

Rachael A Heckenberg

List of Publications by Year in descending order

Source: <https://exaly.com/author-pdf/495721/publications.pdf>

Version: 2024-02-01

8
papers

287
citations

1478505
6
h-index

1588992
8
g-index

8
all docs

8
docs citations

8
times ranked

369
citing authors

#	ARTICLE	IF	CITATIONS
1	Do workplace-based mindfulness meditation programs improve physiological indices of stress? A systematic review and meta-analysis. <i>Journal of Psychosomatic Research</i> , 2018, 114, 62-71.	2.6	139
2	A systematic review and meta-analysis of the effort-reward imbalance model of workplace stress with indicators of immune function. <i>Journal of Psychosomatic Research</i> , 2016, 91, 1-8.	2.6	85
3	An online mindfulness-based program is effective in improving affect, over-commitment, optimism and mucosal immunity. <i>Physiology and Behavior</i> , 2019, 199, 20-27.	2.1	28
4	Development of a new virtual reality test of cognition: assessing the test-retest reliability, convergent and ecological validity of CONVIRT. <i>BMC Psychology</i> , 2020, 8, 61.	2.1	14
5	Investigating the JD-R occupational stress model with Australian direct-care workers: A focus group approach. <i>Health and Social Care in the Community</i> , 2018, 26, 751-758.	1.6	10
6	Trait mindfulness and the Effort-Reward Imbalance workplace stress model: Higher trait mindfulness is associated with increased salivary immunoglobulin A. <i>Behavioural Brain Research</i> , 2020, 377, 112252.	2.2	7
7	Empathy and job resources buffer the effect of higher job demands on increased salivary alpha amylase awakening responses in direct-care workers. <i>Behavioural Brain Research</i> , 2020, 394, 112826.	2.2	2
8	Understanding the nature and impact of occupational stress on Australian rural aged care workers. <i>Health and Social Care in the Community</i> , 2021, 29, 643-653.	1.6	2