

Poli Mara Spritzer

List of Publications by Year in Descending Order

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Version: 2024-04-18

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The third column is the impact factor (IF) of the journal, and the fourth column is the number of citations of the article.

117
papers

3,239
citations

29
h-index

53
g-index

131
ext. papers

4,107
ext. citations

3.1
avg, IF

5.26
L-index

#	Paper	IF	Citations
117	Metabolic Features of Women With Polycystic Ovary Syndrome in Latin America: A Systematic Review. <i>Frontiers in Endocrinology</i> , 2021 , 12, 759835	5.7	2
116	Insulin resistance and associated factors in female adolescents from two capital cities in the north and south of Brazil. <i>Diabetology and Metabolic Syndrome</i> , 2021 , 13, 113	5.6	
115	Associations of perceived stress and salivary cortisol with the snack and fast-food dietary pattern in women shift workers. <i>Stress</i> , 2021 , 1-9	3	0
114	Acoustic Measures of Brazilian Transgender Women's Voices: A Case-Control Study. <i>Frontiers in Psychology</i> , 2021 , 12, 622526	3.4	0
113	Nutrition in Menopausal Women: A Narrative Review. <i>Nutrients</i> , 2021 , 13,	6.7	4
112	Are vitamin D deficiency and VDR gene polymorphisms associated with high blood pressure as defined by the ACC/AHA 2017 criteria in postmenopausal women?. <i>Maturitas</i> , 2021 , 149, 26-33	5	2
111	Metabolic profile of women with PCOS in Brazil: a systematic review and meta-analysis. <i>Diabetology and Metabolic Syndrome</i> , 2021 , 13, 18	5.6	1
110	Physical and Sociodemographic Features Associated With Quality of Life Among Transgender Women and Men Using Gender-Affirming Hormone Therapy. <i>Frontiers in Psychiatry</i> , 2021 , 12, 621075	5	2
109	Bone Mineral Density in Patients with Hepatic Glycogen Storage Diseases. <i>Nutrients</i> , 2021 , 13,	6.7	1
108	C-reactive protein gene rs1205 polymorphism is associated with low-grade chronic inflammation in postmenopausal women. <i>Women's Midlife Health</i> , 2020 , 6, 3	2.3	3
107	Cachexia in patients with rheumatoid arthritis: a cohort study. <i>Clinical Rheumatology</i> , 2020 , 39, 3603-3613	3.9	5
106	Effects of high protein, low-glycemic index diet on lean body mass, strength, and physical performance in late postmenopausal women: a randomized controlled trial. <i>Menopause</i> , 2020 , 28, 307-317	3.7	1
105	Does (mis)use of industrial liquid silicone implants interfere with bone mineral density in transgender women?. <i>Archives of Osteoporosis</i> , 2020 , 15, 149	2.9	1
104	Association of body composition and age at menarche in girls and adolescents in the Brazilian Legal Amazon. <i>Jornal De Pediatria</i> , 2020 , 96, 240-246	2.6	7
103	Biological features of breast cancer according to age at diagnosis in southern Brazil: An analysis of retrospective data of 1128 women. <i>Breast Journal</i> , 2019 , 25, 760-762	1.2	2
102	Risk factors associated with coronary artery calcification in midlife women: a population-based study. <i>Gynecological Endocrinology</i> , 2019 , 35, 904-908	2.4	1
101	Bone Mass Effects of Cross-Sex Hormone Therapy in Transgender People: Updated Systematic Review and Meta-Analysis. <i>Journal of the Endocrine Society</i> , 2019 , 3, 943-964	0.4	22

