

# Zalilah Mohd Shariff

## List of Publications by Year in Descending Order

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The third column is the impact factor (IF) of the journal, and the fourth column is the number of citations of the article.

84  
papers

872  
citations

16  
h-index

26  
g-index

93  
ext. papers

1,157  
ext. citations

3.1  
avg, IF

4.35  
L-index

#	Paper	IF	Citations
84	High early pregnancy serum 25-hydroxy vitamin D level, within a sub-optimal range, is associated with gestational diabetes mellitus: a prospective cohort study.. <i>Nutrition Research and Practice</i> , <b>2022</b> , 16, 120-131	2.1	1
83	Early pregnancy hemoglobin is associated with the risk of gestational diabetes mellitus: A retrospective cohort study.. <i>British Journal of Nutrition</i> , <b>2022</b> , 1-20	3.6	1
82	Higher Animal Protein Intake During the Second Trimester of Pregnancy Is Associated With Risk of GDM. <i>Frontiers in Nutrition</i> , <b>2021</b> , 8, 718792	6.2	1
81	Predictors of Parental Barriers to Reduce Excessive Child Screen Time Among Parents of Under-Five Children in Selangor, Malaysia: Cross-sectional Study. <i>Journal of Medical Internet Research</i> , <b>2021</b> , 23, e25219	7.6	0
80	Impacts of a School-Based Intervention That Incorporates Nutrition Education and a Supportive Healthy School Canteen Environment among Primary School Children in Malaysia. <i>Nutrients</i> , <b>2021</b> , 13,	6.7	1
79	PUTRA-Adol study: protocol for an observational follow-up study to assess the tracking of dietary patterns linked to cardiometabolic risk factors and its prospective relationship with non-alcoholic fatty liver disease, carotid intima-medial thickness and mental well-being during adolescence in Malaysia. <i>BMJ Open</i> , <b>2021</b> , 11, e044747	3	
78	The Inclusion of Folic Acid in Weekly Iron-Folic Acid Supplements Confers no Additional Benefit on Anemia Reduction in Nonpregnant Women: A Randomized Controlled Trial in Malaysia. <i>Journal of Nutrition</i> , <b>2021</b> , 151, 2264-2270	4.1	
77	Dietary Acid Load and Its Interaction with IGF1 (rs35767 and rs7136446) and IL6 (rs1800796) Polymorphisms on Metabolic Traits among Postmenopausal Women. <i>Nutrients</i> , <b>2021</b> , 13,	6.7	1
76	Beverage Intake and the Risk of Gestational Diabetes Mellitus: The SECOST. <i>Nutrients</i> , <b>2021</b> , 13,	6.7	1
75	No Interaction Effect between Interleukin-6 Polymorphisms and Acid Ash Diet with Bone Resorption Marker in Postmenopausal Women. <i>International Journal of Environmental Research and Public Health</i> , <b>2021</b> , 18,	4.6	1
74	Parental Feeding Practices and Child-Related Factors are Associated with Overweight and Obesity in Children and Adolescents with Autism Spectrum Disorder. <i>Journal of Autism and Developmental Disorders</i> , <b>2021</b> , 1	4.6	1
73	Multiple micronutrient supplementation improves growth and reduces the risk of anemia among infants in Gaza Strip, Palestine: a prospective randomized community trial. <i>Nutrition Journal</i> , <b>2020</b> , 19, 133	4.3	3
72	Does Food Insecurity Contribute towards Depression? A Cross-Sectional Study among the Urban Elderly in Malaysia. <i>International Journal of Environmental Research and Public Health</i> , <b>2020</b> , 17,	4.6	9
71	Effect of once weekly folic acid supplementation on erythrocyte folate concentrations in women to determine potential to prevent neural tube defects: a randomised controlled dose-finding trial in Malaysia. <i>BMJ Open</i> , <b>2020</b> , 10, e034598	3	5
70	Effectiveness of a school-based intervention on knowledge, attitude and practice on healthy lifestyle and body composition in Malaysian adolescents. <i>BMC Pediatrics</i> , <b>2020</b> , 20, 122	2.6	4
69	Factors associated with autism severity among Malaysian children with Autism Spectrum Disorder. <i>Research in Developmental Disabilities</i> , <b>2020</b> , 100, 103632	2.7	3
68	High body fat percentage and low consumption of dairy products were associated with vitamin D inadequacy among older women in Malaysia. <i>PLoS ONE</i> , <b>2020</b> , 15, e0228803	3.7	4

