John S Raglin

List of Publications by Year
in descending order

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Version: 2024-02-01

56 papers	3,076 citations	218677 26 h-index	182427 51 g-index
61 all docs	61 docs citations	61 times ranked	2720 citing authors

#	Article	IF	Citations
1	Prevention, Diagnosis, and Treatment of the Overtraining Syndrome. Medicine and Science in Sports and Exercise, 2013, 45, 186-205.	0.4	801
2	Prevention, diagnosis and treatment of the overtraining syndrome: Joint consensus statement of the European College of Sport Science (ECSS) and the American College of Sports Medicine (ACSM). European Journal of Sport Science, 2013, 13, 1-24.	2.7	248
3	Mood disturbance following increased training in swimmers. Medicine and Science in Sports and Exercise, 1988, 20, 408-414.	0.4	216
4	Exercise and Mental Health. Sports Medicine, 1990, 9, 323-329.	6.5	165
5	Mood state and salivary cortisol levels following overtraining in female swimmers. Psychoneuroendocrinology, 1989, 14, 303-310.	2.7	137
6	Psychological Factors in Sport Performance. Sports Medicine, 2001, 31, 875-890.	6.5	120
7	Influence of exercise and quiet rest on state anxiety and blood pressure. Medicine and Science in Sports and Exercise, 1987, 19, 456???463.	0.4	113
8	Mood state monitoring of training and recovery in elite kayakers. European Journal of Sport Science, 2006, 6, 245-253.	2.7	76
9	The individual zones of optimal functioning (IZOF) model (1978â€“2014): Historical overview of its development and use. International Journal of Sport and Exercise Psychology, 2017, 15, 41-63.	2.1	66
10	The Placebo and Nocebo effect on sports performance: A systematic review. European Journal of Sport Science, 2020, 20, 279-292.	2.7	64
11	Effect of mental imagery of a motor task on the Hoffmann reflex. Behavioural Brain Research, 2003, 142, 81-87.	2.2	60
12	Consensus statement on placebo effects in sports and exercise: The need for conceptual clarity, methodological rigour, and the elucidation of neurobiological mechanisms. European Journal of Sport Science, 2018, 18, 1383-1389.	2.7	59
13	Optimism, Pessimism, and Precompetition Anxiety in College Athletes. Personality and Individual Differences, 2002, 32, 893-902.	2.9	53
14	Mood and self-motivation in successful and unsuccessful female rowers. Medicine and Science in Sports and Exercise, 1990, 22, 849.	0.4	50
15	Will the Consciousâ€“Subconscious Pacing Quagmire Help Elucidate the Mechanisms of Self-Paced Exercise? New Opportunities in Dual Process Theory and Process Tracing Methods. Sports Medicine, 2017, 47, 1231-1239.	6.5	50
16	State anxiety and blood pressure following 30 min of leg ergometry or weight training. Medicine and Science in Sports and Exercise, 1993, 25, 1044???1048.	0.4	49
17	Anxiety and performance in track and field athletes: A comparison of the inverted-U hypothesis with zone of optimal function theory. Personality and Individual Differences, 1993, 14, 163-171.	2.9	42
18	Training Practices and Staleness in 13â€“18-Year-Old Swimmers: A Cross-Cultural Study. Pediatric Exercise Science, 2000, 12, 61-70.	1.0	42

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19	Mood, neuromuscular function, and performance during training in female swimmers. Medicine and Science in Sports and Exercise, 1996, 28, 372-377.	0.4	40
20	Crawling to the Finish Line: Why do Endurance Runners Collapse?. Sports Medicine, 2013, 43, 413-424.	6.5	37
21	The relationship of basic need satisfaction, motivational climate and personality to well-being and stress patterns among elite athletes: An explorative study. Motivation and Emotion, 2015, 39, 237-246.	1.3	31
22	Advancing the understanding of placebo effects in psychological outcomes of exercise: Lessons learned and future directions. European Journal of Sport Science, 2020, 20, 326-337.	2.7	30
23	Psychobiologic effects of 3 d of increased training in female and male swimmers. Medicine and Science in Sports and Exercise, 1991, 23, 1055???1061.	0.4	28
24	Precompetition anxiety in women volleyball players: a test of ZOF theory in a team sport.. British Journal of Sports Medicine, 1994, 28, 47-51.	6.7	28
25	Tolerance to Intensive Exercise and High Levels of Lactate in Panic Disorder. Journal of Anxiety Disorders, 1998, 12, 333-342.	3.2	27
26	Mood, neuromuscular function, and performance during training in female swimmers. Medicine and Science in Sports and Exercise, 1996, 28, 372-377.	0.4	27
27	Correspondence between Actual and Recalled Precompetition Anxiety in Collegiate Track and Field Athletes. Journal of Sport and Exercise Psychology, 1994, 16, 206-211.	1.2	26
28	Directional anxiety responses in elite and subâ€elite young athletes: intensity of anxiety symptoms matters. Scandinavian Journal of Medicine and Science in Sports, 2011, 21, 853-862.	2.9	25
29	Heated jackets and dryland-based activation exercises used as additional warm-ups during transition enhance sprint swimming performance. Journal of Science and Medicine in Sport, 2016, 19, 354-358.	1.3	24
30	The Psychology of the Marathoner. Sports Medicine, 2007, 37, 404-407.	6.5	23
31	Elite sprint swimming performance is enhanced by completion of additional warm-up activities. Journal of Sports Sciences, 2017, 35, 1493-1499.	2.0	23
32	State anxiety responses to 60 minutes of cross training. British Journal of Sports Medicine, 2002, 36, 105-107.	6.7	22
33	Variability in precompetition anxiety and performance in college track and field athletes. Medicine and Science in Sports and Exercise, 1996, 28, 378-385.	0.4	22
34	Current Warm-Up Practices and Contemporary Issues Faced by Elite Swimming Coaches. Journal of Strength and Conditioning Research, 2016, 30, 3471-3480.	2.1	21
35	Exercise Performance Is Impaired during the Midluteal Phase of the Menstrual Cycle. Medicine and Science in Sports and Exercise, 2021, 53, 442-452.	0.4	21
36	Variability in precompetition anxiety and performance in college track and field athletes. Medicine and Science in Sports and Exercise, 1996, 28, 378-385.	0.4	21

