## Jean-Pierre Desprs

## List of Publications by Citations

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164 63 35,938 172 h-index g-index citations papers 41,813 8.9 172 7.49 avg, IF L-index ext. papers ext. citations

#	Paper	IF	Citations
164	Heart disease and stroke statistics2015 update: a report from the American Heart Association. <i>Circulation</i> , <b>2015</b> , 131, e29-322	16.7	5259
163	Heart Disease and Stroke Statistics-2016 Update: A Report From the American Heart Association. <i>Circulation</i> , <b>2016</b> , 133, e38-360	16.7	4504
162	Abdominal obesity and metabolic syndrome. <i>Nature</i> , <b>2006</b> , 444, 881-7	50.4	2900
161	Waist circumference and abdominal sagittal diameter: best simple anthropometric indexes of abdominal visceral adipose tissue accumulation and related cardiovascular risk in men and women. <i>American Journal of Cardiology</i> , <b>1994</b> , 73, 460-8	3	1501
160	Hyperinsulinemia as an independent risk factor for ischemic heart disease. <i>New England Journal of Medicine</i> , <b>1996</b> , 334, 952-7	59.2	1424
159	Sugar-sweetened beverages and risk of metabolic syndrome and type 2 diabetes: a meta-analysis. <i>Diabetes Care</i> , <b>2010</b> , 33, 2477-83	14.6	1305
158	Pathophysiology of human visceral obesity: an update. <i>Physiological Reviews</i> , <b>2013</b> , 93, 359-404	47.9	1267
157	Effects of rimonabant on metabolic risk factors in overweight patients with dyslipidemia. <i>New England Journal of Medicine</i> , <b>2005</b> , 353, 2121-34	59.2	1172
156	Abdominal obesity and the metabolic syndrome: contribution to global cardiometabolic risk. <i>Arteriosclerosis, Thrombosis, and Vascular Biology,</i> <b>2008</b> , 28, 1039-49	9.4	1009
155	The response to long-term overfeeding in identical twins. <i>New England Journal of Medicine</i> , <b>1990</b> , 322, 1477-82	59.2	979
154	Importance of Assessing Cardiorespiratory Fitness in Clinical Practice: A Case for Fitness as a Clinical Vital Sign: A Scientific Statement From the American Heart Association. <i>Circulation</i> , <b>2016</b> , 134, e653-e699	16.7	825
153	Body fat distribution and risk of cardiovascular disease: an update. Circulation, 2012, 126, 1301-13	16.7	736
152	Overview of epidemiology and contribution of obesity to cardiovascular disease. <i>Progress in Cardiovascular Diseases</i> , <b>2014</b> , 56, 369-81	8.5	682
151	Assessing adiposity: a scientific statement from the American Heart Association. <i>Circulation</i> , <b>2011</b> , 124, 1996-2019	16.7	553
150	Risk thresholds for alcohol consumption: combined analysis of individual-participant data for 599 912 current drinkers in 83 prospective studies. <i>Lancet, The</i> , <b>2018</b> , 391, 1513-1523	40	530
149	International Day for the Evaluation of Abdominal Obesity (IDEA): a study of waist circumference, cardiovascular disease, and diabetes mellitus in 168,000 primary care patients in 63 countries. <i>Circulation</i> , <b>2007</b> , 116, 1942-51	16.7	487
148	Obesity. <i>Nature Reviews Disease Primers</i> , <b>2017</b> , 3, 17034	51.1	464

147	Is visceral obesity the cause of the metabolic syndrome?. <i>Annals of Medicine</i> , <b>2006</b> , 38, 52-63	1.5	443
146	Physical activity and cardiorespiratory fitness as major markers of cardiovascular risk: their independent and interwoven importance to health status. <i>Progress in Cardiovascular Diseases</i> , <b>2015</b> , 57, 306-14	8.5	377
145	Waist and hip circumferences have independent and opposite effects on cardiovascular disease risk factors: the Quebec Family Study. <i>American Journal of Clinical Nutrition</i> , <b>2001</b> , 74, 315-21	7	377
144	Short sleep duration is associated with reduced leptin levels and increased adiposity: Results from the Quebec family study. <i>Obesity</i> , <b>2007</b> , 15, 253-61	8	368