67	The association between dietary patterns before and in early pregnancy and the risk of gestational diabetes mellitus (GDM): Data from the Malaysian SECOST cohort. <i>PLoS ONE</i> , <b>2020</b> , 15, e0227246	3.7	3
66	Nutrition Indicators, Physical Function, and Health-Related Quality of Life in Breast Cancer Patients. <i>Asian Pacific Journal of Cancer Prevention</i> , <b>2020</b> , 21, 1939-1950	1.7	1
65	Vitamin D status is associated with high BMI, working status and gravidity among pregnant Malaysian women. <i>Malaysian Journal of Nutrition</i> , <b>2020</b> , 26, 129-139	1.4	2
64	Comparison of Factors Associated with Disordered Eating between Male and Female Malaysian University Students. <i>Nutrients</i> , <b>2020</b> , 12,	6.7	7
63	Independent and combined effects of age, body mass index and gestational weight gain on the risk of gestational diabetes mellitus. <i>Scientific Reports</i> , <b>2020</b> , 10, 8486	4.9	17
62	Factors associated with dietary glycemic index and glycemic load in pregnant women and risk for gestational diabetes mellitus. <i>International Journal of Food Sciences and Nutrition</i> , <b>2020</b> , 71, 516-524	3.7	5
61	Malaysian adolescents' perceptions of healthy eating: a qualitative study. <i>Public Health Nutrition</i> , <b>2020</b> , 23, 1440-1449	3.3	3
60	High physical activity and high sedentary behavior increased the risk of gestational diabetes mellitus among women with excessive gestational weight gain: a prospective study. <i>BMC Pregnancy and Childbirth</i> , <b>2020</b> , 20, 597	3.2	4
59	Effect of Family-Based REDUCE Intervention Program on Children Eating Behavior and Dietary Intake: Randomized Controlled Field Trial. <i>Nutrients</i> , <b>2020</b> , 12,	6.7	1
58	Exploration on the Malaysian adolescents' understanding towards concepts of physical activity, perceived facilitators and barriers in practising an active lifestyle. <i>British Food Journal</i> , <b>2020</b> , 122, 3151-3164	2.8	1
57	The Relationships between a Dietary Pattern Linked to Cardiometabolic Risk Factors and Life Satisfaction in Early Adolescence. <i>International Journal of Environmental Research and Public Health</i> , <b>2020</b> , 17,	4.6	1
56	Factors associated with cognitive and motor delays in Malaysian infants aged 6-12 months. <i>Early Child Development and Care</i> , <b>2020</b> , 1-14	0.9	1
55	Rate of gestational weight gain trajectory is associated with adverse pregnancy outcomes. <i>Public Health Nutrition</i> , <b>2020</b> , 23, 3304-3314	3.3	2
54	Associations of an empirical dietary pattern with cardiometabolic risk factors in Malaysian adolescents. <i>Nutrition and Metabolism</i> , <b>2020</b> , 17, 28	4.6	3
53	The association between dietary patterns before and in early pregnancy and the risk of gestational diabetes mellitus (GDM): Data from the Malaysian SECOST cohort <b>2020</b> , 15, e0227246		
52	The association between dietary patterns before and in early pregnancy and the risk of gestational diabetes mellitus (GDM): Data from the Malaysian SECOST cohort <b>2020</b> , 15, e0227246		
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49	Pre-Pregnancy BMI Influences the Association of Dietary Quality and Gestational Weight Gain: The SECOST Study. <i>International Journal of Environmental Research and Public Health</i> , <b>2019</b> , 16,	4.6	8
48	Sociodemographic, nutritional, and environmental factors are associated with cognitive performance among Orang Asli children in Malaysia. <i>PLoS ONE</i> , <b>2019</b> , 14, e0219841	3.7	9
47	School-based intervention that integrates nutrition education and supportive healthy school food environment among Malaysian primary school children: a study protocol. <i>BMC Public Health</i> , <b>2019</b> , 19, 1427	4.1	6
46	Overweight and obesity among Orang Asli adults in Krau Wildlife Reserve, Pahang: a four-year follow-up study. <i>Malaysian Journal of Nutrition</i> , <b>2019</b> , 25, 199-207	1.4	2
45	Associations between the dietary patterns of pregnant Malaysian women and ethnicity, education, and early pregnancy waist circumference: A prospective cohort study. <i>Nutrition Research and Practice</i> , <b>2019</b> , 13, 230-239	2.1	2
44	Do not neglect the indigenous peoples when reporting health and nutrition issues of the socio-economically disadvantaged populations in Malaysia. <i>BMC Public Health</i> , <b>2019</b> , 19, 1685	4.1	7
43	Early growth and home environment are associated with cognitive development in the first year of life of Malaysian infants. <i>Early Human Development</i> , <b>2019</b> , 140, 104890	2.2	2
42	Seremban Cohort Study (SECOST): a prospective study of determinants and pregnancy outcomes of maternal glycaemia in Malaysia. <i>BMJ Open</i> , <b>2018</b> , 8, e018321	3	9
41	The effectiveness of a stage-based lifestyle modification intervention for obese children. <i>BMC Public Health</i> , <b>2018</b> , 18, 299	4.1	10
40	Family-based intervention using face-to-face sessions and social media to improve Malay primary school children's adiposity: a randomized controlled field trial of the Malaysian REDUCE programme. <i>Nutrition Journal</i> , <b>2018</b> , 17, 74	4.3	13
39	Dietary Acid Load, IGF-1 Single Nucleotide Polymorphism and Bone Resorption among Postmenopausal Chinese Women. <i>Nutrients</i> , <b>2018</b> , 10,	6.7	4
38	Growth patterns of Palestinian children from birth to 24 months. <i>Eastern Mediterranean Health Journal</i> , <b>2018</b> , 24, 302-310	1.7	1
37	A case-control study on the association of abdominal obesity and hypercholesterolemia with the risk of colorectal cancer. <i>Journal of Carcinogenesis</i> , <b>2018</b> , 17, 4	1.9	3
36	Weight and height faltering in the indigenous children (Orang Asli) of Peninsular Malaysia during the first 2 years of life. <i>Asia Pacific Journal of Clinical Nutrition</i> , <b>2018</b> , 27, 886-892	1	3
35	A case-control study of the association between metabolic syndrome and colorectal cancer: a comparison of International Diabetes Federation, National Cholesterol Education Program Adults Treatment Panel III, and World Health Organization definitions. <i>Journal of Gastrointestinal Oncology</i> , <b>2018</b> , 9, 650-663	2.8	9
34	Obesity indices predict hypertension among indigenous adults in Krau Wildlife Reserve, Peninsular Malaysia. <i>Journal of Health, Population and Nutrition</i> , <b>2017</b> , 36, 24	2.5	12
33	Use of Micronutrient Powder in At-Home Foods for Young Children (6-18 Months): A Feasibility Study. <i>Pakistan Journal of Nutrition</i> , <b>2017</b> , 16, 372-377	0.3	2
32	School-based intervention to prevent overweight and disordered eating in secondary school Malaysian adolescents: a study protocol. <i>BMC Public Health</i> , <b>2016</b> , 16, 1101	4.1	13