100	Testosterone therapy for women with low sexual desire: a position statement from the Brazilian Society of Endocrinology and Metabolism. <i>Archives of Endocrinology and Metabolism</i> , 2019 , 63, 190-198	2.2	6
99	Clinical and molecular profile of newborns with confirmed or suspicious congenital adrenal hyperplasia detected after a public screening program implementation??. <i>Jornal De Pediatria (Versão Em Português)</i> , 2019 , 95, 282-290	0.2	
98	ACC/AHA 2017 definition of high blood pressure: implications for women with polycystic ovary syndrome. <i>Fertility and Sterility</i> , 2019 , 111, 579-587.e1	4.8	14
97	Prevalence and characteristics of polycystic ovary syndrome in Brazilian women: protocol for a nation-wide case-control study. <i>BMJ Open</i> , 2019 , 9, e029191	3	5
96	Prevalence of vitamin D deficiency in women from southern Brazil and association with vitamin D-binding protein levels and GC-DBP gene polymorphisms. <i>PLoS ONE</i> , 2019 , 14, e0226215	3.7	2
95	Clinical and molecular profile of newborns with confirmed or suspicious congenital adrenal hyperplasia detected after a public screening program implementation. <i>Jornal De Pediatria</i> , 2019 , 95, 282-290	2.6	6
94	Impact of vitamin D receptor and binding protein gene polymorphisms in clinical and laboratory data of HCV patients: Cross sectional study. <i>Medicine (United States)</i> , 2018 , 97, e9881	1.8	10
93	Impact of cross-sex hormone therapy on bone mineral density and body composition in transwomen. <i>Clinical Endocrinology</i> , 2018 , 88, 856-862	3.4	31
92	Apa-I polymorphism in VDR gene is related to metabolic syndrome in polycystic ovary syndrome: a cross-sectional study. <i>Reproductive Biology and Endocrinology</i> , 2018 , 16, 38	5	9
91	Bioavailable and free 25-hydroxyvitamin D and vitamin D binding protein in polycystic ovary syndrome: Relationships with obesity and insulin resistance. <i>Journal of Steroid Biochemistry and Molecular Biology</i> , 2018 , 177, 209-215	5.1	16
90	Recommendations from the international evidence-based guideline for the assessment and management of polycystic ovary syndrome. <i>Fertility and Sterility</i> , 2018 , 110, 364-379	4.8	366
89	Recommendations from the international evidence-based guideline for the assessment and management of polycystic ovary syndrome. <i>Human Reproduction</i> , 2018 , 33, 1602-1618	5.7	551
88	Risk of venous thromboembolism events in postmenopausal women using oral versus non-oral hormone therapy: A systematic review and meta-analysis. <i>Thrombosis Research</i> , 2018 , 168, 83-95	8.2	36
87	Association between PCOS and autoimmune thyroid disease: a systematic review and meta-analysis. <i>Endocrine Connections</i> , 2018 , 7, 1158-1167	3.5	23
86	Neuroprotective Effects of Guanosine Administration on In Vivo Cortical Focal Ischemia in Female and Male Wistar Rats. <i>Neurochemical Research</i> , 2018 , 43, 1476-1489	4.6	5
85	Blood Trace Element Concentrations in Polycystic Ovary Syndrome: Systematic Review and Meta-analysis. <i>Biological Trace Element Research</i> , 2017 , 175, 254-262	4.5	18
84	Transsexual Voice Questionnaire for Male-to-female Brazilian Transsexual People. <i>Journal of Voice</i> , 2017 , 31, 120.e15-120.e20	1.9	8
83	Neonatal screening for congenital adrenal hyperplasia in Southern Brazil: a population based study with 108,409 infants. <i>BMC Pediatrics</i> , 2017 , 17, 22	2.6	15

