José A Parraca

List of Publications by Year in descending order

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840776 713466 29 471 11 21 citations h-index g-index papers 29 29 29 682 docs citations times ranked citing authors all docs

#	Article	IF	CITATIONS
1	Balance training reduces fear of falling and improves dynamic balance and isometric strength in institutionalised older people: a randomised trial. Journal of Physiotherapy, 2012, 58, 97-104.	1.7	110
2	Effects of whole body vibration therapy on main outcome measures for chronic non-specific low back pain: A single-blind randomized controlled trial. Journal of Rehabilitation Medicine, 2011, 43, 689-694.	1.1	84
3	Tilt vibratory exercise and the dynamic balance in fibromyalgia: A randomized controlled trial. Arthritis Care and Research, 2010, 62, 1072-1078.	3.4	38
4	Benefits of Hippotherapy and Horse Riding Simulation Exercise on Healthy Older Adults: A Systematic Review. PM and R, 2018, 10, 1062-1072.	1.6	31
5	Tilting Whole Body Vibration Improves Quality of Life in Women with Fibromyalgia: A Randomized Controlled Trial. Journal of Alternative and Complementary Medicine, 2011, 17, 723-728.	2.1	30
6	Test-Retest Reliability of Isometric and Isokinetic Knee Extension and Flexion in Patients With Fibromyalgia: Evaluation of the Smallest Real Difference. Archives of Physical Medicine and Rehabilitation, 2011, 92, 1646-1651.	0.9	27
7	Breathing Exercises Must Be a Real and Effective Intervention to Consider in Women with Fibromyalgia: A Pilot Randomized Controlled Trial. Journal of Alternative and Complementary Medicine, 2018, 24, 825-832.	2.1	16
8	The Effectiveness of Land and Water Based Resistance Training on Shoulder Rotator Cuff Strength and Balance of Youth Swimmers. Journal of Human Kinetics, 2018, 62, 91-102.	1.5	16
9	The Automatic Assessment of Strength and Mobility in Older Adults: A Test-Retest Reliability Study. Medicina (Lithuania), 2019, 55, 270.	2.0	16
10	Applicability and Test-Retest Reliability of Isokinetic Shoulder Abduction and Adduction in Women Fibromyalgia Patients. Archives of Physical Medicine and Rehabilitation, 2013, 94, 444-450.	0.9	15
11	Fitness as mediator between weight status and dimensions of health-related quality of life. Health and Quality of Life Outcomes, 2018, 16, 155.	2.4	15
12	Phase Angle from Bioelectric Impedance and Maturity-Related Factors in Adolescent Athletes: A Systematic Review. Sustainability, 2020, 12, 4806.	3.2	10
13	Test-Retest Reliability of Isokinetic Strength Measurements in Lower Limbs in Elderly. Biology, 2022, 11, 802.	2.8	10
14	Influence of Horseback Riding and Horse Simulator Riding on Heart Rate Variability: Are There Differences?. Applied Sciences (Switzerland), 2019, 9, 2194.	2.5	9
15	Test-Retest Reliability of Isokinetic Arm Strength Measurements in Competitive Swimmers. Journal of Human Kinetics, 2018, 65, 5-11.	1.5	6
16	Standardized Outcomes Measures in Physical Therapy Practice for Treatment and Rehabilitation of Cerebral PALSY: A Systematic Review. Journal of Personalized Medicine, 2021, 11, 604.	2.5	6
17	Heart Rate Variability Monitoring during a Padel Match. International Journal of Environmental Research and Public Health, 2022, 19, 3623.	2.6	5
18	Effects of a Physical Literacy Breaks (PLBreaks) Program on Physical Literacy and Body Composition in Portuguese Schoolchildren: A Study Protocol. Biology, 2022, 11, 910.	2.8	5

#	Article	IF	CITATIONS
19	Level of Physical Activity and Its Relationship to Self-Perceived Physical Fitness in Peruvian Adolescents. International Journal of Environmental Research and Public Health, 2022, 19, 1182.	2.6	4
20	The Effect of Periodization on Training Program Adherence. International Journal of Environmental Research and Public Health, 2021, 18, 12973.	2.6	4
21	Assessment of isometric strength of the shoulder rotators in swimmers using a handheld dynamometer: a reliability study. Acta of Bioengineering and Biomechanics, 2018, 20, 113-119.	0.4	4
22	High Levels of Physical Activity May Promote a Reduction in Bone Mineral Density in Peritoneal Dialysis. Medicina (Lithuania), 2020, 56, 464.	2.0	2
23	Test-Retest Reliability of Isokinetic Knee Strength Measurements in Type 2 Diabetes Mellitus Patients. Sustainability, 2021, 13, 1343.	3.2	2
24	The Acute Effects of a Swimming Session on the Shoulder Rotators Strength and Balance of Age Group Swimmers. International Journal of Environmental Research and Public Health, 2021, 18, 8109.	2.6	2
25	Test-Retest Intra-Session Reliability of Isokinetic Knee Strength Measurements in Obese Children. Applied Sciences (Switzerland), 2020, 10, 5923.	2.5	1
26	Benefits of Equine-Assisted Therapies in People with Multiple Sclerosis: A Systematic Review. Evidence-based Complementary and Alternative Medicine, 2022, 2022, 1-15.	1.2	1
27	What Mathematical Models Are Accurate for Prescribing Aerobic Exercise in Women with Fibromyalgia?. Biology, 2022, 11, 704.	2.8	1
28	The Effect of Handlebar Height and Bicycle Frame Length on Muscular Activity during Cycling: A Pilot Study. International Journal of Environmental Research and Public Health, 2022, 19, 6590.	2.6	1
29	(Horseback) Riding into the Sunset. Re: "Benefits of Hippotherapy and Horse Riding Simulation Exercise on Healthy Older Adults: A Systematic Reviewâ€â€"Reply. PM and R, 2019, 11, 327-328.	1.6	0