143	Visceral obesity: the link among inflammation, hypertension, and cardiovascular disease. <i>Hypertension</i> , <b>2009</b> , 53, 577-84	8.5	323
142	Assessment of adipose tissue distribution by computed axial tomography in obese women: association with body density and anthropometric measurements. <i>British Journal of Nutrition</i> , <b>1989</b> , 61, 139-48	3.6	314
141	Visceral and ectopic fat, atherosclerosis, and cardiometabolic disease: a position statement. <i>Lancet Diabetes and Endocrinology,the</i> , <b>2019</b> , 7, 715-725	18.1	296
140	Cardiovascular and Metabolic Heterogeneity of Obesity: Clinical Challenges and Implications for Management. <i>Circulation</i> , <b>2018</b> , 137, 1391-1406	16.7	275
139	The association between sleep duration and weight gain in adults: a 6-year prospective study from the Quebec Family Study. <i>Sleep</i> , <b>2008</b> , 31, 517-23	1.1	274
138	Waist circumference as a vital sign in clinical practice: a Consensus Statement from the IAS and ICCR Working Group on Visceral Obesity. <i>Nature Reviews Endocrinology</i> , <b>2020</b> , 16, 177-189	15.2	270
137	HDL-cholesterol as a marker of coronary heart disease risk: the QuBec cardiovascular study. <i>Atherosclerosis</i> , <b>2000</b> , 153, 263-72	3.1	246
136	Ethnic influences on the relations between abdominal subcutaneous and visceral adiposity, liver fat, and cardiometabolic risk profile: the International Study of Prediction of Intra-Abdominal Adiposity and Its Relationship With Cardiometabolic Risk/Intra-Abdominal Adiposity. <i>American</i>	7	242
135	Eating behaviors and indexes of body composition in men and women from the QuBec family study. <i>Obesity</i> , <b>2003</b> , 11, 783-92		227
134	Calcium intake, body composition, and lipoprotein-lipid concentrations in adults. <i>American Journal of Clinical Nutrition</i> , <b>2003</b> , 77, 1448-52	7	220
133	Effects of diet and physical activity on adiposity and body fat distribution: implications for the prevention of cardiovascular disease. <i>Nutrition Research Reviews</i> , <b>1993</b> , 6, 137-59	7	214
132	Oxidized Phospholipids, Lipoprotein(a), and Progression of Calcific Aortic Valve Stenosis. <i>Journal of the American College of Cardiology</i> , <b>2015</b> , 66, 1236-1246	15.1	210
131	Stability of indicators of the metabolic syndrome from childhood and adolescence to young adulthood: the QuBec Family Study. <i>Journal of Clinical Epidemiology</i> , <b>2001</b> , 54, 190-5	5.7	192
130	Evidence for a regional component of body fatness in the association with serum lipids in men and women. <i>Metabolism: Clinical and Experimental</i> , <b>1985</b> , 34, 967-73	12.7	190

129	Precision Nutrition: A Review of Personalized Nutritional Approaches for the Prevention and Management of Metabolic Syndrome. <i>Nutrients</i> , <b>2017</b> , 9,	6.7	177
128	Overview of Epidemiology and Contribution of Obesity and Body Fat Distribution to Cardiovascular Disease: An Update. <i>Progress in Cardiovascular Diseases</i> , <b>2018</b> , 61, 103-113	8.5	174
127	Hypertriglyceridemic waist: a useful screening phenotype in preventive cardiology?. <i>Canadian Journal of Cardiology</i> , <b>2007</b> , 23 Suppl B, 23B-31B	3.8	163
126	Effect of rimonabant on the high-triglyceride/ low-HDL-cholesterol dyslipidemia, intraabdominal adiposity, and liver fat: the ADAGIO-Lipids trial. <i>Arteriosclerosis, Thrombosis, and Vascular Biology</i> , <b>2009</b> , 29, 416-23	9.4	162
125	Concordance/discordance between plasma apolipoprotein B levels and the cholesterol indexes of atherosclerotic risk. <i>American Journal of Cardiology</i> , <b>2003</b> , 91, 1173-7	3	162
