

James J Annesi

List of Publications by Year in descending order

Source: <https://exaly.com/author-pdf/4899756/publications.pdf>

Version: 2024-02-01

130
papers

1,880
citations

331259

21
h-index

395343

33
g-index

130
all docs

130
docs citations

130
times ranked

1596
citing authors

#	ARTICLE	IF	CITATIONS
1	Path analysis of exercise treatment-induced changes in psychological factors leading to weight loss. <i>Psychology and Health</i> , 2011, 26, 1081-1098.	1.2	95
2	Effects of The Coach Approach Intervention on Adherence to Exercise in Obese Women. <i>Research Quarterly for Exercise and Sport</i> , 2011, 82, 99-108.	0.8	87
3	Supported Exercise Improves Controlled Eating and Weight through Its Effects on Psychosocial Factors: Extending a Systematic Research Program Toward Treatment Development. , 2012, 16, 7-18.		83
4	Effects of a 12-Week Physical Activity Protocol Delivered by YMCA After-School Counselors (Youth Fit) Tj ETQq0 0 0 rgBT /Overlock 10 T Exercise and Sport, 2005, 76, 468-476.	0.8	72
5	Relations of physical self-concept and self-efficacy with frequency of voluntary physical activity in preadolescents: Implications for after-school care programming. <i>Journal of Psychosomatic Research</i> , 2006, 61, 515-520.	1.2	61
6	Cognitive-behavioural physical activity treatment in African American pre-schoolers: Effects of age, sex, and BMI. <i>Journal of Paediatrics and Child Health</i> , 2013, 49, E128-32.	0.4	60
7	Relations of Exercise, Self-Appraisal, Mood Changes and Weight Loss in Obese Women: Testing Propositions Based on Baker and Brownell's (2000) Model. <i>American Journal of the Medical Sciences</i> , 2008, 335, 198-204.	0.4	47
8	Relations of self-regulation and self-efficacy for exercise and eating and BMI change: A field investigation. <i>BioPsychoSocial Medicine</i> , 2010, 4, 10.	0.9	41
9	Weight Loss and the Prevention of Weight Regain: Evaluation of a Treatment Model of Exercise Self-Regulation Generalizing to Controlled Eating. , 2016, 20, 15-146.		40
10	Correlations of Depression and Total Mood Disturbance with Physical Activity and Self-Concept in Preadolescents Enrolled in an After-School Exercise Program. <i>Psychological Reports</i> , 2005, 96, 891-898.	0.9	33
11	Effects of the Coach Approach® Intervention on Drop-Out Rates among Adults Initiating Exercise Programs at Nine Ymcas over Three Years. <i>Perceptual and Motor Skills</i> , 2007, 104, 459-466.	0.6	33
12	Effects of a Cognitive-Behaviorally Based Physical Activity Treatment for 4- and 5-Year-Old Children Attending US Preschools. <i>International Journal of Behavioral Medicine</i> , 2013, 20, 562-566.	0.8	33
13	Effects of the Start For Life treatment on physical activity in primarily African American preschool children of ages 3-5 years. <i>Psychology, Health and Medicine</i> , 2013, 18, 300-309.	1.3	32
14	Self-Regulatory Skills Usage Strengthens the Relations of Self-Efficacy for Improved Eating, Exercise, and Weight in the Severely Obese: Toward an Explanatory Model. <i>Behavioral Medicine</i> , 2011, 37, 71-76.	1.0	30
15	Relations of changes in self-regulatory efficacy and physical self-concept with improvements in body satisfaction in obese women initiating exercise with cognitive-behavioral support. <i>Body Image</i> , 2010, 7, 356-359.	1.9	28
16	Effects of a Cognitive Behavioral Treatment Protocol on the Drop-Out Rates of Exercise Participants in 17 YMCA Facilities of Six Cities. <i>Psychological Reports</i> , 2004, 95, 250-256.	0.9	27
17	Psychosocial predictors of emotional eating and their weight-loss treatment-induced changes in women with obesity. <i>Eating and Weight Disorders</i> , 2016, 21, 289-295.	1.2	27
18	Relationship between before-to-after-exercise feeling state changes and exercise session attendance over 14 weeks: Testing principles of Operant Conditioning. <i>European Journal of Sport Science</i> , 2005, 5, 159-163.	1.4	26

