

# Letizia Galasso

## List of Publications by Year in descending order

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Version: 2024-02-01

28  
papers

931  
citations

623699

14  
h-index

501174

28  
g-index

28  
all docs

28  
docs citations

28  
times ranked

1060  
citing authors

#	ARTICLE	IF	CITATIONS
1	Effect of chronotype on academic achievement in a sample of Italian University students: An update on sex effect. <i>Chronobiology International</i> , 2022, 39, 613-615.	2.0	2
2	Weight Loss Management and Lifestyle Changes during COVID-19 Lockdown: A Matched Italian Cohort Study. <i>Nutrients</i> , 2022, 14, 2897.	4.1	2
3	Differences in Daytime Activity Levels and Daytime Sleep Between Night and Day Duty: An Observational Study in Italian Orthopedic Nurses. <i>Frontiers in Physiology</i> , 2021, 12, 628231.	2.8	4
4	Biological Rhythm and Chronotype: New Perspectives in Health. <i>Biomolecules</i> , 2021, 11, 487.	4.0	99
5	Sex Differences in Rest-Activity Circadian Rhythm in Patients With Metabolic Syndrome. <i>Frontiers in Physiology</i> , 2021, 12, 641461.	2.8	4
6	Effects of Shift Work in a Sample of Italian Nurses: Analysis of Rest-Activity Circadian Rhythm. <i>International Journal of Environmental Research and Public Health</i> , 2021, 18, 8378.	2.6	6
7	Physical activity, chronotype and sleep in a sample of Italian elderly population. <i>Sport Sciences for Health</i> , 2020, 16, 55-64.	1.3	12
8	Effect of chronotype on rating of perceived exertion in active young people. <i>Sport Sciences for Health</i> , 2020, 16, 331-336.	1.3	15
9	Binge Eating Disorder: What Is the Role of Physical Activity Associated with Dietary and Psychological Treatment?. <i>Nutrients</i> , 2020, 12, 3622.	4.1	14
10	Reduced Neuromuscular Performance in Night Shift Orthopedic Nurses: New Insights From a Combined Electromyographic and Force Signals Approach. <i>Frontiers in Physiology</i> , 2020, 11, 693.	2.8	7
11	Effect of chronotype on motor skills specific to soccer in adolescent players. <i>Chronobiology International</i> , 2020, 37, 552-563.	2.0	27
12	Is Abdominal Fat Distribution Associated with Chronotype in Adults Independently of Lifestyle Factors?. <i>Nutrients</i> , 2020, 12, 592.	4.1	32
13	Rest-activity rhythm in breast cancer survivors: an update based on non-parametric indices. <i>Chronobiology International</i> , 2020, 37, 946-951.	2.0	12
14	Adherence to the 2018 WCRF/AICR recommendations and sleep behaviour in people with metabolic syndrome. <i>Epidemiologia E Prevenzione</i> , 2020, 44, 288-294.	1.1	8
15	The multidisciplinary therapy in binge eating disorder is able to influence the interdaily stability and sleep quality?. <i>Chronobiology International</i> , 2019, 36, 1311-1315.	2.0	11
16	Effect of chronotype on academic achievement in a sample of Italian University students. <i>Chronobiology International</i> , 2019, 36, 1482-1495.	2.0	34
17	Rest-activity circadian rhythm in breast cancer survivors at 5 years after the primary diagnosis. <i>Chronobiology International</i> , 2019, 36, 1156-1165.	2.0	28
18	Human Physiology During Exposure to the Cave Environment: A Systematic Review With Implications for Aerospace Medicine. <i>Frontiers in Physiology</i> , 2019, 10, 442.	2.8	8

#	ARTICLE	IF	CITATIONS
19	Effect of aerobic exercise intervention on markers of insulin resistance in breast cancer women. <i>European Journal of Cancer Care</i> , 2018, 27, e12617.	1.5	30
20	Aerobic exercise training improves physical performance of patients with binge-eating disorder. <i>Sport Sciences for Health</i> , 2018, 14, 47-51.	1.3	6
21	Rest-activity circadian rhythm and sleep quality in patients with binge eating disorder. <i>Chronobiology International</i> , 2018, 35, 198-207.	2.0	39
22	Predicting the actigraphy-based acrophase using the Morningness-Eveningness Questionnaire (MEQ) in college students of North Italy. <i>Chronobiology International</i> , 2017, 34, 551-562.	2.0	40
23	If the Morning-Evening Questionnaire (MEQ) is able to predict the actigraphy-based acrophase, how does its reduced, five-item version (rMEQ) perform?. <i>Chronobiology International</i> , 2017, 34, 443-444.	2.0	26
24	Sleep quality and high intensity interval training at two different times of day: A crossover study on the influence of the chronotype in male collegiate soccer players. <i>Chronobiology International</i> , 2017, 34, 260-268.	2.0	74
25	The circadian typology: the role of physical activity and melatonin. <i>Sport Sciences for Health</i> , 2017, 13, 469-476.	1.3	42
26	Protective Effect of Aerobic Physical Activity on Sleep Behavior in Breast Cancer Survivors. <i>Integrative Cancer Therapies</i> , 2017, 16, 21-31.	2.0	58
27	Acute Modification of Cardiac Autonomic Function of High-Intensity Interval Training in Collegiate Male Soccer Players with Different Chronotype: A Cross-Over Study. <i>Journal of Sports Science and Medicine</i> , 2017, 16, 286-294.	1.6	37
28	Chronotype influences activity circadian rhythm and sleep: Differences in sleep quality between weekdays and weekend. <i>Chronobiology International</i> , 2015, 32, 405-415.	2.0	254