82	Animal models of hyperandrogenism and ovarian morphology changes as features of polycystic ovary syndrome: a systematic review. <i>Reproductive Biology and Endocrinology</i> , 2017 , 15, 12	5	46
81	Adiposity Indexes as Phenotype-Specific Markers of Preclinical Metabolic Alterations and Cardiovascular Risk in Polycystic Ovary Syndrome: A Cross-Sectional Study. <i>Experimental and Clinical Endocrinology and Diabetes</i> , 2017 , 125, 307-315	2.3	12
80	Salivary Cortisol, Perceived Stress, and Metabolic Syndrome: A Matched Case-Control Study in Female Shift Workers. <i>Hormone and Metabolic Research</i> , 2017 , 49, 510-519	3.1	5
79	Circulating and peritoneal fluid interleukin-6 levels and gene expression in pelvic endometriosis. <i>Experimental and Therapeutic Medicine</i> , 2017 , 14, 2317-2322	2.1	9
78	Effect of Intranasal Calcitonin in a Patient with McCune-Albright Syndrome, Fibrous Dysplasia, and Refractory Bone Pain. <i>Case Reports in Endocrinology</i> , 2017 , 2017, 7898713	1.2	4
77	Genetic variant in vitamin D-binding protein is associated with metabolic syndrome and lower 25-hydroxyvitamin D levels in polycystic ovary syndrome: A cross-sectional study. <i>PLoS ONE</i> , 2017 , 12, e0173695	3.7	13
76	Laryngeal surgical treatment in transgender women: A systematic review and meta-analysis. <i>Laryngoscope</i> , 2017 , 127, 2596-2603	3.6	14
75	Leptin concentrations and SCD-1 indices in classical homocystinuria: Evidence for the role of sulfur amino acids in the regulation of lipid metabolism. <i>Clinica Chimica Acta</i> , 2017 , 473, 82-88	6.2	4
74	Saturated Fat Intake Is Related to Heart Rate Variability in Women with Polycystic Ovary Syndrome. <i>Annals of Nutrition and Metabolism</i> , 2017 , 71, 224-233	4.5	6
73	Sedentary Lifestyle and High-Carbohydrate Intake are Associated with Low-Grade Chronic Inflammation in Post-Menopause: A Cross-sectional Study. <i>Revista Brasileira De Ginecologia E Obstetricia</i> , 2016 , 38, 317-24	1.1	16
72	Association between global leukocyte DNA methylation and cardiovascular risk in postmenopausal women. <i>BMC Medical Genetics</i> , 2016 , 17, 71	2.1	17
71	Hirsutism in Polycystic Ovary Syndrome: Pathophysiology and Management. <i>Current Pharmaceutical Design</i> , 2016 , 22, 5603-5613	3.3	16
70	Primary ovarian insufficiency: different approaches in three cases and a review of literature. <i>Endocrinology, Diabetes and Metabolism Case Reports</i> , 2016 , 2016, 160026	1.4	1
69	Association between left ventricular mass, androgens, adiposity and insulin resistance in girls with precocious pubarche: a case-control study. <i>Clinical Endocrinology</i> , 2016 , 84, 394-401	3.4	3
68	Association between rs7903146 and rs12255372 polymorphisms of transcription factor 7-like 2 gene and polycystic ovary syndrome: a systematic review and meta-analysis. <i>Endocrine</i> , 2015 , 49, 635-424		7
67	Subclinical cardiovascular disease in postmenopausal women with low/medium cardiovascular risk by the Framingham risk score. <i>Maturitas</i> , 2015 , 81, 311-6	5	17
66	Effects of low-dose versus placebo or conventional-dose postmenopausal hormone therapy on variables related to cardiovascular risk: a systematic review and meta-analyses of randomized clinical trials. <i>Journal of Clinical Endocrinology and Metabolism</i> , 2015 , 100, 1028-37	5.6	33
65	The Passo Fundo Cohort Study: design of a population-based observational study of women in premenopause, menopausal transition, and postmenopause. <i>Women's Midlife Health</i> , 2015 , 1, 12	2.3	2