#	ARTICLE	IF	CITATIONS
19	Relations of changes in exercise self-efficacy, physical self-concept, and body satisfaction with weight changes in obese white and African American women initiating a physical activity program. <i>Ethnicity and Disease</i> , 2007, 17, 19-22.	1.0	26
20	Relationship of Social Cognitive Theory Factors to Exercise Maintenance in Adults. <i>Perceptual and Motor Skills</i> , 2004, 99, 142-148.	0.6	25
21	Changes in Depressed Mood Associated with 10 Weeks of Moderate Cardiovascular Exercise in Formerly Sedentary Adults. <i>Psychological Reports</i> , 2005, 96, 855-862.	0.9	25
22	Relations of Self-Motivation, Perceived Physical Condition, and Exercise-Induced Changes in Revitalization and Exhaustion with Attendance in Women Initiating a Moderate Cardiovascular Exercise Regimen. <i>Women and Health</i> , 2006, 42, 77-93.	0.4	23
23	Psychological Factors Associated With Weight Loss in Obese and Severely Obese Women in a Behavioral Physical Activity Intervention. <i>Health Education and Behavior</i> , 2010, 37, 593-606.	1.3	23
24	Improvements in Self-Concept Associated with Reductions in Negative Mood in Preadolescents Enrolled in an After-School Physical Activity Program. <i>Psychological Reports</i> , 2005, 97, 400-404.	0.9	22
25	Effects of the Youth Fit 4 Life physical activity/nutrition protocol on body mass index, fitness and targeted social cognitive theory variables in 9- to 12-year-olds during after-school care. <i>Journal of Paediatrics and Child Health</i> , 2017, 53, 365-373.	0.4	22
26	Relationship between Self-Efficacy and Changes in Rated Tension and Depression for 9- to 12-Yr.-Old Children Enrolled in a 12-Wk. after-School Physical Activity Program. <i>Perceptual and Motor Skills</i> , 2004, 99, 191-194.	0.6	21
27	Psychological Factors Discriminating Between Successful and Unsuccessful Weight Loss in a Behavioral Exercise and Nutrition Education Treatment. <i>International Journal of Behavioral Medicine</i> , 2010, 17, 168-175.	0.8	21
28	Improvement in emotional eating associated with an enhanced body image in obese women: mediation by weight-management treatments' effects on self-efficacy to resist emotional cues to eating. <i>Journal of Advanced Nursing</i> , 2015, 71, 2923-2935.	1.5	21
29	Indirect effects of exercise on emotional eating through psychological predictors of weight loss in women. <i>Appetite</i> , 2015, 95, 219-227.	1.8	21
30	Relations of Mood with Body Mass Index Changes in Severely Obese Women Enrolled in a Supported Physical Activity Treatment. <i>Obesity Facts</i> , 2008, 1, 88-92.	1.6	20
31	Sequential Changes Advancing from Exercise-Induced Psychological Improvements to Controlled Eating and Sustained Weight Loss: A Treatment-Focused Causal Chain Model. , 2020, 24, .		20
32	Changes in Theory-Based Psychological Factors Predict Weight Loss in Women with Class III Obesity Initiating Supported Exercise. <i>Journal of Obesity</i> , 2010, 2010, 1-4.	1.1	19
33	Reducing High BMI in African American Preschoolers. <i>Southern Medical Journal</i> , 2013, 106, 456-459.	0.3	19
34	Changes in Self-Efficacy for Exercise and Improved Nutrition Fostered by Increased Self-Regulation Among Adults With Obesity. <i>Journal of Primary Prevention</i> , 2015, 36, 311-321.	0.8	18
35	Pilot Testing a Cognitive-Behavioral Protocol on Psychosocial Predictors of Exercise, Nutrition, Weight, and Body Satisfaction Changes in a College-Level Health-Related Fitness Course. <i>Journal of American College Health</i> , 2015, 63, 268-278.	0.8	17
36	Factors Related to Weight Gain/Loss among Emerging Adults with Obesity. <i>American Journal of Health Behavior</i> , 2018, 42, 3-16.	0.6	17

