motor Skills</i> , <b>2015</b> , 121, 675-892		4
29	Functional Evaluation (Joint and Muscle Problems, Cardiopulmonary Exercise Testing, Disability Evaluation) <b>2015</b> , 205-210		
28	Whole body vibration: unsupervised training or combined with a supervised multi-purpose exercise for fitness?. <i>Journal of Sports Sciences</i> , <b>2014</b> , 32, 1033-41	3.6	10

27	Abdominal Fat and Sarcopenia in Women Significantly Alter Osteoblasts Homeostasis In Vitro by a WNT/ $\beta$ Catenin Dependent Mechanism. <i>International Journal of Endocrinology</i> , <b>2014</b> , 2014, 278316	2.7	10
26	Exercise intensity and gender difference of 3 different salsa dancing conditions. <i>International Journal of Sports Medicine</i> , <b>2013</b> , 34, 330-5	3.6	6
25	Physical exercise intensity prescription to improve health and fitness in overweight and obese subjects: A review of the literature. <i>Health</i> , <b>2013</b> , 05, 113-121	0.4	12
24	Acute exercise modulates BDNF and pro-BDNF protein content in immune cells. <i>Medicine and Science in Sports and Exercise</i> , <b>2012</b> , 44, 1871-80	1.2	52
23	The phosphodiesterases type 5 inhibitor tadalafil reduces the activation of the hypothalamus-pituitary-adrenal axis in men during cycle ergometric exercise. <i>American Journal of Physiology - Endocrinology and Metabolism</i> , <b>2012</b> , 302, E972-8	6	14
22	Effects of varying type of exertion on children's attention capacity. <i>Medicine and Science in Sports and Exercise</i> , <b>2012</b> , 44, 550-5	1.2	37
21	Basketball ability testing and category for players with mental retardation: 8-month training effect. <i>Journal of Strength and Conditioning Research</i> , <b>2012</b> , 26, 1524-31	3.2	1
20	Does living setting influence training adaptations in young girls?. <i>Scandinavian Journal of Medicine and Science in Sports</i> , <b>2011</b> , 21, 324-9	4.6	3
19	Could Overweight and Obese Children Improve Their Motor Performance With A Qualitative Physical Activity Approach?. <i>Indian Journal of Applied Research</i> , <b>2011</b> , 4, 610-615	0	2
18	Postural control after a prolonged treadmill run at individual ventilatory and anaerobic threshold. <i>Journal of Sports Science and Medicine</i> , <b>2011</b> , 10, 515-9	2.7	6
17	Could sport specialization influence fitness and health of adults with mental retardation?. <i>Research in Developmental Disabilities</i> , <b>2010</b> , 31, 1070-5	2.7	44
16	Effects of rooibos tea, bottled water, and a carbohydrate beverage on blood and urinary measures of hydration after acute dehydration. <i>Research in Sports Medicine</i> , <b>2010</b> , 18, 85-96	3.8	19
15	Contributions of selected fundamental factors to basketball performance in adult players with mental retardation. <i>Journal of Strength and Conditioning Research</i> , <b>2010</b> , 24, 2166-71	3.2	3
14	Selected factors correlated to athletic performance in adults with mental retardation. <i>Journal of Strength and Conditioning Research</i> , <b>2010</b> , 24, 1059-64	3.2	13
13	Effects of Tennis Expertise and Type of Training Session on Dorsal and Lumbar Spine. <i>Medicine and Science in Sports and Exercise</i> , <b>2010</b> , 42, 490-491	1.2	
12	Assessing basketball ability in players with mental retardation. <i>British Journal of Sports Medicine</i> , <b>2009</b> , 43, 208-12	10.3	16
11	Is explosive performance influenced by androgen concentrations in young male soccer players?. <i>British Journal of Sports Medicine</i> , <b>2009</b> , 43, 191-4	10.3	21
10	Accuracy, reliability, linearity of Accutrend and Lactate Pro versus EBIO plus analyzer. <i>European Journal of Applied Physiology</i> , <b>2009</b> , 107, 105-11	3.4	112

9	Using basketball test battery to monitor players with mental retardation across 2 sports seasons. <i>Journal of Strength and Conditioning Research</i> , <b>2009</b> , 23, 2345-50	3.2	4
8	The type 5 phosphodiesterase inhibitor tadalafil influences salivary cortisol, testosterone, and dehydroepiandrosterone sulphate responses to maximal exercise in healthy men. <i>Journal of Clinical Endocrinology and Metabolism</i> , <b>2008</b> , 93, 3510-4	5.6	29
7	The long-acting phosphodiesterase inhibitor tadalafil does not influence athletes' VO <sub>2</sub> max, aerobic, and anaerobic thresholds in normoxia. <i>International Journal of Sports Medicine</i> , <b>2008</b> , 29, 110-5	3.6	28
6	Effect of tadalafil on anaerobic performance indices in healthy athletes. <i>British Journal of Sports Medicine</i> , <b>2008</b> , 42, 130-3	10.3	15
5	Energy cost and energy sources of a ballet dance exercise in female adolescents with different technical ability. <i>European Journal of Applied Physiology</i> , <b>2008</b> , 103, 315-21	3.4	25
4	Effect of warm up on energy cost and energy sources of a ballet dance exercise. <i>European Journal of Applied Physiology</i> , <b>2007</b> , 99, 275-81	3.4	24
3	Exercise intensities during a ballet lesson in female adolescents with different technical ability. <i>International Journal of Sports Medicine</i> , <b>2007</b> , 28, 736-42	3.6	15
2	Relationship between optimal lactate removal power output and Olympic triathlon performance. <i>Journal of Strength and Conditioning Research</i> , <b>2007</b> , 21, 1160-5	3.2	4
1	Individuals' depression and anxiety might be influenced by the level of physical activity and expertise: a pilot study on elite volleyball players and amateur athletes. <i>Sport Sciences for Health</i> , <b>2007</b> , 3, 1-3	1.3	0