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37	A comparison of the STAI and CSAI-2 in five-day recalls of precompetition anxiety in collegiate track and field athletes. Scandinavian Journal of Medicine and Science in Sports, 2000, 10, 51-54.	2.9	17
38	Morning Exercise: Enhancement of Afternoon Sprint-Swimming Performance. International Journal of Sports Physiology and Performance, 2017, 12, 605-611.	2.3	17
39	Themed Review: Anxiety/Depression. American Journal of Lifestyle Medicine, 2007, 1, 159-166.	1.9	15
40	â€˜Caution, this treatment is a placebo. It might work, but it might notâ€™: why emerging mechanistic evidence for placebo effects does not legitimise complementary and alternative medicines in sport. British Journal of Sports Medicine, 2018, 52, 817-818.	6.7	14
41	Understanding placebo and nocebo effects in the context of sport: A psychological perspective. European Journal of Sport Science, 2020, 20, 293-301.	2.7	14
42	Optimal and predicted anxiety in 9â€“12â€yearâ€old track and field athletes. Scandinavian Journal of Medicine and Science in Sports, 1997, 7, 253-258.	2.9	8
43	Reconceptualizing the measurement of expectations to better understand placebo and nocebo effects in psychological responses to exercise. European Journal of Sport Science, 2020, 20, 338-346.	2.7	8
44	Functional Status, Mood State, and Physical Activity Among Women With Post-Acute COVID-19 Syndrome. International Journal of Public Health, 0, 67, .	2.3	7
45	Factors in Exercise Adherence: Influence of Spouse Participation. Quest, 2001, 53, 356-361.	1.2	6
46	Procedures for assessing psychological predictors of injuries in circus artists: a pilot prospective study. BMC Medical Research Methodology, 2014, 14, 77.	3.1	6
47	Potential health effects of dietary nitrate supplementation in aging and chronic degenerative disease. Medical Hypotheses, 2020, 141, 109732.	1.5	6
48	PsychobiologicalAspects ofPanic inSCBAANDSCUBA. International Journal of Sport and Exercise Psychology, 2005, 3, 446-454.	2.1	5
49	Dietary Nitrate Supplementation and Exercise-Related Performance. Nutrition Today, 2020, 55, 211-217.	1.0	5
50	Beetroot supplementation in women enjoying exercise together (BEE SWEET): Rationale, design and methods. Contemporary Clinical Trials Communications, 2021, 21, 100693.	1.1	4
51	Psychological Characteristics of Athletes and their Responses to Sport-Related Stressors. , 0, , 272-282.		1
52	Aerobic Exercise Performance is Reduced in the Midâ€luteal Compared to the Midâ€follicular Phase of the Menstrual Cycle in Eumenorrheic Women. FASEB Journal, 2020, 34, 1-1.	0.5	1
53	Commentary: Improvements in Cycling Time Trial Performance Are Not Sustained Following the Acute Provision of Challenging and Deceptive Feedback. Frontiers in Physiology, 2017, 8, 31.	2.8	0
54	Psychological and behavioral determinants of sport participation and performance in the young athlete. , 2018, , 177-206.		0

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55	Aerobic Exercise Acutely Reverses Negative Mood Occurring In The Mid-luteal Phase Of The Menstrual Cycle. Medicine and Science in Sports and Exercise, 2020, 52, 679-679.	0.4	0
56	Automated Gait Variability Assessment In Real-World Running Using Wearable Accelerometry. Medicine and Science in Sports and Exercise, 2020, 52, 819-819.	0.4	0