#	ARTICLE	IF	CITATIONS
37	Preliminary Evaluation of a 10-wk. Resistance and Cardiovascular Exercise Protocol on Physiological and Psychological Measures for a Sample of Older Women. <i>Perceptual and Motor Skills</i> , 2004, 98, 163-170.	0.6	16
38	Relations of age with Changes in Self-Efficacy and Physical Self-Concept in Preadolescents Participating in a Physical Activity Intervention during Afterschool Care. <i>Perceptual and Motor Skills</i> , 2007, 105, 221-226.	0.6	16
39	A Meta-Analytic Review of the Youth Fit For Life Intervention for Effects on Body Mass Index in 5- to 12-year-old Children. <i>Health Psychology Review</i> , 2010, 4, 6-21.	4.4	16
40	Mediation of social cognitive theory variables in the relationship of exercise and improved eating in sedentary adults with severe obesity. <i>Psychology, Health and Medicine</i> , 2013, 18, 714-724.	1.3	16
41	Generalization of theory-based predictions for improved nutrition to adults with morbid obesity: Implications of initiating exercise. <i>International Journal of Clinical and Health Psychology</i> , 2014, 14, 1-8.	2.7	16
42	Reciprocal Effects of Exercise and Nutrition Treatment-Induced Weight Loss with Improved Body Image and Physical Self-Concept. <i>Behavioral Medicine</i> , 2015, 41, 18-24.	1.0	16
43	Effects of Instructional Physical Activity Courses on Overall Physical Activity and Mood in University Students. <i>Research Quarterly for Exercise and Sport</i> , 2017, 88, 358-364.	0.8	16
44	Effects of the Youth Fit for Life Protocol on Physiological, Psychological, and Behavioral Factors at YMCA Calgary After-School Care Sites. <i>Psychological Reports</i> , 2009, 104, 879-895.	0.9	15
45	Relation of Rated Fatigue and Changes in Energy after Exercise and over 14 Weeks in Previously Sedentary Women Exercisers. <i>Perceptual and Motor Skills</i> , 2002, 95, 719-727.	0.6	14
46	Relations of Perceived Bodily Changes with Actual Changes and Changes in Mood in Obese Women Initiating an Exercise and Weight-Loss Program. <i>Perceptual and Motor Skills</i> , 2006, 103, 238-240.	0.6	14
47	Reciprocal effects of treatment-induced increases in exercise and improved eating, and their psychosocial correlates, in obese adults seeking weight loss: a field-based trial. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2013, 10, 133.	2.0	14
48	Theory-based psychosocial factors that discriminate between weight-loss success and failure over 6 months in women with morbid obesity receiving behavioral treatments. <i>Eating and Weight Disorders</i> , 2015, 20, 223-232.	1.2	14
49	Directionality in the Relationship of Self-regulation, Self-efficacy, and Mood Changes in Facilitating Improved Physical Activity and Nutrition Behaviors: Extending Behavioral Theory to Improve Weight-Loss Treatment Effects. <i>Journal of Nutrition Education and Behavior</i> , 2017, 49, 505-512.e1.	0.3	14
50	Relations of Transtheoretical Model Stage, Self-Efficacy, and Voluntary Physical Activity in African American Preadolescents. <i>Research Quarterly for Exercise and Sport</i> , 2010, 81, 239-244.	0.8	13
51	Mediation of self-regulation and mood in the relationship of changes in high emotional eating and nutritional behaviors: Moderating effects of physical activity. <i>Scandinavian Journal of Psychology</i> , 2016, 57, 523-534.	0.8	12
52	Psychosocial predictors of decay in healthy eating and physical activity improvements in obese women regaining lost weight: translation of behavioral theory into treatment suggestions. <i>Translational Behavioral Medicine</i> , 2016, 6, 169-178.	1.2	12
53	Replication and Extension of the Weight Loss For Life Community-Based Treatment Protocol. <i>Behavioral Medicine</i> , 2018, 44, 54-61.	1.0	12
54	Effects of self-regulatory skill usage on weight management behaviours: Mediating effects of induced self-efficacy changes in non-obese through morbidly obese women. <i>British Journal of Health Psychology</i> , 2018, 23, 1066-1083.	1.9	12

