

Emily K Lindsay

List of Publications by Year in descending order

Source: <https://exaly.com/author-pdf/4940274/publications.pdf>

Version: 2024-02-01

25
papers

2,750
citations

430874

18
h-index

610901

24
g-index

31
all docs

31
docs citations

31
times ranked

3059
citing authors

#	ARTICLE	IF	CITATIONS
1	Mechanisms of mindfulness training: Monitor and Acceptance Theory (MAT). <i>Clinical Psychology Review</i> , 2017, 51, 48-59.	11.4	456
2	How Does Mindfulness Training Affect Health? A Mindfulness Stress Buffering Account. <i>Current Directions in Psychological Science</i> , 2014, 23, 401-407.	5.3	327
3	Brief mindfulness meditation training alters psychological and neuroendocrine responses to social evaluative stress. <i>Psychoneuroendocrinology</i> , 2014, 44, 1-12.	2.7	233
4	Alterations in Resting-State Functional Connectivity Link Mindfulness Meditation With Reduced Interleukin-6: A Randomized Controlled Trial. <i>Biological Psychiatry</i> , 2016, 80, 53-61.	1.3	201
5	CD28 Down-Regulation on Circulating CD4 T-Cells Is Associated with Poor Prognoses of Patients with Idiopathic Pulmonary Fibrosis. <i>PLoS ONE</i> , 2010, 5, e8959.	2.5	170
6	Brief mindfulness training for negative affectivity: A systematic review and meta-analysis.. <i>Journal of Consulting and Clinical Psychology</i> , 2018, 86, 569-583.	2.0	164
7	Mindfulness training reduces loneliness and increases social contact in a randomized controlled trial. <i>Proceedings of the National Academy of Sciences of the United States of America</i> , 2019, 116, 3488-3493.	7.1	162
8	Acceptance lowers stress reactivity: Dismantling mindfulness training in a randomized controlled trial. <i>Psychoneuroendocrinology</i> , 2018, 87, 63-73.	2.7	145
9	Mindfulness Training and Physical Health: Mechanisms and Outcomes. <i>Psychosomatic Medicine</i> , 2019, 81, 224-232.	2.0	127
10	Mindfulness meditation training alters stress-related amygdala resting state functional connectivity: a randomized controlled trial. <i>Social Cognitive and Affective Neuroscience</i> , 2015, 10, 1758-1768.	3.0	123
11	How mindfulness training promotes positive emotions: Dismantling acceptance skills training in two randomized controlled trials.. <i>Journal of Personality and Social Psychology</i> , 2018, 115, 944-973.	2.8	117
12	Mindfulness Meditation Training and Executive Control Network Resting State Functional Connectivity: A Randomized Controlled Trial. <i>Psychosomatic Medicine</i> , 2017, 79, 674-683.	2.0	113
13	Brief mindfulness meditation training reduces mind wandering: The critical role of acceptance.. <i>Emotion</i> , 2017, 17, 224-230.	1.8	93
14	Helping the self help others: self-affirmation increases self-compassion and pro-social behaviors. <i>Frontiers in Psychology</i> , 2014, 5, 421.	2.1	74
15	Mindfulness, acceptance, and emotion regulation: perspectives from Monitor and Acceptance Theory (MAT). <i>Current Opinion in Psychology</i> , 2019, 28, 120-125.	4.9	74
16	Psychological mechanisms driving stress resilience in mindfulness training: A randomized controlled trial.. <i>Health Psychology</i> , 2019, 38, 759-768.	1.6	56
17	Mindfulness training and systemic low-grade inflammation in stressed community adults: Evidence from two randomized controlled trials. <i>PLoS ONE</i> , 2019, 14, e0219120.	2.5	36
18	Back to the Basics: How Attention Monitoring and Acceptance Stimulate Positive Growth. <i>Psychological Inquiry</i> , 2015, 26, 343-348.	0.9	27

#	ARTICLE	IF	CITATIONS
19	Mindfulness interventions improve momentary and trait measures of attentional control: Evidence from a randomized controlled trial.. Journal of Experimental Psychology: General, 2021, 150, 686-699.	2.1	15
20	Mindfulness-Based Stress Reduction Buffers Glucocorticoid Resistance Among Older Adults: A Randomized Controlled Trial. Psychosomatic Medicine, 2021, 83, 641-649.	2.0	10
21	Mindfulness-based stress reduction increases stimulated IL-6 production among lonely older adults: A randomized controlled trial. Brain, Behavior, and Immunity, 2022, 104, 6-15.	4.1	9
22	Small "doses" of inflammation initiate social sickness behavior. Brain, Behavior, and Immunity, 2022, 102, 40-41.	4.1	5
23	Punishment on Pause: Preliminary Evidence That Mindfulness Training Modifies Neural Responses in a Reactive Aggression Task. Frontiers in Behavioral Neuroscience, 2021, 15, 689373.	2.0	4
24	Nature, Assessment, and Mechanisms of Mindfulness. , 2022, , 1-12.		3
25	Mindfulness interventions for offsetting health risk following early life stress: Promising directions. Brain, Behavior, & Immunity - Health, 2021, 17, 100338.	2.5	2