31	Early nutrition, growth and cognitive development of infants from birth to 2½ years in Malaysia: a study protocol. <i>BMC Pediatrics</i> , <b>2016</b> , 16, 160	2.6	13
30	Pre-pregnancy body mass index, height and physical activity are associated with rate of gestational weight gain among Malaysian mothers. <i>Journal of Obstetrics and Gynaecology Research</i> , <b>2016</b> , 42, 1094-1099	1.9	6
29	Higher Dietary Energy Density is Associated with Stunting but not Overweight and Obesity in a Sample of Urban Malaysian Children. <i>Ecology of Food and Nutrition</i> , <b>2016</b> , 55, 378-89	1.9	5
28	Double-burden of malnutrition among the indigenous peoples (Orang Asli) of Peninsular Malaysia. <i>BMC Public Health</i> , <b>2015</b> , 15, 680	4.1	37
27	The relationship between household income and dietary intakes of 1-10 year old urban Malaysian. <i>Nutrition Research and Practice</i> , <b>2015</b> , 9, 278-87	2.1	28
26	Evaluation of diet quality and its associated factors among adolescents in Kuala Lumpur, Malaysia. <i>Nutrition Research and Practice</i> , <b>2015</b> , 9, 511-6	2.1	15
25	Relationship between sociodemographics, dietary intake, and physical activity with gestational weight gain among pregnant women in Rafsanjan City, Iran. <i>Journal of Health, Population and Nutrition</i> , <b>2015</b> , 33, 168-76	2.5	11
24	Weighing the evidence of low glycemic index dietary intervention for the management of gestational diabetes mellitus: an Asian perspective. <i>International Journal of Food Sciences and Nutrition</i> , <b>2014</b> , 65, 144-50	3.7	8
23	Association between household food insecurity and nutritional outcomes among children in Northeastern of Peninsular Malaysia. <i>Nutrition Research and Practice</i> , <b>2014</b> , 8, 304-11	2.1	38
22	Confirmatory factor analysis of the Malay version comprehensive feeding practices questionnaire tested among mothers of primary school children in Malaysia. <i>Scientific World Journal, The</i> , <b>2014</b> , 2014, 676174	2.2	11
21	Stages of change to increase fruit and vegetable intake and its relationships with fruit and vegetable intake and related psychosocial factors. <i>Nutrition Research and Practice</i> , <b>2014</b> , 8, 297-303	2.1	14
20	Food insecurity and the metabolic syndrome among women from low income communities in Malaysia. <i>Asia Pacific Journal of Clinical Nutrition</i> , <b>2014</b> , 23, 138-47	1	27
19	Parental body mass index is associated with adolescent overweight and obesity in Mashhad, Iran. <i>Asia Pacific Journal of Clinical Nutrition</i> , <b>2014</b> , 23, 225-31	1	20
18	Diet and physical activity in relation to weight change among breast cancer patients. <i>Asian Pacific Journal of Cancer Prevention</i> , <b>2014</b> , 15, 39-44	1.7	25
17	Dietary patterns and risk of colorectal cancer in Tehran Province: a case-control study. <i>BMC Public Health</i> , <b>2013</b> , 13, 222	4.1	45
16	Socioeconomic status and intake of energy and sodium are associated with calcium intake among pregnant women in Rafsanjan city, Iran. <i>Journal of Obstetrics and Gynaecology Research</i> , <b>2013</b> , 39, 146-53	1.9	5
15	Factors associated with quality of life among hemodialysis patients in Malaysia. <i>PLoS ONE</i> , <b>2013</b> , 8, e84152	3.7	45
14	The effect of high lactose-isomaltulose on cognitive performance of young children. A double blind cross-over design study. <i>Appetite</i> , <b>2012</b> , 58, 81-7	4.5	16