#	ARTICLE	IF	CITATIONS
55	Psychosocial Correlates of Emotional Eating and Their Interrelations: Implications for Obesity Treatment Research and Development. <i>Journal of Primary Prevention</i> , 2020, 41, 105-125.	0.8	12
56	Mood States of Formerly Sedentary Younger and Older Women at Weeks 1 and 10 of a Moderate Exercise Program. <i>Psychological Reports</i> , 2004, 94, 1337-1342.	0.9	11
57	Relationship of Exercise Program Participation with Weight Loss in Adults with Severe Obesity: Assessing Psychologically Based Mediators. <i>Southern Medical Journal</i> , 2010, 103, 1119-1123.	0.3	11
58	Temporal Aspects of Psychosocial Predictors of Increased Fruit and Vegetable Intake in Adults with Severe Obesity: Mediation by Physical Activity. <i>Journal of Community Health</i> , 2014, 39, 454-463.	1.9	11
59	Increasing Children's Voluntary Physical Activity Outside of School Hours Through Targeting Social Cognitive Theory Variables. <i>Journal of Primary Care and Community Health</i> , 2016, 7, 234-241.	1.0	11
60	Mediation of the relationship of behavioural treatment type and changes in psychological predictors of healthy eating by body satisfaction changes in women with obesity. <i>Obesity Research and Clinical Practice</i> , 2017, 11, 97-107.	0.8	11
61	Relationship of Feeling States after Exercise and Total Mood Disturbance over 10 Weeks in Formerly Sedentary Women. <i>Perceptual and Motor Skills</i> , 2004, 99, 107-115.	0.6	10
62	Effects of an after-school care-administered physical activity and nutrition protocol on body mass index, fitness levels, and targeted psychological factors in 5- to 8-year-olds. <i>Translational Behavioral Medicine</i> , 2016, 6, 347-357.	1.2	10
63	Exercise Amounts and Short- to Long-Term Weight Loss: Psychological Implications for Behavioral Treatments of Obesity. <i>Research Quarterly for Exercise and Sport</i> , 2021, 92, 851-864.	0.8	10
64	Sex Differences in Relations of Cardiorespiratory and Mood Changes Associated with Self-Selected Amounts of Cardiovascular Exercise. <i>Psychological Reports</i> , 2003, 93, 1339-1346.	0.9	9
65	Effects of a Computer Feedback Treatment and Behavioral Support Protocol on Drop out from a Newly Initiated Exercise Program. <i>Perceptual and Motor Skills</i> , 2007, 105, 55-66.	0.6	9
66	Association of Reduction in Waist Circumference with Normalization of Mood in Obese Women Initiating Exercise Supported by the Coach Approach Protocol. <i>Southern Medical Journal</i> , 2010, 103, 517-521.	0.3	9
67	Relationships between Self-Regulation Skills and Physical Activity and Fruit and Vegetable Consumption in Obese Adults: Mediation of Mood and Self-Efficacy. <i>Psychological Reports</i> , 2011, 108, 95-103.	0.9	9
68	Carry-Over of Self-Regulation for Physical Activity to Self-Regulating Eating in Women With Morbid Obesity. <i>Women and Health</i> , 2015, 55, 314-333.	0.4	9
69	Age as a Moderator of Relations of Physical Self-Concept and Mood Changes Associated with 10 Weeks of Programmed Exercise in Women. <i>Perceptual and Motor Skills</i> , 2005, 101, 840-844.	0.6	8
70	Correlates of Changes in Voluntary Physical Activity Associated with the Youth Fit for Life [®] Intervention during After-School Care. <i>Psychological Reports</i> , 2008, 102, 911-919.	0.9	8
71	Initial Body Mass Index and Free-Time Physical Activity Moderate Effects of the Youth Fit for Life Treatment in African-American Pre-Adolescents. <i>Perceptual and Motor Skills</i> , 2010, 110, 789-800.	0.6	8
72	Bi-Directional Relationship Between Self-Regulation and Improved Eating: Temporal Associations With Exercise, Reduced Fatigue, and Weight Loss. <i>Journal of Psychology: Interdisciplinary and Applied</i> , 2015, 149, 535-553.	0.9	8

