

Emily K Lindsay

List of Publications by Year in descending order

Source: <https://exaly.com/author-pdf/4940274/publications.pdf>

Version: 2024-02-01

25
papers

2,750
citations

430874

18
h-index

610901

24
g-index

31
all docs

31
docs citations

31
times ranked

3059
citing authors

| # | ARTICLE | IF | CITATIONS |
|----|---|------|-----------|
| 1 | Nature, Assessment, and Mechanisms of Mindfulness. , 2022, , 1-12. | | 3 |
| 2 | Small "doses" of inflammation initiate social sickness behavior. <i>Brain, Behavior, and Immunity</i> , 2022, 102, 40-41. | 4.1 | 5 |
| 3 | Mindfulness-based stress reduction increases stimulated IL-6 production among lonely older adults: A randomized controlled trial. <i>Brain, Behavior, and Immunity</i> , 2022, 104, 6-15. | 4.1 | 9 |
| 4 | Mindfulness-Based Stress Reduction Buffers Glucocorticoid Resistance Among Older Adults: A Randomized Controlled Trial. <i>Psychosomatic Medicine</i> , 2021, 83, 641-649. | 2.0 | 10 |
| 5 | Mindfulness interventions improve momentary and trait measures of attentional control: Evidence from a randomized controlled trial.. <i>Journal of Experimental Psychology: General</i> , 2021, 150, 686-699. | 2.1 | 15 |
| 6 | Punishment on Pause: Preliminary Evidence That Mindfulness Training Modifies Neural Responses in a Reactive Aggression Task. <i>Frontiers in Behavioral Neuroscience</i> , 2021, 15, 689373. | 2.0 | 4 |
| 7 | Mindfulness interventions for offsetting health risk following early life stress: Promising directions. <i>Brain, Behavior, & Immunity - Health</i> , 2021, 17, 100338. | 2.5 | 2 |
| 8 | Mindfulness training and systemic low-grade inflammation in stressed community adults: Evidence from two randomized controlled trials. <i>PLoS ONE</i> , 2019, 14, e0219120. | 2.5 | 36 |
| 9 | Mindfulness Training and Physical Health: Mechanisms and Outcomes. <i>Psychosomatic Medicine</i> , 2019, 81, 224-232. | 2.0 | 127 |
| 10 | Mindfulness training reduces loneliness and increases social contact in a randomized controlled trial. <i>Proceedings of the National Academy of Sciences of the United States of America</i> , 2019, 116, 3488-3493. | 7.1 | 162 |
| 11 | Mindfulness, acceptance, and emotion regulation: perspectives from Monitor and Acceptance Theory (MAT). <i>Current Opinion in Psychology</i> , 2019, 28, 120-125. | 4.9 | 74 |
| 12 | Psychological mechanisms driving stress resilience in mindfulness training: A randomized controlled trial.. <i>Health Psychology</i> , 2019, 38, 759-768. | 1.6 | 56 |
| 13 | Acceptance lowers stress reactivity: Dismantling mindfulness training in a randomized controlled trial. <i>Psychoneuroendocrinology</i> , 2018, 87, 63-73. | 2.7 | 145 |
| 14 | Brief mindfulness training for negative affectivity: A systematic review and meta-analysis.. <i>Journal of Consulting and Clinical Psychology</i> , 2018, 86, 569-583. | 2.0 | 164 |
| 15 | How mindfulness training promotes positive emotions: Dismantling acceptance skills training in two randomized controlled trials.. <i>Journal of Personality and Social Psychology</i> , 2018, 115, 944-973. | 2.8 | 117 |
| 16 | Mindfulness Meditation Training and Executive Control Network Resting State Functional Connectivity: A Randomized Controlled Trial. <i>Psychosomatic Medicine</i> , 2017, 79, 674-683. | 2.0 | 113 |
| 17 | Brief mindfulness meditation training reduces mind wandering: The critical role of acceptance.. <i>Emotion</i> , 2017, 17, 224-230. | 1.8 | 93 |
| 18 | Mechanisms of mindfulness training: Monitor and Acceptance Theory (MAT). <i>Clinical Psychology Review</i> , 2017, 51, 48-59. | 11.4 | 456 |

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|----|--|-----|-----------|
| 19 | Alterations in Resting-State Functional Connectivity Link Mindfulness Meditation With Reduced Interleukin-6: A Randomized Controlled Trial. <i>Biological Psychiatry</i> , 2016, 80, 53-61. | 1.3 | 201 |
| 20 | Mindfulness meditation training alters stress-related amygdala resting state functional connectivity: a randomized controlled trial. <i>Social Cognitive and Affective Neuroscience</i> , 2015, 10, 1758-1768. | 3.0 | 123 |
| 21 | Back to the Basics: How Attention Monitoring and Acceptance Stimulate Positive Growth. <i>Psychological Inquiry</i> , 2015, 26, 343-348. | 0.9 | 27 |
| 22 | How Does Mindfulness Training Affect Health? A Mindfulness Stress Buffering Account. <i>Current Directions in Psychological Science</i> , 2014, 23, 401-407. | 5.3 | 327 |
| 23 | Helping the self help others: self-affirmation increases self-compassion and pro-social behaviors. <i>Frontiers in Psychology</i> , 2014, 5, 421. | 2.1 | 74 |
| 24 | Brief mindfulness meditation training alters psychological and neuroendocrine responses to social evaluative stress. <i>Psychoneuroendocrinology</i> , 2014, 44, 1-12. | 2.7 | 233 |
| 25 | CD28 Down-Regulation on Circulating CD4 T-Cells Is Associated with Poor Prognoses of Patients with Idiopathic Pulmonary Fibrosis. <i>PLoS ONE</i> , 2010, 5, e8959. | 2.5 | 170 |