13	Use of complementary and alternative medicine among breast cancer survivors. <i>Asian Pacific Journal of Cancer Prevention</i> , <b>2012</b> , 13, 4081-6	1.7	31
12	Weight changes and lifestyle behaviors in women after breast cancer diagnosis: a cross-sectional study. <i>BMC Public Health</i> , <b>2011</b> , 11, 309	4.1	24
11	Validation of the Malaysian Coping Strategy Instrument to measure household food insecurity in Kelantan, Malaysia. <i>Food and Nutrition Bulletin</i> , <b>2011</b> , 32, 354-64	1.8	11
10	Pattern of weight changes in women with breast cancer. <i>Asian Pacific Journal of Cancer Prevention</i> , <b>2010</b> , 11, 1535-40	1.7	12
9	Food variety score is associated with dual burden of malnutrition in Orang Asli (Malaysian indigenous peoples) households: implications for health promotion. <i>Asia Pacific Journal of Clinical Nutrition</i> , <b>2009</b> , 18, 412-22	1	35
8	Eating behaviour, body image, and self-esteem of adolescent girls in Malaysia. <i>Perceptual and Motor Skills</i> , <b>2008</b> , 106, 833-44	2.2	13
7	Household food insecurity and coping strategies in a poor rural community in Malaysia. <i>Nutrition Research and Practice</i> , <b>2008</b> , 2, 26-34	2.1	50
6	Development of multi-dimensional body image scale for Malaysian female adolescents. <i>Nutrition Research and Practice</i> , <b>2008</b> , 2, 85	2.1	
5	Correlates of Children's Eating Attitude Test scores among primary school children. <i>Perceptual and Motor Skills</i> , <b>2005</b> , 100, 463-72	2.2	11
4	Obesity and household food insecurity: evidence from a sample of rural households in Malaysia. <i>European Journal of Clinical Nutrition</i> , <b>2005</b> , 59, 1049-58	5.2	78
3	Diet and lifestyle intervention among patients with colorectal adenomas: rationale and design of a Malaysian study. <i>Asian Pacific Journal of Cancer Prevention</i> , <b>2005</b> , 6, 553-60	1.7	
2	Indicators and Nutritional Outcomes of Household Food Insecurity among a Sample of Rural Malaysian Women. <i>Pakistan Journal of Nutrition</i> , <b>2003</b> , 3, 50-55	0.3	7
1	Nutrition and educational achievement of urban primary schoolchildren in Malaysia. <i>Asia Pacific Journal of Clinical Nutrition</i> , <b>2000</b> , 9, 264-73	1	27