124	The CardioMetabolic Health Alliance: Working Toward a New Care Model for the Metabolic Syndrome. <i>Journal of the American College of Cardiology</i> , <b>2015</b> , 66, 1050-67	15.1	158
123	Obesity Phenotypes, Diabetes, and Cardiovascular Diseases. <i>Circulation Research</i> , <b>2020</b> , 126, 1477-1500	15.7	151
122	Reduced testosterone and adrenal C19 steroid levels in obese men. <i>Metabolism: Clinical and Experimental</i> , <b>1995</b> , 44, 513-9	12.7	147
121	Sex differences in inflammatory markers: what is the contribution of visceral adiposity?. <i>American Journal of Clinical Nutrition</i> , <b>2009</b> , 89, 1307-14	7	136
120	Visceral obesity and plasma glucose-insulin homeostasis: contributions of interleukin-6 and tumor necrosis factor-alpha in men. <i>Journal of Clinical Endocrinology and Metabolism</i> , <b>2008</b> , 93, 1931-8	5.6	135
119	Impact of waist circumference on the relationship between blood pressure and insulin: the Quebec Health Survey. <i>Hypertension</i> , <b>2005</b> , 45, 363-7	8.5	129
118	The hypertriglyceridemic-waist phenotype and the risk of coronary artery disease: results from the EPIC-Norfolk prospective population study. <i>Cmaj</i> , <b>2010</b> , 182, 1427-32	3.5	120
117	Cardiometabolic risk in Canada: a detailed analysis and position paper by the cardiometabolic risk working group. <i>Canadian Journal of Cardiology</i> , <b>2011</b> , 27, e1-e33	3.8	116
116	Obesity and cardiovascular disease: friend or foe?. European Heart Journal, 2016, 37, 3560-3568	9.5	115
115	Low-intensity endurance exercise training, plasma lipoproteins and the risk of coronary heart disease. <i>Journal of Internal Medicine</i> , <b>1994</b> , 236, 7-22	10.8	112
114	Obesity and Cardiovascular Disease: A Scientific Statement From the American Heart Association. <i>Circulation</i> , <b>2021</b> , 143, e984-e1010	16.7	112
113	Risk factors for adult overweight and obesity in the Quebec Family Study: have we been barking up the wrong tree?. <i>Obesity</i> , <b>2009</b> , 17, 1964-70	8	110
112	Usefulness of measuring both body mass index and waist circumference for the estimation of visceral adiposity and related cardiometabolic risk profile (from the INSPIRE ME IAA study).  American Journal of Cardiology, 2015, 115, 307-15	3	106

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111	Visceral adipose tissue indicates the severity of cardiometabolic risk in patients with and without type 2 diabetes: results from the INSPIRE ME IAA study. <i>Journal of Clinical Endocrinology and Metabolism</i> , <b>2012</b> , 97, 1517-25	5.6	101
110	CB1 antagonists for obesitywhat lessons have we learned from rimonabant?. <i>Nature Reviews Endocrinology</i> , <b>2009</b> , 5, 633-8	15.2	99
109	Visceral adipose tissue accumulation, cardiorespiratory fitness, and features of the metabolic syndrome. <i>Archives of Internal Medicine</i> , <b>2007</b> , 167, 1518-25		91
108	Physical Activity, Sedentary Behaviours, and Cardiovascular Health: When Will Cardiorespiratory Fitness Become a Vital Sign?. <i>Canadian Journal of Cardiology</i> , <b>2016</b> , 32, 505-13	3.8	84
107	Abdominal obesity and cardiovascular disease: is inflammation the missing link?. <i>Canadian Journal of Cardiology</i> , <b>2012</b> , 28, 642-52	3.8	84
106	Impact of metabolic syndrome on progression of aortic stenosis: influence of age and statin therapy. <i>Journal of the American College of Cardiology</i> , <b>2012</b> , 60, 216-23	15.1	78
105	Low-Calorie Sweetened Beverages and Cardiometabolic Health: A Science Advisory From the American Heart Association. <i>Circulation</i> , <b>2018</b> , 138, e126-e140	16.7	67
104	The selective peroxisome proliferator-activated receptor alpha modulator (SPPARM) paradigm: conceptual framework and therapeutic potential: A consensus statement from the International Atherosclerosis Society (IAS) and the Residual Risk Reduction Initiative (R3i) Foundation.	8.7	64