#	ARTICLE	IF	CITATIONS
73	Relations of mood and exercise with weight loss in formerly sedentary obese women. American Journal of Health Behavior, 2008, 32, 676-83.	0.6	8
74	Preliminary Estimates of Effects of a Cognitive Behavioral Treatment System on Drop-out Rates in Exercise Programs at Three YMCA Facilities. Psychological Reports, 2003, 93, 1025-1031.	0.9	7
75	Preliminary Testing of a Brief Inventory for Assessing Changes in Exercise-Induced Feeling States. Perceptual and Motor Skills, 2006, 102, 776-780.	0.6	7
76	Evidence-Based Referral: Effects of the Revised "Youth Fit 4 Life" Protocol on Physical Activity Outputs. , 2015, 19, 48-53.		7
77	Relation of Perceived Fitness with Health Changes and Physiological Changes in Women Exercisers. Perceptual and Motor Skills, 2002, 95, 226-226.	0.6	6
78	Relations of Body Esteem Factors with Exercise Session Attendance in Women Initiating a Physical Activity Program. Perceptual and Motor Skills, 2005, 100, 995-1003.	0.6	6
79	Moderating Effects of Physical Self-Appraisal on Relations of Weight with Energy Changes for Obese Women Initiating a Supported Exercise and Nutrition Information Program. Psychological Reports, 2006, 99, 925-929.	0.9	6
80	Dose-Response and Self-Efficacy Effects of an Exercise Program on Vigor Change in Obese Women. American Journal of the Medical Sciences, 2010, 339, 127-132.	0.4	6
81	Contrast of Biochemical and Psychosocial Explanations of the Relationship of Exercise and Improved Mood. Perceptual and Motor Skills, 2012, 114, 693-697.	0.6	6
82	Moderation of Age, Sex, and Ethnicity on Psychosocial Predictors of Increased Exercise and Improved Eating. Journal of Psychology: Interdisciplinary and Applied, 2013, 147, 455-468.	0.9	6
83	Treatment-Associated Changes in Body Composition, Health Behaviors, and Mood as Predictors of Change in Body Satisfaction in Obese Women. Health Education and Behavior, 2014, 41, 633-641.	1.3	6
84	Behavioural support of a proposed neurocognitive connection between physical activity and improved eating behaviour in obese women. Obesity Research and Clinical Practice, 2014, 8, e325-e330.	0.8	6
85	Association of a Behaviorally Based High School Health Education Curriculum With Increased Exercise. Journal of School Nursing, 2015, 31, 196-204.	0.9	6
86	Effects of Treatment-Associated Increases in Fruit and Vegetable Intake on the Consumption of Other Food Groups and Weight Through Self-Regulatory Processes. , 2018, 22, 17-143.		6
87	Evaluation of a new causal chain model for predicting embedded psychosocial and behavioral relationships in a community-based obesity treatment seeking maintained weight loss. Scandinavian Journal of Psychology, 2021, 62, 574-585.	0.8	6
88	Correlates of Mood Changes in Obese Women Initiating a Moderate Exercise and Nutrition Information Program. Psychological Reports, 2006, 99, 225-229.	0.9	5
89	Relations of Physical Self-Concept and Muscular Strength with Resistance Exercise-Induced Feeling State Scores in Older Women. Perceptual and Motor Skills, 2007, 104, 183-190.	0.6	5
90	Predictors of Exercise-Induced Mood Change during a 6-Month Exercise and Nutrition Education Program with Obese Women. Perceptual and Motor Skills, 2009, 109, 931-940.	0.6	5

