

# JosÃ© A Parraca

## List of Publications by Year in descending order

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Version: 2024-02-01

29  
papers

471  
citations

840776

11  
h-index

713466

21  
g-index

29  
all docs

29  
docs citations

29  
times ranked

682  
citing authors

#	ARTICLE	IF	CITATIONS
1	Level of Physical Activity and Its Relationship to Self-Perceived Physical Fitness in Peruvian Adolescents. <i>International Journal of Environmental Research and Public Health</i> , 2022, 19, 1182.	2.6	4
2	Heart Rate Variability Monitoring during a Padel Match. <i>International Journal of Environmental Research and Public Health</i> , 2022, 19, 3623.	2.6	5
3	Benefits of Equine-Assisted Therapies in People with Multiple Sclerosis: A Systematic Review. <i>Evidence-based Complementary and Alternative Medicine</i> , 2022, 2022, 1-15.	1.2	1
4	What Mathematical Models Are Accurate for Prescribing Aerobic Exercise in Women with Fibromyalgia?. <i>Biology</i> , 2022, 11, 704.	2.8	1
5	Test-Retest Reliability of Isokinetic Strength Measurements in Lower Limbs in Elderly. <i>Biology</i> , 2022, 11, 802.	2.8	10
6	The Effect of Handlebar Height and Bicycle Frame Length on Muscular Activity during Cycling: A Pilot Study. <i>International Journal of Environmental Research and Public Health</i> , 2022, 19, 6590.	2.6	1
7	Effects of a Physical Literacy Breaks (PLBreaks) Program on Physical Literacy and Body Composition in Portuguese Schoolchildren: A Study Protocol. <i>Biology</i> , 2022, 11, 910.	2.8	5
8	Test-Retest Reliability of Isokinetic Knee Strength Measurements in Type 2 Diabetes Mellitus Patients. <i>Sustainability</i> , 2021, 13, 1343.	3.2	2
9	Standardized Outcomes Measures in Physical Therapy Practice for Treatment and Rehabilitation of Cerebral PALSY: A Systematic Review. <i>Journal of Personalized Medicine</i> , 2021, 11, 604.	2.5	6
10	The Acute Effects of a Swimming Session on the Shoulder Rotators Strength and Balance of Age Group Swimmers. <i>International Journal of Environmental Research and Public Health</i> , 2021, 18, 8109.	2.6	2
11	The Effect of Periodization on Training Program Adherence. <i>International Journal of Environmental Research and Public Health</i> , 2021, 18, 12973.	2.6	4
12	High Levels of Physical Activity May Promote a Reduction in Bone Mineral Density in Peritoneal Dialysis. <i>Medicina (Lithuania)</i> , 2020, 56, 464.	2.0	2
13	Test-Retest Intra-Session Reliability of Isokinetic Knee Strength Measurements in Obese Children. <i>Applied Sciences (Switzerland)</i> , 2020, 10, 5923.	2.5	1
14	Phase Angle from Bioelectric Impedance and Maturity-Related Factors in Adolescent Athletes: A Systematic Review. <i>Sustainability</i> , 2020, 12, 4806.	3.2	10
15	The Automatic Assessment of Strength and Mobility in Older Adults: A Test-Retest Reliability Study. <i>Medicina (Lithuania)</i> , 2019, 55, 270.	2.0	16
16	Influence of Horseback Riding and Horse Simulator Riding on Heart Rate Variability: Are There Differences?. <i>Applied Sciences (Switzerland)</i> , 2019, 9, 2194.	2.5	9
17	(Horseback) Riding into the Sunset. Re: "Benefits of Hippotherapy and Horse Riding Simulation Exercise on Healthy Older Adults: A Systematic Review" Reply. <i>PM and R</i> , 2019, 11, 327-328.	1.6	0
18	Benefits of Hippotherapy and Horse Riding Simulation Exercise on Healthy Older Adults: A Systematic Review. <i>PM and R</i> , 2018, 10, 1062-1072.	1.6	31

#	ARTICLE	IF	CITATIONS
19	Breathing Exercises Must Be a Real and Effective Intervention to Consider in Women with Fibromyalgia: A Pilot Randomized Controlled Trial. <i>Journal of Alternative and Complementary Medicine</i> , 2018, 24, 825-832.	2.1	16
20	Test-Retest Reliability of Isokinetic Arm Strength Measurements in Competitive Swimmers. <i>Journal of Human Kinetics</i> , 2018, 65, 5-11.	1.5	6
21	The Effectiveness of Land and Water Based Resistance Training on Shoulder Rotator Cuff Strength and Balance of Youth Swimmers. <i>Journal of Human Kinetics</i> , 2018, 62, 91-102.	1.5	16
22	Fitness as mediator between weight status and dimensions of health-related quality of life. <i>Health and Quality of Life Outcomes</i> , 2018, 16, 155.	2.4	15
23	Assessment of isometric strength of the shoulder rotators in swimmers using a handheld dynamometer: a reliability study. <i>Acta of Bioengineering and Biomechanics</i> , 2018, 20, 113-119.	0.4	4
24	Applicability and Test-Retest Reliability of Isokinetic Shoulder Abduction and Adduction in Women Fibromyalgia Patients. <i>Archives of Physical Medicine and Rehabilitation</i> , 2013, 94, 444-450.	0.9	15
25	Balance training reduces fear of falling and improves dynamic balance and isometric strength in institutionalised older people: a randomised trial. <i>Journal of Physiotherapy</i> , 2012, 58, 97-104.	1.7	110
26	Test-Retest Reliability of Isometric and Isokinetic Knee Extension and Flexion in Patients With Fibromyalgia: Evaluation of the Smallest Real Difference. <i>Archives of Physical Medicine and Rehabilitation</i> , 2011, 92, 1646-1651.	0.9	27
27	Effects of whole body vibration therapy on main outcome measures for chronic non-specific low back pain: A single-blind randomized controlled trial. <i>Journal of Rehabilitation Medicine</i> , 2011, 43, 689-694.	1.1	84
28	Tilting Whole Body Vibration Improves Quality of Life in Women with Fibromyalgia: A Randomized Controlled Trial. <i>Journal of Alternative and Complementary Medicine</i> , 2011, 17, 723-728.	2.1	30
29	Tilt vibratory exercise and the dynamic balance in fibromyalgia: A randomized controlled trial. <i>Arthritis Care and Research</i> , 2010, 62, 1072-1078.	3.4	38