103	Visceral and not subcutaneous abdominal adiposity reduction drives the benefits of a 1-year lifestyle modification program. <i>Obesity</i> , <b>2012</b> , 20, 1223-33	8	64
102	The concept of cardiometabolic risk: Bridging the fields of diabetology and cardiology. <i>Annals of Medicine</i> , <b>2008</b> , 40, 514-23	1.5	62
101	Perivascular adipose tissue in the pathogenesis of cardiovascular disease. <i>Atherosclerosis</i> , <b>2013</b> , 230, 177-84	3.1	61
100	Findings from the Quebec Family Study on the Etiology of Obesity: Genetics and Environmental Highlights. <i>Current Obesity Reports</i> , <b>2014</b> , 3, 54-66	8.4	59
99	Age-related differences in inflammatory markers in men: contribution of visceral adiposity. <i>Metabolism: Clinical and Experimental</i> , <b>2009</b> , 58, 1452-8	12.7	58
98	ApoB/ApoA-I ratio is associated with increased risk of bioprosthetic valve degeneration. <i>Journal of the American College of Cardiology</i> , <b>2013</b> , 61, 752-61	15.1	54
97	Is the relationship between adipose tissue and waist girth altered by weight loss in obese men?. <i>Obesity</i> , <b>2001</b> , 9, 526-34		49
96	Familial resemblance in eating behaviors in men and women from the Quebec Family Study. <i>Obesity</i> , <b>2005</b> , 13, 1624-9		47
95	Risk factors for adult overweight and obesity: the importance of looking beyond the <b>@</b> ig twoQ <i>Obesity Facts</i> , <b>2010</b> , 3, 320-7	5.1	45
94	Body composition, cardiorespiratory fitness, and low-grade inflammation in middle-aged men and women. <i>American Journal of Cardiology</i> , <b>2009</b> , 104, 240-6	3	45

93	PCSK9 levels in abdominally obese men: association with cardiometabolic risk profile and effects of a one-year lifestyle modification program. <i>Atherosclerosis</i> , <b>2014</b> , 236, 321-6	3.1	44
92	Ectopic visceral fat: a clinical and molecular perspective on the cardiometabolic risk. <i>Reviews in Endocrine and Metabolic Disorders</i> , <b>2014</b> , 15, 289-98	10.5	42
91	Low cardiorespiratory fitness levels and elevated blood pressure: what is the contribution of visceral adiposity?. <i>Hypertension</i> , <b>2009</b> , 54, 91-7	8.5	41
90	Obesity and cardiovascular disease: weight loss is not the only target. <i>Canadian Journal of Cardiology</i> , <b>2015</b> , 31, 216-22	3.8	40
89	Mapping body fat distribution: a key step towards the identification of the vulnerable patient?. <i>Annals of Medicine</i> , <b>2012</b> , 44, 758-72	1.5	40
88	Sleep apnoea attenuates the effects of a lifestyle intervention programme in men with visceral obesity. <i>Thorax</i> , <b>2012</b> , 67, 735-41	7.3	40
87	Physical activity, metabolic syndrome, and coronary risk: the EPIC-Norfolk prospective population study. <i>European Journal of Cardiovascular Prevention and Rehabilitation</i> , <b>2011</b> , 18, 209-17		39
86	Does abdominal obesity have a similar impact on cardiovascular disease and diabetes? A study of 91,246 ambulant patients in 27 European countries. <i>European Heart Journal</i> , <b>2009</b> , 30, 3055-63	9.5	38
85	Changes in both global diet quality and physical activity level synergistically reduce visceral adiposity in men with features of metabolic syndrome. <i>Journal of Nutrition</i> , <b>2013</b> , 143, 1074-83	4.1	37
84	Does Milk Consumption Contribute to Cardiometabolic Health and Overall Diet Quality?. <i>Canadian Journal of Cardiology</i> , <b>2016</b> , 32, 1026-32	3.8	36
83	Usefulness of hypertriglyceridemic waist phenotype in type 2 diabetes mellitus to predict the presence of coronary artery disease as assessed by computed tomographic coronary angiography. <i>American Journal of Cardiology</i> , <b>2010</b> , 106, 1747-53	3	35
