Arianna Prudenzi

List of Publications by Year in descending order

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1478505 1872680 6 100 6 6 citations h-index g-index papers 52 8 8 8 docs citations times ranked citing authors all docs

#	Article	IF	CITATIONS
1	Group-based acceptance and commitment therapy interventions for improving general distress and work-related distress in healthcare professionals: A systematic review and meta-analysis. Journal of Affective Disorders, 2021, 295, 192-202.	4.1	25
2	Wellbeing, burnout, and safe practice among healthcare professionals: predictive influences of mindfulness, values, and self-compassion. Psychology, Health and Medicine, 2022, 27, 1130-1143.	2.4	23
3	Health effects of psychological interventions for worry and rumination: A meta-analysis Health Psychology, 2021, 40, 617-630.	1.6	22
4	A workplace Acceptance and Commitment Therapy (ACT) intervention for improving healthcare staff psychological distress: A randomised controlled trial. PLoS ONE, 2022, 17, e0266357.	2.5	12
5	Testing the effectiveness of virtual reality as a defusion technique for coping with unwanted thoughts. Virtual Reality, 2019, 23, 179-185.	6.1	10
6	Mental health during the COVID-19 pandemic: exploring the role of psychological flexibility and Astress-related variables. Psychology and Health, 2023, 38, 1378-1401.	2.2	8