#	ARTICLE	IF	CITATIONS
91	Association of Multimodal Treatment-Induced Improvements in Stress, Exercise Volume, Nutrition, and Weight with Improved Blood Pressure in Severely Obese Women. <i>International Journal of Behavioral Medicine</i> , 2013, 20, 397-402.	0.8	5
92	Relations of change in fruit and vegetable intake with overall energy reduction and physical activity with weight change: Assessing theory-based psychosocial mediators. <i>Journal of Sport and Health Science</i> , 2019, 8, 394-399.	3.3	5
93	Moderation of Mood in the Transfer of Self-Regulation From an Exercise to an Eating Context: Short- and Long-Term Effects on Dietary Change and Obesity in Women. <i>International Journal of Behavioral Medicine</i> , 2019, 26, 323-328.	0.8	5
94	Self-regulation foci and mood affect healthy and unhealthy eating behaviours differently in successful weight-loss treatment participants. <i>International Journal of Psychology</i> , 2020, 55, 398-404.	1.7	5
95	Contrasting Personal Characteristics and Psychosocial Correlates of Exercise and Eating Behavior Changes in Women Successful vs. Unsuccessful with Weight Loss and Maintenance. <i>Applied Psychology: Health and Well-Being</i> , 2020, 12, 703-723.	1.6	5
96	Emotional eating: A treatment-worthy construct, or artifact of relations between mood and eating behaviors in younger and older women with obesity. <i>Scandinavian Journal of Psychology</i> , 2021, 62, 193-202.	0.8	5
97	Relationship between Number of Exercise Counseling Sessions Attended and Adherence to a New Exercise Program. <i>Psychological Reports</i> , 2004, 94, 907-908.	0.9	4
98	Relations of Sex Differences in Initial Body Mass Index and Physical Activity with Observed Changes over 12 Weeks among Children in the Youth Fit for Life After-School Care Intervention. <i>Perceptual and Motor Skills</i> , 2007, 105, 1196-1202.	0.6	4
99	Moderation of Participant Characteristics in the Relationships of Changes in Self-Regulation for Exercise with Self-Regulation for Controlled Eating, and Self-Efficacy for Exercise with Self-Efficacy for Controlled Eating. <i>Psychological Reports</i> , 2011, 108, 329-337.	0.9	4
100	Change in behavioral exercise program-associated self-regulation enhances self-regulation-induced eating improvements across levels of obesity severity. <i>Evaluation and Program Planning</i> , 2019, 75, 31-37.	0.9	4
101	Effects of a naturally occurring stressor on health behaviors and their psychosocial correlates. <i>Psychology, Health and Medicine</i> , 2020, 25, 601-612.	1.3	4
102	Correlations of Changes in Weight and Body Satisfaction for Obese Women Initiating Exercise: Assessing Effects of Ethnicity. <i>Psychological Reports</i> , 2009, 105, 1072-1076.	0.9	3
103	Effects of mood change on self-regulatory skill usage and subsequent impacts on physical activity and eating changes within the weight-loss phase of differing behavioral obesity treatment types: A retrospective cohort study. <i>European Journal of Integrative Medicine</i> , 2017, 16, 75-81.	0.8	3
104	Exercise effects on mood, and its associations with self-regulatory skills, self-efficacy, and eating changes during the year following weight-loss treatment. <i>Women and Health</i> , 2019, 59, 687-701.	0.4	3
105	Changes in weight, physical activity and its theory-based psychosocial correlates within an adolescent bariatric clinic: contrasts with adults with extreme obesity. <i>International Journal of Adolescent Medicine and Health</i> , 2020, 32, .	0.6	3
106	Effects of a teen resident camp leadership program on changes in dimensions of self-control and interpersonal functioning, and their theory-based relationships. <i>Evaluation and Program Planning</i> , 2020, 78, 101745.	0.9	3
107	Mitigation of the effects of emotional eating on sweets consumption by treatment-associated self-regulatory skills usage in emerging adult and middle-age women with obesity. <i>Appetite</i> , 2020, 155, 104818.	1.8	3
108	Effects of Behaviorally Supported Exercise and Exercise-Induced Mood Changes on Elevated Blood Pressure and Hypertension in African American Adults with Severe Obesity. <i>Journal of Immigrant and Minority Health</i> , 2022, 24, 721-729.	0.8	3