82	Visceral/epicardial adiposity in nonobese and apparently healthy young adults: association with the cardiometabolic profile. <i>Atherosclerosis</i> , <b>2014</b> , 234, 23-9	3.1	34
81	Improvement in insulin sensitivity following a 1-year lifestyle intervention program in viscerally obese men: contribution of abdominal adiposity. <i>Metabolism: Clinical and Experimental</i> , <b>2012</b> , 61, 262-73	2 <sup>12.7</sup>	34
80	Changing the endpoints for determining effective obesity management. <i>Progress in Cardiovascular Diseases</i> , <b>2015</b> , 57, 330-6	8.5	32
79	Apolipoprotein E polymorphism modifies relation of hyperinsulinemia to hypertriglyceridemia. <i>Diabetes</i> , <b>1993</b> , 42, 1474-81	0.9	32
78	Disease preventionshould we target obesity or sedentary lifestyle?. <i>Nature Reviews Cardiology</i> , <b>2010</b> , 7, 468-72	14.8	29
77	Transient myocardial tissue and function changes during a marathon in less fit marathon runners. <i>Canadian Journal of Cardiology</i> , <b>2013</b> , 29, 1269-76	3.8	28
76	Cardiometabolic effects of rosiglitazone in patients with type 2 diabetes and coronary artery bypass grafts: A randomized placebo-controlled clinical trial. <i>Atherosclerosis</i> , <b>2010</b> , 211, 565-73	3.1	27

75	From individual risk factors and the metabolic syndrome to global cardiometabolic risk. <i>Country Review Ukraine</i> , <b>2008</b> , 10, B24-B33		27
74	Physical training and changes in regional adipose tissue distribution. <i>Acta Medica Scandinavica</i> , <b>1988</b> , 723, 205-12		26
73	Circulating IGFBP-2 levels are incrementally linked to correlates of the metabolic syndrome and independently associated with VLDL triglycerides. <i>Atherosclerosis</i> , <b>2014</b> , 237, 645-51	3.1	25
72	Physical activity, the Framingham risk score and risk of coronary heart disease in men and women of the EPIC-Norfolk study. <i>Atherosclerosis</i> , <b>2010</b> , 209, 261-5	3.1	25
71	Abdominal obesity, insulin resistance, and the metabolic syndrome: contribution of physical activity/exercise. <i>Obesity</i> , <b>2009</b> , 17 Suppl 3, S1-2	8	25
70	Effects of cholesterol ester transfer protein (CETP) gene on adiposity in response to long-term overfeeding. <i>Atherosclerosis</i> , <b>2008</b> , 196, 455-460	3.1	25
69	Effect of Exercise and Pharmacological Interventions on Visceral Adiposity: A Systematic Review and Meta-analysis of Long-term Randomized Controlled Trials. <i>Mayo Clinic Proceedings</i> , <b>2019</b> , 94, 211-2	2 <sup>4</sup> ·4	22
68	Trunk muscle quality assessed by computed tomography: Association with adiposity indices and glucose tolerance in men. <i>Metabolism: Clinical and Experimental</i> , <b>2018</b> , 85, 205-212	12.7	22
67	Targeting Overconsumption of Sugar-Sweetened Beverages vs. Overall Poor Diet Quality for Cardiometabolic Diseases Risk Prevention: Place Your Bets!. <i>Nutrients</i> , <b>2017</b> , 9,	6.7	21
66	Visceral adiposity and left ventricular mass and function in patients with aortic stenosis: the PROGRESSA study. <i>Canadian Journal of Cardiology</i> , <b>2014</b> , 30, 1080-7	3.8	21
65	A variant in the LRRFIP1 gene is associated with adiposity and inflammation. <i>Obesity</i> , <b>2013</b> , 21, 185-92	8	21
64	Cardiometabolic risk improvement in response to a 3-yr lifestyle modification program in men: contribution of improved cardiorespiratory fitness vs. weight loss. <i>American Journal of Physiology - Endocrinology and Metabolism</i> , <b>2017</b> , 312, E273-E281	6	19
63	Increased plasma interleukin-1 receptor antagonist levels in men with visceral obesity. <i>Annals of Medicine</i> , <b>2009</b> , 41, 471-8	1.5	19