64	FTO gene variants are not associated with polycystic ovary syndrome in women from Southern Brazil. <i>Gene</i> , 2015 , 560, 25-9	3.8	15
63	Adipose tissue dysfunction, adipokines, and low-grade chronic inflammation in polycystic ovary syndrome. <i>Reproduction</i> , 2015 , 149, R219-27	3.8	163
62	Causes of death and associated risk factors among climacteric women from Southern Brazil: a population based-study. <i>BMC Public Health</i> , 2014 , 14, 194	4.1	9
61	Body composition in patients with classical homocystinuria: body mass relates to homocysteine and choline metabolism. <i>Gene</i> , 2014 , 546, 443-7	3.8	9
60	Polycystic ovary syndrome: reviewing diagnosis and management of metabolic disturbances. <i>Arquivos Brasileiros De Endocrinologia E Metabologia</i> , 2014 , 58, 182-7		40
59	Effects of endocrine disruptors in the development of the female reproductive tract. <i>Arquivos Brasileiros De Endocrinologia E Metabologia</i> , 2014 , 58, 153-61		67
58	Physical activity in climacteric women: comparison between self-reporting and pedometer. <i>Revista De Saude Publica</i> , 2014 , 48, 258-65	2.4	10
57	Dietary glycemic index is associated with less favorable anthropometric and metabolic profiles in polycystic ovary syndrome women with different phenotypes. <i>Fertility and Sterility</i> , 2013 , 100, 1081-8	4.8	44
56	Cardiac autonomic modulation in polycystic ovary syndrome: does the phenotype matter?. <i>Fertility and Sterility</i> , 2013 , 99, 286-292	4.8	29
55	Gene expression of leptin and long leptin receptor isoform in endometriosis: a case-control study. <i>Obstetrics and Gynecology International</i> , 2013 , 2013, 879618	2	7
54	Variations in the vitamin D-binding protein (DBP) gene are related to lower 25-hydroxyvitamin D levels in healthy girls: a cross-sectional study. <i>Hormone Research in Paediatrics</i> , 2013 , 79, 162-8	3.3	30
53	Polymorphisms of TCF7L2 gene in South Brazilian women with polycystic ovary syndrome: a cross-sectional study. <i>European Journal of Endocrinology</i> , 2013 , 169, 569-76	6.5	12
52	Association between habitual physical activity and lower cardiovascular risk in premenopausal, perimenopausal, and postmenopausal women: a population-based study. <i>Menopause</i> , 2013 , 20, 525-31	2.5	47
51	Oxytocin promotes bone formation during the alveolar healing process in old acyclic female rats. <i>Archives of Oral Biology</i> , 2012 , 57, 1290-7	2.8	14
50	Vitamin D deficiency in girls from South Brazil: a cross-sectional study on prevalence and association with vitamin D receptor gene variants. <i>BMC Pediatrics</i> , 2012 , 12, 62	2.6	70
49	Cigarette smoke impairs granulosa cell proliferation and oocyte growth after exposure cessation in young Swiss mice: an experimental study. <i>Journal of Ovarian Research</i> , 2012 , 5, 25	5.5	15
48	Aromatase gene polymorphism does not influence clinical phenotype and response to oral contraceptive pills in polycystic ovary syndrome women. <i>Gynecologic and Obstetric Investigation</i> , 2012 , 74, 136-42	2.5	7
47	Effects of micronized progesterone added to non-oral estradiol on lipids and cardiovascular risk factors in early postmenopause: a clinical trial. <i>Lipids in Health and Disease</i> , 2012 , 11, 133	4.4	19

