

# MÂ<sup>a</sup> Dolores Vara

## List of Publications by Year in descending order

Source: <https://exaly.com/author-pdf/4970671/publications.pdf>

Version: 2024-02-01

20  
papers

258  
citations

1163117

8  
h-index

1058476

14  
g-index

22  
all docs

22  
docs citations

22  
times ranked

348  
citing authors

| #  | ARTICLE  | IF  | CITATIONS |
|----|--|-----|-----------|
| 1  | Exploring the Heterogeneity and Trajectories of Positive Functioning Variables, Emotional Distress, and Post-traumatic Growth During Strict Confinement Due to COVID-19. <i>Journal of Happiness Studies</i> , 2022, 23, 1683-1708.  | 3.2 | 18        |
| 2  | What is the Current and Future Status of Digital Mental Health Interventions?. <i>Spanish Journal of Psychology</i> , 2022, 25, e5.  | 2.1 | 21        |
| 3  | Psychometric properties of the Spanish version of the Patient Health Questionnaire-9 in users of the Ecuadorian public health care system. <i>Revista Latinoamericana De Psicología</i> , 2022, 53, .  | 0.3 | 5         |
| 4  | The Impact of a Web-Based Lifestyle Educational Program (â€œLiving Betterâ€™) Reintervention on Hypertensive Overweight or Obese Patients. <i>Nutrients</i> , 2022, 14, 2235.  | 4.1 | 4         |
| 5  | Leaning forward to increase approach motivation! The role of joy, exercise, and posture in achieving goals. <i>Current Psychology</i> , 2021, 40, 2390-2399.   | 2.8 | 3         |
| 6  | Cultural adaptation of the Smiling is Fun program for the treatment of depression in the Ecuadorian public health care system: A study protocol for a randomized controlled trial. <i>Internet Interventions</i> , 2021, 23, 100352.   | 2.7 | 7         |
| 7  | The impact of strict and forced confinement due to the COVID-19 pandemic on positive functioning variables, emotional distress, and posttraumatic growth in a Spanish sample. <i>HÃ¶gre Utbildning</i> , 2021, 12, 1918900.  | 3.0 | 7         |
| 8  | Exploring the mediator role of self-critical rumination between emotion regulation and psychopathology: A validation study of the Self-Critical Rumination Scale (SCRS) in a Spanish-speaking sample. <i>Personality and Individual Differences</i> , 2021, 183, 111115.                         | 2.9 | 6         |
| 9  | Elena+ Care for COVID-19, a Pandemic Lifestyle Care Intervention: Intervention Design and Study Protocol. <i>Frontiers in Public Health</i> , 2021, 9, 625640.   | 2.7 | 9         |
| 10 | A Low-Intensity Internet-Based Intervention Focused on the Promotion of Positive Affect for the Treatment of Depression in Spanish Primary Care: Secondary Analysis of a Randomized Controlled Trial. <i>International Journal of Environmental Research and Public Health</i> , 2020, 17, 8094. | 2.6 | 1         |
| 11 | Efficacy of an Internet-Based Intervention to Promote a Healthy Lifestyle on the Reproductive Parameters of Overweight and Obese Women: Study Protocol for a Randomised Controlled Trial. <i>International Journal of Environmental Research and Public Health</i> , 2020, 17, 8312.             | 2.6 | 5         |
| 12 | Working Alliance Inventory for Online Interventions-Short Form (WAI-TECH-SF): The Role of the Therapeutic Alliance between Patient and Online Program in Therapeutic Outcomes. <i>International Journal of Environmental Research and Public Health</i> , 2020, 17, 6169.                        | 2.6 | 26        |
| 13 | Validation of the Spanish Version of the Child and Adolescent Mindfulness Measure (CAMM) with Samples of Spanish and Chilean Children and Adolescents. <i>Mindfulness</i> , 2019, 10, 1502-1517.   | 2.8 | 13        |
| 14 | Efficacy of a cognitive and behavioral treatment for childhood obesity supported by the ETIOBE web platform. <i>Psychology, Health and Medicine</i> , 2019, 24, 703-713.   | 2.4 | 16        |
| 15 | Efficacy and cost-effectiveness of a blended cognitive behavioral therapy for depression in Spanish primary health care: study protocol for a randomised non-inferiority trial. <i>BMC Psychiatry</i> , 2018, 18, 74.  | 2.6 | 5         |
| 16 | ValidaciÃ³n psicomÃ©trica del cuestionario de regulaciÃ³n emocional (ERQ-CA) en poblaciÃ³n adolescente espaÃ±ola. <i>Revista De Psicología Clínica Con Niños Y Adolescentes</i> , 2018, 5, 9-15.   | 0.4 | 14        |
| 17 | Clientsâ€™ Experiences With Internet-Based Psychological Treatments for Mental Disorders: Protocol for a Metasynthesis of Qualitative Studies. <i>JMIR Research Protocols</i> , 2018, 7, e183.   | 1.0 | 0         |
| 18 | A game for emotional regulation in adolescents: The (body) interface device matters. <i>Computers in Human Behavior</i> , 2016, 57, 267-273.   | 8.5 | 19        |

| #  | ARTICLE  | IF  | CITATIONS |
|----|--|-----|-----------|
| 19 | A VR-Based Serious Game for Studying Emotional Regulation in Adolescents. IEEE Computer Graphics and Applications, 2015, 35, 65-73.                              | 1.2 | 38        |
| 20 | How the physical similarity of avatars can influence the learning of emotion regulation strategies in teenagers. Computers in Human Behavior, 2015, 43, 101-111. | 8.5 | 38        |