#	ARTICLE	IF	CITATIONS
109	Contrasting Adult and Emerging Adult Women on Possible Psychosocial and Behavioral Correlates of Short-Term Weight Loss. <i>Health Behavior Research</i> , 2019, 2, .	0.1	3
110	Association of Exercise Counselors' Sex with Exercise Session Attendance in Women Enrolled in a Cognitive Behavioral Treatment System. <i>Perceptual and Motor Skills</i> , 2004, 99, 48-50.	0.6	2
111	Relation of Body Fat to Depression and Overall Mood Changes over a 10-WK. Course of Moderate Exercise in Formerly Sedentary Older Women. <i>Psychological Reports</i> , 2004, 95, 447-448.	0.9	2
112	Sex Differences in Correlations between Personal Incentives and Self-Motivation, and Occurrence of Perceived Positive Changes in Feeling States after Exercise. <i>Psychological Reports</i> , 2006, 98, 95-98.	0.9	2
113	Contrast of Frequency of Positive and Negative Feeling State Changes Associated with Standard and Reduced Cardiovascular Exercise. <i>Perceptual and Motor Skills</i> , 2007, 105, 159-162.	0.6	2
114	Generalizability of an adult-validated model for predicting increased physical activity in after-school program children: Effects of treatment formats on fitness indicators. <i>Evaluation and Program Planning</i> , 2019, 73, 33-43.	0.9	2
115	Participation of Female Emerging Adults in a Theory- and Evidence-Based Behavioral Weight Loss Program. <i>International Quarterly of Community Health Education</i> , 2020, 41, 45-53.	0.4	2
116	Predicting 2-year weight loss through temporally specific earlier losses, relevant behaviors, and their psychological correlates: Implications for behavioral treatment architectures. <i>Scandinavian Journal of Psychology</i> , 2020, 61, 625-633.	0.8	2
117	Psychological Mechanisms of Interactions between Improvements in Exercise and Healthy Eating Behaviors (Coaction) within a Community-Based Obesity Treatment Setting. <i>Behavioral Medicine</i> , 2021, , 1-6.	1.0	2
118	Mediators of relations of obesity treatment-associated changes in mood and weight: extending cross-sectional research. <i>Translational Behavioral Medicine</i> , 2021, 11, 2071-2080.	1.2	2
119	From Morbid Obesity to a Healthy Weight Using Cognitive-Behavioral Methods: A Woman's Three-Year Process With One and One-Half Years of Weight Maintenance. , 2012, 16, 54-59.		2
120	Sequential Mediation of the Relation of Increased Physical Activity and Weight Loss by Mood and Emotional Eating Changes. <i>Family and Community Health</i> , 2022, 45, 187-194.	0.5	2
121	Effects of Increased Physical Activity/Exercise on Long-Term Losses in Weight and Waist Circumference: Serial Mediation from Changes in Exercise-Related to Eating-Related Self-Regulation. <i>International Journal of Behavioral Medicine</i> , 2023, 30, 334-344.	0.8	2
122	Preliminary Validation of an Assessment for Evaluating Administration of a Structured Exercise Counseling Protocol. <i>Perceptual and Motor Skills</i> , 2005, 100, 723-724.	0.6	1
123	Coaction of Obesity Treatment's Associated Changes in Physical Activity and Emotional Eating: Mediation by Body Satisfaction. <i>Health Education and Behavior</i> , 2022, 49, 35-40.	1.3	1
124	Effects of Increased Exercise on Propensity for Emotional Eating Through Associated Psychological Changes. <i>Journal of Nutrition Education and Behavior</i> , 2021, 53, 944-950.	0.3	1
125	Additional Effects of Reduced Emotional Eating on Associations of Weight Loss via Changes in Social Cognitive Theory Variables. <i>International Journal of Behavioral Medicine</i> , 2021, , 1.	0.8	1
126	Reciprocal relationship of mood and emotional eating changes through self-regulation of weight-loss behaviors. <i>Eating Behaviors</i> , 2021, 43, 101559.	1.1	1

#	ARTICLE	IF	CITATIONS
127	Effects of obesity treatment-associated changes in mood and self-regulation on high emotional eating. <i>Current Psychology</i> , 0, , 1.	1.7	0
128	Effects of mood on self-regulating physical activity and sweets intake within obesity treatments. <i>Nutrition and Health</i> , 2022, , 026010602210781.	0.6	0
129	Effects of emotional eating on weight loss in women with obesity: assessing psychosocial mediators as treatment targets. <i>Minerva Psychiatry</i> , 2022, 63, .	0.3	0
130	Coaction of Exercise and Eating Improvements Within a Behavioral Obesity Treatment: Directionality and Psychological Mechanisms. <i>Research Quarterly for Exercise and Sport</i> , 2023, 94, 826-838.	0.8	0