46	Insulin resistance and polycystic ovary syndrome through life. <i>Current Pharmaceutical Design</i> , 2012 , 18, 5569-76	3.3	30
45	Benefits of pedometer-measured habitual physical activity in healthy women. <i>Applied Physiology, Nutrition and Metabolism</i> , 2012 , 37, 149-56	3	13
44	Physical, psychological, and menopause-related symptoms and minor psychiatric disorders in a community-based sample of Brazilian premenopausal, perimenopausal, and postmenopausal women. <i>Menopause</i> , 2012 , 19, 355-60	2.5	26
43	Abdominal subcutaneous fat gene expression and circulating levels of leptin and adiponectin in polycystic ovary syndrome. <i>Fertility and Sterility</i> , 2011 , 95, 2044-9	4.8	50
42	Variations in the fat mass and obesity-associated (FTO) gene are related to glucose levels and higher lipid accumulation product in postmenopausal women from southern Brazil. <i>Fertility and Sterility</i> , 2011 , 96, 974-9	4.8	9
41	Lipid accumulation product (LAP) is related to androgenicity and cardiovascular risk factors in postmenopausal women. <i>Maturitas</i> , 2011 , 70, 395-9	5	20
40	Insulin resistance is not strictly associated with energy intake or dietary macronutrient composition in women with polycystic ovary syndrome. <i>Nutrition Research</i> , 2011 , 31, 97-103	4	27
39	The New Zealand obese mouse model of obesity insulin resistance and poor breeding performance: evaluation of ovarian structure and function. <i>Journal of Endocrinology</i> , 2011 , 209, 307-15	4.7	32
38	Prolactin, estradiol and anticardiolipin antibodies in premenopausal women with systemic lupus erythematosus: a pilot study. <i>Revista Brasileira De Reumatologia</i> , 2011 , 51, 460-4		1
37	Variation in metabolic and cardiovascular risk in women with different polycystic ovary syndrome phenotypes. <i>Fertility and Sterility</i> , 2010 , 94, 2493-6	4.8	62
36	Analysis of testosterone pulsatility in women with ovulatory menstrual cycles. <i>Arquivos Brasileiros De Endocrinologia E Metabologia</i> , 2009 , 53, 1040-6		9
35	c-fos gene and protein expression in pelvic endometriosis: a local marker of estrogen action. <i>Journal of Molecular Histology</i> , 2009 , 40, 53-8	3.3	26
34	Effects of nonoral estradiol-micronized progesterone or low-dose oral estradiol-drospirenone therapy on metabolic variables and markers of endothelial function in early postmenopause. <i>Fertility and Sterility</i> , 2009 , 92, 605-12	4.8	18
33	Relationship between endogenous testosterone and cardiovascular risk in early postmenopausal women. <i>Metabolism: Clinical and Experimental</i> , 2008 , 57, 961-5	12.7	69
32	Effect of metformin on IGF-1 and IGFBP-1 levels in obese patients with polycystic ovary syndrome. <i>European Journal of Obstetrics, Gynecology and Reproductive Biology</i> , 2008 , 138, 122-4	2.4	9
31	Polymorphic CAG and GGC repeat lengths in the androgen receptor gene and prostate cancer risk: analysis of a Brazilian population. <i>Cancer Investigation</i> , 2008 , 26, 74-80	2.1	28
30	Estimation of truncal adiposity using waist circumference or the sum of trunk skinfolds: a pilot study for insulin resistance screening in hirsute patients with or without polycystic ovary syndrome. <i>Metabolism: Clinical and Experimental</i> , 2007 , 56, 992-7	12.7	49
29	Menopause, estrogens, and endothelial dysfunction: current concepts. <i>Clinics</i> , 2007 , 62, 77-86	2.3	54