62	Effects of the FABP2 A54T mutation on triglyceride metabolism of viscerally obese men. <i>Obesity</i> , <b>2001</b> , 9, 668-75		19
61	Association between plasma lipoprotein levels and bioprosthetic valve structural degeneration. Heart, <b>2016</b> , 102, 1915-1921	5.1	19
60	Changes in circulating vitamin D levels with loss of adipose tissue. <i>Current Opinion in Clinical Nutrition and Metabolic Care</i> , <b>2016</b> , 19, 464-470	3.8	19
59	Is There a Role for Visceral Adiposity in Inducing Type 2 Diabetes Remission in Severely Obese Patients Following Biliopancreatic Diversion with Duodenal Switch Surgery?. <i>Obesity Surgery</i> , <b>2016</b> , 26, 1717-27	3.7	18
58	Impact of gastrointestinal surgery on cardiometabolic risk. <i>Current Atherosclerosis Reports</i> , <b>2012</b> , 14, 588-96	6	18

57	Hypertriglyceridemic Waist: A Simple Marker of High-Risk Atherosclerosis Features Associated With Excess Visceral Adiposity/Ectopic Fat. <i>Journal of the American Heart Association</i> , <b>2018</b> , 7,	6	17
56	Impact of a non-restrictive satiating diet on anthropometrics, satiety responsiveness and eating behaviour traits in obese men displaying a high or a low satiety phenotype. <i>British Journal of Nutrition</i> , <b>2017</b> , 118, 750-760	3.6	17
55	Impact of a 1-year lifestyle modification program on plasma lipoprotein and PCSK9 concentrations in patients with coronary artery disease. <i>Journal of Clinical Lipidology</i> , <b>2016</b> , 10, 1353-1361	4.9	15
54	Identification and management of patients at elevated cardiometabolic risk in canadian primary care: how well are we doing?. <i>Canadian Journal of Cardiology</i> , <b>2013</b> , 29, 960-8	3.8	15
53	Interaction between Common Genetic Variants and Total Fat Intake on Low-Density Lipoprotein Peak Particle Diameter: A Genome-Wide Association Study. <i>Journal of Nutrigenetics and Nutrigenomics</i> , <b>2015</b> , 8, 44-53		14
52	Incorporating fatty liver disease in multidisciplinary care and novel clinical trial designs for patients with metabolic diseases. <i>The Lancet Gastroenterology and Hepatology</i> , <b>2021</b> , 6, 743-753	18.8	14
51	The Underestimated Belly Factor: Waist Circumference Is Linked to Significant Morbidity Following Isolated Coronary Artery Bypass Grafting. <i>Canadian Journal of Cardiology</i> , <b>2016</b> , 32, 327-35	3.8	13
50	Bringing JUPITER down to earth. <i>Lancet, The</i> , <b>2009</b> , 373, 1147-8	40	13
49	Worksite health and wellness programs: Canadian achievements & prospects. <i>Progress in Cardiovascular Diseases</i> , <b>2014</b> , 56, 484-92	8.5	12
48	Improved plasma FFA/insulin homeostasis is independently associated with improved glucose tolerance after a 1-year lifestyle intervention in viscerally obese men. <i>Diabetes Care</i> , <b>2013</b> , 36, 3254-61	14.6	12
47	Relation Between a Simple Lifestyle Risk Score and Established Biological Risk Factors for Cardiovascular Disease. <i>American Journal of Cardiology</i> , <b>2017</b> , 120, 1939-1946	3	12
46	Impact of waist circumference difference on health-care cost among overweight and obese subjects: the PROCEED cohort. <i>Value in Health</i> , <b>2010</b> , 13, 402-10	3.3	12
45	HDL cholesterol is not HDLdon@judge the book by its cover. <i>Nature Reviews Cardiology</i> , <b>2012</b> , 9, 557-8	314.8	12
44	Relationships between circulating 25(OH) vitamin D, leptin levels and visceral adipose tissue volume: results from a 1-year lifestyle intervention program in men with visceral obesity. <i>International Journal of Obesity</i> , <b>2020</b> , 44, 280-288	5.5	12
43	Impact of a one-year lifestyle modification program on cholesterol efflux capacities in men with abdominal obesity and dyslipidemia. <i>American Journal of Physiology - Endocrinology and Metabolism</i> , <b>2018</b> , 315, E460-E468	6	10
