

Helen G Hanstock

List of Publications by Year in descending order

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Version: 2024-02-01

19
papers

152
citations

1684188

5
h-index

1199594

12
g-index

22
all docs

22
docs citations

22
times ranked

251
citing authors

#	ARTICLE	IF	CITATIONS
1	Illness Incidence, Psychological Characteristics, and Sleep in Dogsled Drivers During the Iditarod Trail Sled Dog Race. <i>Wilderness and Environmental Medicine</i> , 2022, 33, 92-96.	0.9	1
2	A breathing mask attenuates acute airway responses to exercise in sub-zero environment in healthy subjects. <i>European Journal of Applied Physiology</i> , 2022, , 1.	2.5	2
3	Influence of exercise duration on respiratory function and systemic immunity among healthy, endurance-trained participants exercising in sub-zero conditions. <i>Respiratory Research</i> , 2022, 23, 121.	3.6	5
4	Usage of and attitudes toward heat and moisture exchanging breathing devices among adolescent skiers. <i>Translational Sports Medicine</i> , 2021, 4, 337-343.	1.1	4
5	A heat and moisture-exchanging mask impairs self-paced maximal running performance in a sub-zero environment. <i>European Journal of Applied Physiology</i> , 2021, 121, 1979-1992.	2.5	5
6	An experimental exposure study revealing composite airway effects of physical exercise in a subzero environment. <i>International Journal of Circumpolar Health</i> , 2021, 80, 1897213.	1.2	5
7	Acute Exposure to Normobaric Hypoxia Impairs Balance Performance in Sub-elite but Not Elite Basketball Players. <i>Frontiers in Physiology</i> , 2021, 12, 748153.	2.8	1
8	390 Can a heat-and-moisture exchanger attenuate inflammatory responses to exercise in sub-zero conditions?. , 2021, , .		0
9	Influence of Immune and Nutritional Biomarkers on Illness Risk During Interval Training. <i>International Journal of Sports Physiology and Performance</i> , 2020, 15, 60-67.	2.3	5
10	Water immersion methods do not alter muscle damage and inflammation biomarkers after high-intensity sprinting and jumping exercise. <i>European Journal of Applied Physiology</i> , 2020, 120, 2625-2634.	2.5	4
11	Exercise in Sub-zero Temperatures and Airway Health: Implications for Athletes With Special Focus on Heat-and-Moisture-Exchanging Breathing Devices. <i>Frontiers in Sports and Active Living</i> , 2020, 2, 34.	1.8	12
12	Tear Lactoferrin and Lysozyme as Clinically Relevant Biomarkers of Mucosal Immune Competence. <i>Frontiers in Immunology</i> , 2019, 10, 1178.	4.8	46
13	Qualitative identification and characterisation of self-reported symptoms arising in humans during experimental exposure to cold air. <i>International Journal of Circumpolar Health</i> , 2019, 78, 1583528.	1.2	9
14	High heart rate reactors display greater decreases in tear SIgA concentration following a novel acute stressor. <i>Biological Psychology</i> , 2018, 133, 85-88.	2.2	2
15	Symptoms of moderate exercise in subzero temperatures - An experimental exposure study. , 2018, , .		0
16	Tear Fluid SIgA as a Noninvasive Biomarker of Mucosal Immunity and Common Cold Risk. <i>Medicine and Science in Sports and Exercise</i> , 2016, 48, 569-577.	0.4	21
17	Exercise Intensity and Duration Effects on In Vivo Immunity. <i>Medicine and Science in Sports and Exercise</i> , 2015, 47, 1390-1398.	0.4	29
18	Effect Of Exercise-induced Dehydration And Subsequent Overnight Fluid Restriction On Immunity At The Ocular Surface. <i>Medicine and Science in Sports and Exercise</i> , 2014, 46, 921.	0.4	0

#	ARTICLE	IF	CITATIONS
19	Breathing resistance in heat and moisture exchanging devices. Proceedings of the Institution of Mechanical Engineers, Part P: Journal of Sports Engineering and Technology, 0, , 175433712098066.	0.7	1