28	CAPN10 UCSNP-43, UCSNP-19 and UCSNP-63 polymorphisms and metabolic syndrome in polycystic ovary syndrome. <i>Gynecological Endocrinology</i> , 2007 , 23, 173-8	2.4	21
27	Determinants of ovarian volume in pre-, menopausal transition, and post-menopausal women: a population-based study. <i>Maturitas</i> , 2006 , 53, 405-12	5	16
26	Association between menopause status and central adiposity measured at different cutoffs of waist circumference and waist-to-hip ratio. <i>Menopause</i> , 2006 , 13, 280-5	2.5	107
25	Association between ovarian volume and serum insulin levels in ovulatory patients with idiopathic hirsutism. <i>Fertility and Sterility</i> , 2005 , 83, 1561-4	4.8	9
24	In vivo assessment of the regulation of transforming growth factor alpha, epidermal growth factor (EGF), and EGF receptor in the human endometrium by medroxyprogesterone acetate. <i>Journal of Assisted Reproduction and Genetics</i> , 2005 , 22, 19-24	3.4	8
23	Association between androgen receptor gene CAG repeat polymorphism and plasma testosterone levels in postmenopausal women. <i>Journal of the Society for Gynecologic Investigation</i> , 2005 , 12, 135-41		34
22	Anthropometric and endocrine features in girls with isolated premature pubarche or non-classical congenital adrenal hyperplasia. <i>Journal of Pediatric Endocrinology and Metabolism</i> , 2004 , 17, 767-73	1.6	8
21	Increased growth hormone response to clonidine in nonobese normoinsulinemic patients with polycystic ovary syndrome. <i>Fertility and Sterility</i> , 2004 , 81, 108-13	4.8	13
20	Endometrial assessment in women using tibolone or placebo: 1-year randomized trial and 2-year observational study. <i>Menopause</i> , 2004 , 11, 423-9	2.5	17
19	Ovarian volume in pre- and perimenopausal women: a population-based study. <i>Menopause</i> , 2003 , 10, 209-13	2.5	30
18	Gene expression of type 2 17 beta hydroxysteroid dehydrogenase in scalp hairs of hirsute women. <i>Steroids</i> , 2003 , 68, 641-9	2.8	18
17	Androgen-dependent expression of c-jun and c-fos in human non-transformed epithelial prostatic cells: association with cell proliferation. <i>Hormone Research in Paediatrics</i> , 2003 , 60, 209-14	3.3	4
16	TRHM e proliferaçã do tecido mamãrio normal: o debate continua. <i>Arquivos Brasileiros De Endocrinologia E Metabologia</i> , 2003 , 47, 5-6		2
15	Fitoestrogãios: posicionamento do Departamento de Endocrinologia Feminina da Sociedade Brasileira de Endocrinologia e Metabologia (SBEM). <i>Arquivos Brasileiros De Endocrinologia E Metabologia</i> , 2002 , 46, 679-695		4
14	Pregnancy in hyperprolactinemic women. <i>Acta Obstetricia Et Gynecologica Scandinavica</i> , 2002 , 81, 265-7	3.8	3
13	Ovarian and uterine findings in pelvic sonography: comparison between prepubertal girls, girls with isolated thelarche, and girls with central precocious puberty. <i>Journal of Ultrasound in Medicine</i> , 2002 , 21, 1237-46; quiz 1247-8	2.9	46
12	Association between hyperinsulinemia and endogenous androgen levels in peri- and postmenopausal women. <i>Metabolism: Clinical and Experimental</i> , 2002 , 51, 238-43	12.7	41
11	Ovarian and uterine sonography in healthy girls between 1 and 13 years old: correlation of findings with age and pubertal status. <i>American Journal of Roentgenology</i> , 2002 , 178, 1531-6	5.4	74

10	Revisitando o Hirsutismo. <i>Arquivos Brasileiros De Endocrinologia E Metabologia</i> , 2002 , 46, 127-136		2
9	Androgen-induced cell growth and c-myc expression in human non-transformed epithelial prostatic cells in primary culture. <i>Endocrine Research</i> , 2001 , 27, 153-69	1.9	26
8	Perfil hormonal e metabólico em pacientes hirsutas com a síndrome dos ovários policísticos. <i>Arquivos Brasileiros De Endocrinologia E Metabologia</i> , 2001 , 45, 352-360		
7	Spironolactone as a single agent for long-term therapy of hirsute patients. <i>Clinical Endocrinology</i> , 2000 , 52, 587-94	3.4	72
6	Effects of xenoestrogen bisphenol A on uterine and pituitary weight, serum prolactin levels and immunoreactive prolactin cells in ovariectomized Wistar rats. <i>Archives of Toxicology</i> , 2000 , 74, 92-8	5.8	37
5	Xenoestrogênios: o exemplo do bisfenol-A. <i>Arquivos Brasileiros De Endocrinologia E Metabologia</i> , 2000 , 44, 323-330		6
4	Regional localization of immunoreactive c-fos and prolactin in human endometrium during the normal menstrual cycle. <i>Gynecologic and Obstetric Investigation</i> , 1999 , 47, 120-4	2.5	6
3	Progestin modulation of c-fos and prolactin gene expression in the human endometrium. <i>Fertility and Sterility</i> , 1999 , 71, 1125-32	4.8	22
2	Relevância da avaliação dos sintomas e dosagem de estradiol no tratamento de reposição hormonal em pacientes pré-menopáusicas. <i>Arquivos Brasileiros De Endocrinologia E Metabologia</i> , 1999 , 43, 310-312		
1	Relevance of the determination of ovarian volume in adolescent girls with menstrual disorders. <i>Journal of Clinical Ultrasound</i> , 1996 , 24, 243-8	1	24