42	Targeting Abdominal Adiposity and Cardiorespiratory Fitness in the Workplace. <i>Medicine and Science in Sports and Exercise</i> , <b>2015</b> , 47, 1342-50	1.2	10
41	The relationship between yogurt consumption, body weight, and metabolic profiles in youth with a familial predisposition to obesity. <i>European Journal of Clinical Nutrition</i> , <b>2019</b> , 73, 541-548	5.2	10
40	Collateral Damage of the COVID-19 Pandemic on Nutritional Quality and Physical Activity: Perspective from South Korea. <i>Obesity</i> , <b>2020</b> , 28, 1788-1790	8	9

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39	Impact of visceral obesity on cardiac parasympathetic activity in type 2 diabetics after coronary artery bypass graft surgery. <i>Obesity</i> , <b>2013</b> , 21, 1578-85	8	8
38	The transcultural diabetes nutrition algorithm: a canadian perspective. <i>International Journal of Endocrinology</i> , <b>2014</b> , 2014, 151068	2.7	8
37	Predicting longevity using metabolomics: a novel tool for precision lifestyle medicine?. <i>Nature Reviews Cardiology</i> , <b>2020</b> , 17, 67-68	14.8	8
36	Severe COVID-19 outcomes - the role of physical activity. <i>Nature Reviews Endocrinology</i> , <b>2021</b> , 17, 451-4	1525.2	8
35	Changes in IGFBP-2 levels following a one-year lifestyle modification program are independently related to improvements in plasma apo B and LDL apo B levels. <i>Atherosclerosis</i> , <b>2019</b> , 281, 89-97	3.1	7
34	CT-derived abdominal adiposity: Distributions and better predictive ability than BMI in a nationwide study of 59,429 adults in China. <i>Metabolism: Clinical and Experimental</i> , <b>2021</b> , 115, 154456	12.7	7
33	Autoantibodies and immune complexes to oxidation-specific epitopes and progression of aortic stenosis: Results from the ASTRONOMER trial. <i>Atherosclerosis</i> , <b>2017</b> , 260, 1-7	3.1	6
32	Assessing and targeting key lifestyle cardiovascular risk factors at the workplace: Effect on hemoglobin A1c levels. <i>Annals of Medicine</i> , <b>2015</b> , 47, 605-14	1.5	6
31	More than 10 million steps in the right direction: results from the first American Heart Association scientific sessions walking challenge. <i>Progress in Cardiovascular Diseases</i> , <b>2015</b> , 57, 296-8	8.5	6
30	Visceral adiposity and liver fat as mediators of the association between cardiorespiratory fitness and plasma glucose-insulin homeostasis. <i>American Journal of Physiology - Endocrinology and Metabolism</i> , <b>2020</b> , 319, E548-E556	6	6
29	From syndrome X to cardiometabolic risk: clinical and public health implications. <i>Proceedings of the Nutrition Society</i> , <b>2020</b> , 79, 4-10	2.9	6
28	Management of Obesity in Cardiovascular Practice: JACC Focus Seminar. <i>Journal of the American College of Cardiology</i> , <b>2021</b> , 78, 513-531	15.1	6
27	Rosiglitazone lowers resting and blood pressure response to exercise in men with type 2 diabetes: A 1-year randomized study. <i>Diabetes, Obesity and Metabolism,</i> <b>2018</b> , 20, 1740-1750	6.7	5
26	Determinants of Improvement In Left Ventricular Diastolic Function Following a 1-Year Lifestyle Modification Program in Abdominally Obese Men with Features of the Metabolic Syndrome. <i>Metabolic Syndrome and Related Disorders</i> , <b>2016</b> , 14, 483-491	2.6	5
25	HDL cholesterol studiesmore of the same?. <i>Nature Reviews Cardiology</i> , <b>2013</b> , 10, 70-2	14.8	5
24	CRP: star trekking the galaxy of risk markers. <i>Lancet, The</i> , <b>2011</b> , 377, 441-2	40	5
23	Should we target increased physical activity or less sedentary behavior in the battle against cardiovascular disease risk development?. <i>Atherosclerosis</i> , <b>2020</b> , 311, 107-115	3.1	5
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